

CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

November 2021

ERIC THOMAS PARK SEATING



Local residents, and travellers passing through our town, will certainly appreciate new seating that has been recently installed in Eric Thomas Park.

The old seating in the park was quite damaged, and had to be removed some time ago when wider access was necessary to develop the RV dump site. Funds

for the new tables were obtained through payment received when houses containing asbestos in town were demolished.

A special thank you goes to the council staff who have done a wonderful job installing the new furniture.

ST JOSEPH'S

Transition for Kinder 2022 has begun. We are hosting our Kinder 2022 students every Friday for the remainder of the term. We are seeing very excited preschoolers who can finally come to the "big school".

Our students have given our new garden a lot of love resulting in a very healthy vegie patch. The students have been picking and consuming produce already.

Our Major Raffle has been drawn—the winners were 1st David White, 2nd Jess Barber and 3rd Jenni Rava.

Construction has begun on our new multipurpose court, the students are looking forward to be able use the finished court.



We have been using different games in maths to develop our maths strategies. Maths skills are developing whilst having fun.

We have played magic numbers, where the answer is

always one no matter what number you choose to start with—how clever are our students.

We have also played Skip Counting whilst juggling, Crossing the Volcano, 1-2 Nim



and Round & Round the Garden. Everyone has been very engaged and looks forward to these lessons. Our K/1/2 have been researching Minibeast for an information writing piece. Our great vegetable garden had all the K/1/2's with magnifying glass in hand searching for Minibeasts.

ABOUT THE BUSH

Why big old paddock trees matter

Have you noticed small flocks of fast-flying bright green parrots moving between big old trees around Culcairn lately? You might be seeing



Superb Parrots, one of the threatened birds that spend summer feeding and raising young in the region. These elegant parrots sound a bit like a cockatiel flying overbead and the males

flying overhead, and the males have distinctive bright yellow foreheads and throats with a red crescent on their chest. Reliant on large hollows to raise their young, they will often use hollows in dead trees, but with fewer large old trees or stags being left on farms, Superb Parrots now number fewer than 5000 breeding pairs.

It takes 100-250 years for a Blakely's Red Gum or a Yellow Box to form hollows large enough for parrots to use, and so every tree or stag with hollows that burns in stubble fires is a big loss for these birds and other wildlife that rely on hollows to raise their young.



This includes Squirrel Gliders – a hollow-dependent marsupial that looks like a cuddly version of a possum with a fluffy tail and big eyes. Spending the day curled up in a hollow, they come out at

night to hunt insects, collect sap, sip nectar and undertake remarkable feats of "flight" gliding up to 40m between trees. Squirrel Gliders have disappeared from many local areas, partly because their habitats are less connected now and because old hollow bearing trees have been removed from the landscape.

On a positive note, there are some great regional Landcare projects where farmers are creating corridor plantings connecting areas with old hollow -bearing trees, or installing nest boxes in younger trees to substitute for hollows until these trees mature. These projects are helping rebuild landscapes that work both for farm productivity and for our wonderful quirky wildlife. Colleen

THANK YOU FROM KILTEARN HOUSE

We would like to thank Kris Bowen and Colleen Hoffman for donating jewellery for our residents and items for crafts. Kris posted a big bag of items to Kiltearn House. The ladies have chosen earrings and necklaces that have brought big smiles to their faces. We would like to thank both ladies for their generosity.

CULCAIRN OASIS Policy statement

This newsletter is for the purpose of disseminating information and articles free of charge for the benefit of the public. This information is not a substitute for professional advice and is not intended to be used as such. The editors do not accept any liability for any loss or damage incurred by use of or reliance on such information. The editors of Culcairn Oasis make every effort to ensure the quality of the information. However, the Culcairn Oasis cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency or completeness of information.

It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.

DEADLINE

Next deadline - 12pm Tues 30th November 2021

Folding Date– Fri 3rd December 2021 at 1pm

Delivery Date - Wed 8th December 2021 We prefer articles and advertising to be emailed to: <u>culcairnoasis@outlook.com</u> or phone **02 6029 8291 for more information**.

If you are a new advertiser, email us for information & a booking form.

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CULCAIRN HEALTH MATTERS



A familiar friendly face at our local MPS is Emily Pinnuck. Emily is a Culcairn girl, and we are pleased that she has decided to follow her career at our health facility.

As an Assistant in Nursing, she delivers care to patients, assisting them with their daily routines

among other services within the hospital. Emily's communication, empathy and customer skills, with a big dose of fun, make her a valued and appreciated member of staff. There is never a dull moment when she is around! Emily is a passionate horse lover and owner, and has even introduced some to her clients. When not at the hospital, Emily actively assists her partner in their farm services contracting business. She especially enjoys spending time with her family. MPS Update:

Visiting - The hospital is still on red alert, which means visiting is still restricted to 2 visitors per resident a day in the resident's room.

Covid testing - Anyone currently experiencing, or who has recently experienced even mild coldlike symptoms is asked to come forward immediately for testing. If you have any symptoms it is important that you isolate until you can be tested and also after your test, until you get a negative result. Symptoms of COVID-19 include fever, sore throat, cough, headache, runny nose, shortness of breath, fatigue, muscle aches or pains, and a change in taste or smell. Call the hotline 1800 831 099 to for testing venues, and to book an appointment.

CULCAIRN GOLF CLUB MDGA HANDICAP PENNANT COMPETITION

The Pennant is being played on Sundays with Culcairn having 2 teams in the comp.

Round 1 of the competition commenced on 10th October and was played at Culcairn. It was a great day with 60 golfers competing. There are 5 members per team. Culcairn A drew with Thurgoona A 2.5/2.5.

Round 2 the following week Culcairn A were defeated by Jindera (at Jindera) 3.5/1.5 and Culcairn B were defeated by Jindera B 4/1.

Round 3 at Howlong: Culcairn A defeated Howlong A 3/2, and Culcairn B defeated Howlong B 3/2.

Round 4 – Culcairn A defeated MDGA Allstars 3.5/1.5; and Culcairn B squared with Albury 2.5/2.5.

There are 3 teams level on top with the final round in 2 weeks.

Other golf at home has been social rounds as most of the golfers are playing in the Pennant.

Golf over the winter has not been great, what with the wet winter and COVID, although luckily golf has still been played in NSW during this time. We are all hoping for a much better golfing season in 2022.

IN YOUR GARDEN

and not too cold. In the vegie patch, control cool they are growing well now it's time to water with season weed such as milk thistle, before they Sulphate of Potash every 6 weeks. This promotes seed or spread pests.

<u>VEGIES</u>—plant now, include Basil, Leek, Potato, Sweet Corn, Tomato and Zucchini. Be sure to If we are fortunate, there will be rain showers over water young seedlings and watch out for pests.

When plants prepare to flower, water with a water as much. However mulch is still the answer solution of Sulphate of Potash. This promotes so make sure you get it done soon. Enjoy these good fruit setting. Organic solution to sap sucking insects: mix one part dishwashing liquid with four parts sunflower oil. Add 1 tbsp to 1L water. Spray every three weeks for control.

After Citrus flower, feed with poultry manure and apply liquid seaweed and iron chelates. I hope you are harvesting Spring vegies and working on summer ones to harvest around Christmas and into Autumn.

<u>ROSES</u>—The perfume and colour is amazing at services please contact David or Jan. this time of the year. The climbers can be tied flat in a horizontal position. This promotes stress and shoots, all the way along the branch, resulting in more blooms.

An Oasis reader has a tip to deter aphids on roses. She plants garlic among her roses with good results. Her recipe for a Fruit Fly bait: 1 tbsp vegemite, 1 cup boiling water and 1 tspn sugar. Mix well and put into traps to lure male fruit fly.

This is the fun time of the year, not too hot (yet!) Strawberries are enjoyed by most gardeners. As strong growth and abundant flowers, resulting in prolific, delicious fruit.

the next few months and we may not have to longer days in your garden. Margaret Pumpa

LOCAL TRANSPORT MADE EASY

Available All medical to Residents for appointments, local shopping, social purposes and other. For more information or bookings contact David Gilmore 02 6029 8291 or Jan Scheuner 0488 212 905

P.S. If anyone else would like to volunteer their

COVID TESTING

Many thanks to all the local people, including those from Albury and district who attended the Covid Testing Clinic in Culcairn on Friday and Saturday 15th & 16th October to get tested, after recent cases in Albury and Greater Hume. It was a very busy 2 days. Also a huge thanks to the Culcairn Hospital staff who worked extra shifts to provide this service.



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Local Goverment Election 2021

Councillor Doug Meyer OAM, current Deputy Mayor Greater Hume Council, speaks on your behalf across the Shire and State.

Doug gets things done.

FUN FACT

He has not missed a Council Meeting, or Riverina Water County Council Meeting

in nine years. Vote wisely in the upcoming election.

There's more good things to come!



Vote 1 Doug Meyer in North Ward Greater Hume Council. Vote NO to the removal of Wards in Greater Hume.

Authorised by D Meyer 14 Graham Street Henty NSW 2658 0429 690 999 Email: dougmeyeroam@gmail.com

Paid AD by D Meyer



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Introducing our wonderful team of doctors at Sarkon Medical Centre Culcairn who will working to serve the community.

Dr. Priya Kondappan (MBBS. FRACGP, DRANZCOG, DIP Paediatrics)

Dr. Kondappan is a locally trained CP Obstetrician. She completed her CP training with Bogong CP training (Murray City Country Coast CP training) in 2012 and continued to serve as a CP in the area since then. She has completed her advanced diploma in Obstetrics in 2014 and has also completed a diploma in paediatrics in 2008. Priya finds professional fulfilment in managing pregnancies and caring for families with young children.

Her areas of interest include: Obstetrics, women's health and children's health.

Dr. Priya Kondappan will be available for consultations on Tuesdays from the 16th of November.

Dr. Sumit Kamra

(MBBS, FRACGP Masters in Ear, Nose and Throat)

Dr Kamra has obtained a Masters Degree in Otolaryngology (Ears, Nose and Throat) from India.. He has been working as a GP in the Albury Wodonga area for the last 6 years.

He has a special interest in ENT problems, men's health, children's health and worker's compensation.

Dr. Sumit Kamra is currently available for consultations on Wednesdays.

Dr. Angella Eyalama (MBChB, MPH)

Dr. Angella obtained her MBChB in Uganda. She then went on to completed a Master's in Public Health at Melbourne University in 2012. Dr Angela is very fond of conducting research in her spare time.

Her special interests general health, children's health and women's health.

Dr. Angela Eyalama will be available for consulatations on Fridays from 19th of November.

Dr. Sriram Vadlamani

(MBBS, FRACGP)

Dr. Ram is an experienced VR CP; with 3 years of experience in Australia, and over 10 years in the UK prior. He studied medicine at the university of Andhra, in India, and graduated in 1988.

He is fluent in both English, Hindi, Tamil, Telugu and has a special interest in Chronic Disease Management, Geriatric Medicine and Palliative Care.

Doctor Ram is currently available for consultations on Thursdays.



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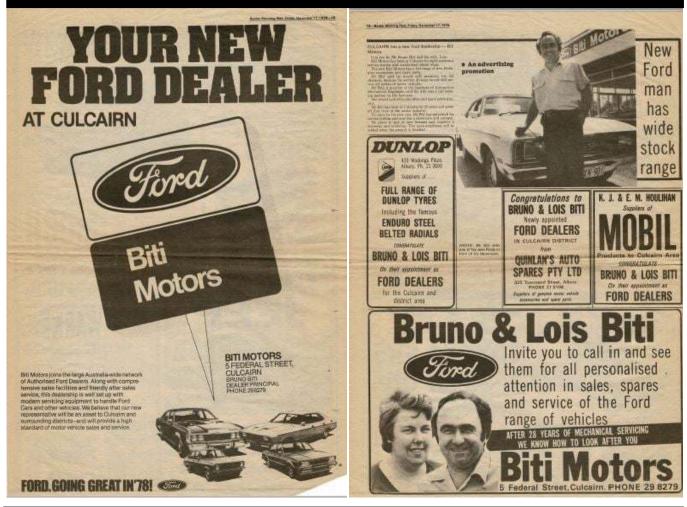


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