

# CULCAIRN "Healthy Towns" OASIS



CULCAIRN AND DISTRICT NEWSLETTER

February 2019



## Congratulations Culcairn 2019 "Healthy Town" Challenger

Culcairn has been selected by the NSW Office of Preventive Health as one of five towns across NSW to compete in the 2019 Healthy Towns Challenge.

The aim of the challenge is to create healthier towns and encourage communities to develop local solutions to improve the health and wellbeing of families and individuals. A funding grant of \$15,000 has been received to support the community as part of the challenge. Additional funding will be awarded to the winning town.

Greater Hume Council Mayor, Heather Wilton said, "Culcairn was a natural choice as it already has some good infrastructure including a walking/cycle track. A lot of people have health and lifestyle goals and the challenge will help people to get on board and take some positive steps towards a healthier lifestyle in 2019."

"The first step was to join us at the Free Breakfast Launch at the Coach Terminal Park Culcairn on Wednesday 6 February to find out how you can be involved and how you can be supported to achieve a healthier more active life style.

The initiatives identified for the challenge will be coordinated and implemented by the local stakeholder committee with support from Greater Hume Council, Murrumbidgee Local Health District, NSW Office of Preventive Health and Heart Foundation.

The challenge aims to increase activity and healthy

food choices while increasing involvement across all areas of the community. There will be many group and individual competitions across the challenge period of 6 months.

A major focus of the challenge is to encourage individuals to sign up to the free Get Healthy Information and Coaching Service to help achieve individual health goals.

An all-weather table tennis table will be installed to encourage activity by people of all ages in addition to other events and activities.

"Another great outcome of the challenge will be the revitalisation of the Culcairn Oasis Newsletter which will be used as a key communication tool within the community and will highlight progress and activities of clubs, individuals and businesses." Mayor Wilton said.

Volunteers will play a strong role in organising community events to promote the challenge, and assist the town in making healthy changes and engaging business, health providers and residents to become involved.

"There are many opportunities for all members of the community to get involved whether it is around increased physical activity, making healthier food choices, volunteering or attending one of the great events that are planned." Mayor Wilton said.

A Culcairn Stakeholder Committee was established with representatives from the LHAC, Culcairn Football Netball Club, Billabong High School, Culcairn Public School, St Joseph's School, Youth Advisory Committee, Red Cross with Greater Hume Council and Murrumbidgee Local Health District.

## Culcairn Health Towns Outdoor table tennis table... Coming soon to Culcairn



## Health Goals from some of our Culcairn Healthy Towns Committee

Sign up to the Free Healthy Information and Coaching Service

Be active More often



Increase walking each week  
Reduce snack eating  
Promote good health in community to young

## CULCAIRN OASIS POLICY STATEMENT

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**It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.**

## DEADLINE

**Next deadline 9am  
26 Friday February 2019**

Delivery Date

Wednesday 6 March 2019

We prefer articles to be emailed to:  
[lhibberson@greaterhume.nsw.gov.au](mailto:lhibberson@greaterhume.nsw.gov.au)  
or ph 02 6036 3262 for more information.

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### Oasis Contributions

We are seeking article from community groups and residents that would be of interest to the Culcairn Community.

Articles are free to submit and will be included in the next edition.

We encourage sporting groups, clubs, schools, associations to use the Oasis to keep your community informed of coming dates, events and news. If you would like to receive a reminder email before the due date please send us your email address.

Email articles to [lhibberson@greaterhume.nsw.gov.au](mailto:lhibberson@greaterhume.nsw.gov.au) or phone 0260363262 for more information

### From the Youth Advisory Committee

As a young person in the 21<sup>st</sup> century, images and flashes of happiness, health and beauty bombard our screens constantly. But there is a message being sent around the Greater Hume, one that resonates with young and old – being healthy isn't a one size fits all concept. #fitspo may help us believe that it is and so may #lifegoals photos but really all we must do is look out the window. Look into the street of our local towns and see the youth enjoying a coffee date, practicing their goals for netball, starting preseason training, or buying fresh produce from their local supermarket, this is an image that is #healthy. So to the Youth of the Greater Hume, let us continue this revolution of health and help spread the message of #realhealth further. So to help this, The Greater Hume Youth Advisory Committee will hold a Step-Up Festival of Possibilities in the Henty Memorial Park in April. This festival will be an exciting introduction, but hopefully just a reminder, of all the possibilities for work and excitement in our local Greater Hume communities. It will incorporate live music, fresh food, guest speakers and artists, and of course, our very own local heroes. We are working with the Riverlife Church on this project so keep an eye on both of our social media platforms for updates and announcements of our special guests! As per usual, the school holidays are packed with fun events and programs for the youth so keep an eye out for the announcements on what the Youth Committee have planned for you. A few little hints about our programs to spark your interest– We will be heading somewhere spooky and tasty in July, and we will be athletic and colourful in September. This year we are also planning on changing our regular programs up a little, bringing some life skills into the mix including some budgeting, self- defense classes and healthy cooking and other lessons about all that you will need to know to become a functioning adult. If you have any ideas about any programs or events that you would like to see held throughout the year, please contact Emily on 0458 228 007



CULCAIRN MOTOR INN

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**Australia Day 2019** The Greater Hume held its Australia Day this year at Walla Walla Sportsground, as part of the Walla Walla 150<sup>th</sup> Celebrations, it was a great day, albeit a little hot, but this did not stop over 500 people from attending. Some of the highlights were the inspiring address given by our Australia Day Ambassador, Victor Kovalenko OAM, the raising of the Australian flag by descendants' of the 9 original Walla Walla families, Good Gravy performing the National Anthem and Eric Bogle's, 'Shelter' and Alan Rayner's reciting of 'Our Historic Tree' a poem written in 1946 by Mr AR Moyer Headmaster of the Walla Walla Central School.

Congratulations to all the award nominees and winners who were recognised for their hard work on behalf of the Greater Hume community, and the winners were: • Citizen of the Year – **John Seidel, Walla Walla** • Young Citizen of the Year – **Nathaniel Wenke, Culcairn** • Sports Volunteer of the Year – **Abby Paton, Morven** • Community Event of the Year – joint winners **Henty Streetscape Party and Jindera 150<sup>th</sup> Celebrations**

• **School Citizenship Awards:**

St Paul's Lutheran College	Joshua Lieschke
Brocklesby Public School	Emily Severin
Burrumbuttock Public School	Ava Koschitzke
Culcairn Public School	Fletcher Wright
Gerogery Public School	Ruby Damhuis
Henty Public School	Harry Doig
Holbrook Public School	Amelia Pincott
Jindera Public School	Hayley Gleeson
St John's Lutheran School	Jackson Stein
St Joseph's Primary School	lilysh Reatlick
St Mary MacKillop College - Jnr	Arabella Kite
St Mary MacKillop College - Snr	Carmel Bell
St Patrick's Primary School	Jed Davis
St Paul's Lutheran Primary	Jack Knobel
Walla Walla Public School	Jay Butler

*Descendants' of the 9 families who settled Walla Walla raising the flag*



A big thank you to: Walla Walla Community including the Walla Walla 150th Anniversary Committee for their outstanding job of working through the logistics of holding Australia Day in such a lovely setting and for providing breakfast and morning tea. Good Gravy for leading the singing of the National Anthem and the song, 'Shelter'. Alan Rayner who recited the poem, 'Our Historic Tree'. Members of Greater Hume Youth Council for assisting with the official ceremony. Our Exhibitors the Morgan Country Car Club, Culcairn Classic Car Club, Culcairn SES and the Walla Walla Rural Fire Service. St John's Ambulance. And sponsors Australia Day Council of NSW and Greater Hume Council.



**Greater Hume Council**

**'Let's have a clean out'**

**FREE OPEN DAY**

**Henty and Jindera Transfer Stations, Culcairn and Holbrook Landfills**

**Sunday, 3 March 2019**

**Henty Transfer Station** (open 9am to 3pm)

**Jindera Transfer Station, Culcairn and Holbrook Landfills** (open 9am to 5pm)

Residents are encouraged to dispose of domestic waste on the day. Waste facilities will be open free of charge. Note: extra bins will be available but transfer stations may reach capacity on the day and residents may be advised to take waste to Culcairn or Holbrook Landfills. Normal fees apply for commercial quantities.



Plumbers, Drainers & Gasfitters | Bobcats, Excavators & Tippers

Farm Water Supply - Reticulation, Troughs, Tanks & Solar Pumps

Septic Systems | Septic & Trade Waste Pumping

Sand & Gravel Cartage

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## **Linking people with the National Disability Insurance Scheme (NDIS) and other services In Murrumbidgee**

**What is Access and Support?** Help for people with disability:

- For hard to reach communities (Culcairn and surrounding areas) or locations;
- For those who haven't engaged with the NDIS or disability previously;
- Provide short term help to all people with disability of any age, and their carers;
- For those who have diverse needs;
- To remove barriers to access the NDIS or other mainstream services.

**Who is it for?** If you are, or caring for someone who is:

- Aboriginal and/or Torres Strait Islander
- Culturally and Linguistically Diverse (CALD);
- Live in a community of less than 5,000 people;
- Financially disadvantaged; or
- Lesbian, Gay, Bisexual, Transgender, Intersex, Queer (LGBTIQ). Then we may be able to help you.

**We will listen to you:**

- About what your needs are;

- What barriers you might have; and
- How we can support you to access services.

**We can talk with you about:** The range of support services that are available in your area;

- Working in partnership with other people who support you such as family members, friends, your community, doctor and other health professionals.

**How we can help?**

- Contact the NDIS to see if you are eligible.
- Help you understand the steps involved to apply for the NDIS.
- Find out what other supports may be available and how they suit your needs and lifestyle.
- Think about how you would like services to be provided.
- Contact My Aged Care if you are over 65 years (Aboriginal 50 years).

*A project of Regional Disability Advocacy Service funded by the National Disability Insurance Agency through an Information, Linkages and Capacity Building (ILC) grant.*







## Community Development Grants ROUND 2 for 2018/2019 now open



The Community Development Grant Program is aimed at enhancing the range, availability and quality of community facilities throughout the Greater Hume Council area.

The program aims to enhance the range, availability and quality of community facilities, including a particular focus on access and inclusion for all.

**Round 2 grant funding opens 21 January and applications will be received until 5pm 28 February 2019.**

Guidelines, application and acquittal forms are available on Council's website [greaterhume.nsw.gov.au](http://greaterhume.nsw.gov.au)

Total Round 2 funding of \$22,000 is available for community and sporting organisations projects.

Maximum \$4,000 grant funding available per project with a minimum 50% commitment in cash/kind provided by the sporting or community organisation.

**Enquiries** please contact Lynette O'Reilly, Manager Community Services P 02 6036 0100 or email [loreilly@greaterhume.nsw.gov.au](mailto:loreilly@greaterhume.nsw.gov.au).

### St Joseph's School Culcairn

At the end of last year St Joseph's Culcairn had a whole school production called 'Oink'. All students participated and it was enjoyed by all.



## COMMUNITY DIARY

This calendar is for all community organisations to use free of charge for the events, functions, meetings etc. You can send us your dates monthly or provide them for the whole year.

Please email details to [hibberson@greaterhume.nsw.gov.au](mailto:hibberson@greaterhume.nsw.gov.au)

### February

Thu 21 Red Cross Craft Shop Market

### March 2019

Sun 3 Free Open Day Culcairn Landfill (9am to 5pm)

Thu 21 Red Cross Craft Shop Market

Fri 29 Community Event Culcairn Bowling Club

### April 2019

Thu 18 Red Cross Craft Shop Market

## ANNOUNCEMENTS

### New Creative Kids program

The NSW Government is helping kids get creative with the new Creative Kids program.

Parents, guardians and carers can apply for a voucher with a value of up to \$100 per calendar year for each student aged 4.5 to 18 years old enrolled in school.

The voucher may be used with a registered activity provider for registration, participation and tuition costs for creative arts, speech, drama, dance, digital design, coding, and music lessons and activities.

The voucher can be used at any time during the calendar year it was issued.

To use the voucher, give the details to your [registered activity provider](#).

The program runs year-round, so kids can get creative at any time

<https://www.service.nsw.gov.au/transaction/apply-creative-kids-voucher>



Riverina Bluebell thank the Greater Hume Shire for the opportunity to partner in the Culcairn Healthy Towns Challenge.

Some tips to help improve your physical health and mental wellbeing are:

- Relax and do the things that you enjoy
- Get moving
- Eat Well
- Get enough sleep
- Stay connected
- Problem solve
- Get involved and
- Set Goals

For information & local mental health support links, go to: [www.riverinabluebell.org.au](http://www.riverinabluebell.org.au)



# Invitation Tourism Forum

To, Culcairn residents and people interested in Greater Hume Tourism

You are invited to attend the Greater Hume Tourism Public Forum.

**Time:** 5.00 pm  
**Date:** Tuesday, 26 February 2019  
**Venue:** Greater Hume Council Chambers, Balfour Street, Culcairn

Light refreshments will be served.

**For more information please contact:**  
Kerrie Wise, Tourism and Promotions Officer  
02 6036 0186 or 0448 099 536  
[kwise@greaterhume.nsw.gov.au](mailto:kwise@greaterhume.nsw.gov.au)



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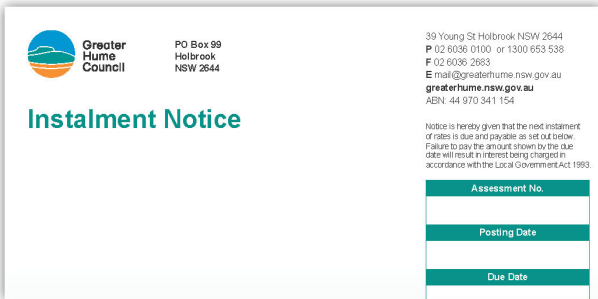
## Radio 96.7FM

Culcairn Community Website  
[www.culcairn.nsw.au](http://www.culcairn.nsw.au)





## Rates Easypay



Make life easier with Rates Easypay!

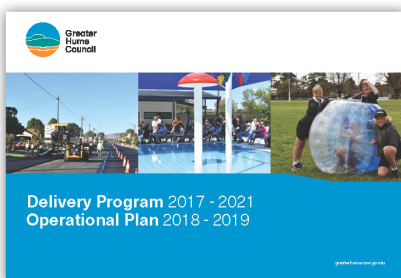
Rates Easypay is a direct debit payment system where your rates payments are paid automatically when they are due or are paid in instalments on a regular basis.

You can arrange the payments in ways that suit you best. You have the choice of paying weekly, fortnightly, monthly or as they become due.

Once the Easypay plan has been set up, payments are deducted from your bank account when rates are due or on the plan you have chosen. This means that you don't need to worry about making payments on time.

To organise an Easypay Plan please contact Council's Revenue Team P 02 6036 0100.

## Council has a budget .... submit your funding requests soon



During February, March & April, Council undergoes rigorous planning for the following financial year's budget, identifying projects and works for the next one to four year horizon and setting income and expenditure to manage the programs.

If you have suggestions or comments for priority projects please go to **Have Your Say** on Council's website, or write to Council PO Box 99 Holbrook NSW 2644.

The draft budget and delivery plan is publicly exhibited during April, before Council adopts the plan in June 2019.

## Loans to Community Groups



Community groups and organisations can access financial assistance under Council's 'Loans to Community Groups Policy'.

To be eligible the project or facility must be approved by Council and be located on Council owned or controlled community land. Loans for major plant items and equipment will be considered where the plant or equipment is used in the maintenance and operations of the community facility.

Applications for loans up to \$50K will be considered, subject to the total loan liability owing by any one community group or organisation not exceeding \$50K at any one time.

The aggregate of all loans owing to Council must not exceed \$250K at any point in time. Interest rate is fixed (currently 3% per annum) for the duration of the loan with a term not exceeding 10 years.

Please contact Council's Accounting Officer, Camilla Webb for more info, P 02 6036 0100.

To read the policy visit [greaterhume.nsw.gov.au](http://greaterhume.nsw.gov.au)

## Use of Council plant for community projects



Council permits the use of Council owned plant being used on community projects out of hours at no cost, providing the community organisation negotiate with the regular Council operator to volunteer their time.

The prior approval of the Director Engineering or Manager Works is required.

Contact Council's Engineering Department, P 02 6036 0100.

## COUNCIL NEWS

Newly elected councillor, Cr Lea Parker, took the affirmation of office following the by-election held in November. A presentation was made about the trial on-demand public transport service for Burrumbuttock, Jindera and Walla Walla (into Albury) starting in February 2019.

Subject to a commitment by service or sporting organisations, a Hard Waste Free Collection Day will take place on Sunday, 3 March. All transfer stations and landfills will be open and will provide free access. The initiative will be co-ordinated by Rotary Club of Holbrook and local football clubs.

In February, Council will exhibit its new Fixed Development Consent Levy Contributions Plan. The levy applies to all developments unless it is an excluded development (which is listed within the plan).

Council endorsed a submission prepared in response to the Department of Primary Industries Important Agricultural Lands Draft Map for the Riverina Murray area. The submission can be viewed on Council's website under the News tab.

In response to diminishing volunteers, Council will vary the hours of operation of the Greater Hume Visitor Information Centre / Submarine Museum at Holbrook, on a three month trial starting January. The centre will open Tuesday to Sunday and public holiday Mondays.

Visitors, residents, the local economy and the environment will benefit with the installation of an NRMA Charging Station for electric vehicles in the Gallipoli Victoria Rest area, in Albury Street, Holbrook. The charging station will provide universal access for the most popular electric vehicles and will be powered by renewable energy. It is expected that the station will be operational early in 2019.

Culcairn is one of only five towns in NSW to be selected as a challenger for the 2019 Healthy Towns Challenge to improve community health, with initiatives funded by a \$15,000 grant. The challenge will run from February to August with the winning town to receive a further \$5,000.

Council appointed Haley Constructions to build new skateparks in Culcairn and Jindera.

Council has received funding of \$180,000 to undertake feasibility studies for works identified in the floodplain risk management plans prepared for Culcairn, Henty and Holbrook.

A report was submitted on over expenditure on Coppabella, Cummings and Alma Park Roads due to prevailing poor soil conditions.

Council set sale prices for the new residential estate recently completed in Walla Walla. Marketing of the allotments sized from 940 square metres (priced from

\$56,500) will commence soon. Council is confident that strong sales enquiry will follow.

In response to the closure of child care services provided by Albury Wodonga Community College, Council staff have been very busy responding to a critical community need.

Council continues to negotiate with the Australian Government regarding Greater Hume Children Services undertaking a long day care model in Henty and Walla Walla, if a satisfactory funding model can be worked out. At present, it is envisaged that the model could operate for a period of two years with the aim that the Henty Preschool expand facilities and transition into long day care. In relation to child care services for Walla Walla, Council will continue to support the childhood hub building project with Council committing to the ongoing provision of long day care subject to funding and community need.

Council has agreed to offer incumbent, Steven Pinnuck, a new two year General Manager's Contract of Employment (effective 1 July 2019 to 30 June 2021).

Next Council meeting will be held on 20 February at Holbrook. Meeting agendas and minutes are available for viewing at any time on Council's website or in person at any Greater Hume Customer Service Centre.

**Cr Doug Meyer, OAM Acting Mayor**  
[www.greaterhume.nsw.gov.au](http://www.greaterhume.nsw.gov.au)