

Headerlines

Henty Community News



ISSUE 53

June-July 2019

Hugh's Smart Fencer wins award

Congratulations to Henty's Hugh McKay, winner of the Australian Wool Innovation Award in the 2019 Science and Innovation Awards for his Smart Fencer invention. The award provided Hugh with a \$20,000 grant to build his prototype. These awards are a competitive grants program that provide funding, in several categories, for early career researchers, scientists and innovators aged 18-35 years that benefit Australia's rural industries.

Hugh's great grandfather, Hugh Victor McKay, invented the Sunshine Harvester in 1885 and it is wonderful to see the desire to innovate continues down the family tree.

Hugh's dislike for fencing on his family farm in Henty inspired him to develop an automatic fencing trailer. It's a project inspired by hours spent fencing on hot days.

"I always thought it was a



very slow, tedious process, moving back and forth up the fence a number of times" Hugh says. "It's probably my least favourite thing to do on the farm, especially in the middle of summer. A lot of effort goes into it and, at the end of the day, if you've done 200 metres, that's a good day's work."

Hugh studied product design and engineering at Swinburne University, and previously worked for Adshel in Melbourne. In need of a break, and with his parents glad of an extra pair of hands during the

drought, he returned to the family farm a year ago. But he couldn't help applying his product design background to the fencing trailer.

Using the Smart Fencer trailer begins with placing your phone or controller where you want the fence to start and end. The system calculates how many posts to load up, depending on post spacing, length and distance.

"Once you've got all your posts in the machine and your wire spinners set up, then you just drive to the beginning of the fence"

Hugh says. "It'll pull the fence posts out individually, bang them into the ground, tell you to go forward and build the fence as you drive along."

His Science and Innovation Award project will help Hugh develop a working prototype of his trailer and hopefully get it into production. He estimates that investing in a fencing trailer would pay off within a few years for an average farm, and greatly reduce the time and labour needed for fencing.

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Article contributions (word or publisher) and photos (jpg format) can be emailed to hentyheaderlines@hotmail.com or dropped into Greater Hume Shires Henty Customer Service Centre/Library.

Deadline for the next edition is 15th July 2019

Editorial Details

Headerlines is a not-for-profit community newsletter published bi-monthly.

The editorial team reserves the right not to publish any article or to modify submissions to suit the style and objectives of the newsletter.



Greater Hume Council

New heights for former police officer

The five-minute speaker for the April Probus meeting was Alan Wilson, whose fascinating life story began in Westernport Bay. He was auditor-general for 11 years until 1974, when he opened the first 7-Eleven store in Australia. His career move killed family life so in 1995 he bailed out, leaving behind a house, subsidised children's education and a \$120,000 package.

Unemployment led to a job offer at a Salvation Army nursing home at \$16,000 a year. In 2000 he became a registered nurse and was eventually appointed to remote services at Tennant Creek. After a sudden move by the resident doctor, Alan was given a "mud map" with the instructions, "You've got this area," (36,000 square miles.) He stayed 12 years and

kept his kit in the back of a Landcruiser.

Guest speaker was Beth Docksey, a retired police officer, commander, superintendent and commissioner of the NSW Police Force, completing 34½ years service. She spoke on her "Trek to Mount Kilimanjaro."

At 5895 metres above sea level, this North Tanzanian mountain is the highest peak in Africa and the highest free standing mountain in the world.

It takes four to eight days to ascend and descend, but the larger climb helped with altitude sickness. With temperatures ranging from -7 to +8 degrees with a wind chill factor and snow on the ground, the team of nine wore thermal underwear with warm jackets and carried many medicines, including Hydrolite.

A crew of 33 (27 porters, waiters, cook and guides) carried all equipment so that the team had only a day pack and three litres of water.

The final six-hour climb was at night until they finally summited at 8.00am, just after sunrise. Various countries flags were left on top where glaciers and lunar landscapes abounded. A rapid descent began with a two-hour slide over rocks during the 1500 metre decline.

The total distance walked was 63 kilometres. Food in the first three days was a little bit of meat, then vegetable and many potatoes. In the mornings porridge was served. Toilets were on the edge of cliffs, no showers, recycling of clothes and the tremendous support of one another were leading factors of this wonderful and successful trek.

100 gather for convention

Approximately 100 women were welcomed to the 53rd Annual Convention of Lutheran Women of NSW by President Mrs Charmaine Lieschke. The convention was held at St Paul's Lutheran Church, Henty recently.

Member for Albury, Dr Justin Clancy, welcomed visitors from Dubbo, Sydney and coastal regions as well as the local Guilds.

The theme, "The Light Keepers", Matthew 5:16 continued throughout the day with songs and short stories. The verse from Matthew was depicted on the banner and also on the cover of each programme which was designed and made by Dulcie Knobel.

Reports were given con-

cerning projects in Australia and international aid given in Cambodia and Thailand; wherever the need arises. All of these projects are supported by the Henty ladies.

A major fundraiser for the Guild is the Lutheran Ladies Casserole Luncheon which is held in July each year.

Spot speaker, Yvonne Booth, enlightened visitors about the diversity of clubs and service organisations in which Henty and district residents are involved.

The Offering for the day was distributed between Lutheran World Service and Lutheran media.

Next year the Convention will be held

in Orange.



Roadside Firewood Collection

A permit is required from Greater Hume Council to collect fallen timber (firewood) from a public road.

The permit costs \$30 and is valid for 12 months from the date of purchase. You must be a Council resident and produce identification for a permit to be issued.

Permits are available from all Greater Hume Council offices.



Former preschooler comes back to help

During term one the preschool was excited to welcome Eliza Bahr as a volunteer at Henty Early Childhood Association. It was a special occasion as Eliza had attended the service as a preschooler. Eliza supported the educators and children to join Easter activities at Culcairn Public School, building the preschoolers familiarity with school environments in preparation for a successful transition to primary

motion. On arrival, they were greeted by the kindergarten teacher Mrs Leov, who welcomed us to a classroom for a story and craft activity. The children worked alongside the preschoolers from Culcairn Early Childhood Centre, providing opportunity to practice social interactions with new people.

In anticipation of the morning's activities we had made Easter hats during the preschool sessions,

experience that built social confidence. We ate our morning tea alongside the school children in their lunch area and explored the playground before boarding the bus for the return journey. The following day Eliza walked with a small group of children and an educator to Myoora as part of the friendship with Myoora program. Eliza assisted the children to wash their hands and join the Myoora residents for morning tea. The group then worked together to create felt and button badges for ANZAC day. It was lovely to have Eliza share these experiences in her role as a volunteer.

If you would like to find out more about volunteering with the preschool please feel welcome to call Abi on 6929 3472.

Paper Recycling

Just a reminder to the residents of Henty and District that the collection point for all clean newspapers, magazines and paper for recycling is at the Council Depot in Smith Street, Henty. Please ensure there is no cardboard, string or plastic accidentally included. Henty Lions are most grateful for your continued support. Money raised from this important recycling initiative goes towards funding local projects in the community and medical research into conditions such as cancer and diabetes. Other projects we support include depression, vision and hearing impairment, Youth programmes and the Lions National Disaster Fund. This is one way we can all contribute!



Eliza Bahr, Darby and Kolt Lauritzen enjoying Henty Preschool's visit to Culcairn Public School for Easter activities.

school. The adventure began with everyone boarding a bus and practising safe travel habits by putting on their seatbelts and remaining still while the bus was in

which we were invited to show the school children and community visitors by participating in a parade. Some fun music encouraged the children to move about in the crowd, which was an



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Plenty of class in artworks



Term 2 has begun at Henty Public School. School activity continued over the school holidays with class artwork being displayed at the Henty Art, Quilting and Photography Exhibition. Staff and students also proudly participated in the Henty community ANZAC march.

Also over the holidays two staff members got married and now Miss Watson has become Mrs Davis. Staff and students celebrated with them at the end of last term with a surprise mock wedding at our Easter hat parade. Congratulations Mr and Mrs Davis!



The school calendar is filling up quickly with many sporting, cultural and community events. Students are participating in tennis, bocce, netball and football knockout events and carnivals. They are also in cross country and athletics carnivals this term. Readers will be kept posted on results.

The students are excited to be able to participate in dance lessons at school each Tuesday at lunchtime. Miss Ross has started a dance troupe and the students have the opportunity to enjoy dance and learn some new routines. Debating and singing are also on the agenda to begin at lunchtimes very soon!

All classes have implemented a new app called SeeSaw as an innovative and modern way to communicate with parents and guardians. Student work,

proud moments, photos and videos of completed tasks as well as feedback from teachers are some of the things that are shared via the app. This is a great way to show families what students have been learning in class, how they were challenged and how they are growing as learners.

Please remember that all community members are invited to attend the fortnightly assemblies held in the school hall. Assemblies are a great way to hear about the achievements of our students as well as getting the opportunity to see a performance by one of our classes.

The dates for our assemblies for the remainder of this term are Wednesday June 12 and 26 beginning at 2.50pm.

Light Work

The Henty Camera Club meets on the first Thursday of the month at the CWA rooms. The competition topic for June is Insects and the workshop is Water Droplets. Slideshows for June are by Connie Ross and Di Male. For the month of July the topic is Heritage/ Vintage / Antique and the workshop is on Macro, Slideshows by Trevor Bull-

ock and Merran Palmer. Come along and enjoy an informative session and fellowship, everyone is welcome. Our field trip in May was to the Mundawadra Woolshed for some night photography. Members enjoyed photographing old implements and the building itself. Also as an inside exercise, members tried their hand at light painting and pixel-stick imagery. The evening commenced with a BBQ tea.

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Looking forward to looking back

At the recent Henty Branch CWA meeting, the years fell away as they turned back the clock to 1922 when the Country Women's Association was born. The ladies were dressed up to the hilt. They came in their best outfits, including the obligatory hats, gloves and shoes. It was a "fun" meeting time and there were photos taken for their albums. Back in 1987 hats, gloves and other accessories were still being worn to State Annual Conferences and gradually disappeared sometime after that.

The CWA State Committee is starting to organise

plans to celebrate 100 years of CWA. The Conference in 2022 will be a special one indeed. The venue for next year's conference will be Newcastle.

The recent Annual NSW State Conference this year was held in Albury and was well attended, with over 800 women present. Two members, delegates Margaret Singe and June Bahr, were able to be a part of this important event. June was successful, winning three prizes in the Open Section of the Porcelain Art Section and Margaret's granddaughter Annie also won an award in the Junior Section of the Art Competition.

Many issues were discussed, including the banning of misleading labelling whereby products derived from rice, soy and almonds, for example can no longer be called "milk." A similar motion concerning products marketed as meat which are a meat substitute was passed by delegates.

This year the country of study is Papua New Guinea. The Rock Branch hosted this year's Group International Day featuring Papua New Guinea and it was very successful with guest speakers, coloured slides and a great display of articles. Henty Branch will once again hold their own International function at the Community Centre in July, with guest speakers, a display of artefacts and afternoon tea for the clients of the Centre.

One animal and plant is chosen each year in the Australian Fauna and Flora project by the Agricultural and Environment Committee to encourage members to discover more about our native species. A "Foe" is also showcased to bring about an awareness of the pests having a negative impact on our land and waterways. Not surprisingly, Carp feature in

2019. The Koala was selected as the Fauna to research and appreciate this year and the Kurrajong tree in the Flora category.

Members are gearing up for the Henty Machinery Field Days in September. The branch looks forward to people coming to their corner of the Taylor Wood pavilion to say "hi"; maybe purchase a cup of coffee or tea and perhaps a slice or two. Or a pot plant next door.

Henty CWA ladies meet at their rooms in Lyne Street every second Friday of the month at 2pm, (except January). They have recently welcomed a new member. Maybe you would like to come along to one of the meetings and see what they do?



Shades of yesterday! Photo supplied by Lorri Roden.



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Tech Savvy Seniors

We're living in a digital age, but many older Australians are being left behind and lack the skills to take advantage of being connected. Telstra and the Government are partnering with Libraries to give older people, particularly those in New South Wales, Queensland and South Australia, the opportunity to develop skills and confidence to use technology.

Through our partnerships we are able to deliver free training to thousands of older Australians.

Take the opportunity to develop the skills and confidence to use technology for socialising, accessing important services or conduct-

ing personal business at your local library.

Book in at the Henty Library for the following Tech Savvy events:

- **Friday 7 June 11am – 12 noon** - Internet Part 2
- **Thursday 13 June 11am – 12 noon** - Email – Part 2
- **Friday 21 June 11am – 12 noon** - Online Shopping – Part 2

For bookings contact Henty Library 02 6036 0100.

Law Week Talk at the Henty Library

Henty Library will be hosting a talk by a local solicitor Tammy Holzheimer and soon to be qualified solicitor Laura Kane on Wednesday 3 July 2019. The hot topic for the presentation will be *Wills and Estates Challenges and Demystifying Aged Care*.

Following the presentation enjoy a lovely morning tea provided by the library.

- Venue: Henty Library
- Date: Wednesday 3 July 2019
- Time: 11am – 12 noon

For bookings and more information contact Susan Kane P: 02 6036 0100.

Wrap with Love at the Henty Library

Since 1992, in Australia and around the World the great work of many knitters has meant that more than 414,000 people are wrapped with love and warmth. This year the Henty and local district knitters for the Wrap with Love deserve a big congratulations as they will be celebrating more than 1000 wraps knitted since 2003.

Join the local knitters at the Henty Library on Wednesday 31 July to continue this great initiative providing needy families throughout the world who are suffering from severe cold or natural disaster with warm wraps.

Thank you in advance to everyone who will attend the Wrap with Love event at the Henty Library your contribution is truly appreciated.

Where: Henty Library

When: Wednesday 31 July 2019

Time: 10.30am – 11.30am

Cost: Free

FREE Home Library Delivery Service

If you're a person with a disability or an older person who experiences challenges getting to and from your local Culcairn or Henty Library, then the home library service is here to help you borrow books or other items.

Once you have joined either the Culcairn or Henty Libraries or are already an

existing member, contact a library staff member to discuss the types of books and/or other resources you wish to borrow. Staff will then deliver items directly to your home, free of charge. They will also collect items that need to be returned. Items available for public loan include:

- books
- audio books
- CDs
- magazines
- DVDs

To help you choose items, the library catalogue is available online. www.rrl.nsw.gov.au

Your library membership card will also provide you with online access to a range of online resources and information including eBooks, eAudios, Freegal Music, and Zinio Magazines.

Heart Foundation Presentation at the Henty Library

Where: Henty Library

When: Monday 17 June 2019

Time: 4-5pm

For over 60 years, the Heart Foundation has led the battle to save lives and improve the heart health of all Australians.

The Heart Foundation will be presenting at the Henty Library on Monday 17 June 19 from 4-5pm. The presentation will include the benefits of walking on a regular basis for both a healthy lifestyle as well as being a great social activity.

The presentation will also include practical guide on how to access the Heart Foundation Website and assistance will be provided with downloading the Heart Foundation App.

There will also be the

continued on page 7

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from page 6

opportunity to sign up for the Henty - Heart Foundation Walking Group. The group meets on a Wednesday morning at 6.30am. Come along and enjoy a brisk morning walk before you start your day.

To confirm your attendance or for further information please contact Susan on P: 02 6036 0100.

July School Holidays

Fun activities are available at each of the Greater Hume Council libraries during school holidays. All activities are fun, but parents must remain with children during these activities.

Activities are advertised approximately four weeks before school holidays commence and bookings are essential.

For more information, or to make a booking, please call the library hosting the activity you wish to attend on P: 02 6036 0100

Activity – Mary Poppins Returns—Movie

Where: Henty Library

When: Thursday 11 July 2019

Time: 10–12noon

Cost: \$2

Movie Club at the Greater Hume Libraries

The libraries of Greater Hume would like to start a movie club accessing movies from Kanopy a Riverina Regional Library subscribed platform. The movies would be held during a week day depending on preference every two months. Tea and coffee and something yummy to eat will be available. Cost \$2. Please contact Library & Youth Services Team Leader for further details P: 02 6036 0100

After School Study Club 2019

The After School Study Club recommenced in February 2019 at Greater Hume Council Libraries .

The After School Study Club (ASSC) aims to provide the following:

- To assist and support students from primary and high schools
- Provide access to modern technology and resources
- Provide a quiet and safe place to study away from home distractions

The After School Study Club is held at the Henty Library on Wednesdays from 4.00pm to 5.00pm

Afternoon tea is provided – Cost \$2.00 per session. Contact staff at the, Henty Library Tel: 0260360100.

Storytime Dates 2019

Storytime is held on every second Thursday of each month at the Henty Library from 11am – 12noon.

Activities include listening to stories, singing, dancing, craft, sensory games, making new friends and experiencing being part of a big-

ger group.

Also a great opportunity to take home a pile of excellent picture books to read with your preschoolers at bedtime or anytime!

continued on page 10



Henty Storytime 2019 - every second Friday excluding school holidays

| | |
|-------------------|--------------------------|
| 13 June 2019 | Happy Birthday |
| 27 June 2019 | Yawn and Snore |
| 25 July 2019 | Buzzy Bees |
| 8 August 2019 | Jump and jive |
| 22 August 2019 | Fire Engines |
| 5 September 2019 | Chook Chook |
| 19 September 2019 | Hats and Hair |
| 19 October 2019 | Grandparents |
| 31 October 2019 | Ducks |
| 14 November 2019 | Talking about big school |
| 28 November 2019 | Fruit Salad |
| 12 December 2019 | Christmas |

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Community Calendar June 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|--|
| 30 | | | | | | June 1 |
| | | | | | | <i>Murrumbidgee Health First Aid Course Henty Community Club/Bistro, Blue Room 6.30pm</i> |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| <i>Murrumbidgee Health First Aid Course Henty RSL/10.30am Meeting Room/ Henty Community Club Henty Community Club/Hamburgers/ Steak Sandwiches etc. 6.30pm/Blue Room</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Senior Citizens Meeting CWA Rooms 2pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Playgroup Riverlife Church 10am-12 noon</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Ladies Golf Tournament Service NSW. GHC / 11am to 12 noon Culcairn Office Henty Myoora Knitwits 1.30-3pm Camera Club/CWA Rooms/ 7.00pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall St. Paul's Ladies Guild Church Meeting Room 1.30pm Henty Community Club/Fish and Chips in paper Blue Room</i> | <i>Henty Community Club Birthday Diners Roast night 6.30pm</i> |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| <i>Henty Buffalo Lodge 1pm. Anglican Hall Henty Community Club/Hamburgers, Steak Sandwiches etc. 6.30pm/Blue Room</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Playgroup Riverlife Church 10am-12 noon</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty/Culcairn Probus Club 10am/ Henty Henty Lions Club meeting 7.00pm DCA Hotel</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Library Storytime Theme "Happy Birthday" 11am Henty Myoora Knitwits 1.30-3.00pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall CWA Meeting 2pm CWA Rooms Parmi's, Fish, Chips & Salad/ Henty Community Club</i> | <i>Pleasant Hills Patchwork Group Pleasant Hills Hall 9.30am to 3.30pm Ratbags Show Fish and Chips or Steak and Salad. Tea from 5.30pm</i> |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| <i>Henty Community Club/Hamburgers, Steak Sand/Hotdogs/ Snitz burgers/Ham Steaks/6.30pm/Blue Room</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Playgroup Riverlife Church 10am-12 noon</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall PWA Luncheon 12noon Community Civic Centre Henty Peter Mac Group Greater Hume Council Meeting/Culcairn</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Service NSW. GHC / 11am to 12 noon Culcairn Office Henty Myoora Knitwits 1.30-3.00pm Henty & District Lifestyle Centre Committee Meeting/7.30pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Carers Group 1.30 pm. Community Centre Henty Community Club/Fish and Chips in Paper Blue Room</i> | <i>Football Club Major Function Henty Community Club/Casseroles 6.30pm</i> |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| <i>Henty Community Club/Hamburgers/ Steak Sand/Hotdogs, Snitz burgers/Ham Steaks/ 6.30pm/Blue Room</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Hospital Auxiliary/ 3pm. Henty Hospital HCDC/ Meets 6.30pm Henty Library</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall WOMENS HEALTH Henty Playgroup Riverlife Church 10-12 Henty Active Arts/6.00pm St Paul's Lutheran School</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Lions Club meeting 7.30pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall Henty Library Storytime Theme "Yawn and Snore" 11am Henty Myoora Knitwits 1.30-3.00pm</i> | <i>Greater Hume Childcare-Henty 8.30am to 5.00pm. Trinity Lutheran Hall</i> | <i>Henty Community Club/Chinese 6.30pm</i> |



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Community Calendar July 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|--|
| | July 1 | 2 | 3 | 4 | 5 | 6 |
| | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Senior Citizens Meeting CWA Rooms 2pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Playgroup Riverlife Church 10-12</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Service NSW. GHC / 11 to 12 noon Culcairn Office</i> <i>Henty Library Storytime 11am "Sheep"</i> <i>Henty Myoorra Knitwits Camera Club/ CWA Rooms/ 7.00pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>St. Paul's Ladies Guild Church Meeting Room 1.30 pm</i> <i>Henty Community Club/Fish and Chips in paper Blue Room TERM 2 ENDS</i></p> | <p><i>Henty Community Club</i> <i>Bistro/Blue Room 6.30pm</i></p> |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| <p><i>Men's Golf Tournament</i> <i>Henty RSL/ 10.30am Meeting Room/ Henty Community Club</i> <i>Henty Community Club/Hamburgers, Steak Sandwiches etc. 6.30pm/Blue Room</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Red Cross Annual Meeting 2pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty/Culcairn Probuss Club 10am/ Henty</i></p> <p><i>Henty Lions Club meeting 7.00pm DCA Hotel</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Myoorra Knitwits 1.30-3.00pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>CWA Meeting 2pm CWA Rooms</i></p> <p><i>Henty Community Club/Fish and Chips in Paper Blue Room</i></p> | <p><i>Henty Community Club Birthday Dinners Roast night 6.30pm</i></p> |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| <p><i>Henty Buffalo Lodge 1pm. Anglican Hall</i> <i>Henty Community Club/Hamburgers, Steak Sandwiches etc. 6.30pm/Blue Room</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Red Cross 2pm Community Centre</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Peter Mac Group</i></p> <p><i>Greater Hume Shire Meeting/Hollbrook</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Service NSW. GHC / 11 to 12 noon Culcairn Office</i> <i>Henty Library Storytime 11am "Mummies are Amazing"</i> <i>Henty Myoorra Knitwits 1.30-3.00pm</i> <i>Henty & District Lifestyle Centre Committee Meeting/7.30pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Carers Group 1.30 pm. Community Centre</i> <i>Henty Community Club Fish & Chips in Paper/Blue Room</i></p> | <p><i>Pleasant Hills Patchwork Group Pleasant Hills Hall 9.30am to 3.30pm</i></p> <p><i>Henty Community Club Bistro/Blue Room 6.30pm</i></p> |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| <p><i>Henty Community Club/Hamburgers, Steak Sandwiches etc. 6.30pm/Blue Room</i></p> | <p>TERM 3 STARTS</p> <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Playgroup Riverlife Church 10-12</i> <i>Henty Active Arts/6.00 pm. St Pauls Lutheran School</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p>WOMENS HEALTH <i>Henty Lions Club meeting 7.30pm DCA Hotel</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Library Storytime</i> <i>Theme "Buzzy Bees" 11am</i> <i>Henty Myoorra Knitwits 1.30-3.00pm</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Community Centre Social Club 1pm</i> <i>Community Centre Fish & Chips in Paper/Blue Room/Raffle Night</i></p> | <p><i>Henty Community Club Chinese 6.30pm</i></p> |
| 28 | 29 | 30 | 31 | | | |
| <p><i>Henty Community Club/Hamburgers, Steak Sandwiches etc. 6.30pm/Blue Room</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>HCDC/ Meets 6.30pm Henty Library</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Henty Playgroup Riverlife Church 10-12</i></p> | <p><i>Greater Hume Childcare-Henty</i> 8.30am to 5.00pm. Trinity Lutheran Hall</p> <p><i>Knit-In Henty Library 10.30am-2.30pm</i> <i>Celebrating 1000 Quilts</i></p> | | | |

The College of St. Paul's

Whoever **you** are, whatever **your** story, **you're** welcome here with us.



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Youth Week/Heywire Festival

What an incredible night! Youth Week 2019 went off with a bang and what a way to celebrate the last day of term. The Festival of Possibilities was definitely our biggest Youth event yet with over 250 Youth in attendance from all over the Greater Hume and Lockhart Local Government Areas. The crowd amongst the beautifully decorated park made for a stunning view all afternoon and even into the night.

A massive thank you to all local businesses and speakers that came out for the afternoon. The youth learnt a lot from your stalls and talks and enjoyed being able to locate all the information about starting their own business, getting fit, and even finding out about

joining the bank all in the one spot. This was really what the festival was designed to do, bring all the possibilities and opportunities available in the Local Government Area into one spot to show the Youth just how incredible the Greater Hume and their communities are. We hope that you all got as much out of the night as the Youth did.

The music festival kept Henty rocking well into the night as our amazing acts kept us very entertained by their skills on stage. The food went down a treat, from our locally sourced slider burgers to our freshly cooked pancakes. There was enough food to keep the entire town happy. Our guest speaker Brett Murray inspired our Youth to go out into their community and conquer! He talked about how to grab every oppor-

tunity available and how to create your own opportunities right here in your home town—brilliant words Brett!

Another massive thank you to the Riverlife Church for partnering with us for this event. All your help, your time and your enthusiasm made for an incredible experience for us all. Thank you!

Proudly supported by



SportsAbility Day

On Monday 3 June Billa-bong High and St Paul's College students are very excited to participate in the SportsAbility Day to be held at the Culcairn Sports

Ground. The Greater Hume Council has partnered with Intereach Ability Links to provide an opportunity for students of all abilities to participate in many different sports that perhaps they haven't had the opportunity to try. The sports that the participants will be able to try out include Netball, Soccer, Cricket, Wheelchair Tennis, NRL, and Blind Cricket. All these sports will be supervised and run by professionals so plenty of opportunities for learning and playing experience for the students on the day – some future athletes might even be created! This day is designed to allow for the possibility for everyone to have a go at every sport in the most enjoyable way possible while learning something new and being coached by some

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or email
trish.robinson@upamurray.
org.au*

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of the best in their sports. We hope the students will enjoy the day and discover and develop a love for sports and being active regardless of ability.

July School Holidays

These July school holidays we are going out of our Local Government Area and into the lovely town of Junee. Here we will be treating all of our senses at the amazing Chocolate and Licorice Factory. Discover how some of your favourite treats are made and perhaps even try your hand at making them yourself! Giant Freckle anyone?

After we have eaten our way out of the factory, we will have some cold shivers at the Monte Christo Homestead, and they won't be from the cold air outside! Experience a tour of the house and its surrounds and hear the amazing stories of the early years in Junee and the spine-chilling stories of the infamous house.

Keep a look out for all the posters about our school holiday program for more details! We hope to see you there.

Senior Youth Committee

We are searching for energetic and community mind-

ed 18 – 25 years olds to join our Senior Youth Advisory Committee! This committee will meet once a month at 6.00pm at the Henty Library to discuss issues and projects surrounding your age group within the Greater Hume. This Committee

- has the opportunity to influence decisions made by council that affect young people;
- organises and participates in youth activities and events such as youth week;
- contributes to important community development projects affecting young people; and
- informs Council on issues that are important to young people.

We will have an information session on Wednesday 29 May at 6.00pm for any one interested in joining the committee.

Instagram — For all those on Instagram make sure you follow the GHC_YAC page for all the information on our events and programs. Catch a glimpse of the behind the scenes and learn all the details of our projects!

Residents enjoy Virtual Reality

Friday 24 May Library Staff, Susan and Emily visited the lovely ladies at Myoora with our Virtual Reality PlayStation for the morning. They sat down for a quick explanation of the headset and they were eager to jump on and experience the world of VR.

Susan and Emily took the ladies for a quick holiday to Japan to visit the beautiful beaches and the lake surrounding Mt Fuji. As soon

as they popped the headset on they raised their feet as to not let them get wet as the water crashed in front of them – a sign that the VR experience was working well! The smiles under their headsets were incredible to see as they looked around Japan, seeing the sights in real time. Listening to the laughter and the comments like 'I want to take my shoes off for the water' and 'If I could just jump in' and watching

them reach for the water or pretend to swim out into the ocean really made the morning special. There were happy tears and plenty of fun as they connected with their inner adventurous spirit from the comfort of their chair.

It was beautiful for all to see the ladies experience something so different and to watch as they all got up and jumped right into the game. It was a big thing for these ladies to travel to Japan for the first time, experience the serenity of the beaches and then have to give up the headset for someone else – if they could've stayed on it all morning they would have!

Susan and Emily hope the ladies enjoyed it as much as they did and if any other organisations would like to have a virtual reality experience please call the Henty Library on 02 6036 0179.



Resident Bea reaching out to experience technology.

ing of these rooms sucking out the heat. During winter use them frugally and make sure to switch them off when you're done.

Dress Warmly!

It sounds straightforward, but *often it's easier to warm yourself* rather than your

whole house. A warm pair of ugg boots and a snug jumper could save you hundreds in heating and energy bills!



Keep warm this winter

Close off unused rooms

Rather than trying to contain heat throughout your entire home, shut the doors. This will keep heat in the rooms which are most in use.

Use a draught snake or plastic draught stopper

To ensure cold air doesn't seep into the rooms you're trying to keep warm.

Use thick curtains

Switching to heavy curtains will help protect your

interiors from losing heat through your windows.

Let the light in

During the day open up your curtains and let sunlight inside. Close your curtains as soon as the sun begins to set to retain the heat you've brought in during the day.

Turn off your bathroom fan

Exhaust fans in your bathroom and kitchen pull the rising hot air from the ceil-

Henty fashion awards celebrate beauty of natural fibres

Rural and urban fashion designers and milliners are invited to showcase their talent in this year's 16th annual Henty Natural Fibre Fashion Awards.

Boasting prizes valued at around \$5000, the fashion awards have grown into a prestigious event attracting high profile designers, with the 2019 entries to be paraded in the Country Lifestyle marquee at the Henty Machinery Field Days on September 17-19 at 1pm each day.

Awards convenor Lyn Jacobsen said the Natural Fibre Fashion Awards grew from the demise of Wagga Wagga's Golden Gown.

"Since the field days are located within a major wool and fibre producing region, it was important an event be carried on to encourage designers to showcase their creativity using the fibres allowed," Mrs Jacobsen said.

"This competition is free and open to all designers, but the fabric in the garment must be at least 70 per cent natural fibre, which can be wool, cotton, alpaca, silk, linen or combinations.

"Garments are judged on visual appeal, creativity and innovation." Mrs Ja-

cobsen said interest in the awards had already been received this year.

"Early interest from regional TAFE students has been strong for this year's encouragement award," she said.

To be announced on the final day, the winner of the supreme garment made with natural fibres will receive \$1000 in prize money plus a Bernina 325 sewing machine valued at \$1499, courtesy of Bernina Australia and Sew Fab, Narrandera. The winners of the best knitted or crocheted garment, millinery and accessory will receive \$500 each.

Bernina Australia and Sew Fab are donating a Bernina L450 overlocker valued at \$999 as an encouragement award for the best garment by a student designer.

"Designers may supply their own models, however, we do have Year 10 students from Billabong High School who are given modelling tuition leading up to this event," Mrs Jacobsen said.

People interested in entering the awards can contact Lyn Jacobsen on 0428 690 222, email natural-fibre@hmfed.com.au or phone the HMFED office on (02) 6929 3305.



Winning entries in the 2018 Henty Natural Fibre Fashion Awards modelled by Shalayla Wheeler, Holbrook, Claudia Grogan, Morven, Sarah Brennan, Henty, Tamara Stewart, The Rock and April Kennedy, Yerong Creek

Reminder — electric blanket safety checks

- Regularly inspect your blankets for wear or damage.
- Look for scorch marks, kinks, creases or lumpiness which may indicate a problem.
- Check for damage where the cord attaches to the controller and the blanket, and check the switch for cracking, discolouration, heat marks or other damage.
- If you find any signs of damage, have the blanket checked by the manufacturer.
- Always test your electric blankets at the start of winter when you take them out of storage.
- If an electric blanket is more than five years old, have it checked by the manufacturer.
- Turn the electric blanket off when you get into bed. Do not leave it turned on overnight.



Jindera Multi-Purpose Hall

Council is proposing to develop the Jindera Multi-Purpose Hall to provide Jindera and surrounding residents with a modern public facility suitable for indoor sports and catering for community functions with disabled access throughout. The project is potentially a key future development at the Jindera Recreation Reserve.

Funding for the project (estimated at \$3.74M) is yet to be sourced.

Council values feedback and suggestions and has prepared a community engagement guide to inform the community about the proposed project.

The guide and plans of the multi-purpose hall can be viewed at the Jindera Community Hub, or via Council's website greaterhume.nsw.gov.au. A copy of the guide is included in the May issue of Jindera Community Newsletter.

Council welcomes feedback about the proposed project. Residents can comment via the Have Your Say page on Council's website or by completing a feedback form available at Jindera Community Hub.

Comments and feedback will be received until 1 July 2019. For enquiries and further information contact Colin Kane, Director Environment & Planning T: (02) 6036 0100.



Gallery marks first birthday

Celebrations for the first birthday of the Henty Creative Gallery took place on a Sunday afternoon recently with lots of discussion, congratulations, nibbles and punch. Paper invitations and email methods were used to invite visitors who had a great time viewing

all the exhibits. The birthday cake, made by Peta Bullock, was cut by Stephanie Hanckel and Bernard Clarke.

Thanks to Stefan Link for donating a refrigerator to the gallery.

The new Bendigo Commu-

nity Bank sign will soon be organised on the highway for advertising. Suggestions for ideas for themed windows will be welcomed and creative local stories are still needed for the book.

Tim Taylor has begun First Tuesday Workshops at the Lifestyle Centre for working on any type of painting or craft. All are welcome.

The gallery needs more Facebook followers so sharing your comments will reach a wider community with tagging people being more helpful as well. Thirty new exhibition panels have been donated by the Bendigo Community Bank. Many, many thanks to the bank for this generous donation.

Committee unleashed

Neil Meyer, president of the Henty Community Development Committee, led an action packed meeting with several main points for discussion.

1. A survey will be distributed about an off-leash area in South Street for walking animals.
2. The Bendigo Bank will soon announce the arrival of an advertising sign for Railway Parade.
3. A clean-up south of the railway yard for caravan and truck parking, toilets and rest rooms was discussed – details along with welcome packs for new residents.
4. The town Facebook page is having last minute additions.
5. The committee is looking for a town logo for stationery, etc. and to that end, is holding a competition. This is for both chil-

dren and adults – your prize is the honour of having your design chosen and used by everyone.

6. A retailers' meeting was held to discuss what we wish to achieve in the business section of our community. Another meeting will follow to "Work on Your Business."
7. To facilitate better communications between sporting and social organisations, a meeting will be held to discuss grants and to better identify needs in the community. If this is found beneficial it is thought two meetings a year would be probable.



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August: Avoiding knee replacement

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September: Posture and core strength

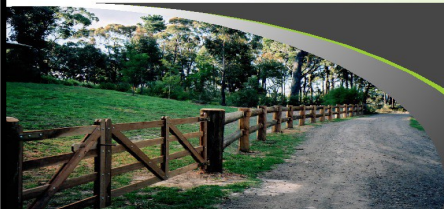
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Young legs stretched

Autumn is the perfect time for X-Country.

On a beautiful autumn day, the very last day of school for Term 1, St Paul's School "ran" the annual Inter-house X-Country. All students complete regular training sessions for the three weeks leading up to the X-Country, running around the school block.

The 11, 12 and 13 year olds train for a 3km event, 8, 9 and 10 year olds 2km and the 5, 6 and 7 year olds a 1km event.

After the three weeks of training, their day to show how well they had trained arrived. On April 12 students donned their house colours, wigs and face paint; red for Munda-

waddra and green for Buck-ingingah and stretched their legs. All events start by the school oval which then stretches out to include the dirt tracks that border the town common and finally back on to the school oval for the finish line.

finally the littlies and their 1km track. There were some amazing times recorded and an awesome display of service towards others. This was shown when nearly all of the year 5 and 6 students raced with the 5-6 and 7 year olds as their buddies, encouraging them



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8.30-12.30 Monday

This year, we were lucky to have a small group of St Paul's College students arrive early to help mark the track and then they set up an Easter egg hunt to surprise the students before the races even began. These College students, as well as friends from Billabong and school parents then volunteered to stand on checkpoints and timekeep to keep our carnival running smoothly.

We start each X-Country with the oldest students running the 3km track, then the 2km event and

pushing them on and ensuring they kept to the track.

Finally we finished up the day with a healthy barbecue, cooked up by our volunteers, and some socialising before the much awaited results were tallied.

This year Mundawaddra came out victors on the day in a tight competition.

Congratulations must go to all the children who displayed a commitment to train and then run the event. This effort was rewarded with an invitation

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to compete at Riverina Sports Association level. Here, the students compete against schools from Wagga Wagga through to Albury. A squad of 13 students accepted this invitation and raced on a much colder autumn day. Three of these students were placed in the top ten and await an invitation to the State competition.

Start of the flu season

With the official start of the winter flu season, NSW Health is urging people to get their flu jab as soon as possible to protect themselves against the potentially deadly infection.

NSW Health's Director of Communicable Diseases, Dr Vicky Sheppard, said flu vaccines are now available at GPs, Aboriginal

Medical Services, and for children, at most council and community health services that routinely provide childhood vaccination services.

"Vaccination is your best protection against the flu, so we encourage everyone who can to get vaccinated as soon as possible," Dr Sheppard said.

"We've seen abnormally high numbers of reported flu cases across Australia over the warmer months leading into winter, so we are urging people to act now and get vaccinated.

"It's important to act now because it takes about two weeks for the vaccine to become fully effective, and children under nine years of age having the shot for the first time require two doses, one month apart."

The first of the 2019 weekly *Influenza Surveillance*

Reports shows that the flu season has commenced early in the year, with 856 confirmed flu cases for the week ending 12 May, higher than the 812 notifications in the previous week.

"There are plentiful supplies of influenza vaccine and we urge parents of children under five years of age and others vulnerable to influenza to visit their GP as soon as possible," she said.

The NSW Government is spending a record \$22.75 million on state-wide immunisation programs which will assist with flu prevention this season. This includes \$2.6 million for free flu shots to children up to five years of age and a \$1.5 million immunisation and influenza awareness campaign.

The NSW Government has invested approximately

\$130 million in the 2018-19 Immunisation Program budget, including Commonwealth and state vaccines.

Flu shots are also free under the National Immunisation Program, for pregnant women, people over 65 years of age, Aboriginal people and those with medical conditions such as asthma, diabetes and heart problems.

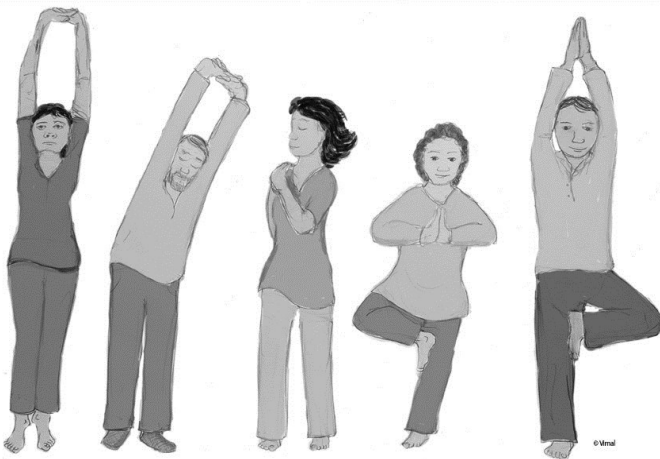
Vaccination is the best protection against the flu, but the following steps also help prevent the spread of influenza:

- Cough and sneeze into your elbow;
- Clean your hands;
- Stay home when sick.

"We urge everyone to get the flu jab to build immunity in the community and beat the flu bug this winter – it could save your life," Dr Sheppard said.

Henty Yoga

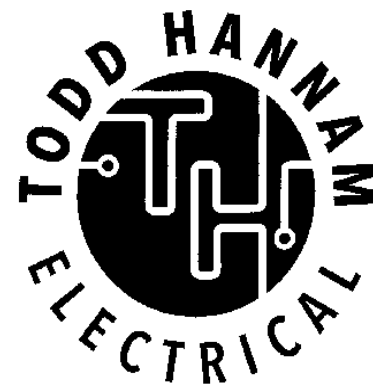
Healthy Living



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