



CULCAIRN OASIS

CULCAIRN AND DISTRICT NEWSLETTER

June 2020

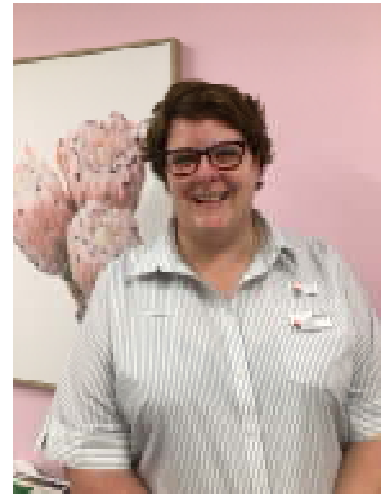
KATRINA GUNNETT- OUR NEW NURSE MANAGER

Hi my name is Katrina and I am the Facility Manager for Culcairn MPS. I was asked to write a piece to introduce myself to you all.

I'm married to Roy and we have two wonderful boys. Max is 14 and Toby is 12. I was born in the UK and emigrated with Roy and the boys to Australia on 1 September 2008. Max was 2 and Toby was 6 months old.

We started our time in Australia living in Melbourne for 9 months, we then moved up to Albury-Wodonga in 2009. We built our home last year and moved in December to our forever home. I have been nursing for 20 years and my passion definitely is in Aged Care.

When I am not at work I love spending time with my family, the boys enjoy cooking together, playing games and we go on bike rides around the cycle tracks.



AGED CARE DRIVE BY

On the 5th of May the Culcairn residents had a family and friends drive by. Families were able to see their loved ones, give gifts, and talk through the fences. The grandchildren and great grandchildren were beautiful with their handmade signs and smiles and joy. Our residents made signs that were hung from the fences. There was so much joy and love on the day after not seeing our families for several weeks.



A BIT OF HISTORY CULCAIRN BILLABONG CREEK SWIMMING POOL

Ever since the town settled people swam in the Billabong during the hot summer months. In 1934 there was a bathing pool added with the official ceremony for the swimming pool and park in 1935, name Jubilee Park.

Photos from Kirsty Wilksch



CULCAIRN OASIS POLICY STATEMENT

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It is the responsibility of contributors to secure permission for the use of any photographs or material provided for the Culcairn Oasis.

DEADLINE

Next deadline - 9am Wed 1st July 2020

Folding Date- Fri 3rd July 2020 at 1pm

Delivery Date - Wed 8th July 2020

We prefer articles and advertising to be emailed to: culcairnoasis@outlook.com or phone **02 6029 8291** for more information.

If you are a new advertiser, email us for information & a booking form.

ADVERTISING Sizes	Charges
Per issue	Advertising Cost
Classified 1/16 page	\$10.00
1/8 page	\$ 20.00
¼ page	\$ 40.00
½ page (check for availability)	\$ 80.00
Full page (check for availability)	\$160.00
Flyer insert (excluding printing)	\$100.00
Please note pay for 5 ads get one free, pay for 10 get 2 free	

Oasis Contributions

We are seeking articles from community groups and residents that would be of interest to the Culcairn community.

Articles are free to submit and will be included in the next edition.

We encourage sporting groups, clubs, schools, associations to use the Oasis to keep your community informed of coming dates, events and news. If you would like to receive a reminder email before the due date please send us your email address.

Email articles to culcairnoasis@outlook.com or phone

Please note this publication is available online at
www.culcairn.nsw.au
www.greaterhume.nsw.gov.au



OASIS HELPERS NEEDED

If you have knowledge in any of these areas emailing, Word, Publisher, Excel and interest in supporting the Oasis team we would like to hear from you.

Please email culcairnoasis@outlook.com or phone David Gilmore on 6029 8291

CULCAIRN OASIS NEWS

We would love to receive more articles from all our Culcairn community groups in order to make our newsletter varied, interesting and enjoyable for our readers. So if your group has news you'd like to share with our wider community we'd love to hear from you.

We would also love to hear from more individuals who have a particular interest and who would like to contribute to the Culcairn Oasis. Please e-mail details to culcairnoasis@outlook.com or phone David Gilmore on 6029 8291.

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**COMMUNITY CARE SERVICES
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MURRUMBIDGEE**

Murrumbidgee Local Health District is encouraging local people requiring community-based treatment for new or ongoing health conditions to call **1800 654 324** for the latest details on how to access care.

MLHD Community Care Manager Summa Stephens said COVID-19 has changed the way many community health services are being delivered locally.

Community based staff (such as allied health professionals, community nurses, counselling services) and specialty services (such as respiratory coordinators and diabetes educators) had embraced technology in order to reduce any risk to vulnerable clients and continue caring for people within community settings.

She advised anyone needing to access community care to call phone the Community Care Intake Service (1800 654 324).

“When people call the Community Care Intake Service they will be asked a series of questions to determine their service needs and if a telehealth or face-to-face appointment is most appropriate,” Ms Stephens says.

“In some instance, we may be able to deliver care at home. If people would rather not have community health workers coming to their homes, we can also organise for them to attend a clinic instead. Community health services have always been tailored to individual patient needs, based on options available in their local area, and that flexibility hasn’t changed.”

Community care services include: Community nurses, Occupational therapists, Dietitians, Child and family nurses, Tuberculosis services, Physiotherapists, Speech pathologists, Palliative care nurses, Diabetes educators, Respiratory care, Integrated care, Women’s health, Counselling services, The Community Care Intake Service (1800 654 324) operates from 8.30am until 4.30pm, Monday to Friday.



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We need Culcairn businesses and community groups to advertise with us. With 730 copies printed and with competitive rates, we believe it is not only good value for money, but also keeps a valuable community resource going. For information on advertising email culcairnoasis@outlook.com or phone David Gilmore on 6029 8291.



CULCAIRN LHAC HEALTH MATTERS

An update from our Multi-Purpose Service: 2 visitors per day for 2 hours is now permitted. Visitors still have to be a nominated person, with the NOK/POA.

All visitors are required to have a flu vaccination and must present evidence of this before they will be permitted entry into the facility.

Video conferencing is still happening for anybody who wishes to see or speak with a family member.

International Nurses Day was celebrated on 12 May for all our wonderful staff in Culcairn.



COUNCIL NEWS

COVID-19 restrictions have changed the way Council can run its monthly meeting. The May meeting was conducted with seven councillors and some staff participating via Zoom, two councillors and four officers participated in the meeting room, to comply with social distance measures. You can view the recording of the meeting at <https://bit.ly/35uKFxX>. The meeting was not open to the public.

Business dealt with at the meeting included:

Council resolved to publicly exhibit a new draft policy covering the parameters to guide Council in the assessment of applications for mobile food vending activities on Council controlled land.

In response to a review of operations for the Riverina Joint Organisation and Riverina Eastern Regional Organisation of Councils, Council agreed to provide 'in principle' support to create a new organisation structured as a company limited by guarantee with the proviso that Greater Hume Council await the announcement of funding arrangements for the COVID-19 Local Government Stimulus Package.

Council received a report on the increase to the Emergency Services Levy (ESL) payable by Council. Council resolved to endorse recent correspondence forwarded to Justin Clancy, MP Member for Albury wherein Greater Hume Council requested a review of the unsustainable increases in the cost of the ESL to councils. Council further resolved for the Mayor and senior officers to meet with Mr Clancy to discuss the severe budget crisis that further increases to the levy will impose on Council and its ratepayers.

Councillors received a budget report updating the financial position of Council as at 31 March 2020. The budget review has revealed that a cash deficit is projected to be \$146,789, due primarily to the impact of COVID-19 impacting a range of services and the impact of record low interest rates on Council's investment returns.

Council formally acknowledged the generous contribution of all volunteers across the council area, as part of National Volunteer Week 2020. It is estimated that there are over 400 clubs, community groups, committees, events and service groups across the shire. Council thanks all volunteers, who are the vital link for important community work to be carried out right across the shire.

Council resolved to purchase a second hand road stabiliser, following thorough investigation, test and trial of a suitable second-hand machine. The investment will provide efficiencies in road pavement repairs and will be utilised in construction, resheeting of gravel roads and major patching on sealed roads. In this instance the ownership of such a machine, rather than usual hire, will provide cost effective benefits to council's road maintenance budget.

Meeting agendas and minutes are available for viewing at any time on Council's website.

ANNOUNCEMENTS

MORGAN'S LOOKOUT

Morgan's Lookout is open again! Gates open 8am - 5pm. Thanks for your patience everyone, we are open again but please stick to the guidelines. Max 3 people on the platform at any time and no massive gatherings. Over the break we have had a great germination of new plants and seedlings so please stick to the roads and paths to protect the regeneration.

Regional Bus Service

The Regional Bus Service linking the Greater Hume communities is still operating during COVID 19 and is now also offering parcel pick up as well as it's normal bus service.

The towns and villages being serviced are Albury, Burrumbuttock, Culcairn, Henty, Holbrook, Jindera, Morven, Gerogery, Gerogery West, Morven, Mullengandra, The Rock, Uranquinty, Wagga Wagga, Walla Walla and Woomargama, Go to www.regionalbuses.com.au for timetables.

Bookings are required, book via, phone or text 0448 353 281, www.regionalbuses.com.au or bookings@regionalbuses.com.au. Contact Matt on 0447 354 357 and Allan on 0428 254 627, for more information or find 'Regional Buses' on Facebook.

COMMUNITY DIARY

As COVID-19 restrictions ease, we need your calendar dates for any community events organised.

This calendar is for all community organisations to use free of charge for the events, functions, meetings etc

You can send us your dates monthly or provide them for the whole year. Please e-mail details to culcairnoasis@outlook.com or phone David Gilmore on 6029 8291.

June

Sun 14 Golf Comp 9am
Wed 17 Council Meeting, Holbrook
Fri 19 Days for Girls—Uniting Church
Sun 21 Golf Comp 9am
Sun 28 Golf Comp 9am
Fri 30 Mobile Blood Donor Unit, Culcairn

July

Sat 4 Sit and Stitch
Wed 15 Council Meeting, TBA
Fri 17 Days for Girls—Uniting Church

**CULCAIRN MOBILE BLOOD DONOR UNIT
REST AREA, RAILWAY PARADE, CULCAIRN.
9am to 230pm, FRIDAY 30TH JUNE 2020.
CALL 131495 or log on to donateblood.com
to make an appointment.**



IS YOUR HOME WINTER FIRE SAFE?

We recommend this simple safety checklist to help keep homes fire safe this winter. Make sure you and everyone in your household follows the following safety advice:

- Never ever leave cooking unattended. “Keep Looking When Cooking”
- Have an adequate number of suitable smoke alarms installed throughout your home and make sure that you test them regularly.
- Make sure you and all your family know two safe ways out of every room in your home.
- Have a written home escape plan in case of fire and practice it regularly.
- If you have a fireplace in your home make sure the chimney is clean, and properly ventilated.
- If you have a fireplace always place a screen in front of it when in use.
- Check electric blankets for damage or frayed cords before placing on the bed.
- Take care to keep curtains, tablecloths and bedding away from portable heaters.
- Keep wet clothing at least 1 metre from heaters or fireplaces and never leave unattended.
- If you use a clothes dryer make sure you clean the lint filter each and every time you use it.
- Only use one appliance per power point and switch off when not in use.
- Always extinguish candles or any other open flames before going to bed.
- Always handle candles or any other open flame with care.
- Store matches or lighters in a secure place not accessible to young children.
- DO NOT use outdoor heating and cooking equipment inside your home. The use of this type of equipment indoors could lead to the build up of Carbon Monoxide. Carbon Monoxide is odourless and if not detected can be fatal.

FIRE SAFETY TIPS

- Use only authorised installers of fixed heating appliances.
- If possible, in the kitchen keep a fire extinguisher and fire blanket placed near the exit.
- In Case of an Emergency Get out Stay Out and Call Triple Zero (000).

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CULCAIRN GOLF CLUB

The Culcairn Golf course has been open for social golf for a few weeks where golfer members and visitors could play individually or groups of up to 2 people, distancing as per the Covid-19 restrictions.

About 3 weeks ago we commenced competition golf (on a Sunday) and at that point we were permitted to play in groups up to 4 people.

Last Sunday 31 May we had a field of 12 golfers and Graham Moore was our winner with 36 points on a count back from Cameron Knust. Other scores were: Rino Feltrin 34, Wayne Bodycott 33, Joe Warren 32, Michael Roberts 32, Stuart Lowe 32, Heather Lowe 32, Tim Fagan 30, Dan White 30 and Brendan Sheather 27. Nearest the Pin on 3rd was Dan White and on 12th was Graham Moore. Well done Graham who is a "returned" golfer after playing some years ago, has re-joined and now getting back to his former game!

Sunday 7th June there will not be competition (long weekend) as quite a few golfers are unavailable then. However social golf is still available. For those who are not current financial members note that to play social golf there is an Honesty Box fee of \$5 for 9 holes, \$10 for 18 holes (per person). We thank you for contributing by payment of the green fees as this helps to cover the cost of maintaining the golf course, i.e. fuel for tractors and mowers for mowing the fairways and green surrounds. The golf course is maintained entirely by volunteers and it needs to be mown regularly to keep it in good condition.

Are you interested in joining up to be a member and playing golf – men or ladies?

We welcome new members and golfers, so please don't hesitate to contact our **President, Martin Smith (0428 298 030)**, or **Treasurer Heather Lowe (0428 586 555)** if you wish to talk to someone about this. Members can play social golf when they want to during the week, and our main competition day is on Sundays when we hit off from 9 am at the moment. Sunday golf is open to both men and women.

Heather would like to commence a Day during the week or perhaps on a Saturday for another competition day, so if you are interested please contact her and we will try to make a day suitable to most. If you are a prospective new golfer interested in "having a go" then contact one of the above so we can help you get started.

It is a great way to exercise the body – walking around as well as exercising the upper body!

A BLAST FROM THE PAST- PART 2 A POEM BY ELIZABETH PITMAN 1978

COME TO CULCAIRN

Two Cafes serve their clients, Hair Vogue cuts our hair
We've even got a Craft Shop, With a distinctive flair.
A Butcher's shop of great renown, Provides us with our meat
That's killed fresh at Beer's Abattoirs, Fresh pork and lamb and beef.
A Hotel that's historic, A Motel that is new
Both will welcome tourists, Both will welcome you.
We have got four garages, To service and repair
Buy a Holden down at Alby's, Or a Ford at Biti's Fair
The Bank of New South Wales, And then there's C.B.C.
A Post Office to help you, Send letters for a fee.
A solicitor, A Doctor, A Chemist with firm stand
A Hospital that's fully staffed, A Day Care Center grand.
A Memorial Hall with Library, A Pensioners Hall for hire,
A police Station to stop crime, A fire Station stops the fire.
We've got a Railway Station, And trains run every day
To Sydney and Melbourne, They'll take you either way.
Culcairn is very central, Albury- Wodonga is not far
And Wagga only fifty miles, So just hop in your car.
Come to Cul and visit, We'll welcome you today
And bet once you're established, You will not go away.
We've got a lot to offer, Morgan Country beckons you
Come to where the flavor is, To start a life that's new.

SIT AND STITCH

As with many groups we have been in hibernation for a few months, but we are able to "come out" now in smaller groups and sticking to the Covid 19 regulations. We will recommence meeting on 1st Saturday of July (4th) at the Culcairn Golf Clubhouse where we meet from 10 am to 2 pm. We welcome newcomers who may wish to knit, crochet, sew, do craft of any type, or just bring along your mending! Bring along your lunch and we provide tea, coffee etc for you.

Any enquiries please contact Heather Lowe
on 0428 586 555.



IN YOUR GARDEN JUNE/JULY

What a glorious Autumn we have had! Some rain and pleasant, warm, sunny days.

CALLISTEMON: Blooming from May through the winter and into Spring.

Callistemon saligna - bright red, Callistemon citrinus -scarlet, Cultivars including white Anzac, Reeves pink, mauve mist

Hedges can be made if you prune to create a dense form, while taller growing species can be pruned into elegant trees. Native birds are attracted to them too.

CAMELLIAS continue flowering through winter, with beautiful japonicas in full bloom. My new camellia, named "With Love" is only 12 months old, but has many delicate pink ruffled flowers already. My 50 year old bush, "Lady Loch" is a little later, with flowers in August. Albury/Wodonga Camellia Club usually has a Winter Show, but check to see if it is still on due to Covid-19 restrictions. As mentioned previously, Wagga Botanical Gardens has a camellia garden with many amazing and beautiful bushes and trees. Now is a great time to purchase deciduous trees you may have seen earlier in nurseries or gardens. Choose spectacular leaf colours. Bare rooted trees are the most economical to buy now. You can prolong the leaf fall with different varieties of Maple, Tallows and Pears.

WINTER BULBS including snowdrops and snowflakes will be seen flowering soon.

Almost the shortest day of the year (Winter Solstice) 21 June, traditionally the day to plant Garlic Cloves. Harvest on the longest day 21 Jan.

PEAS-Snow and shelling varieties, should be growing well, as are Broad Beans, Cabbages Caulies, Spinach and Brussel Sprouts. Continue to use a soluble fertiliser and watch out for pests. Still time for another row of lettuce, carrots, broccoli and broad beans which will extend your harvest. Harvest and store **PUMPKINS**. Store in a dry place (NOT on concrete.)

ROSES.- It's pruning time June/July to tidy up the bushes and prepare for Spring flowering. Cut out all dead wood, crossed branches and reduce the overall size of the bush. It's very hard to kill a rose by pruning! (from my experience).

Purchase and plant bare rooted roses now and you will be delighted when they bloom in Spring. I have ordered some new ones for my garden, "Our Vanilla" an older small, frilly edged rose the colour of parchment---great for posies."Victoria Gold" vivid Yellow with darker edging and "Red Intuition" a French Delbard Rose of deepest Red. Recently I purchased some small potted **FUCHIAS** and re-potted them. I think I have found a happy place for them on a North facing verandah, as they are doing well, with amazing double flowers on two plants.

Even though it's Winter, enjoy your Garden and

the fruits of your work—either flowers or vegies. Margaret Pumpa P.S. I hope your Sweetpea "Wig-wams" are growing well!



DAYS FOR GIRLS

Since the founder and CEO Celeste Mergens, first realised in 2008 the need to help women and girls restore dignity through their menstrual cycle, by designing, making and distributing washable kits, there has been many alterations to the design of these long-lasting pads. The most recent report revealed that DfG Kits and menstrual health education had been given out to 1.7 million women and girls in 125+ countries which translates into 115 million days of dignity, health and opportunity. This act of love encompasses volunteers world wide, and is an ongoing project as each kit is made to last 3 years, in that time it has been calculated to save every girl 8 months of living.

After many setbacks Culcairn Days for Girls is slowly getting back into becoming a 'cog in the wheel' of this incredible voluntary international organisation. Just prior to corona lockdown the NSW DfG sewing specialist Nancy Weise, paid us a visit where five ladies were able to benefit from her expertise. One of her most interesting tips was the 'burning lesson' to clarify material components.

I wish to take this opportunity to thank the Culcairn Uniting Church in making their hall facility available for us to meet every 3rd Friday of the month as our regular workshop day, and as well have allowed us the use of storage. This is much appreciated, and as we all do our bit to help bring dignity to those less fortunate than ourselves, Culcairn community will also be blessed. Because of the effect of social distancing at present our commencement date is still on hold.

After much practice on 26th April both Heather Lowe, co leader, and I received Gold Standard Certificate which now means Culcairn is fully registered and will be known as 'Culcairn NSW Days for Girls'. For our team to operate successfully there's a wide range of positions and abilities available both sewing and non sewing. I invite one and all to please feel free to contact me if you would like to become involved.

Respectfully submitted
Ruth Scheetz (0428 298 581)

AGED CARE VISITOR RESTRICTIONS EASED

In line with NSW government's easing of COVID-19 restrictions, Murrumbidgee Local Health District (MLHD) has announced some relaxation around visitation in Aged Care residences.

MLHD's Aged Care Manager Rosemary Garthwaite said the original measures were put in place to safe guard elderly residents who are vulnerable against the COVID virus.

The District's "two by two" strategy will allow each resident up to two designated visitors per day for a maximum of two hours.

"We will be enabling up to two designated people to visit family or friends in our residential aged care facilities for up to two hours each day," said Ms Garthwaite. "This is an increase from one visitor for one hour only and is congruent with the easing of restrictions we are seeing elsewhere across the state and will be viewed regularly in line with state and commonwealth directions."

Ms Garthwaite asks visitors and the community to be mindful when visiting elderly people.

"Our key priority is to prevent elderly residents from becoming infected," said Ms Garthwaite. "We ask people to avoid visiting loved ones if they are feeling unwell, or have cold or flu like symptoms."

For those who live farther away, or may be feeling unwell, there are lots of opportunities to stay connected.

"We understand how important social connection is, so we encourage people to talk with the facility manager about how they can connect with their loved one via technology," said Ms Garthwaite. "In many cases, people are able to speak with family members more often that they had been if they were visiting in person."

MLHD continues to temperature check and ensure appropriate hand hygiene measures are in place for all visitors to Aged Care facilities. Visitors are also required to show evidence of their 2020 flu vaccination.

ST JOSEPH'S STUDENTS ENJOYING THEIR NEW ARTIFICIAL GRASS



AGED CARE REPORT

A Big Hello from the residents at Culcairn health. As always it seems that we have had another big month here within the residential aged care. We started off with the best of news that our families were able to start to come in and visit again.

We are still on restrictions but at this stage we are able to see two family members at a time for two hours on any day of the week. It has certainly given us something to smile about. We are still using our social platforms to chat and see other family and friends. If you would like to zoom or facetime with a family member or friend within the RAC please send me an email to book a time.

Our drive by was a very exciting day for all involved. The residents had made posters to hang on the fences, the smiles on faces was amazing and the atmosphere was just electric after seeing our family for the first time in what felt like forever.



Nancy Lee

We celebrated Mother's day with a high tea in the afternoon. We had a lovely get together using our china teapots and of course yummy treats.

Every Thursday is cooking morning. Residents get together in the activity kitchen and cook the afternoon. Usually it is a sweet biscuit or slice but this week we will

be making sausage rolls to have with our happy hour. We are also starting a new lunch group where residents will come together in a small group and cook their lunch. They will choose the meal, prepare the meal and sit together to share the meal.

We have also been happy to receive so many cards, pictures and now letters from the Culcairn public school. We are now starting to form a beautiful friendship with Miss Govans 1-2 class. Each student has paired up with a resident and have started to write to each other. Our residents were thrilled to receive a pen pal and are waiting for another letter to arrive soon.

We are grateful to the LHAC for purchasing a digital frame for our dining room. There are so many wonderful photos and memories that we can sit and watch at any time.

There is so much more planned for June to keep us busy and share with you again next month. Please feel free to contact Toni if you would like to become a volunteer in the future and join us having fun. toni.shutt@health.nsw.gov.au



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WHEN WILL IT END?

A reflection about the virus by Herb Sempfendorfer April 21, 2020

The streets are mostly empty now,
Some shops are shut up tight,
Some cars go past at walking pace,
And none go past at night.
It is a time of lots of stress,
We're bored, the sun goes slow.
When will it end, we ask around,
But no-one seems to know.

No football, cricket, golf or fun,
No sport of any kind.
Just watch the re-runs, we are told,
No pleasure can we find.
We'd rather drive to footy grounds
And yell and see the show.
When will it end, we ask around,
But sports folk just don't know.

Some say there is a virus,
A very tiny thing,
It's come into our country,
It's wrecking everything.
Our leaders want to stop it,
They speak on radio.
When will it end, we ask around,
But they don't seem to know.

Our PM Scott has made some rules.
"Do this and that, no joke.

*The man in blue is watching you,
Young guys and all old folk.*

*If you do wrong,
some dollars big
Out of your hands will go."*
When will it end,
we ask around,
But Scott just does not know.

The schools are in disorder now,
In homes, there's stress and flurry.
Home schooling is now all the go,
It's just one great big worry.
And if a cyclone

came our way,
T'would be a minor woe.
When will it end, we ask around,
The schools would like to know.

It's gone so long, it must end soon,
We hope and hope and wait.
But this man Scott has heels dug in,
*"Just trust me, call me mate.
It might take weeks, or months or more,
It's really hard to know."*

When will it end, we ask around,
Our paper's getting low.

It's lovely Autumn weather,
We want to go outside,
To camp, and drive and go with friends,
But Scott says, *"Stay inside!
Don't go round and be with mates,*

That's no good, oh, no, no!"
When will it end, we ask around,
But no-one seems to know.

They planned to have a wedding,
On April twenty nine.
She bought a dress, he bought a suit,
They hoped for weather fine.
But then the virus came along,

And things went all askew,
When will it end, the couple asked,
The pastor wished he knew.

For months the clearing sale was planned
A lot of work was done.
The auctioneer and all his team
Were ready for the fun.
The PM told them, *"No way known*

*Can this sale go ahead.
When will it end?? Don't ask around!
Just act on what I've said!"*

If this goes on for ever,
As some smart people say,
We'll all go raving mad in time,
And all be dead next May.
But that may not be coming,
A vaccine may be found,
Then it **will** end, in God's good time,
And we'll still be around.

Editor's Note: Herb is a long time resident of Walla Walla. He and his wife Monica are well known to Culcairn Aged Care residents. They and others regularly entertain them with music, songs and poetry (some original). Monica is well remembered for her long and caring work at Kiltearn House.





Meals on Wheels
Holbrook-Walla Walla

ARE YOU OVER 65?

Would you like access to quality, specially prepared, affordable meals? As a short term measure the Government has introduced Emergency processes to enable quick access to meals, social support and shopping services.

DURING THE COVID19 CRISIS AND UP UNTIL 31ST JULY, WE ARE ABLE TO ACCEPT NEW PEOPLE AGED OVER 65 TO OUR SERVICES WITHOUT A REFERRAL or assessment.

We can support our clients who may need to self-isolate & protect clients with no-contact arrangements. We can arrange for deliveries to be made with zero contact arrangements to ensure the safety of everyone.

If you would like a menu please give us a call & we can send one to you. Our healthy and nutritious meals have been especially prepared to meet the dietary needs of older people, containing higher protein levels and low salt content. There are also a range of smaller meals, soups and desserts. You can even choose to have a wine each week if you like!

Shopping support is available either accompanied or unaccompanied locally or to larger centers if required. Assistance to attend appointments is also available. Social distancing is being practiced and we are regularly cleaning and disinfecting our office and vehicles so that we all remain safe and well.

We are able to make regular friendly phone calls to chat with you and assist if we can. Please let us know if you would like to receive this service by calling us on 60363677.

HOT OFF THE PRESS: We will soon be launching a new project designed to help our service users stay connected with family and friends, learn new things and stay active and mentally stimulated through technology. Stay tuned for more information!

Our office is open and at this point we have a limit of TWO visitors at any time. We ask everyone to practice hand hygiene on entry and upon leaving our premises.



Feeling unwell? GET TESTED

**call the COVID-19 hotline
1800 831 099**

COVID-19 SYMPTOMS
Most common symptoms include fever and dry cough. Some people also experience sore throat, shortness of breath, or runny or stuffy nose.

CALL NOW
Call the COVID-19 Hotline: 1800 831 099 (open 7am – 8pm everyday). Callers will receive a confidential over the phone assessment, and if they require testing, an appointment will be made for them at their nearest, or preferred location.

GREATER HUME LIBRARIES TO REOPEN FROM JUNE 1

We're thrilled to welcome you back but it's important to note that your library experience will be a little different than usual.

FREQUENTLY ASKED QUESTIONS:

WHEN WILL LIBRARIES REOPEN?
Culcairn and Jindera Libraries will open Monday 1 June and Henty and Holbrook Libraries will open Tuesday 2 June

WHAT SHOULD I EXPECT?
Each library will be different but we ask that you please remain vigilant and respectful of other borrowers and our staff during these challenging circumstances.

WHAT RESTRICTIONS ARE IN PLACE?
Government regulations require us to strictly limit numbers in our libraries. The maximum number of visitors allowed will vary from branch-to-branch depending on size. Social distancing measures will be in place across all branches and hand sanitiser will also be readily available across all venues.

IS THERE SUPPORT AVAILABLE FOR VULNERABLE MEMBERS?
Yes, Click and Collect and the Home Delivery Services will still be running

CAN I USE A COMPUTER?
Computers are not available

ARE LIBRARIES REOPENING WITH REGULAR HOURS?
All Library opening times remain unchanged

IS THE MOBILE LIBRARY STILL OPERATING?
No, the Mobile Library will not be operating



Plumbers, Drainers & Gasfitters | Bobcats, Excavators & Tipper
 Farm Water Supply - Reticulation, Troughs, Tanks & Solar Pumps

Septic Systems | Septic & Trade Waste Pumping

Sand & Gravel Cartage | Water Cart | Grader Hire

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