

CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

February 2022

CULCAIRN - COINS FOR CANCER



David Moore Manager Culcairn Bowling Club Culcairn can be justifiably proud of their efforts towards the Cancer donation boxes. It's only been 6 months since they were installed in many business around the town but in that time almost \$800 has been deposited for the Cancer Centre.

David Moore Manager of the Culcairn Bowling Club said he actually encourages the patrons to put their tips in the donation box. Beauty David!

Michelle Hensel sent a letter of appreciation (shown below) for the town's efforts so "well done Culcairn!, thanks for your generosity and keep up the good work."

COINS FOR CANCER - THANKS

Dear Culcairn Community,

Just writing a quick note, to thank you all for your ongoing support of the Albury Wodonga Regional Cancer Centre Trust Fund. It's amazing how much money has already been collected through the Culcairn Coins for Cancer fundraiser. Those little donation boxes can achieve so much!

The Trust Fund is particularly grateful that local people are still continuing to show their support during the current Covid times. This is a tough time for everyone so we can only imagine how much more difficult it is for our cancer patients. By supporting the Trust Fund you continue to give our cancer patients hope and support. Every dollar that is given to the Trust Fund stays in our Regional community helping our friends and family members going through their cancer journey.

Money donated is used to pay for new

training, equipment, research and for supportive care services provided at the Wellness Centre. So money given to the Trust Fund is indeed monev well spent! With thanks for your continued support. Michelle Hensel. Chairperson AWRCC Trust Fund

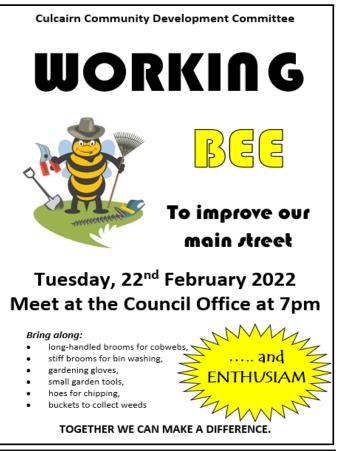


COMMUNITY WORKING BEE

The Culcairn Community Development Committee is keen to conduct some working bees to get some jobs done around town. Apart from tidying up some areas, we also believe that these activities will promote a greater sense of community and encourage people to have an input into our surrounds.

Our first event will be on Tuesday, 22nd February at 7pm in the main street area. Those keen to be involved should meet in front of the Council Office to register their involvement and attend a short briefing. For this working bee we intend to remove cobwebs from the verandahs, weed the gardens and wash the bins. Please bring along any equipment that may be useful eg. long-handled brooms, stiff brooms for bin washing, gardening gloves, small garden tools, hoes for chipping, buckets to collect weeds. We intend to work for 1 to 1.5 hours.

A couple of other (larger) projects have been suggested for other working bees, but we are keen to hear of other suggestions so we can improve the appearance of Culcairn. Come along to our first event and let our committee know of any other ideas. Hoping to see a good turnout!!!! Remember that many hands make light work.



CULCAIRN OASIS Policy statement

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It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.

DEADLINE

Next deadline - 12pm Tues 1st March 2022

Folding Date– Fri 4th March 2022 at 1pm

Delivery Date - Wed 9th March 2022

We prefer articles and advertising to be emailed to: <u>culcairnoasis@outlook.com</u> or phone **02 6029 8291 for more information**.

If you are a new advertiser, email us for information & a booking form.

ADVERTISING Sizes	Charges
Per issue	Advertising Cost
Classified 1/16 page	\$10.00
1/8 page	\$ 20.00
¼ page	\$ 40.00
$\frac{1}{2}$ page (check for availability)	\$ 80.00
Full page (check for availability)	\$160.00
Flyer insert (excluding printing)	\$100.00
Please note pay for 5 ads get one free, pay for 10 get 2 free	

CULCAIRN OASIS NEWS

We would love to receive more articles from all our Culcairn community groups in order to make our newsletter varied, interesting and enjoyable for our readers. So if your group has news you'd like to share with our wider community we'd love to hear from you.

We would also love to hear from more individuals who have a particular interest and who would like to contribute to the Culcairn Oasis. Please e-mail details to <u>culcairnoasis@outlook.com</u> or phone David Gilmore on 6029 8291.

Please note this publication is available online at www.culcairn.nsw.au www.greaterhume.nsw.gov.au

WE NEED ADVERTISING

We need Culcairn businesses and community groups to advertise with us. With 730 copies printed and with competitive rates, we believe it is not only good value for money, but also keeps a valuable community resource going. For information on advertising email <u>culcairnoasis@outlook.com</u> or phone David Gilmore on 6029 8291.

OASIS HELPERS NEEDED

If you have knowledge in any of these areas emailing, Word, Publisher, Excel and interest in supporting the Oasis team we would like to hear from you. Please email <u>culcairnoasis@outlook.com</u> or phone David Gilmore on 6029 8291

CULCAIRN HOSPITAL NEWS

Welcome to a new year. Hope everyone had a lovely Christmas and an enjoyable new year and were able to spend some time with their families and friends. In this rapidly changing covid environment, please be mindful that rules and regulations around visiting could change on a daily basis. At this stage Culcairn MPS remains on red alert.

Residents are permitted to have two fully vaccinated visitors aged 12 years and over, plus two children aged under 12 years per day: Visitors aged 12 years and over must have received a second dose of a COVID vaccination at least 14 days prior to their visit. Acute visitors are limited to one per day and must be 12 years or older. All visitors must wear a face mask and follow any advice from healthcare staff.



Some of our aged care residents have been painting. We had a simple project of circles and it was up to you how you saw them and what colour you used. Some used a pattern of colours and some mixed their colours. There is no right or wrong way, painting is relaxing for some and a great way

to express how you are feeling.







Georgie, an aged care resident was given a pool table for her birthday. Here is John enjoying a game of pool - There has been lots of laughter.

CULCAIRN HEALTH MATTERS



Christine Comer is a familiar face to most local Culcairn residents, having lived and worked in our community for many years. She is the very competent Manager of Food and Patient Support, shouldering much responsibility

over the catering and cleaning of our MPS. Chris has spent 33 years at the hospital in different roles, moving into the managerial position these past 15 years. She has worked through three hospital building projects, seen many changes and improvements, and been a support to many different staff and patients during her time here. Chris has an extensive knowledge of how everything works together for a good outcome at the hospital, and her efficiency is highly valued. She is one of our longest serving staff members, and we thank her for this commitment. When not at work, Chris enjoys gardening and spending time with her family. Some of her grandchildren share her passion for jigsaws, and tackle them together with her.

MPS Update:

Please check with the hospital about any changes to visiting requirements, and stay safe and healthy as you observe the advised covid 19 hygienic practices.

REVIEW OF HUME BANK BRANCH OPERATIONS - CULCAIRN

Since December 2020, Hume Bank has been trialling reduced trading days at their Culcairn branch.

The decision to introduce the trial was in response to declining in-branch customer demand and our desire to maintain local services in a sustainable manner. Hume Bank are currently seeking feedback from their local customers as to how they currently utilise the Culcairn branch, how the altered hours during the trial have impacted upon their customers, and any ideas that they should take into consideration that better meet the needs of the community.

Customer feedback will be utilised to identify how they can continue to operate a local branch in a sustainable manner while also endeavouring to deliver upon local customer expectations. To provide feedback, please complete the questionnaire either:

- Online at www.humebank.com.au/online-forms/ culcairn-branch-feedback-survey
- Collect a survey from the Hume Bank Culcairn branch

Please complete and return by Monday 28 February 2022. Hume Bank looks forward to receiving customer feedback and continuing to support the Culcairn and surrounding community.



MURRAY RIVER WIRES

Spring is extremely busy with all our little creatures out and about mating and looking for suitable accommodation for their families. There are a lot of young birds around and learning to fly, some times with embarrassing results.

If you find a small bird or birds, please try to reunite them with their parents. This offers them the best opportunity for survival. Parents will often be around foraging food to give to their babies. Quite often the parents return to find their chicks "kidnapped" by well meaning humans. After observing for some time, ensuring no parents are around call WIRES to rescue the babies.

We get numerous calls regarding Echidnas roaming in unsafe areas. If you walk behind them you can shepherd them off the road into a safe area—they are looking for mates. DO NOT try to rescue an echidna they will dig holes in your car!

First aid for any injured animal - if possible, cover them (especially their head). This helps to calm them and shield them from the weather until we can get to them for rescue. Always be mindful of your own safety near any injured, distressed animal. Remember, if you can approach a wild animal on the ground, it is not quiet and friendly it is frightened and injured. **Murray Rivers WIRES 0427 493 716.** We have members in Culcairn, Henty, Holbrook, Jindera and Walla Walla

CULCAIRN GOLF CLUB

Happy New Year to Culcairn community and our golfing members. We wish you all a successful and healthy year.

Due to the rain over summer, our volunteers have been able to renovate the sand greens. The rain has been very kind to our course with it being spring like during the summer. It has been a time that volunteers on the course have been able to renovate the sand greens by ripping them up and adding more loam and sand on to them.

We had to do this to the 12th Green as it went under water when the lower levels of the Billabong Creek flooded. So it was a good opportunity to work on the rest of the greens also, to soften them up.

We look forward to a more settled year of golf and hopefully our new ladies are encouraged to come along and join in our social competitions.

Also that our program of golf for the year will challenge us in our golf and help us to improve.

The Annual General Meeting will be held on Tuesday evening, 15 March 2022, commencing at 7pm. Please come along and support the Club. Bring your ideas with you. This is your Club and we need your support and encouragement.

Culcairn Golf Club were runners up last year in the spring Murray District Golf Association pennant competition to Jindera. Well done for getting to the final. Currently Culcairn are on top of the Howlong pennant competition with only one more week to go, so looking good at present.

ABOUT THE BUSH

Native pollinators in gardens and on farms

Scientists have voiced concerns about global reductions in insect diversity and biomass seen recently, and are worried the services insects provide such as pollination, pest control and carrion disposal may be compromised if this trend continues.



While everyone is familiar with the introduced European Honeybee and its important role in pollinating crops like canola and fruit trees, few people know much about the 1000s of native pollinators

Australia has. If you look around flowers in your garden right now (especially daisies, dill or sweet peas) you will likely see common Halfband

Hoverflies which look like tiny yellow and black striped bees, but are in fact flies (Diptera), distinguished from bees and wasps by having only one set of wings rather than two. Hoverflies are doubly beneficial in gardens



and on farms because as well as being important pollinators, the caterpillar-like larvae of some species feed exclusively on aphids.

Besides hoverflies, Australia also has 1700 species of native bee that act as pollinators. Unlike the introduced honeybee, most of our native bees do not live communally in hives, but rather are solitary and usually nest underground. One iconic native bee is the blue-banded bee which visits the tomato and salvia flowers in my garden. About the size of a honeybee, bluebanded bees have greyish-blue and black body stripes and a very loud buzz. These native bees "buzz-pollinate" certain flowers. Plants like blueberries, kiwifruit, native flax lilies and potatoes don't present their pollen on the end of stamens like most other flowering plants, but require specialist buzz-pollinators like blue-banded bees or teddy-bear bees to vibrate their wings at a particular frequency in order to release their pollen. In addition to hoverflies and native bees, many Australian butterflies, moths, native wasps and beetles are also important pollinators - I'll describe some of these in my next article. Meantime keep an eye and ear out around your tomato flowers and you may see one of our gorgeous buzz-pollinators at work! Colleen O'Malley

LOCAL TRANSPORT MADE EASY

Available to All Residents for medical appointments, local shopping, social purposes and other. For more information or bookings contact David Gilmore 02 6029 8291 or Jan Scheuner 0488 212 905

P.S. If anyone else would like to volunteer their services please contact David or Jan.



CULCAIRN BOWLING & RECREATION CLUB

With the festive season well and truly behind us the Management and staff at the Club look forward

to catching up with members both current and new as we move forward into 2022 and continuing improvements to make a visit to your Club an even more enjoyable experience.

The regular Friday night Meat/Vege Tray prizes were well received throughout the Xmas period providing many lucky winners and this popular Friday night event will continue with ticket sales beginning at 7pm every Friday evening.

Another Friday night event, Barefoot Social Bowls, has returned with many teams already signing up, a great way to enjoy Friday evening and a chance to meet and make friends regardless of your prowess on the greens. Sign in time is 6pm with games beginning around 6.30pm. If you just want to relax, you can sit and enjoy a quiet refreshment on the Clubs newest addition, the Deck. If your fancy is a hot coffee accompanied with possibly a slice of cake or a muffin or a hot 'Toastie' then you're in luck, check the bar menu for the selection on offer. A further addition is a Monthly Seafood Raffle, check the Clubs Facebook page for more information, and the ever popular 'Mega' Boomer Raffle still happens on the last Friday each month, remember the lucky winners get to choose their prize. NEED A RIDE? The Club Courtesy Bus runs a pick-up service Friday evening in the Culcairn area with the first run at 6pm the second at 7pm. Drop off's arranged as required on the evening. For more information phone (02) 6029 8461 after 12pm on Fridays.

The Clubs ever popular Kenny's Chinese Restaurant is open for dine in or take-away Wednesday to Sunday from 6pm-8pm.

Members and their guests are reminded that NSW COVID Guidelines remain in place for persons entering the Club—masks worn and sign in to the COVID Safe Check-in System. From the Directors and Bar Management Team, Stay Safe and COVID free and we look forward to enjoying 2022 with you at your Club.



IN YOUR GARDEN

Welcome to summer gardening for 2022

Lots of rain has been beneficial for some plants but others (passionfruit) have almost drowned.

At the moment weeding and mulching seems more important than watering.

Tomatoes, beans, zucchini and cucumbers are all ripe for the picking. Why not try making some relish or pickles if you have excess?

"Only plant one zucchini bush unless you have MANY friends" is a saying that is proving to be true this season.

Apricots and nectarines have been amazing this year, so jam and stewed fruit for the freezer have kept me busy. Apricots and dates are also a good combination for relish.

Time to think about planting broccoli, cauliflower, brussell sprouts and cabbage seedlings for early winter harvest.

Pumpkins should be fruiting well-all varieties, and could use a feed for continued growth.

As soon as any vegie crop is finished, dig the remains under as soon as possible to reduce the risk of building up pests and diseases that may spread to later plantings.

Passionfruit Q and A

- 1. Why are my passionfruit leaves turning yellow? Magnesium deficiency sometimes causes foliage to yellow during winter. Spraying in Spring with a solution of 1tspn Epsom salts per 1ltr water restores green foliage in 4-6 weeks.
- 2. My fruit are dropping when they're still babies. Fluctuating soil moisture or parched soil causes fruit to fall off. Apply trace elements once yearly during flowering to supplement iron and boron.
- 3. There are shoots growing from the bottom. Are they suckers and should I get rid of them? *Grafted passionfruit are less susceptible to disease, however rootstock suckers can overtake vines. Pruning suckers off encourages more, so pull by hand.*



Zinnias—This plant is a riot of colour, with oranges, reds, yellows and hot pinks available. Zinnias can be tall or dwarf varieties and in Australia are mainly annuals as they are frost

susceptible. They can be grown in the garden but the dwarf varieties are great for pots. Plant in spring and summer for a colourful display, perhaps in front of a blue salvia to enhance their colour even more.



This month sow beetroot,

carrots, spinach, as well as brassicas. Enjoy your time in the garden and be mozzie aware-they're hungry!!!! Margaret Pumpa



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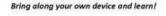
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Do you want to learn how to set up and organize your emails, check Facebook, share photos and more?

Come along to one or more of sessions of the six week program. Full session details are available from Culcairn Council Office/Library.

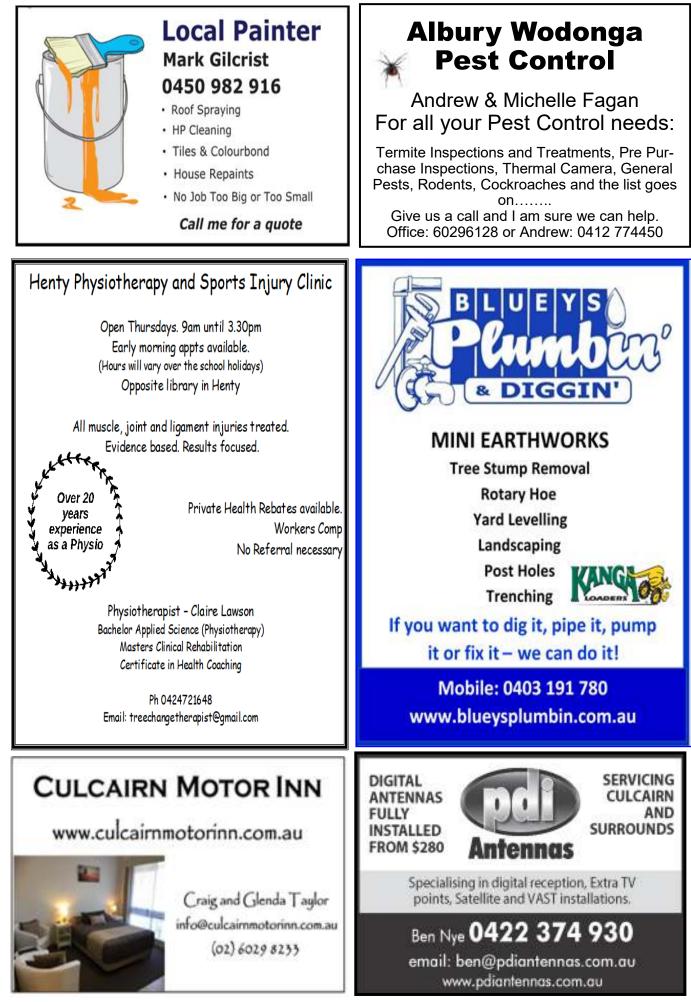
THURSDAY 27 JANUARY - 1:00pm to 4:00pm WEDNESDAY 2 FEBRUARY - 1:00pm to 4:00pm WEDNESDAY 9 FEBRUARY - 1:00pm to 4:00pm WEDNESDAY 16 FEBRUARY - 1:00pm to 4:00pm WEDNESDAY 23 FEBRUARY - 1:00pm to 4:00pm WEDNESDAY 2 MARCH - 1:00pm to 4:00pm





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