



# CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

July 2022

## WELCOME TO CULCAIRN DAY



Eighteen local organisations (including schools, churches, service groups and interest groups) gathered at the Culcairn Memorial Hall on the 19<sup>th</sup> June to showcase what they offer in our community.

The many people who visited took the opportunity to talk with the groups to find out how they support our town, and gave others connections with groups they may wish to join in the future. It was inspiring to see so many new connections form and the positive buzz in the hall clearly indicated the success of the event. The Culcairn Community Development Committee would like to thank those who participated and visited on the day. A big thank you is also extended to our local Lions Club who manned the barbeque for the appreciative crowd.



Father Terrance and Josh Gaynor  
St Joseph's School



Stuart Lowe  
Culcairn Golf Club



Phil McCartney, Ken Scheuner & Glenise Miller



Glenise Miller, Lin Lin Roenfeldt, Heather Collis and Rael Robertson  
Garden Club



Shelley Bird and Cris Mcpaul  
Culcairn Men's Shed



Kathleen Franke  
SES



Margaret Pumpa, Betty Scheetz, Heather Lowe, Ruth Dailey and Ruth Scheetz (sitting)  
Sewing and Quilting Club

## CULCAIRN 'COINS FOR CANCER' UPDATE

Culcairn Pharmacy proved to be the best receptor for donations for the May/June period. The hotel was a close 2nd due apparently to the generosity of the Anzac Day patrons. Since the boxes were placed round the town at the end of April last year an amazing amount of over \$1400 has been forwarded to the Alb/Wod Cancer Centre Trust. Remember that every cent of that money is used for the benefit of the patients who are treated there.

It surely warms the heart to know that the small coins we hardly miss can help in some way to ease their suffering. Thanks again to the businesses who accepted the donation boxes and well done Culcairn folk for your continuing and generous support.

*thank you!*

## DEADLINE

**Next deadline - 12pm Tues 2nd August 2022**

Folding Date– Fri 5<sup>th</sup> August 2022 at 1pm

Delivery Date - Wed 10<sup>th</sup> August 2022

We prefer articles and advertising to be emailed to: [culcairnoasis@outlook.com](mailto:culcairnoasis@outlook.com) or phone **02 6029 8291 for more information.**

**Please note this publication is available online at [www.culcairn.nsw.au](http://www.culcairn.nsw.au) [www.greaterhume.nsw.gov.au](http://www.greaterhume.nsw.gov.au)**



## MEALS ON WHEELS

### Same great service NEW LOGO!

Our board of management has recently decided to change our logo to reflect the area our Meals on Wheels service covers more accurately. We are now known as Meals on Wheels Greater Hume Area. Same service, same staff, just a new logo.

Meals on Wheels Greater Hume Area currently delivers across the areas of Holbrook, Cookardinia, Culcairn, Morven, Walla Walla, Burrumbuttock, Jindera, Gerogery and all areas in between. If you live in the Greater Hume area, we will deliver to you.

### HAVE YOU MET KEVIN?

We recently received a grant from the Foundation For Rural & Regional Renewal (FRRR), which has helped us towards the long awaited purchase of a small commercial freezer van. Recently delivered, the van will make the trek around the shire, delivering to outlying clients. The Renault Kangoo has been quickly nicknamed “KEVIN”. Although compact Kevin is more than capable of handling our busy delivery runs across the shire. Look out for Kevin, currently travelling incognito in plain cloths, soon to be sporting our logos and signwriting.

**“Sconeversations” has been hosted weekly for the past 3 months and sadly has finished for now.** We hope you all enjoyed our weekly catchups. We met some lovely new people, enjoyed learning new things from each other and just HAD FUN!

Don't forget **Meals on Wheels** is available right across the council area. Please call us if you need some support with food, nutrition or meals. We can provide you with a ready-made meal or even assist you to **prepare food in your own home**. We have a huge menu of over 100 items available for you to choose from! We can help you with your menu planning and shopping as well. **You do need to be registered with My Aged Care to access services with us** – don't worry, if you aren't we can help you with that as well. If you would like to participate or would like more information, please give the office a call on 0260363677.

## IN YOUR GARDEN—JULY/AUGUST

Winter is with us with some cracking frosts, shorter days, and some wet weather. Nearly all Autumn foliage should have fallen by now. You can leave it where it has fallen or rake it up for your compost heap, adding a couple of handfuls of blood and bone. Water down to help the process.

All your pumpkin vines should have died off by now, so collect all your pumpkins and store for later use. Never store directly on cement, as this will cause pumpkins to rot quickly. Put on netting hung in a shed (or dry space) or on wooden racks or shelving.

Rose pruning time is now. I start in June, so as I get to have time to prune them all. Roses are amazingly tough plants (and very hard to kill!) Remove all dead wood, and any wood growing in the centre of the bush as this allows better air flow. Any crossed wood can be removed. I have heard said that any wood thinner than a pencil should go too. Rose cuttings (pencil sized) dipped in honey and placed in a sharp sand/potting mix medium, will generally strike. Keep damp. July is also time to plant bare-rooted roses, available from nurseries.

As the cost of fresh fruit and vegies rises, more people are growing their own produce. Asian Greens are easy and quick to grow. Multi pick lettuce are also easy and will grow well in large pots. There is still time to plant more broccoli, peas, silver beet, asparagus crowns, and various herbs, including coriander, dill, chervil (like parsley). My old wheelbarrows planted with Pansies, and Dwarf snapdragons are bright spots of colour on a dull day.

Chooks—a lot of us have a few chooks in the backyard. They lay some eggs, eat some pests, and help fertilise the garden. As well as this, they eat the kitchen scraps.

GOOD scraps—stale, but not mouldy bread, weevil infested barley, wheat, and couscous, failed banana cake, seeded celery, carrots, lettuce, and other garden vegies scraps.

BAD scraps—anything rotting, mouldy or fermenting (bubbling Jam), playdough, and anything very salty, rancid oil, avocado skins and seeds, chocolate and junk food, tea leaves and coffee grounds (put them on your camellias or compost heap).

Winter Colour—these shrubs and bushes will bring beauty and colour to winter.

Hairpin Banksia—many and varied sizes and colours. These shrubs attract many birds. Grow in gardens or large pots.

Small Crowea—pink or white flowers, from Autumn onwards.

Blue Dampiera—a blue, butterfly attracting plant  
Spotted Emu Bush—Plant in dry, well-drained soil. Beautiful flowers come in pink, mauve, orange, red and yellow.

Enjoy your Garden, Margaret Pumpa



## COUNCIL NEWS

Council thanked Steven Pinnuck for his service, leadership and commitment to Greater Hume and its predecessors during his tenure in various roles, most significantly as General Manager. Council wished Steven well with his upcoming retirement and presented him with a plant and gift as a token of their appreciation.

## REMOVAL OF PINE TREES AT CULCAIRN CEMETERY



Greater Hume Council has allocated funds in its 2022/2023 budget for the removal of a row of large pine trees located on the

Western Side of the Culcairn Cemetery. These established trees are a wonderful wind break for the cemetery and help to delineate the edge of the cemetery. Unfortunately as the trees have grown to a considerable size they are now too close to rows of headstones and they are damaging the head stones through dropped limbs and raised roots.

To eliminate additional damage to the headstones it is planned to replant another row of similar pine species further to the West.

If any resident would like to comment or raise comments regarding the removal of the pine trees before 15 August 2022 please contact Mr Colin Kane Director Environment and Planning on 6036 0100 or via [ckane@greaterhume.nsw.gov.au](mailto:ckane@greaterhume.nsw.gov.au).



## CULCAIRN BOWLING AND RECREATION CLUB

With the cooler weather the opening hours of the club have now changed—

Monday and Tuesday will be CLOSED and Wednesday to Sunday will be open from 12pm to late depending on patronage.

Things have been busy lately. Memberships are now overdue for renewal so please call in and grab a member's form. We would like to officially welcome Jena Kent as new manager to the club.

### July Happenings @ THE CLUB:

- Sunday 10th July—Country Music Day from 10am
- Sunday 10th July—Garden Club Meeting at 2pm
- Wednesday 13th July—State of Origin Decider at 7.30pm
- Sunday 17th July—Travelling Bowlers from 9.30am
- Wednesday 20th July—Board Meeting at 6pm

The new deck area and fireplace is proving to be a hit and shows the hard work and dedication by our board members. A huge thank you to the Culcairn Football Netball Club for their "Starry Night" ball that was a fantastic night had by all. Can't wait to see you all @ the bowlo.

## 2022 CULCAIRN SHOW

Culcairn Show will be held on Saturday 1st October 2022, the October Long Weekend.

Planned activities for show day include:

Junior Show Girl & Show Boy, Sport Group Activities with Prize Money, Displays, Side Show Rides, Demonstration Wood Chop Competition, Piglet Races, Horse Events, Shearing Competition, School's Art Competition, Stalls, Dog Breed Competitions, Plant, Flower, Cooking, Sewing, Stitching Competitions

If you would like to help, please contact us at [culcairnshowsociety@gmail.com](mailto:culcairnshowsociety@gmail.com) or leave a message on (02) 6029 8683.

The Show Committee recognises the significant contribution the NSW Government has made to the Culcairn Show Committee to assist with the costs for this year's show. Show Schedules will be available from mid-August. These outline the many pavilion competitions available for people to participate in.

The next general meeting of the Culcairn Show Society will be held on Monday night the 15th August 2022 at 7.30pm at the Andrew Hoy Pavilion at the Culcairn Show and Sports Ground. Members of the community are welcome to become members of the society and participate in the business of the show society.

Volunteers on the day of the show are most welcome.

## WIRES MURRAY RIVER

Winter is upon us and should be time when animals are resting and awaiting spring, however they are still out and about on our roads and our properties. We always need to remain vigilant and watch out especially at dawn and dusk. Surprisingly there are still many young animals around.

If you see an injured animal, please call **Murray River WIRES 0427 493 737** so we can assist.

Winter is the perfect time to join WIRES, so that your basic training is complete for the onset of spring and all the new little animals. There are many positions available in WIRES; Carers, Rescuers, Tree climbers (for placement of nesting boxes, when animals are released). Transporters between carers and/or Vets and sharp shooters. If you are interested in joining us, please contact **wires.org.au or call 1300 094 737**.

Now is the time to ensure chimneys are covered and holes are repaired in buildings, to prevent unwanted animals entering your house.

Did you know barbed wire fences cause absolute havoc to all forms of native wildlife?

We desperately need new members in our area so that we can offer prompt efficient service when required. Remember it is our native wildlife that maintains our forests and waterways. Birds spread seeds, flying foxes propagate our trees and forests, Turtles clean our waterways and Raptors clean up carrion. Each one of them play an integral role in maintaining our natural habitat.

## CAN SCOUTING RETURN TO HOLBROOK/CULCAIRN?

There has been an interest in getting Scouts up and running in the Holbrook and Culcairn area after an absence of 15 years from the community.

Over the last 12 months I have received many messages and emails from parents wishing to enrol their child in Scouting. It seemed that there is a real need for this activity in the community.

This interest culminated in a community meeting on 23rd March 2022 in Holbrook. Unfortunately, no-one attended this meeting!

So, we have changed our focus and instead of trying to get a full Scout Group up and running with kids in all sections, we will look at providing a Joey Scout section and grow from there.

Joey Scouts are boys and girls in the 5-8 year old demographic. Of interest, there are 810 children in this age group in Greater Hume Shire, representing 7.9% of the total population.

Scouting is community service and citizenship, so we earn our money and give back to the community in the process.

Meeting Nights—This will be open to negotiation with the Leaders. Joeys usually meet for an hour anytime between 5.00pm and 6.30pm.

Meeting Place—We have 2 choices of meeting places in Holbrook, perhaps one day we will get a real Scout Hall again!

Inclusivity—The Scout Program is designed for any child, irrespective of ability, or disability, to achieve to the best level they can, and they will be always recognised for that. Not everyone can be a sportsperson, but all are equal and included under Scouting.

### The Next Steps

- Get a list of kids who want to be Joeys.
- Get our Group Committee formed so we can get a bank account for a start!
- Get Leaders into training.
- Get 1st Holbrook Joey Scouts to their first meeting in September 2022.

Please do not hesitate to contact me on 0421 252 883 or e-mail at [gl.1stholbrook@gmail.com](mailto:gl.1stholbrook@gmail.com). I'm retired and live in town, I intend to keep chipping away at this. Kind regards, Ian Hall, Group Leader, 1st Holbrook Scout Group.

## HENTY-CULCAIRN PROBUS

The June meeting of the Henty-Culcairn Probus Club was held at Henty Community Centre Wednesday the 8th. We acknowledged some special wedding anniversaries—Joyce and Ron Gardiner have achieved 56 years of marriage and Julie and Neil Parker have achieved 60 years of marriage. Congratulations and best wishes to both families.

The morning sing-along was led by Diane Allitt with Joyce Gardiner on piano.

There is a possibility of travel for Probus members and friends. The anticipated date is 19th October 2022 and the choice is between Corowa and Tumut.

Corowa has the Federation museum, the whisky and chocolate factory and an art and craft gallery, returning via Walla Walla and its new painting.

Tumut has reopened after dealing with COVID and they have lots of new ideas and a lovely lunch on offer. Please have a chat with Jeannie Kenney if you fancy a happy day out.

New member Janet Beverley was our five minute speaker. Janet spoke of an amazing life, trekking in Nepal, playing hockey internationally and coaching hockey in Canada for forty years, and her studies and waiting for results of her recently completed thesis about A History of Australian Women's Hockey. Thank you to Janet for sharing her story. It was most interesting.

After morning tea, we had Krystal White as our speaker. Krystal was accompanied by her beautifully behaved small daughter Pippi. Krystal is a chemist at Henty where she and her chemist husband Mark are raising their three children.

The talk was on medication and side effects, and it would seem that we as consumers need to ask our medical advisers and chemists about side effects as these are most often unknown, and we can be informed just by asking. We should follow instructions for medications and there need to be regular reviews of medications to check for reactions. Alcohol can react with medication possibly making it less effective.

Unwanted medications should be taken to the chemist for disposal. This is a free service. Connie Ross presented Krystal with a Probus pen with our thanks for Krystal's presentation and wise advice.

There are now notices on town notice boards at Henty, Culcairn and Walla Walla regarding Henty-Culcairn Probus meeting dates and places. We send our best wishes to those in hospital and unwell at home, and look forward to seeing you at Henty on July 13th 2022.

## STORYTIME—CULCAIRN LIBRARY

Storytime will be on Thursday 11th August 2022 at the Culcairn Library from 10am – 11am. Activities include listening to stories, craft, sensory games, making new friends and experiencing being part of a group.



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## CULCAIRN HEALTH MATTERS (LHAC)



After leaving school, Jodie McGrath trained as an AIN and eventually found the job she loves – at the Culcairn Multipurpose Service. Here she works in hotel services, where she is part of the health share team. Jodie feels that she is extremely lucky to be working in the hospital where she was born, holding a full time job and

having employment in the town she calls home. Over the 14 years that Jodie has been a staff member here, she has seen many changes including the building of the new facility, working under new management, and the retirement of local Dr Reddy. She loves her job and feels that it is a privilege to be helping to care for local residents she has known all her life.

While Jodie calls herself a home-body, she does enjoy catching up with her long time friends over a meal and sometimes getting away together, and watching her children play their sports. She is proud of them all, and their achievements including with one bravely travelling overseas and another securing an apprenticeship locally.

It is wonderful to have such a committed caring person as Jodie enjoying her role and serving our Culcairn community in the MPS. Thank you very much, Jodie.

### Important information from the MPS

All visitors to the RAC now need to provide evidence of a negative RAT test prior to entering. A testing kit will be provided at the entrance and staff will assist to have the test completed before access can be granted. This will help keep most vulnerable residents safe.

The hospital carpark is not a safe recreational space for our younger community members, so bikes, scooters and even motorbikes, are not to be ridden in and around that area. Thank you

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