



CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

September 2022

CULCAIRN SHOW—1st October 2022

Show Schedules listing many competitions will be available from early September. These outline the many pavilion competitions available for people to participate in. If you wish a horse competition schedule, please leave details and a message on 02 6029 8683 and we will get back to you.

Kids Show Schedule will be out to schools soon. This outlines competitions for kids 16 and under. These will be distributed through our local schools, and available at the newsagency and craft shop in Culcairn.

The committee thanks our schools for their cooperation with the show.

If you would like to help, please contact us at culcairnshowsociety@gmail.com or leave a message on 02 6029 8683.

Kids' activities at the show will include Junior Show Girl & Show Boy, Piglet Races [4 times in the day], School's Art Competition, Pavilion Competition in Potted Plants, Flowers, Cooking, Photography, Stitching, Scare Crow.

For both Boys and Girls, activities in netball, goal kick, cricket, tennis, golf, scooter competitions for under 10's, under 12's and under 14's.

YOU GET A \$2 COIN FOR EACH COMP YOU ENTER + PRIZE MONEY for the top boy and girl performers.

Other show activities include Side Show Rides, Demonstration Wood Chop Competition, Horse Events, Shearing Competition, Wool Fleece Competition, Displays, Stalls, Poultry, Dog Breed Competitions, Competitions in Photography, Potted Plants, Flowers, Cooking, Sewing, Stitching Competitions, Vegetables and Fruit.

Volunteers on the day of the show are most welcome.

The Show Committee recognises the significant contributions the NSW & Federal Governments have made to the Culcairn Show 2022 to assist with the costs for this year's show.

The next general meeting of the Culcairn Show Society will be held on Monday night the 12th September 2022 at 7.30pm at the Andrew Hoy Pavilion at the Culcairn Show and Sports Ground.

Members of the community are welcome to become members of the society and participate in the business of the show society, gate entry and 15 free competition entries.

Like us on Facebook at Culcairn Agricultural Show for the latest information about the show including access to schedules for the competitions. Put this date on your calendar, Culcairn Show Saturday 1st October.

CULCAIRN STREET PARTY

Having secured a substantial grant from the NSW Government, the Culcairn Community Development Committee (with the support of the Greater Hume Council) will be holding a Street Party in our main street.

The event, on **FRIDAY 18th NOVEMBER** from 5-9pm, will consist of markets, children's entertainment, music, food and fireworks. There will be something for everyone, so save the date and organise friends and family to come along.

The aim of the program is to promote social and economic recovery of regional communities following the extended COVID restrictions and border closures that impacted rural areas. What better way to do this than hold an event that brings our community together in a positive, fun-filled way?

At this point we are looking for stall-holders to be part of the evening. Anyone interested, or requiring further information, can email the committee at culcairstreetparty@outlook.com

We will then send out some relevant information and a registration form to be completed and returned. Only registered stalls will be able to set up on the day, and there are limited spaces available. Get in early to avoid disappointment.

We hope everyone will get in the spirit and have a fabulous night.

CULCAIRN EARLY CHILDHOOD CENTRE



During August, we warmly welcomed families back into our Centre, with the relaxing of COVID-19 restrictions. Book Week is also in August and the children enthusiastically arrived dressed as characters from their favourite

stories. Together we read stories of dinosaurs, superheroes, princesses, Gallipoli and football players, with the children excitedly adding in additional details, and sharing stories of their own adventures.

We also revisited some of our favourite books. Currently the children are enjoying "Hairy Maclary from Donaldson's Dairy", "We are Going on a Bear Hunt" and "The Little Red Hen", with the children participating in storytelling. Book Week is a great opportunity to expand on our developing early literacy skills and share the enjoyment of storytelling.

DEADLINE

Next deadline - 12pm Tues 4th October 2022

Folding Date- Fri 7th October 2022 at 1pm

Delivery Date - Wed 12th October 2022

We prefer articles and advertising to be emailed to: culcairnoasis@outlook.com or phone **02 6029 8291** for more information.

Please note this publication is available online at www.culcairn.nsw.au www.greaterhume.nsw.gov.au



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CULCAIRN TOWN TENNIS CLUB

If anyone is interested in playing Saturday afternoon tennis, please contact Andrew Fagan, Club President on 0412 774 450 for further information.

SATURDAY AFTERNOON TENNIS

ALL AGES AND ABILITIES WELCOME

FAMILY FRIENDLY CLUB

CONTACT:
ANDREW FAGAN
0412 774 450

COME AND JOIN US FOR FUN AND EXERCISE

Expressions of interest for tennis coaching. Please forward details to Natalie Weston on 0429 933 127.

Culcairn Town Tennis Club
Can be found on Facebook!

CULCAIRN HEALTH MATTERS (LHAC)



Veronica Brown, whom we all know as Ronnie, is a part-time AIN at the Culcairn MPS, where she mostly works with the aged in the Residential Aged Care (RAC). While she has been a staff member here for the past four years, she held a similar position at the Lutheran Aged Care in

Albury for the previous seven years. Ronnie commenced her job just as the new hospital was opening, and appreciates working in this new facility. She has enjoyed coming back to Culcairn, where she now resides, working with the staff and reminiscing with the local residents whom she has known for a long time. Ronnie always has a warm smile and friendly, caring manner which is appreciated by all at the hospital.

She enjoys gardening in her spare time, and looking after her much-loved seven grandchildren. Ronnie and husband Greg love cruising and they will soon be sailing along the eastern coast of Australia. They also hope to spend time caravanning and exploring more of Australia in the years to come. We thank you for your commitment to the local MPS, Ronnie.

MPS News—from Kathryn—Culcairn MPS has a new Infection Prevention and Control (IPAC) Lead who will be taking over my IPAC Lead role in the coming months. Avneet Kaur has been enrolled in the Australasian College for Infection Prevention and Control course and will be supported by our MLHD to complete this with mentoring and training days.

SCHOOLS RESILIENCE DAY



On 2nd September 2022, Culcairn LHAC, along with Henty and Holbrook LHAC and Billabong High School held a resilience day for Year 5/6 from 6 primary schools followed by

Billabong Year 7-11 in the afternoon. Students were treated to a sausage for lunch. We would like to say a massive thank you to the amazing Lions Clubs from Culcairn, Henty and Holbrook for cooking and serving over 1000 sausages.

Guest speakers Scott Readon & Vanessa Low spoke to students how they became Paralympians and how to manage and develop Resilience, Positiveness with strategies of Block Breathing, Networking, Gratitude and Purpose.

Thanks to Billabong High School for hosting, students who attended, Lions Club for cooking and all the LHAC'S who helped make this happen. It was a very successful day.

HENTY-CULCAIRN PROBUS

Henty-Culcairn Probus met at Culcairn on the 10th August 2022. Thank you to the lovely people who have sorted out technology problems. Having two microphones was nice. We do appreciate your efforts.

Our President Yvonne Booth welcomed our guest Graham from Belmont Probus

He has been visiting his cousin, our new member Margaret Pumpa.

Graham's father had been assistant Station Master at Culcairn when Graham was about ten years old, so was playing tourist and remembering places of interest.

Graham was most impressed with Greater Hume Council's sparkling public toilets. Our thanks to Councillors and staff for their efforts.

The planned bus trip to Corowa and then home past the newly painted Walla Walla water tower, will be \$98.00 per person, including lunch at the golf club. Please contact Jeanie for information.

Joan Wood was our five-minute speaker. Joan worked as a telephonist at Culcairn, Henty, and Holbrook. The telephone exchange at Culcairn was closed in 1969. When ladies married, they were required to resign their jobs and so, from 1953 to 1969, Joan could only be a temporary employee. Phone calls to England needed to be booked a week in advance. Other distance calls took time and patience for connections.

Joan remembered names and phone numbers from the days of party lines and some of our people too. Our thanks to Joan for sharing her memories and the happiness that she shared with us. It was a lovely time.

After morning tea, we had our new Greater Hume Council Mayor Cr. Tony Quinn.

Cr Quinn told us of being born the fourth son of the family, at Cobram.

He told of family history where there had been drought in 1944/45 and his family having 80 Draft horses, and because of drought, his parents having to pick up the pieces of their lives and start over again. Cr Quinn learned wool classing and went to Wagga Wagga agricultural college and played sports and learned that he can and likes to win. Cr Quinn married in 1972 and with his wife has a family that they are very proud of. There were lots of discussions, questions and answers and Cr Quinn was invited to lunch and most generously accepted, giving us more time to get to know our new friend Tony, student of political history, a man who votes on issues and moves with better ideas. He also volunteers each week at Vinnie's. Our Vice President, Beryl Meyer thanked Cr Quinn for his talk and presented him with a Probus pen.

We send our best wishes to those dealing with illness and hope that you will be well again very soon. Next meeting for Henty-Culcairn Probus is to be at Henty on 11th September and then October 12th at Henty.

IN YOUR GARDEN - SEPTEMBER

SPRING has sprung. With longer and warmer days upon us, it's time to mow, edge and prepare lawns for summer. A light top dressing with lawn fertilizer, will have your grass looking great. Moisture is not an issue yet!

Re-establish lawns that need repair with seed or runners before summer comes. Magnolias are magnificent now, with different sizes and colours available.

Crab Apples are blooming from white to shades of pink, with single and double blooms. These small trees will grow well in a small garden.

Bulbs—are beautiful now and we have a time of colour and varied form. There are so many varieties of Daffodils and each year new ones are developed. Double daffodils, with frills and ruffles, pink, white and orange centres, and contrasting outer petals. Some plants even have multiple flower heads on each stem.

After they finish flowering, let them die down naturally. Feed them, as this will strengthen the bulb and prepare next year flowers.

Roses—An abundance of new leaves are sprouting and shortly there will be new flower buds forming.

Lettuce—are growing well, I grow different types that allow me to harvest only the leaves I need each time. As well as traditional "Iceberg" there are many other varieties available, including Mignonettes, multicolours, curly-leaf and Cos.

Harvesting continues with peas, broccoli, cauliflower, still maturing.

Put seedlings of tomato, cucumber, zucchini, and pumpkin into pots in a sheltered place. Frost risk is still too great to plant out yet. The soil is still too cold too. Potatoes can be planted now. Cover with hay to protect from frost.

Plant pansies, primula, polyanthus, stock, and lobelia, now for summer colour. Unless well protected, it is too early to plant petunias yet.

I have had a problem with powdery mildew on my begonias but fixed it with a spray of 1 part full cream milk in 9 parts water. Be sure to spray both sides of the leaves and the stems too. Enjoy your garden, Margaret Pampa

NOW OPEN



ABOUT THIS SURVEY

The MLHD 2022 Community Survey gathers information from people across the Murrumbidgee region about their experience with and knowledge of services in hospitals and other healthcare facilities.

This is the perfect opportunity for you to provide feedback on how the health service can improve communication.



The survey is anonymous. Participation in the survey is voluntary and respondents cannot be identified from the information provided in this survey.

CLOSING DATE

This survey will open from 1 September 2022 and close on 30 November 2022.



PURPOSE:

The 2022 MLHD Community Survey will:

- measure public awareness about services available locally
- identify gaps in the provision of information
- identify best communication channels to inform, consult and engage with specific communities



TAKE SURVEY NOW!

Go online:

<https://www.surveymonkey.com/MLHD-CS-2022>

*** scan the QR code to access via your device

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RETURN and EARN

The Culcairn Community Development Committee is happy to report that the Return and Earn program has gained a boost with two more recycling bins being installed in recent weeks. On many occasions the bins were filled before the designated collection day, so the new bins give much greater capacity for people to dispose of their containers and for the community to earn some income.

For those who haven't used the bins before, they are located in Eric Thomas Park near the RV dump site. The taller bins, with a **top opening**, are designed for aluminium cans and plastic bottles (soft drink ones NOT milk bottles). The bins with the **front opening** are for small glass bottles such as beer bottles. Wine bottles and spirit bottles are not suitable as they don't attract a refund.

A special thank you goes to the Men's Shed for constructing the new bins, and to Philip McCartney for coordinating their installation.



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CULCAIRN PUBLIC SCHOOL



Our Book Week parade on Friday 26 August, was a great success with a myriad of characters visiting our school. Everyone enjoyed dressing up, participating in activities, and listening to readings of CBCA (Children's Book Council of Australia) shortlisted books.

Front L to R: Reanna Schultz, Kayla Schultz, Emma Pumpa;
Rear: Bronson Brown

Getting a taste of what's to come—Our Year 6 students visited Billabong High School on Wednesday 24 August and experienced what life at high school will be like next year. From all accounts they really enjoyed the day.

Boys to the Bush—Ten of our Year 5 and Year 6 boys have been invited to be involved in the Boys To The Bush MENToring Program. The program focuses and aims to increase the capacity to connect and engage with young males, creating better sons, students, employees, fathers, husbands and ultimately better men. The boys attending have had a great time and look forward to the remaining 3 sessions.

Counting down to BIG school—Our 'Countdown to Kinder' transition program for children starting school in 2023 began on Friday 2 September. Each Kindergarten Transition session will be held over the next eight Fridays this term and next, from 9:00am until 12:00pm. These sessions are vital to give students an opportunity to become familiar with school routines and expectations. It is an ideal time for them to get to know their peers and teachers. Please contact the school office 6029 8385 if you would like to learn more about this program.

Sporting Superstars—On Friday 26 August, 16 of our students represented Culcairn Public School at the Riverina PSSA Athletics Carnival. Our students performed very well against some excellent competitors from as far away as Young, Griffith and Deniliquin. The highlight of the day was our own Hudson Bootsma and Patrick Chant placing 1st and 2nd respectively in the 8 Years Boys 100m final! These boys and Fletcher Way, who also placed 2nd in the 10 Years Boys 100m, have all qualified for the NSW PSSA State Carnival which will be held in Sydney in October. Congratulation boys on a tremendous effort.

Busy busy SRC—The SRC in conjunction with the school is proud to have recently donated \$1500.00 to Dunoos Public School, to assist with purchasing new equipment after the devastating flood waters in northern NSW last term.

They have also purchased some new toys and equipment to be used in the sandpit, a popular playground site.

NATIONAL MEALS ON WHEELS DAY CELEBRATIONS



We are celebrating National Meals on Wheels Day this month with cupcake deliveries for all Meals on Wheels clients.

National Meals on Wheels Day recognises the outstanding Volunteers contribution in the local community

The annual celebration recognises the work of the organisations 45,000 Volunteers across Australia, with 14,000 being NSW based. Thank you to all of our previous and current Volunteers for your valuable contribution to Meals on Wheels.

Les MacDonald, CEO of Meals on Wheels NSW said "Our Volunteers are the people that make us successful and make an enormous contribution to sustaining the health of our society. Meals on Wheels would simply not be what it is without Volunteers".

To all of our Volunteers, we thank you for your dedication and support.

We have a couple of iPads available for our clients to access. Clients can receive an iPad to use free of charge for 6 months. We will help set you up and pay for the connection plan for the 6-month loan duration. The iPad becomes the property of the participant after the initial 6 months.

A reminder that Meals on Wheels is available right across the council area. Please call us if you need some support with food, nutrition or meals. We can provide you with a ready-made meal or even assist you to prepare food in your own home. We have a huge menu of over 100 items available for you to choose from! We can help you with your menu planning and shopping as well.

You can call us on 02 60363677 or My Aged Care on 1800 200 422.

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