Headerlines

Henty Community News



ISSUE 54 August-September 2019

Local lad makes good

Dean Terlich, the second son of Garry and Helen Terlich, began his schooling at Henty Public School where he became school captain in 2001. He later went on to Billabong High School until he finished Year 12.

Football was always going to play a major part in Dean's life, beginning at age 10 when he became a member of the Riverina Representative team. He was on his way to playing in the NSW State Team when he unfortunately suffered a broken foot. At Billabong High School he was chosen as a member of the U15 NSW State side and travelled to Perth to play.

On completing Year 12 in 2008, at the age of 17 he was immediately drafted to the Sydney Swans. He played in the seconds for a year when they won the Premiership.

In 2009 he moved to Adelaide to play with Norwood and began his business management degree at Adelaide University. Dean remained here for four years, winning the club's best and fairest award in 2012 and was instrumental in the winning of the club's Premiership.

In 2013 he was drafted to the Melbourne Demons where he came third in the Ron Barassi medal for best and fairest. He played 35 games for Melbourne.



Photo courtesy of Melbourne Football Club

On to 2017 when he returned to Norwood in South Australia. Having completed his business management degree he began studying at night for his graduate diploma in construction management and economics and his graduate diploma in project management. He completed both courses in 2018. He then became the player-coach for the Tanunda Football Club in the Barossa Valley where he won the Leagues A Grade Best and Fairest medal.

At this time Dean joined the Johns Lyng Construction Company where he rose to become the South Australian general manager, a position he currently holds. Married to Georgia, they have a 12-month-old son named Ted. Dean is still coaching Tanunda.

A long way from the little chap in primary school with a cheeky grin with his two front teeth missing.

Set course for a job

Looking for local work, full or part-time? Would like a recognised qualification? Then the Henty Local Health Advisory Committee wants to hear from you.

The committee is gauging interest in organising a community services type training course, hopefully in Henty if there is enough interest. Our aim is that successful completion of the course will open doors to work in the community services sector, in Henty, either on a full or part time basis.

This could be the springboard to higher qualifications and lead to a fulfilling career.

Interested people should contact any Local Health Advisory Committee member for more information or leave your contact details with Emily Jones at Henty library.





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Article contributions (word or publisher) and photos (jpg format) can be emailed to

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<u>hotmail.com</u> or dropped into Greater Hume Council Henty Customer Service Centre/Library.

Deadline for the next edition is 15th September 2019

Editorial Details

Headerlines is a not-forprofit community newsletter published bi-monthly.

The editorial team reserves the right not to publish any article or to modify submissions to suit the style and objectives of the newsletter.



Lock it or lose it

Below is an article from District Commander, Superintendent Evan Quarmby of the Murray River Police District. This article and future articles will relate to crime issues or issues of interest to the community.

As the Commander of the Murray River Police, it is my fundamental role to lead local Police in responding to crime and importantly, doing our best to prevent crime from occurring in the first place. After all, that's our job.

When things go wrong and crimes occur, the first instinct people have is to look to the Police and ask us what we are doing about it.

I call them barbecue stories because every time I go to a social function and people find out I'm a cop, I hear these stories and they go something like this

"I got booked for speeding, even though I was only 'just' over the speed limit".

"My friend got done for drink driving although they were only 'just' over the legal limit"; and

"My neighbour had stuff stolen from their car, even though he left it unlocked 'just' for a minute".

The first two are easy to respond to as there are clear laws that tell us how fast we can go, and how much blood alcohol is considered an offence when Drivers underdriving. stand they have to take some personal responsibility regarding what they do. So that leads me to the third barbecue story, and to an important point regarding the recent spate of property being stolen from vehicles in and around our communities.

Did you know that an esti-

mated 75% of property stolen from vehicles is as a result of the vehicles being left unlocked? Did you know that if you leave your tools or other equipment in the rear of your ute overnight, then you are simply setting yourself up as a 'victim of opportunity'?

Importantly, did you know that it is actually an offence to leave your vehicle unlocked and unsecured?

These are all important messages for me to get out there and to share with you. I say share because the security of our community is a mutual responsibility which we take very seriously and an area where we need your help.

As much as we talk about locking your house, it is sad that we have to bang on about the need to lock your car regardless of how long you are going to be away from it. Especially overnight.

I really don't want to hear about the fact that people "have always left it unlocked". I'm equally disinterested in what happened in the "good old days" when you used to leave the keys under the front seat. We live in the present, and in that present we are experiencing a spike in Steal from Motor Vehicle offences which quite frankly could have been avoided.

What I do care about is a safe and crime resistant community so my message is very simple.

This month, the Murray River Police District will be focusing on vehicle security and helping people understand the importance of locking cars and putting all that stuff in the back of the old ute away for the night.

Please help us focus on our fundamental role in re-

sponding to crime and preventing crime in our communities. Engage in some personal responsibility by locking your cars and securing your belongings - its the only way to avoid becoming a victim of opportunity.

Craft shop joins the pack

A lively and interesting annual meeting of the Doodle Cooma Craft Shop decided to give vouchers for the Henty Community Development Committee's welcome packs to say "hello" to new residents in Henty. The craft shop will donate a stubby holder. It was also decided to put a Lions Mints box on the counter.

A warm welcome was given to Helen and Zac. The craft shop committee expressed its gratitude to NSW Rail for installing heating and cooling in the Railway Rooms. It certainly has made it comfortable for customers and those working there.

The annual meeting returned the same officeholders: Chairperson – Margaret Knobel; Secretary – Janet Semmler; Treasurer – Jim Ridley; Public Officer – John Ebsworth. At the next bimonthly meeting of the craft shop in August members are to bring along requests for donations to worthy causes.

🕆 St Barnabas

Anglican Church Day Street Henty



Service Times 2nd Sunday 11am 4th Sunday 9.30am

Contact: Rev Ken Dale 0428 293 655

Committee gets down to business

A special meeting of the Henty Community Development Committee to better engage business houses was discussed at the meeting on July 24. A presentation by Vicki Burkinshaw addressed retailers at the meeting on how, when and where. The committee will canvass business houses on their ability to gain financial support for holding future functions.

The committee has identified current issues:

- Facilitate better communication between business houses in Henty.
- Identify strengths and weaknesses of the busi-

ness community.

- Provide a forum for business opportunities in which all businesses can share.
- Identify consumer satisfaction.

Meanwhile, the committee continues its regular meetings aimed at improving the town and lives of the residents. Greater Hume Council Councillor Doug Meyer, OAM updated the last meeting with the latest on the rail crossing activities.

Stephanie and Jessica have an ongoing project with Facebook as the committee seeks to generate more engagement with the community. There will be a competition to create a logo for the Facebook page. Welcome packs for new residents are ready to go and the first recipients are very happy with them.

Colin Kane is investigating the availability of land for an off-leash area for dogs and Garry Small has presented some costings on it. The electronic sign on Railway Parade is fully functional. Stephanie and Jessica have been asked to sit on Bendigo Bank's subcommittee responsible for the sign. The committee was told the Council was investigating ways to clean up railway yards beside Dale's Funeral Service and near the railway station.

Healthy eating

Knowing what foods and how much of them you should eat is important for good health and well-being. Eating a nutritious diet can help you:

- reduce your risk of diet related chronic diseases
- improve your well-being if you're living with an ongoing illness

The Australian Di<u>etary</u> Guidelines recommend enjoying a wide variety of nutritious food. The Guidelines provide evidence based recommendations on the types and amounts of foods Australians should eat to meet nutritional requirements. They are supported by the Australian Guide to Healthy Eating. The Guide shows you the five food groups the recommended amounts you should eat every day.

Guidelines available at www.eatforhealth.gov.au/guidelines

1,000 wraps with love

This month Henty's Wrap With Love celebrates the making of 1,000 Wraps With Love. Since 2003 when Barbara Holborow told us about the charity begun by Sona Gidley King, when we first made six rugs for the year, our total has now reached 1,000 in the 16 years since then. Ladies (and one man so far) in our district have contributed to the sewing, knitting and crocheting of these beautiful wraps. Special mention must be made of the late Nadine Fogarty, Daisv Hinch. Helen Squires and the Hostel

Knitwits for their untiring efforts. However, every other person who has contributed to the work with just one square, 10, 20 or 100 deserves praise for such a mighty effort. Without your square(s) 1,000 wraps would not have been possible.

A celebration was held at the library on July 31. Special treats were provided on the day. Thank you to librarian Susan Kane for helping us by collecting wool and yarn for knitters and crocheters and for making the library available for special days.

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CBCA Book Week 2019

Theme: Reading is My Secret Power

Dates: 17 - 23 August 2019
Each year across Australia, the CBCA brings children and books together celebrating CBCA Book Week. During this time schools, libraries, booksellers, authors, illustrators and children celebrate Australian children's literature and you will often see children's book character parades and talented librarians creating amazing displays.

All libraries in the Greater Hume Council will celebrate Book Week with loads of activities for children. Follow the libraries in Instagram or Facebook for further information or contact your local librarian.

Don't Forget After School Homework Club at the Henty Library -Tutor Mr Kevin Fogarty.

After school study club is held every Wednesday from 4pm - 5pm during school term.

The After School Study Club (ASSC) aims to provide the following:

- To assist and support students from primary schools and high schools
- Provide access to modern technology and resources
- Provide a quiet and safe place to study away from home distractions

Registration, forms are available at the Henty Library.

Library Bingo

If you are looking to get the most from your library, and have a great winter of reading and watching, then this is the challenge for you.

Pick up a bingo board from your branch library.

Just like ordinary bingo, you need to fill in a row of squares, that's four in a row – horizontal, vertical or diagonal. Cross off each square as you go, and hand in your completed form to your branch library to go in the draw to win a winter reading pack. You have until the end of August to complete your bingo board.

Murrumbidgee Community Grants Success -Henty to hold a Mental Health & Grief & Loss Weekend

The Mental Health & Grief & Loss Weekend event is a partnership between the Greater Hume Council, Henty's Local Area Health Committee, Riverlife Church, Henty's Men Shed,

Storytime

8th August 2019	Jump and Jive
22rd August 2019	Fire Engines
5th September 2019	Chook Chook
19th September 2019	Hats and Hair
17th October 2019	Grandparents
31st October 2019	Ducks
14th November 2019	Talking about big school
28th November 2019	Fruit Salad
12th December 2019	Christmas

businesses and organisations. The Mental Health & Grief & Loss Weekend is supported by funding from Murrumbidgee Primary Health Network through the Australian Government's PHN Program and Empowering Communities program.

Grief is one of the most universal yet isolating emotion. This project is an intriguing way to engage all members of the community to reflect and talk about grief and loss in a healthy, respectful and beautiful way on a both personal and community level. The project aims to unite the community and remove any shame with connection to mental health and cultivate strength and hope. One of the main facilitators for the weekend will be Melissa

Lubke, a Tasmanian Artist, who has a strong connection with the Henty community. As part of the project Melissa will provide a "Lachrymatory" - an interactive grieving booth. Created from her own experience with loss this participatory installation is touring the nation to collect symbolic tears - written expressions encapsulated in glass droplets. Once seated inside, the participants gently take brave steps towards honesty and vulnerability publicly. In private this aims to lead to a greater sense of trust and compassion in the community as they add to the every growing collective secret response. The underlying message being "resilience and solidarity".

continued on page 5





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Members of the community are invited to send photos or things dear to them or that they may have lost especially through hardship including drought, fire or flood. The photos will be used at the Rays of Light Workshop on Saturday 12 October 2019 at the Henty Men's Shed. Send photos to Melissa Lubke at moolubke@gmail.com

My Health Record Help at the Greater Hume Libraries

The Murrumbidgee Primary Health Network, Henty Local Health Advisory Committee and the Greater Hume Libraries have partnered up in order to provide Greater Hume residents with the first community centre trained to help with My Health Records.

Henty Library staff has received training from the Murrumbidgee Primary Health Network on how to upload or remove documents, add notes, alter the settings and other details within your record. This is working in conjunction with the Local Health Advisory Committee stand at the library, in order to create a place of easy access to all forms of information regarding health and wellbeing within the Murrumbidgee area.

forward, Library Going staff will on-train members of the Holbrook, Culcairn and Jindera Libraries in order to ensure residents from all over the Greater Hume have access to help regarding their My Health Record. Further contact information details and will then be available at all libraries for all the health and wellbeing needs of the different communities.

Help will be available Tuesday to Friday, 2.00pm until 5.00pm at the Henty Library.

Friday 11 October 2019 -Mental Health & Grief & Loss Night

Melissa Lubke will be the guest speaker on the night as well as two other keynote speakers to be announced sharing their journey of loss. The Lachrymatory will be available on the night for community members to access. Mental Health information and support will be available for the community members.

Saturday 12 October 2019 – Ray of Light Workshop

There will be an open invitation to attend a hands on workshop at the Henty Men's Shed. The workshop will consist of creating a design utilising images of people and things lost to the community which will be used for the production of a large artwork: 'Ray of Lights'. The project will result in a simple and effective, astronomical piece of contemporary art. Morning Tea and Lunch will be provided.

This activity aims to reach out to men and those less likely to participate in the Lachrymatory, but happy to get their hands onto tools. Mental health material and information for health hotlines will be available.

The final product the Rays of Light will be acquired and will be used as a sculpture screen in the Henty Township.

Sunday 13 October 2019 - Happy Place

The Your Happy Place will promote good mental health in children, teenagers and young adults encouraging them to get outdoors and enjoy themselves at the Henty Park. Included on the day will be skating, jumping castles, football ring toss, face painting and

other activities. A BBQ lunch will be provided. A People's Own Happy Place photo competition will run over the week with prizes awarded from People's Choice and an Independent Judge.

Movie Club at Henty Library commences in August 2019

Come along to the new Henty Library Movie Club to be held on Tuesday 20 August 2019 from 2pm – 4pm. Everyone is welcome and if you have any ideas for movies that you would really love to see let the Henty Library staff know at least two weeks prior to the movie. Afternoon tea provided. Cost \$2.

Virtual Reality at the Henty Library

When: Tuesday – Friday in August 2019

Ages: All ages

The Virtual Reality (VR) service at Henty Library is one of the many activities available at libraries in the Greater Hume Council. Enabling young and old to discover, connect, share new technologies in our community. Equitable access to new technologies helps people to acquire new skills, make informed decisions and explore new possibilities. If you are interested in taking part in the Virtual Reality Experience contact Library Staff on 02 60360179 or visit the library.

What is virtual reality?

Virtual Reality (VR) uses a computer, headset, and sensors to immerse you directly into a three-dimensional, computergenerated world. Your head, hands, and body movements are tracked to continued on page 6

Henty Physiotherapy & Sports Injury Clinic

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July: continence and pelvic floor assessments

August: falls & balance assessments

Education and exercise programs:

August: Avoiding knee replacement 3 week program. Cost: \$45

September: Posture and core strength

3 Week Program. Cost: \$45

Physiotherapy – Claire Lawson Ph 0424 721 648 from page 5

let you interact with what you see via the headset.

What will I be able to do with VR at the library?

Explore: Experience our planet like you've never experienced it before! Travel around the world, and even back in time without ever leaving the library.

Learn: Discover more about the ocean, outer space, or the human body through VR experiences.

Play: Try gaming in a 3D environment.

FREE Home Library Delivery Service

If you're a person with a disability or an older person who experiences challenges getting to and from your local Culcairn or Henty Library, then the home library service is here to help you borrow books or other items.

Once you have joined either the Culcairn or Henty Libraries or are already an existing member, contact a library staff member to discuss the types of books and/or other resources you wish to borrow. Staff will then deliver items directly to your home, free of charge. They will also collect items that need to be returned. Items available for public loan include:

- books
- · audio books
- CDs
- magazines
- DVDs

To help you choose items, the library catalogue is a vailable online. www.rrl.nsw.gov.au

Your library membership card will also provide you with online access to a range of online resources and information including eBooks, eAudios, Freegal Music, and Zinio Magazines.

Law Week at the Henty Library

Law Week was celebrated at the Henty Library on 29 June 2019 with a presentation by local Solicitor Tammy Holzhiemer and almost Solicitor Laura Kane.

The presentation discussed the in and outs of demystifying age care and wills. Twenty members of the public attended the talk with all staying to enjoy a lovely lunch prepared by the Henty Red Cross after.

It is great to see such support from the community for events held at the Henty Library it really makes the library the heart and soul of the community.



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Students not stuck for words



The winning team...Maddison Heanes and Hannah Zweck from Henty Public, was congratulated by Henty Lions President, Julie Colley, Kevin Fogarty, who organized the contest, and Kate Finlayson who presented her father's Shield.

Henty Lions Club has continued the tradition begun by Henty Rotary in 2000 by sponsoring the Lions Spelling Competition; with schools competing for the Max Davidson Shield.

Four teams of two students representing Henty Public School, St Joseph's Culcairn, Culcairn Public School and Yerong Creek Public School completed a written test of 50 words from a list of 200 words circulated to their respective schools. Quizmaster,

Kevin Fogarty organised and conducted the event

The winning team comprising Maddison Heanes and Hannah Zweck, representing Henty Public School was presented with the Max Davidson Shield by his daughter, Kate Finlayson. The shield will remain with Henty Public School for the ensuing year. It is envisaged that this competition will be conducted again next year.

Footie favourites

Shelves of toys are displayed in the Peter Mac shop in Melbourne. \$80,000 has been raised by the shop. Best sellers are football coloured novelties,

white baby wear, Christmas decorations, stuffed toys, children's clothing, beanies, scarves and knitwear.



Mental Health First Aid Comes to Henty

Recently a Mental Health First Aid course was held at the Henty Community Club. This was a free accredited course organised and hosted by Career Planning and Resumes with Simone, and made possible by full funding from Murrumbidgee Primary Health Network's Murrumbidgee Community Grants.

The 22 attendees learnt

how to identify, assist and support those in the community who may be experiencing a mental health crisis.

For anyone interested in attending the next course, please contact Simone Paynter via email simonemaree.consulting@gmail.com or 'Career Planning and Resumes with Simone' on Facebook.



Henty's Newest Mental Health First Aid Graduates

A good year for Red Cross

Henty Red Cross has enjoyed another good year of contributions and support from kind-hearted and generous people of the area. At the recent AGM, members were congratulated by visiting Zone Representative, Valmay Ryan, from Albury.

Proceeds from the recent

Fish and Chips night at the Henty Club were \$1,921.50 plus an additional \$90 in donations was raised.

The total for the year was \$5,133. A stall will be conducted in August or September.



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Don't be scammed

Danielle Burns from the Wagga Wagga branch of the Fair Trading Department was a guest speaker at Probus recently. Danielle began her address with "Scam Watch". She said \$487 million was lost to scams last year. Unreported scams were another problem with the over 65s being the easiest victims.

Tips to avoid scams:

- Place a "Do Not Knock" sticker on your front door.
- Register your phone number on the Do Not Call register (Call 1300 792 958).
- Do not click on links in suspicious and unsolicited emails.
- Do not use public com-

puters to shop or bank online.

- Do not sign anything you do not fully understand.
- Remember! If it sounds too good to be true it probably is.

When hiring a service be clear about what you expect from the service before signing a contract. Check to see if it is the best service for you. Ask around. Find out the exact costs and get everything in writing.

Everyone is vulnerable to scams. Some people think only the greedy and gullible fall victim to scams. The truth is, scammers are clever and if you don't know what to look for anyone can be caught.

Scammers are getting

smarter, moving with the times and taking advantage of new technology, new products and services.

"The Little Black Book of Scams" is a pocket-sized guide so you can spot, avoid and protect yourself against scams. It is published by the Australian Competition and Consumer Commission. Beginning with the scams to avoid, it lists ways you can be caught online, over the phone or at your door.

Keep your personal details secure, beware of unusual payment methods and choose passwords carefully.



Council News

Highlights from meeting held in July at Holbrook:

Council accepted the tender from Total Garden Solutions for \$43,956 (excl GST) to undertake contract mowing of cemeteries, pools and council owned properties for the next three years.

Council appointed Cardno NSW to undertake the Culcairn, Henty and Holbrook Flood Mitigation - Investigation and Design Works Project at a value of \$245,098.80 (excl GST). It is expected that the project will take up to 12 months to complete. Following completion, Council will then be eligible to pursue financial assistance through the Office of Environment & Heritage Floodplain Management Program to implement improvements to drainage infrastructure to help reduce flooding in the three towns.



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The Voice of the Greater Hume 2GHR 96.7

Calling Culcairn/Henty/ Walla Walla/ Jindera

People in Culcairn/Henty/ Walla Walla/Jindera can access 2GHR more easily in the last 12 months since some adjustments were made to the transmitter on Mt McKenzie. You can hear Tony several times a week. You can hear Michael two mornings each week with Ronnie on Wednesday afternoon with his Country Music program. Col brings you 'Friends and Legends'

twice each week. Geoff plays the '80s Favourites on Wednesday morning. Freda joins Michael on Thursday for Rhythms of Love and Life and of course the latest Science things. Every second Monday Freda interviews representatives of any 'Not for Profit' organisation to talk about what each does. At any other time, the Station brings news, both national and local, weather and a variety of types of music.

We need YOU.

Need help getting to shops?

What interest would you have in a pick-up and takehome transport service to help you get to Henty businesses? Please let the staff at Henty Library or any Henty Local Health Advisory Committee - Brad Wettern, Mick Broughan, Mary Liston, Felicity Klemke, Fran Fifield, Sue Maher, Daphne Hannam or Emily Jones - know of your interest or phone Mick on 0447 293 286

The health advisory committee is here to help with

information on local health services. On the last Friday of each month a member of the committee will be at the Henty Library to answer any questions you may have. The next afternoon will be on 30 August from 3pm until 5pm.

If the question cannot wait, contact a committee member or drop into the library at any time. It has plenty of brochures and information guides on health issues that might answer your questions.

Construction of Construction o

Handing out information brochures about local health services at the Henty library are Local Health Advisory Committee members, Daphne Hannam, Mary Liston and Sue Maher.

2GHR is entirely run by volunteers. Memberships are payable in July, but you can join at any time. Your fees help us pay for electricity, insurance and some running repairs. We also value your feedback. Tell us the things you like, dislike or think we are missing. Advertise your event, business or the benefits of living in your town. Community Radio is all about community. We would all like to know how your community runs. You can send us your news so that we can include it. We are happy for businesses to advertise - our rates are reasonable and very competitive.

It is possible for the Station to do an 'Outside Broadcast' if you have a big event. We will broadcast from your event, conduct interviews for a couple of hours, and generally promote your function. This facility does incur a cost. Talk to us!

Any news or questions -contact info@2ghr.org.au or to take up membership www.2ghr.org.au. When music is playing during a 'live' broadcast you can ring 02 6036 3428 for information about membership applications.

Although the Studio is in Holbrook, 2GHR is for the whole of the Greater Hume Council area.

Freda Turner, Board Secretary.



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Talk about imaginations

Henty Lions Club sponsored an innovation for the town by holding a Lions Public Speaking Competition. Five Year 3-4 students from Henty Public School, St Paul's School, Henty and Yerong Creek Public School spoke for three minutes on the topic "The day I went into outer space and met an alien". This section was won by Ava Klemke, with Fergus Meyer the runner-up. Both are students from Henty Public School.



Years 3-4 Fergus Meyer, runner up, with Emily Jones and Ava Klemke, 1st Place, from Henty Public School.

In Years 5-6 there were six entrants and the winner was Ryan Klemke, from Henty Public, with Dustin Brailey from St Paul's School Henty runner-up. The seniors spoke for four minutes on the topic "Do you ever read a book and imagine what it would be like to be there in the story as one of the characters, or



Years 5-6, Ryan Klemke 1st Place, Henty Public School and Dustin Brailey, runner-up, St Paul's School, Henty.

as yourself, alongside the other characters?"

In addition, Years 5-6 contestants were given 10 minutes to prepare a one-minute speech, the topic being, "Should mobile phones be banned during school hours? Yes or no and why?" Points from both speeches counted towards the selection of the winners.

The three judges, Emily Jones, Carolyn Woodley and Garry Small, were impressed with the high standard of the speeches. Lorri Roden was the time-keeper.

Henty Lions are grateful to Henty Public School for the use of their hall for the competition.

Finalists will go on to the next level of the Lions Junior Public Speaking Competition, which will be held at Wodonga in August.

Pupils put a sock in it

A barbecue was a great occasion for families and staff of the Henty Early Childhood Association to meet and get to know each other. The evening was planned around participating together in fun play activities and sharing a meal that promoted key concepts of a healthy child development program. Unfortunately, the event was threatened by stormy weather, but thanks to the Henty Football Club who provided access to their club room and facilities the evening went ahead.

The educators had planned a variety of interesting physical play activities using materials found in homes, such as cushions, socks, washing baskets and sheets. Catching and throwing skills were promoted by throwing socks into a washing basket.



Another activity involved cushions being tossed between participants, with the distance growing to increase the challenge.

Skipping, galloping, side stepping, hopping, jumping and running skills were promoted by participants moving around a sheet spread on the floor while music played. When the music stopped everyone jumped on to the sheet. At each turn the sheet was

folded smaller, adding to the excitement in the activity as everyone squeezed on to the sheet.



The activities were all designed to provide ideas for families to use to promote their child's development of fundamental movement skills

Healthy snacks of vegetables and fruits were also shared during the evening, promoting another key concept of the early childhood health initiative, Munch and Move.

The initiative is a NSW Health program that Henty Early Childhood Association has been incorporating into the curriculum through a variety of strategies. To acknowledge the services commitment to the Munch and Move Program Melanie Fuller, a health promotion officer from NSW Health, was there. She thanked the families and staff for the great evening and congratulated Henty Preschool for being a part of the program for the past 10 years.

If you would like to find out more about the Munch and Move Program or other programs at the preschool, please call Abi on 6929 3472.



Call Joe or Leanne:

0408 677 768

02 6029 6166

E: bedggoodmechanical@hotmail.com

Farm inventions showcased at Agri-Innovators Awards

Farm inventors, backyard tinkerers and students are invited to showcase their innovative ideas in the Agri-Innovator of the Year Award at the 2019 Henty Machinery Field Days.

The entries must meet the criteria of having a practical on-farm application, be based on an original idea of the entrant and not be in full-scale production at the time of entry.

The 2018 winner was Justin Dunn, Temora, for The Shepherd, an automated sheep feeder designed to deliver a controlled maintenance ration at pre-set times and reduce mismothering.

The 18m long feeder featured a 1.7 cubic metre grain storage bin and is

capable of supporting a density of approximately 200 lambs at the trough.

The feeder is equipped with proximity switches to prevent overfilling of the feed trough, and a corrugated roof runs the full length of the tray as weather protection.

Since Justin's win at Henty, he received NSW Government start-up funding to commercialise The Shepherd.

"We are now selling units hand over fist – the timing around a drought has been ideal," he said.

The Shepherd went on from Henty to win the NAB Agribusiness Award of Excellence at the Australian National Field Days in October. "The unit has changed a lot since then with updated technology, it is more robust, and the tray is adjustable for production and induction feeding," Mr Dunn said.

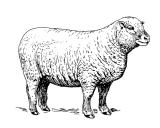
HMFD chief executive officer Belinda Anderson said Agri-Innovators was aimed at tertiary and university students, farmers, backyard tinkerers and innovators.

"Entries can be any agribusiness invention, ranging from a mobile phone app or computer software program to the largest tillage machinery," she said.

"This year's entrants will receive exposure to the agricultural market place and the opportunity to network with potential manufacturers." Justin Dunn encouraged all aspiring inventors to enter their concept in the Agri-Innovators Award.

"At some point you have to take off – it may be not finished or perfect, but you will never get to that point until you have it out there commercially," he said.

The closing date for entries is Friday, August 16 with entry forms available from the HMFD office on 0269 293 305 or email admin@hmfd.com.au





Justin Dun, Temora, winner of the 2018 Henty Agri-Innovator of the Year Award with The Shepherd auto sheep feeder.

Spring gardening hints

Feed your plants and lawns - plants need feeding as they burst into growth. Apply organic-based general fertilisers to garden beds, but for pots, use liquid feeds or slow-release products. Lawns need specialised, high-nitrogen fertilisers.

Renew your mulch — after fertilising garden beds, renew mulch cover before the heat of summer.

Take care of your potted plants - top up potting mix and re-pot overgrown plants into larger containers.

Watering - check irrigation systems and reprogram timers as temperatures rise.

Prune flowering plants
Prune camellias to shape
and tip-prune other winter/
early spring-flowering
shrubs as they finish blooming.



on demand public transport

Now in the Riverina region

On Demand is a new public transport service that makes travelling within the Riverina region easier. Whether it's a trip to the shops, social activities, a medical appointment or connecting to major transport interchanges, Regional Buses On Demand can get you where you need to be. Just book a ride at a time that suits you and leave the car at home. Easy!

Service area



Pick up is available in each town area and up to 4km around the towns; plus up to 4km each side of the roads shown on the map.

For country passengers, free transfer around the boundaries of Albury city & Wagga Wagga city are available during the day.

How to book

Book a ride 24 hours prior to travel or up to one month in advance. Bookings are available from 7am till 5pm, Monday to Friday (except NSW Public Holidays).

Customers can book via the following methods:

Phone or Text: **0448 353 281**Website: **www.regionalbuses.com.au**E-mail: **bookings@regionalbuses.com.au**

In order for us to provide the best possible service for you, please include the following details in your booking:

- Passenger(s) name
- Email address and/or phone number
- Pick up location
- Drop off location
- Your preferred arrival time at your destination for the inward trip
- Your preferred pick up time for your outward trip (if applicable)

Regional Buses will then send you a confirmation message with estimated times for your pick up and drop off, and verifying the locations.

Find out more at:

www.regionalbuses.com.au

How it works

Call, text or email Regional Buses 24 hours in advance and we will pick you up from your doorstep and take you to your destination. Service routes are as follows:

Mon & Wed: Holbrook-Morven-Culcairn-Gerogery-Albury

Tues & Thurs: Holbrook-Morven-Culcairn-Henty-Yerong Creek-The Rock-Uranquinty-Wagga Wagga

Fri: Holbrook-Woomargama-Mullengandra-Albury

Services depart Holbrook at 7:30am and returns at 4:30pm.

Fares

Passengers can pay by cash or EFTPOS as they board the bus. Tickets will be issued by our drivers for each trip. Fares below are for **one way** travel.

Mon & Wed: Holbrook to Albury

Location	Standard	Concession		
Holbrook	\$14.80	\$7.40		
Morven	\$9.80	\$4.90		
Culcairn	\$9.80	\$4.90		
Gerogery	\$7.40	\$3.70		

Tues & Thurs: Holbrook to Wagga Wagga

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Location	Standard	Concession				
Holbrook	\$14.80	\$7.40				
Morven	\$14.80	\$7.40				
Culcairn	\$14.80	\$7.40				
Henty	\$14.80	\$7.40				
Yerong Creek	\$9.80	\$4.90				
The Rock	\$7.40	\$3.70				
Uranquinty	\$5.00	\$2.50				

Fri: Holbrook to Albury

Location	Standard	Concession		
Holbrook	\$14.80	\$7.40		
Woomargama	\$9.80	\$4.90		
Mullengandra	\$5.00	\$2.50		

The Regional Excursion Daily Ticket (RED) is available at \$2.50 for eligible travellers, including Pensioner Concession eCard holders, NSW Seniors card holders and War Widower/s card holders (NSW or Victoria).

Public transport that comes to you



NEW SERVICE STARTS 1 JULY 2019

Getting from communities in the eastern side of the Greater Hume Council and the Olympic Highway to Albury and Wagga Wagga just got easier with new

On Demand Public Transport

to your doorstep.

These services are a partnership between Regional Buses and Transport for NSW.

Your support, ideas and feedback will allow us to fine-tune the operation of the service, and ensure it is servicing transport outcomes of the community in the best way possible. Leave your feedback via:

E-mail: admin@regionalbuses.com.au

Postal address: Regional Buses,

16 Commercial Street, Walla Walla NSW 2659









Wagga bus service launched

A new bus service has been launched linking Henty with Wagga Wagga and towns in between. Initially operating on Tuesdays and Thursdays, it will pick up people from their homes within 4km of the route that begins in Holbrook and goes via Culcairn before heading along the Olympic Highway to its final destination. The bus leaves Holbrook at 7.30am and returns at 4.30pm. Bookings are required.

In Wagga Wagga, the service links with bus services within the city. This is great for people travelling on Regional Excursion Daily (RED) tickets and will allow all-day travel for just \$2.50. Otherwise the fare from Henty is \$14.80 one way or \$7.40 concession.

There is a service to Albury on Mondays and Wednesdays, but at this stage Henty residents need to get to Culcairn to join it. Fares are \$9.80 and \$4.90 concessions. This service might suit those who feel comfortable driving to Culcairn, but not in Albury.

The service is a partnership between Regional Buses and Transport for New South Wales (TFNSW) and is operating under a sixmonth trial. Further periods of six months up to a maximum of two years are available.

Regional Buses is a partnership between established school and charter bus operators M & M Kane Pty Ltd, trading as Bookabus and owned by Matt and Mel Kane and A P Ofak Pty Ltd, trading as Burrum Bus Service, owned by Allan and Karen Ofak.

Matt and Mel have operated a school bus contract from April 2013 into Mullengandra Public School

from Wymah until that school closed at the end of 2017, then into Table Top Public School from term 1 in 2018. They operate a busy charter business with 24-seater and 21-seater buses.

Allan has operated the Burrumbuttock Public School bus service from March 1995 and has progressively expanded to include a service from Howlong to Burrumbuttock for St Paul's College Walla Walla students as well as connecting several students to Sharp's bus to Albury schools.

In 2016 Matt and Allan heard of the new Point-to-Point Regulations in NSW which covered the operation of taxis, Ubers, hire cars and buses under 12-seats. There soon was an announcement of trials in Sydney for on-demand bus services, using 12-seater buses. Operators were invited to submit ideas for trials in 2017 and 11 commenced in late 2017.

In February 2018 the NSW Government, through TFNSW, announced submissions for trials of ondemand bus services in rural NSW. After many meetings, Matt and Allan submitted proposals for three new services in June 2018. In November 2018 Allan and Matt were advised that their proposal for a service linking Burrumbuttock, Walla Walla, Jindera and Albury was successful. They had three months to get the service up and running. This was successfully done with the service under the Regional Buses trading name commencing on February 11, 2019. This operates as a booked door-todoor personalised service at broadly the time passengers require from 7am until 6.10pm Monday to Friday.

This service was a success from day one and to date has carried about 1,500 passengers from a catchment population of around 3,500 people. It averages 19 passengers a day with the busiest day carrying 43 people. Numbers continue to build each month with the service allowing many people in the three communities access to work, special needs schools, medical appointments, shopping, TAFE, Albury Railway Station and airport and a broad range of other purposes.

In April 2019 Allan and Matt received approval from TFNSW for a group of services commencing from Holbrook. They had just over two months to get these services up and running and commenced operation on July 1.

Again the service is door-todoor from each town served to whatever destination in Albury, Wagga Wagga or any other town served. In Albury and Wagga Wagga they also offer transfers between different destinations. An example is a passenger who has an appointment at Albury Base Hospital at 10am which finishes at 11am they can then transfer that passenger to Lavington Square for shopping. That service is included in the fare.

Communities are urged to use the services to guarantee operation of this service. Matt and Allan welcome feedback from the communities and will use that feedback to have Transport for New South Wales alter the service to suit passengers needs.

The services operate as outlined in the advertisement on the opposite page.

For bookings and information phone or text Regional Buses on 0448 353 281 or email bookings@regionalbuses.com.a

Bibles for China

The Henty Bible Society branch will be holding their 2019 Bike Ride on Sunday August 11, 2019.

Bible Society Representative, Nick Cole, from Sydney, will be coming down for the day and will be speaking at the Riverlife, Presbyterian and Lutheran Churches.

A barbecue lunch will be held at "Dosyvale" with the bike ride then leaving at 2.00pm. The Bible Society Project for this year is Bibles for China.

Enquiries to David Muller on phone 02 6929 3187 or email — davidomuller@gmail.com.

WINDOW CLEANING

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Obligation free quotes and no travel costs Work includes cleaning screens and sills, cobwebs and wasps

Will also clean solar panels now that the sun is shining maximise your savings. Also slow combustion heater flues need a clean for next year's cooler weather.

Contact Rob Jacka on 0417678068.

Letter revealed war's horror

A letter from wartime Rabaul, along with old bank notes and bills in an old tin, picked up by Max Davidson was brought back to Australia after the war. It was left to lie forgotten with other "treasures". With help from Tibby Schlue, Bernice Davidson sent the original letter back to Ireland to the order of sisters. A beautiful reply was received saying that Sister Columba, the author of the letter, stayed on in Papua New Guinea for a total of 66 years. Following is an edited extract from the original letter:

We really hoped the Japs would never land, but when we saw the heavily bombed Rabaul, the streams of lorries carrying the sick and wounded, men retreating to the jungle and the Japs shouting "hands up" you could imagine how our blood ran cold and every word was like a bayonet thrust through our hearts. Never before had I realised what real fear was. We were there to be molested and then killed.

We move on to October 26, 1943 and then the tragic and never to be forgotten day dawned on February 11, 1944. 300 Japs were killed in our building, 90 in a trench by a direct hit. There were human bodies, pieces of flesh, hands, arms all over the place. It was gruesome. Imagine the stench at this time. It was indescribable.

The most horrible of our experiences were still in store for us. On February 24, at 9am the siren blew and huge torpedo bombs were crashing everywhere. The lights were extinguished by the first bombs and we were in pitch darkness. Absolution was given and we prayed as never before. We expected to be killed that day. No trials were spared. Little did we think that almost months of anxiety, suspense and privation were vet ahead of us.

Many times we thought we would eventually die of starvation. On August 19, 1945, the police told us the armistice had been signed. What a day!

It is lucky that peace came when it did. Documents

were found in Rabaul showing an attack was to be made by the Japs and all civilians and soldiers were to be killed. We were to be put in trenches and machine gunned. Then came the news of many tragic deaths of many of our missionaries — shot, drowned, decapitated, tortured and beaten until bodies became numb.

We were moved to tears as each victim, weary and exhausted, told us their sad, sad stories.

Cheerio for now.

Sister M. Columba, Ramdi Camp, Rabaul.

Stronger Country Communities Fund Round 3

The NSW Government has announced a third round of Stronger Country Communities Fund (SCCF). Greater Hume Council has been advised the allocation will be \$794,431, funding applications must seek a minimum of \$50,000.

Round 3 of the SCCF will open for 13 weeks to all eligible applicants in July 2019. Complementing the Fund's traditional focus on community infrastructure to improve everyday living, in 2019 there will be an in-

creased focus on young people aged 12-24 and a broader scope of eligible projects including programs as well as local infrastructure.

"I am excited about the funding opportunities our community and sporting groups will receive through the Round 3 allocation of NSW Government's Stronger Country Communities Fund and urge all groups and organisations to consider submitting an application", said Mayor Cr Heather Wilton.

Mayor, Cr Heather Wilton said, 'young people are the focus for this round of SCCF funding, I urge all community and sporting organisations to consider projects or programs which would be of benefit to young people both now and in the future".

Key Dates are:

Monday 1 July 2019 - Applications open, 9am.

Friday 27 September 2019 - Applications close, 5pm.

October 2019 to January 2020 - projects are assessed by the NSW Government. From January 2020 - successful projects are expected to be announced by the NSW Government.

Information on the Stronger Country Communities Fund Round Three can be downloaded from either the Greater Hume Council website, Grants and Funding or NSW Government website (https://bit.ly/2fKVdRL). For more information please contact Kerrie Wise, 02 6036 0186 at Council's Holbrook Office or email mail@greaterhume.nsw.gov.





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My Floral Styling

Amanda Bahr ph: 0408825590 email: amanda@myfloralstyling.com.au

Children's mental health priority

Mental health and wellbeing are high on the list of priorities at Henty Public School and with this in mind, it held a Mental Health Fun Day last term. The day began at recess with a cupcake stall hosted by Year 5/6 students to raise money for their excursion later on in the year.

Intereach held a staff and parent session discussing the early warning signs for mental health and wellbeing issues in children: what's normal talk and behaviour and if you are concerned, how to approach a conversation with children.

A highlight of the day was a performance by Sara Storer who entertained everyone with some wonderful stories and songs. The children were especially excited to hear the "Raindance" song as some had participated in the video clip.

The remainder of the after-



Sara Storer with (L to R) Allira Cocking, Ryan Klemke and Rebecca Zweck

noon was spent with all children splitting up into different groups to participate in fun activities. These activities were focused on improving wellbeing and included cooking, yoga, playdough and art and craft. Intereach and Bluearth activities were also enjoyed.

The day was a huge success with staff, students and community members attending having a positive and enjoyable experience. The day was proudly supported by Intereach, Henty Yoga and Sara Storer.

The school hopes to have more of these events as the staff understand the wellbeing of the school community is an essential and integral part of our environment.

As the school begins Term 3, all eyes are on the annual school gala production.



Students participating in Yoga activities

While all details are yet to be finalised the date to put on your calendars is Tuesday, September 24. Practice will begin in earnest this term and as always is an event not to be missed. Tickets will go on sale in a few weeks at the school office. See you there!





greaterhume.nsw.gov.au

Seeking public comment - proposal to alter Ward Boundaries



Under section 211 of the Local Government Act 1993 (LG Act), a council must keep ward boundaries under review. If a review is undertaken and the difference between the number of electors of the highest ward and the lowest ward is greater than 10%, the ward boundaries must be altered.

A council must also consult with the NSW Electoral Commission and the Australian Statistician before altering ward boundaries and publicly exhibit the

Population growth in the Greater Hume local government area has resulted in the variance of ward boundaries to exceed 10%.

Council considered the issue at the July Council meeting, and has resolved to seek public comment in relation to the proposal to alter ward boundaries. The proposal includes attributes of the proposal to alter boundaries, and the advantages and disadvantages under consideration.

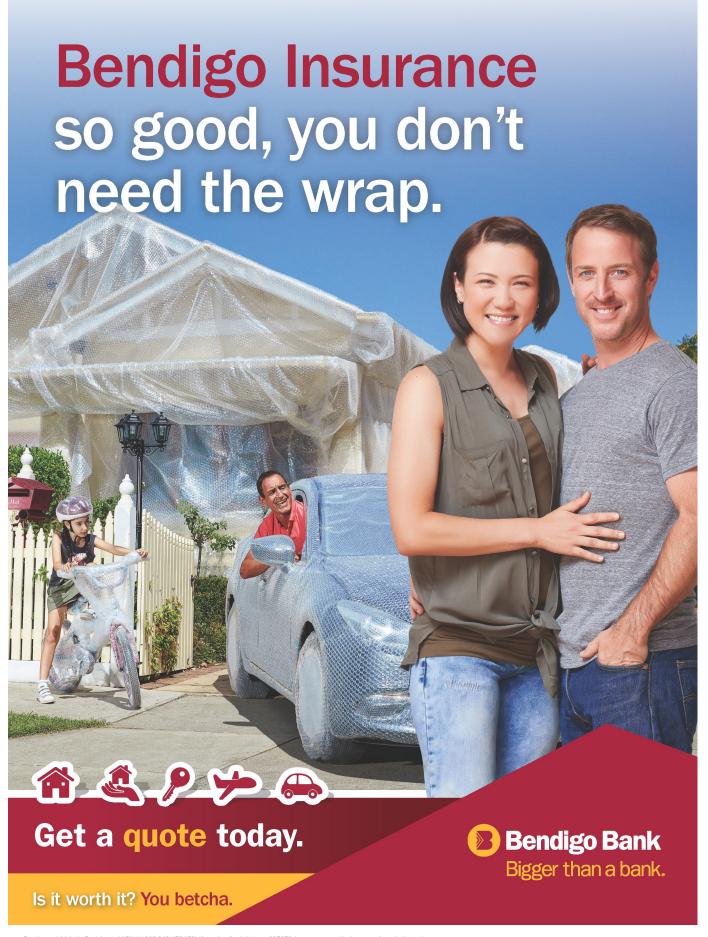
You can view the proposal and maps via Council's website greaterhume.nsw.gov.au or view the documents in person at any Council office.

Council has resolved to hold a constitutional referendum at the 2020 local government elections to consider whether the Council area should continue to be divided into wards.

Regardless the existing ward boundaries will still be required to be reviewed and altered to ensure compliance with the LG Act for the 2020 local government elections.

Comments can be lodged via the Council's website **Have Your Say portal**, or via email to **mail@greaterhume.nsw.gov.au**. You can also write to the General Manager, P O Box 99, Holbrook, NSW 2644.

You can comment until 5pm Monday, 9 September 2019.



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bendigobank.com.au/insurance

Community Calendar August 2019

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Monday	Tuesday	Wednesday			Saturday
			August 1	2	3
			Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall	Henty Community Club Bistro, Blue Room 6.30pm
			Service NSW GHC/11am to 12 noon Culcairn Office	St. Paul's Ladies Guild Church Meeting Room	
			Henty Myoora Knitwits 1.30pm-3.00pm	1.30pm	
			Camera Club/CWA Rooms/ 7.00pm	Fish and Chips, Blue Room	
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			Centre Committee	Room	
			Meeting/7.30pm		
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Community Calendar September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 1	2	3	4	5	6	7
Henty Community Club Hamburgers, Steak Sandwiches etc 6.30pm Blue Room	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Senior Citizens Meeting Henty Bakery 2pm		Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Library Storytime 11am "Chook Chook" Henty Myoora Knitwits 1.30pm-3.00pm Camera Club/ CWA Rooms/ 7.00pm	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall St. Paul's Ladies Guild Church Meeting Room 1.30 pm Henty Community Club Fish and Chips and Parmi's Blue Room	Henty Community Club Bistro Blue Room 6.30pm
8	9	10	11	12	13	14
Henty RSI/ 10.30am Meeting Room/ Henty Community Club Henty Community Club Hanburgers, Steak Sandwiches etc 6.30pm Blue Room	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Red Cross 2pm Community Centre	Greater Hume Child- care-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Playgroup River- life Church 10-12	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty/Culcairn Probus Club 10am at Henty Henty Lions Club meet- ing 7.00pm DCA Hotel Hume League Vote Count	Greater Hume Child- care-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Service NSW. GHC / 11 to 12 noon Culcairn Office Henty Myoora Knit- wits 1.30pm-3.00pm	Greater Hume Childcare- 8.30am to 5.00pm. Trinity Lutheran Hall CWA Meeting 2pm CWA Rooms Henty Community Club Fish and Chips Blue Room	Henty Community Club Birthday Dinners Roast night 6.30pm
15	16	17	18	19	20	21
Henty Buffalo Lodge Ipm. Angli- can Hall Henty Community Club Hamburgers, Steak Saudwiches etc 6.30pm Blue Room	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Red Cross 2pm Community Centre Henty Community Club Bistro Blue Room 6.30pm		HENTY FIELD DAYS Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Community Club Bistro Blue Room 6.30pm	HENTY FIELD DAYS Greater Hume Childcare- Henty 8.30am to 5.00pm. Trimity Lutheran Hall Henty Library Storytime 11am "Hats and Hair" Henty Myoora Knitwits 1.30pm-3.00pm Henty & District Lifestyle Centre Committee Meet- ing/7.30pm Henty Community Club Bistro Blue Room 6.30pm	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Carers' Group 1.30 pm - Community Centre Henty Community Club Fish and Chips Blue Room	Pleasant Hills Patchwork Group Pleasant Hills Hall 9.30 am to 3.30pm Henty Community Club Bistro Blue Room 6.30pm
22	23	24	25	26	27	28
Henty Community Club Hamburgers, Steak Sandwiches etc 6.30pm Blue Room	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall	Greater Hume Childcare- Henty 8.30km to 5.00pm Trinity Lutheran Hall Henty Playgroup Riverlife Church 10-12 WOMENS HEALTH Henty Active Arts/6.00 pm. St Pauls Lutheran School	Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hal Henty Peter Mac Group Greater Hume Council Meeting/Holbrook Henty Lions Club meeting 7.30pm (venue TBA)	Greater Hume Child- care-Henty 8.30an to 5.00pm. Trinity Lutheran Hall Service NSW. GHC / 11 to 12 noon Culcairn Office Henty Myoora Knitwits 1.30pm-3.00pm	END OF TERM 3 Greater Hume Child- care-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Community Club Fish and Chips Blue Room	Henty Community Club Bistro/Blue Room 6.30pm
29	30					
Henty Community Club Hamburgers, Steak Sandwiches etc 6.30pm Blue Room	START OF SCHOOL HOLIDAYS Greater Hume Childcare- Henty 8.30am to 5.00pm. Trinity Lutheran Hall HCDC/ Meets 6.30pm Henty Library					



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