



CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

April 2020

COUNCIL PREPARING TO MAINTAIN ESSENTIAL SERVICES

Greater Hume Council is preparing to maintain essential services in line with the measures being put in place by the federal and state governments to limit the spread of COVID-19 (coronavirus). Mayor Heather Wilton said, Council staff were currently making special arrangements to ensure that essential services will be maintained while the COVID-19 emergency is in place. Council has closed until further notice the Culcairn, Henty, Holbrook and Jindera Libraries and Mobile Library Services, Greater Hume Visitor Information Centre at Holbrook and Submarine Museum, Henty Customer Service Centre and postponed the Free Waste Day on 5 April. Council Libraries are currently closed to the public however, they are providing their valued customers with the opportunity to still borrow books, DVD's, magazines and audiobooks from the libraries with Click & Collect. Contact Library staff by calling, emailing or social media. Provide your name and Library Card number and Library staff will ask you a number of questions. A librarian will email you when your items are ready for collection (within 24 hours) at the library of your choice and you can return your items to any of our libraries at Culcairn, Henty, Holbrook or Jindera.

Greater Hume Children Services has put new measures in place at the centres:

Families will be asked to drop off and pick up their child/children from outside the building or in the foyer area, no entry to the rooms

Sign in / Sign out on iPad, this must be wiped, and sanitised clean after every use.

Outdoor play activities will be undertaken as much as possible following sun safety, and with the opportunity for sleep and rest outdoors, in shaded areas.

Our Customer Service Centres at Culcairn, Holbrook and Jindera will remain open, however the community is encouraged to consider alternate contact methods, such as:

Phoning 02 6036 0100 or 1300 653 538, 8.30am to 5pm Monday to Friday (public holidays excluded).

Emailing via mail@greaterhume.nsw.gov.au.

[Submitting a Customer Action Request via our website, www.greaterhume.nsw.gov.au](http://www.greaterhume.nsw.gov.au).

Making appointments with staff to deal with inquiries and payments as required by phoning or emailing.

If you need to visit one of our offices please try to keep social distancing wherever possible.

Rates and water payments can be processed via:

BPay, Post Office, Council's website or online banking

Centrelink and Service NSW facilities are no longer available in Greater Hume Council offices.

Please go to www.servicesaustralia.gov.au or www.service.nsw.gov.au for information on where you can access these services.

Planning, building, water, waste and recycling, animal management and traffic services will also continue to operate and our outdoor teams will continue to maintain the shires parks, gardens and road network. Council recognises this is a rapidly changing situation. These closures will be continually reviewed in line with health advice and government guidelines.

STAY SAFE – STAY AT HOME

We are certainly living in different times – who would have thought we'd all be slowing down and staying home just like our grandparents did years ago. It's all happened so quickly but we are all in it together and we will get through this. Here are a few tips from our families that might help while we all stay healthy and happy ...

Exercise – most important!!! Walking round your back yard , Yoga there's lots of You Tube video's to follow, Push ups (could be challenging) **Enjoy the outdoors** – have your morning cuppa in your garden and while you're out there phone a friend or better still someone you haven't chatted to for a while We all need to keep in touch. **Be creative-** Gardening Sewing, knitting, quilting, patchwork Wood work, metal work **Declutter** – The back shed , The wardrobe , Those cupboards you've always meant to get to, now's your chance . Enjoy the arts – Reading, Singing, listening to music

CULCAIRN OASIS POLICY STATEMENT

This newsletter is for the purpose of disseminating information and articles free of charge for the benefit of the public. This information is not a substitute for professional advice and is not intended to be used as such. The editors do not accept any liability for any loss or damage incurred by use of or reliance on such information. The editors of Culcairn Oasis make every effort to ensure the quality of the information. However, the Culcairn Oasis cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency or completeness of information.

It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.

DEADLINE

Next deadline 9am

Wed 6th May 2020

Delivery Date

Wed 13th May 2020

We prefer articles and advertising to be emailed to:

culcairnoasis@outlook.com

or phone **02 6029 8291** for more information.

If you are a new advertiser, email us for information & a booking form.

ADVERTISING Sizes	Charges
Per issue	Advertising Cost
Classified 1/16 page	\$10.00
1/8 page	\$ 20.00
¼ page	\$ 40.00
½ page (check for availability)	\$ 80.00
Full page (check for availability)	\$160.00
Flyer insert (excluding printing)	\$100.00

Please note pay for 5 ads get one free, pay for 10 get 2 free

Oasis Contributions

We are seeking articles from community groups and residents that would be of interest to the Culcairn community.

Articles are free to submit and will be included in the next edition.

We encourage sporting groups, clubs, schools, associations to use the Oasis to keep your community informed of coming dates, events and news. If you would like to receive a reminder email before the due date please send us your email address.

Email articles to culcairnoasis@outlook.com or phone 0260298291 for more information

Please note this publication is available online at www.culcairn.nsw.au www.greaterhume.nsw.gov.au



Meals on Wheels
Holbrook-Walla Walla

Meals on Wheels and similar services will be reinforced and prioritised, as seniors across the country are urged to follow COVID-19 restrictions and stay home.

A \$59.3 million injection will ensure more prepared meals, food staples and essential daily items are delivered to those who need them most.

Prime Minister Scott Morrison said with older people being asked to limit contact with others as much as possible, meal services were more important than ever.

The Prime Minister acknowledged the National Cabinet's advice for self-isolation, particularly for those aged over 70, would mean more people will look for support from community food programs.

If you would like to receive meals or need more information please call us on 02 60363677 or you can contact My Aged Care on 1800 200 122 and have them send us a referral.

We provide a Zero contact delivery service and have a large menu to choose from.

ATTRACTION

Come and visit

Mary's Gerogery Doll Museum.

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Craig and Glenda Taylor
info@culcairmotorinn.com.au
(02) 6029 8233

AGED CARE REPORT

A Big Hello from the residents at Culcairn health, Well what a month this one has been.

There have been some major changes here for us in March and as I write this on the 30th of March the following is up to date information for the residential aged care section.

The first being that Culcairn MPS has gone into restricted access to non-essential visits for our residents. This means that for families and friends of our residents they are unable to visit.

Families are encouraged to call their families as much as they would like, our residents all have a phone in their rooms.

We have purchased a mobile phone that is going to be used exclusively to send families a photo of their loved ones with a message and we also are in the process of setting up a way to face time with family.

Within the facility we have had a suspension of group activities and outside visitors providing entertainment or other such programs.

We have postponed visits from non-essential external providers for example our hairdresser.

We have gone away from having the large group based activities and are having smaller activities or one to one activities.

Our families and friends have all been notified of our changes.

All of the above can change at any time, we are taking our recommendations from NSW health and the government.

I would like to thank our LHAC for purchasing each one of our residents a DVD player to have in their room. This gives our residents the opportunity to turn off all the news and be able to watch a movie, watch a music DVD or any other one we have at any time while social distancing. If you have any old time movies at home that you would be willing to donate or lend to our residents please email me and I can arrange to have them picked up.

We have stocked up on novels and talking books from the library and I would like to thank some people from the community that provided us with some of the books we were looking for. The public school is going to write to us and do some art which we are looking forward to and today we received our first pen pal letter from another facility in Swansea Wales. We will be writing back to them soon.

We are continuing on with many of our programs throughout the day, keeping in mind the social distances that are required.

If you would like to be a volunteer in the future please feel free to contact Toni on 60446100 or toni.shutt@health.nsw.gov.au

What is COVID-19

Coronaviruses are a large family of viruses that cause respiratory infections. These can range from the common cold to more serious diseases.

COVID-19 is the disease caused by a new coronavirus. It was first reported in December 2019 in Wuhan City in China.

Other coronaviruses include [Middle East Respiratory Syndrome \(MERS\)](#) and [Severe Acute Respiratory Syndrome \(SARS\)](#).

Symptoms

Symptoms of COVID-19 can range from mild illness to pneumonia. Some people will recover easily, and others may get very sick very quickly.

People with coronavirus may experience:

- Fever & flu-like symptoms such as coughing, sore throat and fatigue, shortness of breath

How it spreads

The virus can spread from person to person through:

- ♦ close contact with an infectious person (including in the 24 hours before they started showing [symptoms](#))

- contact with droplets from an infected person's cough or sneeze

touching objects or surfaces (like doorknobs or tables) that have cough or sneeze droplets from an infected person, and then touching your mouth or face

COVID-19 is a new disease, so there is no existing immunity in our community. This means that COVID-19 could spread widely and quickly.

How to seek medical attention

If you are sick and think you have symptoms of COVID-19, seek medical advice. If you want to talk to someone about your symptoms, call the National Coronavirus Helpline for advice.

National Coronavirus Helpline

Call this line if you are seeking information on coronavirus (COVID-19). The line operates 24 hours a day, seven days a week.

[1800 020 080](tel:1800020080)

To seek medical help from a doctor or hospital, call ahead of time to book an appointment.

You will be asked to take precautions when you attend for treatment. Follow the instructions you are given. If you have a mask, wear it to protect others. Stay at least 1.5 metres away from other people. Cover your coughs or sneezes with your elbow.

Tell the doctor about:

- your symptoms
- any travel history
- any recent contact with someone who has COVID-19

COUNCIL OFFICES SHUTDOWN

Due to the Australian Government's restrictions introduced to minimise the impact of COVID-19, Greater Hume's Customer Service Offices will close to the public from 5pm Friday, 27 March 2020, until further notice. Council staff will continue working at each office to ensure essential community services continue to be provided. However, the offices will not be open to members of the public for face to face enquiries. The closures impact Council offices in Henty, Culcairn, Holbrook and Jindera. "I want to reassure the community that staff will still be available and Council encourages residents to utilise a range of online options, or have your enquiry dealt with over the phone" said General Manager, Steven Pinnuck.

Residents can still contact Council by the following means:

- **Phoning** 02 6036 0100 or 1300 653 538, 8.30am to 5pm Monday to Friday (public holidays excluded).
- **Email Council** mail@greaterhume.nsw.gov.au.
- **Submit a Customer Action Request** via the Council website greaterhume.nsw.gov.au.
- Make appointments with staff to deal with inquiries by phoning or emailing.
- Rates and water payments can be processed via: BPay, Council's website or online banking with anyone unable to pay using these methods, is also asked to contact Council by phone
- Centrelink and Service NSW facilities are no longer available in Greater Hume Council offices. Please go to servicesaustralia.gov.au or service.nsw.gov.au for information on where you can access these services.
- Payment of Development Applications, Construction Certificates, Plumbing Approvals, Complying Development Applications, Building Certificates, Swimming Pool Certificates, etc. can be processed via: 02 6036 0100 and lodged electronically to mail@greaterhume.nsw.gov.au or mailed to PO Box 99, Holbrook 2644

Coronavirus (COVID-19)

The COVID-19 outbreak has been declared a Global Pandemic by the World Health Organisation (WHO) and it continues to create massive disruption across the world. Greater Hume Council is working with government agencies to monitor the situation and ensure an adequate response plan is in place for the community. Mayor, Councillor Heather Wilton said "I want to assure residents that Council is implementing plans to ensure the continuous delivery of essential services such as water supply, sewerage services and garbage collections. "Part of that plan has been the identification of key staff and seeking agreement to work from alternate locations, in the event that a Council office needs to be shut down. Council is also ensuring that key staff have the capacity to work from home. Council is closely following advice from the Australian and NSW State Governments in relation to events and access to Council operated facilities. Residents will be informed about any changes regarding the availability to Council services and facilities if and when the need arises, and as decisions are made in response to the evolving situation. Council offices are closed to customers. Online options are available via Council's website or Council can be contacted by phone or email during office hours. For out of hours emergencies, residents can still contact Council - Roads, Storm and Drainage : 0419 405 768; Water and Sewerage M: 0408 691 637.

To protect themselves and others against COVID-19 residents are reminded to practice good hygiene by: Vigorously wash your hands with soap and water or hand sanitizer often.

Cover your nose and mouth when you cough and sneeze Observe social distancing and avoid large public gatherings Avoid close contact with anyone with cold or flu-like symptoms

"Rest assured, we have the safety of our people and our residents in the forefront of our response

FOOTBALL NETBALL CLUB

The 2020 football netball season was due to commence on the 4th April, but as we all know this wasn't possible due the current COVID-19 health crisis. At this stage our league, along with all others, is on hold until at least the 31st May. At that time review will be made to see if further extension is needed or whether a shortened, modified season can be played. Until such decisions are made all club training and gatherings are cancelled. We look forward to a time when we can get together to play our games and support our teams safely. With cooler months approaching, and self-isolating a necessity, people are probably also considering lighting their fires at home. We are no longer able to hold our wood raffles up the main street, but loads of wood are still available for purchase. A generous trailer load can be delivered at a cost of \$150. If you are interested you should contact Scott Lee (0458 596735) or Lee Roberts (0428 256959). We hope that all our players, coaches, supporters and their families stay safe and healthy so that we can enjoy each other's company when this



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SCHEDULE OF COUNCIL MEETINGS

DATE	LOCATION
Wednesday, 15 April 2020	Holbrook
Wednesday, 6 May 2020 (Extraordinary)	Holbrook
Wednesday, 20 May 2020	Holbrook
Wednesday, 17 June 2020	Holbrook
Wednesday, 15 July 2020	TBA
Wednesday 19 August 2020	TBA

Due to COVID-19 restrictions, and until further notice, residents will not be able to attend the Public Forum in person. However, should residents have an issue they wish to bring before Council, they can provide a written statement which will be distributed to councillors, and read out prior to the commencement of the meeting. Any written statement should be provided to Council by 5pm on the day preceding the meeting. Residents will not be able to attend meetings in person. Council live streams meetings so that the public may view the proceedings of the meeting in real time or later. View meetings via the link <https://bit.ly/35uKFxX> Meetings for now will be held at the Library Complex, Holbrook.



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- Enter library card number
- Date of birth password
- Sign in
- Accept terms and conditions
- Borrow or reserve 6 eAudiobooks
- 3 week borrowing period plus renewals



Magazines: RB Digital

- Register now
- Choose South-West Zone Digital Library
- Create account
- Enter library card number
- Choose a username - your name plus a number
- Choose password (date of birth)
- Enter name and email address
- Accept conditions and tap register
- Unlimited magazines
- No returns



Movies to stream: Kanopy

- Tap Sign Up
- Enter first and last name and email address
- Choose password (date of birth)
- Go to your emails and verify
- Type in 'Riverina' to search for Riverina Regional Library
- Enter library card number and date of birth password
- 6 play credits per month
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Henty Physiotherapy & Sports Injury Clinic

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 (Hours will vary over the school holidays)

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FOODWORKS Supermarket

In helping to reduce the spread of Coronavirus, we are asking people to consider either phoning or emailing orders through, our staff will then put together for pick up or delivery within Culcairn.

ALL ORDERS NEED TO BE PLACED BY 1 PM FOR SAME DAY PICK UP OR DELIVERY.

Phone orders: (02) 60 298340

Internet orders: culcairnfoodworks@gmail.com

Please make sure you add your contact number in email. One item per line.

A HUGE THANK YOU TO THE
CULCAIRN SHOW SOCIETY FOR THEIR
GENEROUS DONATION

JP'S LIST CULCAIRN

David Maxwell Hayes	0457 897 326
Barry Douglas Morson Fisher	0409 480 342
Hayley Joanne Preston	0260 298 457
Kenneth John Scheuner	0260298 265

ANNOUNCEMENTS

PARADE CAFÉ & TAKEAWAY

Temporary Business Hours

OPEN Tue to Sun 5 to 8pm

CLOSED Monday

IMPORTANT MESSAGE FROM BREASTSCREEN NSW

We have temporarily suspended all screening services.

We are providing regular updates at

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IN YOUR GARDEN - APRIL

Autumn colours are with us again. Colours deepen as the nights become colder. The reds and yellows of Maples, gold and purple of Pears and Tallows will soon be everywhere to enjoy.

It's Walnut time again. If I am lucky I might find a dozen walnuts on my 50 yr. old tree. The white cockatoos invaded and cleaned up most of them!! I guess there's always next year.

For those of us in isolation at this time the garden is a good place to spend time.

With some rain and warm days there is lots to do. It is still warm enough to plant spinach, beetroot and carrot seeds. Broccoli, Brussel Sprouts, cabbage and cauliflower plants can go in now too. Winter lettuce will grow well too.

Potatoes are ready to harvest now but wait until after frosts before planting more (see August).

Early Butternut pumpkins should be almost ready to use. I am watching mine carefully. Later varieties need longer to mature and a frost or two will help.

Parsley has seeded and is coming up now. Dry some basil, thyme and sage for use in winter soups and stews.

While the soil is still warm sow some onion seeds, in rows or as a border. Red, white or brown all do well.

Roses are beautiful in Autumn. It's not as hot, so the blooms last longer on the bush. Keep dead heading for more flowers over a longer period. "Chartreuse de Parme" is a musky scented pink/purple French rose with large, full blooms, looking great at the moment. Another great cutting rose is the red, long stemmed "Grandpa's Rose". Most nurseries have their 2020 order forms out now, with a June delivery date. Online garden centres have catalogues out now too, with some great bargains on spring bulbs.

For native, bird attracting plants for the garden, try Correas. A great range of different styles, frost free and drought tolerant. Dark green foliage and pretty pink, red, cream or white flowers. It's worth a try.

Hard wood cuttings of lavender and rosemary are easy to grow now. I take a 4" piece, strip off the bottom leaves, dip the end in honey and put in a pot.

Even in these challenging times we can enjoy growing things, in the garden or in pots.



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