

CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

December 2022



CHRISTMAS TREE OF REMEMBRANCE

Just a reminder that the Christmas Tree of Remembrance is again at the Culcairn Library. Please take the opportunity to write a message to anyone you have lost, to include them in the spirit of Christmas and attach the message to the Christmas Tree. Tags are provided.

In early January we will burn the messages and spread the ashes around a specially planted rosemary bush located at the Val Hensel Memorial Garden. A plaque has been placed at this location.

CULCAIRN STREET PARTY

What a fabulous night!!!! Over 2000 visitors, more than 50 markets and brilliant fireworks to finish off the night. Our Street Party in November was certainly a success and the feedback from the community and stall holders has been amazing. Thank you to everyone who came along and has let us know how they felt about the night. It was certainly a night to remember.

The aim of the grant, applied for by the Culcairn Community Development Committee, was to reconnect communities financially and socially after COVID. We certainly delivered in that respect, with stall holders reporting great sales and the rest of the community saying what a wonderful time they had shopping, listening to music and chatting.

At this point we would like to thank all the people who helped make the event happen. Jackie Lister and Kerrie Wise (from Council) were very supportive and provided a huge amount of assistance before the event. Special thanks to Craig Hall and Mark Haines for their contributions as well. Recognition also goes to our local Fijian community and some English tourists who helped with lighting in the week prior. It was wonderful to have people volunteer their time to make the night a success.

Finally, a massive thank you to the members of the Development Committee who took on the challenge and worked so hard to make the event happen. There were many hours of work required to pull it off, but all can be proud of the final result. The only question remaining is...Will we do it again? Watch this space!!!!











CULCAIRN OASIS POLICY STATEMENT

This newsletter is for the purpose of disseminating information and articles free of charge for the benefit of the public. This information is not a substitute for professional advice and is not intended to be used as such. The editors do not accept any liability for any loss or damage incurred by use of or reliance on such information. The editors of Culcairn Oasis make every effort to ensure the quality of the information. However, the Culcairn Oasis cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency or completeness of information.

It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.

DEADLINE

Next deadline - 12pm Tues 31st January 2023

Folding Date– Fri 3rd February 2023 at 1pm Delivery Date - Wed 8th February 2023

We prefer articles and advertising to be emailed to: culcairnoasis@outlook.com or phone 02 6029 8291 for more information.

If you are a new advertiser, email us for information & a booking form.

| ADVERTISING Sizes | Charges |
|------------------------------------|---------------------|
| Per issue | Advertising Cost |
| Classified 1/16 page | \$10.00 |
| 1/8 page | \$20.00 |
| ¼ page | \$40.00 |
| ½ page (check for availability) | \$80.00 |
| Full page (check for availability) | \$160.00 |
| Flyer insert (excluding printing) | \$100.00 |

Please note pay for 5 ads get one free, pay for 10 get 2 free

CULCAIRN OASIS NEWS

We would love to receive more articles from all our Culcairn community groups in order to make our newsletter varied, interesting and enjoyable for our readers. So if your group has news you'd like to share with our wider community we'd love to hear from you.

We would also love to hear from more individuals who have a particular interest and who would like to contribute to the Culcairn Oasis. Please e-mail details to culcairnoasis@outlook.com or phone David Gilmore on 6029 8291.

Please note this publication is available online

at www.culcairn.nsw.au www.greaterhume.nsw.gov.au



OASIS HELPERS NEEDED

If you have knowledge in any of these areas emailing, Word, Publisher, Excel and interest in supporting the Oasis team we would like to hear from you.

Please email <u>culcairnoasis@outlook.com</u> or phone David Gilmore on 6029 8291

CULCAIRN HEALTH MATTERS (LHAC)



Gridatouch (Nik) Nikrotha is an international student from Thailand, who has working at the been Culcairn Multipurpose Service since May this year. He has lived in Australia these last 15 years, completing his Bachelor of Nursing with work experience as an AIN in a number of different

Hospitals. Nik decided to take up the role of Registered Nurse at the Culcairn hospital when Murrumbidgee Health was recruiting nursing staff to fill numerous vacancies in the region. He works in the Residential Aged Care unit, in the ED and hospital, meeting the experiences he is challenged with daily during this graduate year. Nik lives in Albury and has many varied hobbies and interests. He volunteers time with a religious organization, studies Chinese, loves attending a gym, doing yoga, watching movies, and enjoying music.

Nik is happy in his role and working in the Culcairn community, feels supported and says that he is learning lots! We are very appreciative of all the experience and enthusiasm that he brings to our hospital and aged care facility and wish him well in his nursing career.

"THE SHED" NEWS

Culcairn Men's & Community Shed

The Shed would like to acknowledge and thank Biti Motors and Ford Australia for their generous sponsorship. A big thank you also to Paul for the great signage.



We have been busy at the Shed over the past few months preparing items for sale at both the Culcairn Agricultural Show and the Street Party. We also constructed

another two boxes

for the CCDC earn and return. A seat was built for the Burrumbuttock Pre School in readiness for

their 50th Anniversary celebrations.

We were privileged to go to the UIVER DC2 project in Albury and hear all about the project being undertaken and the history behind it. We met together with other members of our zone. The project to restore the DC2 is one of mammoth proportions and the work meticulously being



carried out by the members and progressing slowly together with the setting up of the museum.



A great day out. There have been a couple of zone togethers get with sheds as far north Gundagai, south to Alburv and to across Howlong. This week we attended the first

of many Murray/Hume Zone gatherings and will see us participate in the first six months of the new year in workshops around Dementia and Suicide. We will be sure to keep you up to date on both these happenings.

We continue to meet Tuesday and Thursday 9.00 am to 12.00 noon and our last meeting for 2022 will be Thurdsay 15 Dec 2022 and we will be back after a break on Tuesday 17 Jan 2023. Everyone is most welcome on either day even just for a cuppa and a chat. Contact 0408 211 565 Cris McPaul

The committee and members wish you all a Merry Christmas and Happy New Year.

HENTY-CULCAIRN PROBUS

We send our congratulations to Harold Janetski for his 101st Birthday. We wish you and your family good health and happiness.

Our five minute speaker was Liela Hensel and she spoke of her husband Haydon's life.

Haydon's father had worked for the railways, so family had moved towns to fit with the job. Haydon has worked as a drover with the abattoirs, feeding cattle on hay and spending long hours working cattle. Since Haydon has retired, he has worked on his garden and as an older gentleman, gets much pleasure from a walk around his garden

Thank you, Leila, for sharing your pride in your special husband Haydon and his achievements. We wish you both good health and happiness in a long life together.

Our main speaker was Trent Dean, Chief Executive officer of Mercy Connect, operating in New South Wales and Victoria. He leads Mercy Connect; the people who are to be involved in operating Henty's Avondale Place. Trent is a young man with a wife and two children, all sorts of wonderful qualifications and experience and is currently completing a Doctor of Public Health at La Trobe University.

He told us about the \$20 note and its involvement with the Flying Doctor Service and its constant memorial to Reverend John Flynn and the camels and "Victory" the Tiger Moth and the pedal wireless invented by Alfred Traeger in Adelaide 1927. Trent is a strong advocate for people with disability and talked of volunteers for Avondale Place and day programs with music and fund raising. Janet Beverley presented Trent with our Probus pen of appreciation. Trent came armed with pens and shopping bags and information, so we have plenty of prompts to think of Mercy Connect and Avondale place. Thank you for the lovely thought.

November 11th, Remembrance Day and many Probus people joined with Henty townsfolk and relatives of Harold Edward Piltz, Horace (Bryce) Taylor and Richard Craze to lay flowers and quietly remember those who had died in war and those who came home to deal with the after effects of war.

Gary Kenny was Padre for the day and after the ceremony he has generously donated five books, four signed by author, on Sandakan by Don Wall, to be offered to Henty library. They have mention of our Henty people.

Our next meeting of Probus will be December, the second Wednesday at Henty for a Christmas style lunch at 11.00 am and cost is to be \$20 per person. We look forward to seeing you there.

GARDEN CLUB TRIP



The Culcairn Garden Club members and some members of the community recently went on a trip to Braymont Garden Tumbarumba on the 13th November 2022.

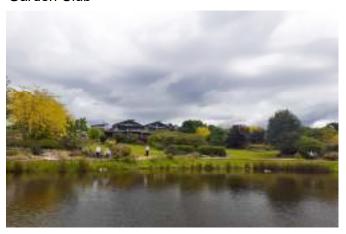
With COVID-19 and all the rain we have been having, it was great to finally go on our trip. Luckily on the day, the sun came up and the rain stayed away long enough for us to enjoy this beautiful garden with a magnificent views of the mountains.

> The amount of trees, different plants, massive hedges and the colours of flowers was beautiful.



absolutely

The lunch we had was great, specially the dessert and the glass of wine. The wine made at Obsession winery at Braymont Garden. If you get a chance to see it you won't be dissapointed. Thankyou, Lolita Landman, President Culcairn Garden Club



IN YOUR GARDEN

Summer has arrived!! No rain for two weeks and higher temperatures means lots of growth, flowers, and fruit setting. A great time to be out in the garden is early morning when all is peaceful and calm and before the heat of the day sets in.

VEGIES - Cucumbers, pumpkin and zucchini are flowering and some zucchini ready to pick. I have heard of powdery mildew on these vegies but as it gets hotter and drier, this problem should disappear (otherwise, a milk spray will help—1 part full cream milk and 9 parts water).

Tomatoes, beans, and corn doing well too. Watch out for white fly as they flower. Harvest garlic as it dries and hang in an airy place till needed.

A Bay Tree is a useful addition to any garden (in the ground or a large pot)

The leaves can be picked and tied into bunches, to hang in your pantry where they are useful in deterring the pantry moth. Also, very good in many recipes.

MOZZIES - Lots of water and flooding has given mosquitoes an excellent breeding ground.

Be proactive, by emptying out any pots or saucers with water in regularly. Spray for around windows and doors and other outside areas. Said to reduce mozzie numbers. Homemade Mozzie Spray—mix together well, 3 cups of epsom salts, 1 can of beer, 1 bottle of mouthwash (cheap kind will do). There is now available a vaccine for Japanese Encephalitis. See your GP - It's FREE!

Keep dead heading your roses and fertilise for repeat flowers.

FLOWERS Time now for summer colour with Petunias, Vincas, and Lobelia in pots. Put the pots anywhere you want a splash of colour. I have my flowers in two old wheelbarrows (which I can move around)

Hydrangeas are blooming now. Cut early in the morning, crush the stems, and plunge immediately in water that you have waiting nearby. Water hydrangeas well when flowering as they are very thirsty currently. "Endless Summer" is a variety that blooms repeatedly.

Make Cut Flowers last longer.... When you pick or purchase, flowers, snip the ends of the stalks before you place them in water. Strip off the leaves that will remain below the water level; leaves above the water should remain in place. Pick flowers in the cool of the morning or late in the afternoon.. Change vase water every second day, snipping stems each time.

January is a good time to cut back Salvias and they will flower in the Autumn again.

Hard prune Wisteria NOW, (not in Winter as you will remove flower buds then)

Apricots should be ready for picking, for eating, preserving, drying or jamming! YUM. Keep up the mulch, feed and water.

Merry Christmas, enjoy you Summer in the Garden. Margaret Pumpa



Greater Hume Children Services

Greater Hume Children Services - Culcairn - now open Monday to Thursday!

During Term 4, we resumed operating on Mondays. With new team members and opening an extra day, we were able to welcome more children and families into each of our programs. The new children and families are settling in and becoming part of our community.

October started with the Culcairn Agricultural Show, all the children participated in art and craft projects to be put on display at the Show. Our After School Care children glued and painted to create paper mache planets, while the toddlers explored printing to make colourful butterflies and the preschoolers looked in the mirror, and then used charcoal to draw representations of their faces. They were all very excited about their work and having it displayed.



The Educators are implementing the Munch and Move Program, this is an evidence based program developed by the Department of Health, specifically for children. This month the children are beginning to focus on Functional Movement Skills, increasing their awareness of how to position their bodies to climb, run and jump.

October was also very wet! We have been exploring puddles and embracing the wet weather. Children have brought in their gumboots and raincoats and splashed through puddles. The water has quickly been incorporated into their sand play, making castles, digging for diamonds, making pies, pouring, patting and excavating. Great for building muscles, exploring ideas and enjoyment of play.

The children and Educators are looking forward to participating in the Culcairn Christmas Carols and a visit from Santa Claus at the Centre's Christmas party. We would like to wish everyone a happy and safe Christmas and Holiday period. Our centre will close Thursday 15th December and reopen on Tuesday 10th January 2023.



Proudly serving the local community

New pathology service

Collection centre

Culcairn Culcairn Medical Practice 23 Balfour Street P (02) 6066 5700 Monday and Thursday: 8.30 am-12 noon

All pathology requests accepted Bulk billing available



For a listing of other DHM collection centre locations, visit dhm.com.au

Conect at time of printing | Dec 2022

Wagga Wagga Laboratory St Gerard's Wing, Calvary Hospital, Hardy Avenue, Wagga Wagga NSW 2650, Australia P 102: 6932 6700 | F 102: 6925 0060

dhm.com.au



Albury Wodonga Pest Control

Andrew & Michelle Fagan For all your Pest Control needs:

Termite Inspections and Treatments, Pre Purchase Inspections, Thermal Camera, General Pests, Rodents, Cockroaches and the list goes on.......

Give us a call and I am sure we can help. Office: 60296128 or Andrew: 0412 774450



- · Plumbing & gas fitting
- · Maintenance plumbing
- · Hot water installations
- New homes & renovations
- Blocked drains

Call Dennis 0448 123 446

Servicing Greater Hume and surrounds

DIGITAL ANTENNAS FULLY INSTALLED FROM \$280



SERVICING CULCAIRN AND SURROUNDS

Specialising in digital reception, Extra TV points, Satellite and VAST installations.

Ben Nye 0422 374 930

email: ben@pdiantennas.com.au www.pdiantennas.com.au



OUR WORKSHOP SERVICES

- All servicing and repairs on all makes and models.
- · Log book servicing
- Service and repair air-conditioning systems
- State of the art diagnostic equipment
- Tyre fitting and balancing
- FWD accessory fitting
- Pink Slips
- Blue Slips
- Fleet Service and Repair

For all your Motor Vehicle, Motorbike, Boat, Trailer and Mower Servicing and Repairs, Call us!

4 Kirndeen Street, Culcairn NSW 2660 PH: 02 6029 8243 Lic No MVRL50188 brentechautomotive@gmail.com



Plumbers, Drainers & Gasfitters | Bobcats, Excavators & Tippers Farm Water Supply - Reticulation, Troughs, Tanks & Solar Pumps Septic Systems | Septic & Trade Waste Pumping Sand & Gravel Cartage | Water Cart | Grader Hire If you want to dig it, pipe it, pump it or fix it – we can do it!

M: 0403 191 780 | www.blueysplumbin.com.au | NSW Lic #210558C



15 Reapers Road, Culcairn NSW 2660 02 6029 8332

www.goddesgrainandfertiliser.com.au



GRAIN - FERTILISER - FREIGHT

Now taking New Season Wheat, Barley & Triticale Pricing updates daily We can pick up your grain off farm

Yard Operations Co-ordinator - Ed 0437 936 061 ed@goddesgrain.com.au

Commercial Manager - Bec 0429 977 641 bec@goddesgrain.com.au

Henty Physiotherapy and Sports Injury Clinic

Open Thursdays. 9am until 3.30pm Early morning appts available. (Hours will vary over the school holidays) Opposite library in Henty

All muscle, joint and ligament injuries treated. Evidence based. Results focused.



Private Health Rebates available. Workers Comp No Referral necessary

Physiotherapist - Claire Lawson Bachelor Applied Science (Physiotherapy) Masters Clinical Rehabilitation Certificate in Health Coaching

Ph 0424721648 Email: treechangetherapist@gmail.com



MINI EARTHWORKS

Tree Stump Removal Rotary Hoe

Yard Levelling Landscaping

Post Holes

Trenching



If you want to dig it, pipe it, pump it or fix it - we can do it!

Mobile: 0403 191 780 www.blueysplumbin.com.au

BITI MOTORS

BALFOUR ST, CULCAIRN Test driving the Ford Everest, the Next



Gen going to a new level



NOW THE AUTHORISED FORD DEALER FOR THE AREA COVERING THE COUNCILS OF GREATER HUME & PARTS OF FEDERATION AND LOCKART SHIRES

"our best price includes customer service"

Phone (02) 60298279

www.bitimotors.com.au



'THE SWAMP' PH: 0260 205232

@woomargamahotel #woomargamahotel

www.woomargamahotel.com.au



679 Woomargama Way, Woomargama NSW 2644



Night MONDAY - TUESDAY 3-10 PM (BAR ONLY) Private WEDNESDAY - SUNDAY 1130 AM-LATE Raffles











Music

Lunch & Dinner

Courtesv Bus

Playroom Lawn Games

Rooms



Douglass Hanly Moir Pathology (DHM) is delighted to announce we

are opening a pathology collection centre within Culcairn Medical Practice starting on Thursday 17th November 2022. We will be collecting from all patients every Monday and Thursday morning between 8.30am to 12noon. You can make an appointment by calling the Culcairn Medical Practice on 6066 5700. This Centre establishes DHM's presence in the Culcairn community and marks our long-term commitment to provide the premium pathology service that it deserves. We can collect for any blood tests requested by your GP or specialist. We also accept all request forms. If you have any questions regarding any tests, please feel free to talk to us at our collection centre within the medical centre or phone our Wagga Wagga Laboratory on 6932 6700. DHM's NATAaccredited laboratory is located at Calvary Hospital in Wagga Wagga. Most of the tests which your doctor may request are performed there, allowing a rapid turnaround time for results. More specialized and complex testing is performed at our main laboratory in Sydney, where specialists in each branch of pathology are available for consultation by local doctors when necessary. The close association of our regional laboratories with our main laboratory gives referring doctors the convenience and efficiency of local services, backed by the strength and resources of the largest private pathology facility in Australia.

FITNESS AND EXERCISE CLASSES



Fitness and exercise classes at the Uniting church hall on Thursdays from 10am and 11am with Jill and Bev. Come join in the fun and social interaction to loosen up those rusty joints. Last day for this year is 22nd December 2022 classes will recommence on the 2nd February 2023. We wish you all a safe

and happy festive season.





The inaugural Henty Health Forum was held on Saturday 29th October, with over 30 people in attendance.

The Health Forum was an initiative arising from this year's Fischer Community Leadership Program, and is the first of the programs project to

be completed.

The highlight of the morning was our speaker on Chronic Disease Management, Mid Battye, who has worked in the area of chronic health management for over 30 years. With a great sense of humour and relaxed manner, Mid was able to highlight some of the changes that have occurred in chronic disease management over the vears, and provide useful insights into how best to manage ongoing health conditions. Her wealth of experience, and practical solutions were very much appreciated by all who attended. morning also featured a talk on pastoral care, and highlighting the ways we can be caring for others during difficulties... especially relevant due to some of the difficulties that have been experienced in 2020 and 2021. There was also a talk on caring for joints and muscles, with emphasis on good posture by our local physiotherapist. The morning ended with looking at the spiritual side of health, and how what we believe impacts our view on health.

The organisers of the morning would like the Henty Health forum to be an annual event, focusing on different important health topics each year. If you are interested in being involved or have any ideas, please contact either Craig Nicholas or Claire Lawson.

CULCAIRN DRUG AND ALCOHOL SERVICE

Drug and Alcohol counselling at Culcairn weekly, the service can be provided via tele health sessions outside of the day held in Culcairn.

Enquiries or self-referrals – contact Albury

Community Health (02) 6058 1800 or Mobile 0477359255. This service is provided by Albury Wodonga Health.



LOCAL TRANSPORT MADE EASY

Available to All Residents for medical appointments, local shopping, social purposes and other in Culcairn. For more information or bookings contact David Gilmore 02 6029 8291 or Jan Scheuner 0488 212 905.

P.S. If anyone else would like to volunteer their services please contact David or Jan.



We are taking a break over Christmas so will be closed from 25th December and reopen on 5th of January

We would like to thank everyone for your support throughout the year and hope you have a wonderful Xmas break. See you in the new year

31 Balfour Street Culcairn *0422595884 * order ahead -feedthesoul.com.au Open Monday, Thursday & Friday 8am- 4pm • Saturday & Sunday 8am-2pm



Craig and Glenda Taylor info@culcaimmotorinn.com.au www.culcaimmotorinn.com.au (02) 6029 8233

CULCAIRN MOTOR INN



TONKIN

PLUMBING **ELECTRICAL** REFRIGERATION HEATING COOLING ROOFING DRAINAGE







Rotary Club of Holbrook

Australia Day Poker Run

Thursday 26th January 2023

Registration 8am at the Submarine Holbrook

Stands up and leave at 8.45 am

All Motorcycles and Cars Welcome The Ultimate Sunday Drive Day

Prizes for Best Hand, Runner up, and Worst Hand Raffle Draws at last stop of the day

> Pre Entry via Trybooking \$35 / rider or driver \$25 / pillion or car passenger Lunch and Smoko included. The route this year will see stops at **Henty for Smoko** Pleasant Hills-Refreshment stop Walbundrie-Lunch



Gerogery-Last card and raffle draw and announcement of winners.

All funds raised this year will go to BlazeAid Flood Fencing

Greater Hume's Australia Day Celebrations

Thursday 26 January 2023 at Brocklesby Recreation Ground, 11 Recreation Street, Brocklesby 8 am for Breakfast, 9 am Official Ceremony commences. This is a FRFF event

The Australia Day celebrations include the Australia Day Breakfast, Australia Day Ambassador's address, Citizenship Ceremony, presentation of Citizen, Young Citizen, Sports Person/Team, Sports Volunteer and Community Event of the Year and presentation of School Citizenship and Local Awards.

Shade will be provided. Please bring chair, rug, sunscreen, hat and insect repellent.

Brocklesby community invite you to stay on for the family fun activities to be held after the Australia Day Ceremony:

- Kids Entertainment inc face painting, jumping castle
- Brocklesby historical display
- Food and drinks available to purchase

Our Ambassador

AUSTRALIA DAY

IN GREATER HUME

Will be announced in December.

For more information please contact - Kerrie Wise, Tourism and Promotions Officer 02 6036 0186 or 0448 099 536, kwise@greaterhume.nsw.gov.au.



Pic Citizens of the Year Ross and Helen Krause, Walla Walla

2022 Greater Hume Australia Day

Citizen's of the Year Ross and Helen Krause, Walla Walla

Young Citizen's of the Year Jole Hoffmann, Walla Walla and Jessica Toogood, Henty

Sports Person/Team of the Year Ben Parker, Holbrook and Fours Team Holbrook RS Women's Bowling Club

Community Event of the Year Book Launch of 'Henty Heroes: Short stories of Henty's Enlistments of World War 1'



Young Citizen of the Year, (joint winners) Jessica Toogood, Henty and Jole Hoffmann, Walla Walla with Australia Day Ambassador, James Willett and Cathie Jones watching on.