

Headerlines

Henty Community News



ISSUE 73

April/May 2022

From milk to cream of the community

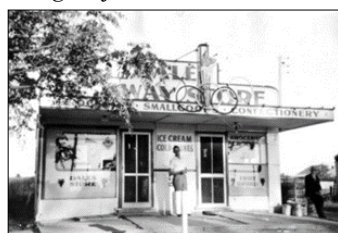
Leslie Kelvyn Dale, 'Les', was born at Culcairn, the fourth of five sons of Fred and Esther Dale, nee Geisler. Fred worked for Culcairn council as a grader operator and they lived at Cookardinia, before moving to property three miles from Henty on the Culcairn Road.



Les started school at Henty, but in 1940 the family moved to the Kiewa Valley as share dairy farmers and Les completed his education there. All the boys learnt a musical instrument and together with their father Fred, an accomplished and popular musician, they formed the Dale Band, Les playing accordion and piano. After school he earned his first 35 pounds rabbiting, then worked on a dairy for his brother Horrie.

The family moved back to Henty when Fred bought

the milk vendoring business, milking the cows at their property and delivering the milk twice daily by horse and cart. In 1952 Les bought the milk business. He realised there was no other milk for sale in the town and it was a three-mile trip out to the farm to get milk if required. So, at the age of 19, with no building experience and little money, he bought a block of land, and built a 4m x 4m "box" and opened Dales Hyway Store in December 1953. He extended it, and the range kept increasing from milk products, groceries soon appeared, then a sporting goods franchise, MBF/HCF agency. Hard to realise in this era of 24-hour trading, that back then groceries couldn't be sold after 5.30pm weekdays and after 12 noon on Saturdays, but Les had sliding doors in front of the goods that he could get behind to help people out. During this early phase, Les earned extra money by playing in his dance band. They were long days.



Les met Mary Fisher from Barnawartha, and they married on January 24,

1959. Mary worked beside Les all their married life, and their children Narelle (1959), Ken (1963) and Phillip (1972) were brought up in the shops. Narelle and Ken later joined them in the business and now Jason Morey makes the third generation.



In 1960 a car crashed into the side of the Hyway store. This led to Les and Mary expanding and opening a grocery, hardware and liquor supermarket in the main street. Over the years this developed into

multiple shop fronts as the range increased, now with a large range of products available for a town the size of Henty. He sold the Hyway Store to his brother Edward in 1973. In 2020, Les and family celebrated 60 years since moving into the main street, and 2023 will be 70 years since he started the Hyway Store.

Les had been in many organisations in Henty including the Swimming Pool Club, Tennis Association secretary, Jaycees charter member, charter member Henty Camera Club, president of the 1986 Henty Centenary Committee, Henty Probus Club and Henty Hall Committee president. Rotary was a major part of Les' life, from being a charter member until its closure 59 years later.

Les had a strong work ethic. Even after the shops closed and on weekends, Les and Mary were available to customers and got them out of trouble.

continued on page 2



ABN
58035317991

*Renovations * Extensions
*Verandahs /Decks * Sheds *Concreting
*Pergolas * Garages * Insurance work

* All your carpentry needs

Phone: Peter - 0427 296459

Tim - 0429 999600

Advertising Rates

2022

Advertising Rates per edition

Full page	\$150.00
1/2 page	\$80.00
1/4 page	\$55.00
1/8 page	\$40.00
1/16 page	\$20.00

Consecutive Advertisement

**5 ads
for the price of 4**

Article contributions (word or publisher) and photos (jpg format) can be emailed to hentyheaderlines@hotmail.com or dropped into Greater Hume Council Henty Customer Service Centre/Library.

Deadline for the next edition is 15th May 2022

Editorial Details

Headerlines is a not-for-profit community newsletter published bi-monthly.

The editorial team reserves the right not to publish any article or to modify submissions to suit the style and objectives of the newsletter.



from page 1

Over the years Les collected a wide range of items, and these are displayed in his "Cellar Museum". There are currently plans underway to build a purpose-built home for these treasures.



Les was diagnosed with multiple myeloma in 2016. Sadly, he lost his beloved wife Mary to cancer in 2018. He continued working in his hardware store, until late last year when cancer treatment and COVID-19 prevented it. During this time he also wrote much of his memoirs. He passed away on Sunday January 23, and is now reunited with his wife Mary.

Les will be remembered for his knowledge and stories of Henty and its people, and his promotion of Henty. It is hard to condense a life well lived to one page.

ANZAC Day 2022

Monday, April 25

- 10am - Marchers gather at Ivor Street between Sladen and Lyne Streets
- 10.30am - ANZAC Day march to Henty Memorial Park
- 11.00am - Service and wreath laying at the Cenotaph

Contact: Louisa Heycox,
E: bandlheycox@gmail.com

Museum momentum

The Henty Community Heritage Museum Committee met at the Men's Shed on Tuesday March 8 to discuss building options for the museum and possible alternative sites. It follows growing enthusiasm in the project with Greater Hume Council input and requests to donate larger exhibits to add to the existing core of future exhibits already being catalogued.

Discussions also included ways to involve the community as a whole, and how to achieve cross-promotion of other local venues and activities that could be of interest to both visitors and community patrons, such as the Information Centre and Craft

Shop, the Headie Taylor Header Museum, the Henty Creative Gallery and the Henty Machinery Field Days and others.

The committee is moving forward with confidence, with plenty of research and sub-committee activity programmed to gather information and present the related findings to the next meeting planned for Monday, May 16 at 7pm, at the Henty Library.



Henty Physiotherapy and Sports Injury Clinic

Open Thursdays. 9am until 3.30pm
Early morning appts available.
Opposite library in Henty

All muscle, joint and ligament injuries treated.
Evidence based. Results focused.



No Referral necessary

Over 20
years
experience
as a Physio

Physiotherapist - Claire Lawson.
Bachelor Applied Science (Physiotherapy)
Masters Clinical Rehabilitation.
Certificate in Health Coaching.

Ph 0424721648

Email: treechangetherapist@gmail.com



We encourage you to reach out to us if you are:

1. interested in becoming a donor
2. interested in becoming a volunteer
3. considering a career in respite care
4. intending on or considering accessing care at Avondale Place

www.avondaleplace.com.au

hello@avondaleplace.com.au

Mick Broughan T: 0447 293 286

Mary Liston T: 0428 293 493

Ben Hooper T: 0431 419 729

FOR CARERS & THOSE IN NEED OF CARE

The service provider will work to design the care that best meets individual needs. This will allow those in need of care and carers to avail of respite.

Qualified and caring staff will ensure the facility caters for a diverse range of needs.

Care will be offered from short-term, such as day to day as regularly as regularly as required, through to longer-term care for when regular carers need a break.

Accommodate options will include full time care for short term respite in Avondale Place and 4 independent assisted living units offering longer term options.

FOR THOSE SEEKING EMPLOYMENT

Avondale Place is ready and willing to provide guidance and hands on training to those who are genuinely seeking a variety of employment opportunities.

ARE YOU INTERESTED IN VOLUNTEERING?

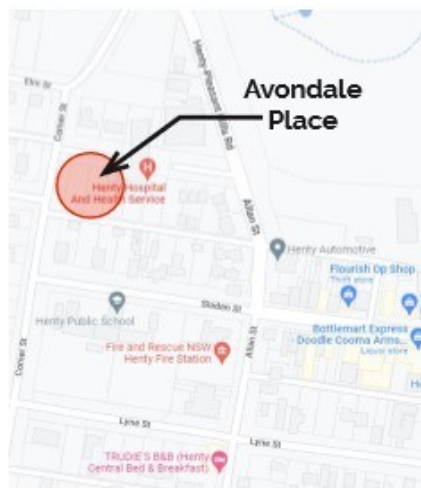
Avondale Place is a community project and facility. There will be plenty of opportunity for community members to make a meaningful contribution and assist with those accessing respite.

APPROVED PLANS



A community funded, purpose built homestead and 4 independent assisted living unit.

CENTRAL LOCATION



A serious project requires serious support!



75% CURRENT FUNDING

25% FUNDING REQUIRED

An additional 25% [\$400,000 approx.] will be required to complete the project. We are hopeful that these funds can be raised within the community.

HOW DO I DONATE

Call in to the Henty Bendigo Bank

or

Direct Deposit

Acc name: Henty Respite Ltd

BSB: 633 000

Acc No: 186 764 304

or

Visit

www.avondaleplace.com.au

All donations are tax deductible.

Library News

Women's Week Celebrations at Henty Library

NSW Women's Week was celebrated on Tuesday 8 March 22 with a presentation by Kayla Muller on fitness and healthy eating followed by a chance to check out the Regen Gym. The event was an opportunity from women in Henty to come together to support one another, share information and celebrate women's achievements. The lucky winner of the door prize won a free one hour PT session with Kayla. Thank you everyone who attended this special day of the year celebrating women.

Celebrate Festival of Seniors Week across Greater Hume Council

The NSW Seniors Festival has been running successfully for more than 60 years and is a great way to promote inclusion and encourage older people to get involved in health, art, music, technology and physical activity.

Running from 25 March to 3 April 2022, the 2022 NSW Seniors Festival is aimed at delivering world-quality entertainment and engaging activities for people over 60, in COVID safe settings.



Celebrating Women's Week with a presentation by Kayla Muller at Regen Gym

Greater Hume Council has been successful in receiving funding of \$9975.00 from Murrumbidgee Primary Health Network Bushfire Recovery Grant for the Festival of Seniors Week 2022. The project will be a series of educational, cultural and recreational events held across Greater Hume Council towns and villages. The events will be held in five locations during daytime and evenings to ensure inclusion for all and will be supported by local businesses and organisations.

Holbrook

Event: Pottery Sessions
Date: 19 and 25 March 2022

Time: 10.30am-12.30pm

Location: Holbrook Library

Complex

Free pottery sessions with teachers from the Wagga Wagga Potters Club. Learn to hand build with clay. Your finished work will be glazed and kiln fired. Bring your own water and snacks. A delicious coffee from one of Holbrook's cafes will be provided. Bookings essential. P: 02 6036 0100.

Henty

Event: Johnny Rockets Dancing

Date: Thursday 31 March 22

Time: 6pm – 8pm

Location: Henty Community Club

Start the evening with a Rock and Roll performance by Johnny Rockets dance troupe followed by learning to Rock and Roll in a fun, friendly and professional environment. Whatever your skill level. No charge to attend the event.

Supper provided.

Come along and learn from some of the nation's best.

Culcairn

Event: Johnny Rockets Dancing

Date: Thursday 7 April 22

Time: 6pm – 8pm

Location: Culcairn Bowling Club

Start the evening with a Rock and Roll performance by Johnny Rockets dance troupe followed by learning to Rock and Roll in a fun, friendly and professional environment. Whatever your skill level, come along and learn from some of the nation's best. No Charge to attend the event. Supper provided.

Jindera

Event: Seniors Festival: Celebrating being 50+ in years

Date: Friday 1st April 2022

Time: 10am – 2pm

Location: Jindera Pioneer Museum

Come along and enjoy a day of activities, a scrumptious morning tea and BBQ Lunch

Guest speakers include Katrina Brown Nutritionist

Intereach Community Services: Navigating home care packages

Deborah Atkins – Local Facilitator NSW GROW Welcoming Cities Research Project

Expo: Cupcake decorating, beeswax wraps, gentle exercises. Visit the working heritage machine shed and enjoy some engine tinkering

No charge to attend the event. In partnership with Rural Carelink and Jindera Museum

Walla Walla

Event: Festival of Seniors Week - Expo

Date: Friday 8 April 2022

Time: 10am – 2pm

Location: Walla Walla Sports and Recreation Ground. Activities planned will be presented by people in the local community and guest presenter at the new Sports Ground facility in Walla Walla. Activities will

continued on page 5



ORDER FRESH FLOWERS

My Floral Styling

Amanda Bahr ph: 0408825590

email: amanda@myfloralstyling.com.au

from page 4

include decorating display, Senior exercises, pictures of past events, demonstrations, tricks, town historical highlights, how to play cards, even some very early movie clippings. There will also be a presentation and cupcake decorating by Katrina Brown, Meals on Wheels and Intereach on navigating Age Care.

A light luncheon would be supplied at about midday. General socialising after 2pm.

There will be a lucky door prize from the Greater Hume Council.

All of the events are proudly funded by Murrumbidgee PHN Bush Fire Recovery Grants

Storytime at Greater Hume Council Libraries

Greater Hume Council Libraries offer a range of **Storytime** sessions to suit the various ages and needs of our younger community members and their families. Come along and enjoy stories, activities and craft. Have fun then borrowing from the wonderful selection of books and DVDs in our children section of the libraries. This year the aim of Storytime continues to be to develop children's literacy skills and socialization through listening to stories, reading together,

singing and finger plays, games, craft, writing, movement and learning to be part of the Story Time group.

Remember you can now borrow up to 30 items at a time and there are no longer any overdue fines.

Staff from all libraries are also using Facebook and Instagram to participate in AIIA's reading stories online. Each week the libraries upload a story for you to share with your children and grandchildren.

Henty Library

Storytime is held each month on a Friday at Henty Library from 11am - 12noon.

Friday 6 May 2022
Friday 3 June 2022
Friday 1 July 2022
Friday 5 August 2022
Friday 2 September 2022
Friday 7 October 2022
Friday 4 November 2022
Friday 2 December 2022

April School Holidays at Greater Hume Council Libraries

Greater Hume Council Libraries will be hosting face to face activities for children during school holidays at Henty, Culcairn, Jindera and Holbrook Libraries throughout April 2022 from Monday 11 April - Friday 22 April 2022. School holiday events are suitable for

children aged 5+ and include lots of fun activities. Follow the Library's Social Media pages to see what is on or contact your local library!

Holiday Program - Sock Bunnies



Dates

Tuesday 12th April 10-11am - Culcairn Library

Wednesday 13th April 10-11am - Jindera Library

Wednesday 13th April 10-11am - Holbrook Library

Thursday 14th April 10-11am - Henty Library

Cost \$4 per person

Bookings essential P: 0260360100

Youth Events in Greater Hume Council for April 2022 School Holidays

Free Skate/Scoot Workshops with Al's Skate School

Culcairn Skate Park

Monday 11 April 22 - 10am

- 12noon

Henty Skate Park

Monday 11 April 22 - 2pm - 4pm

Holbrook Skate Park

Thursday 14 April 22 - 10am - 12noon

Please contact Greater Hume Council P: 0260360100 for bookings or further information.

Waivers to be signed online: <https://www.smartwaiver.com/v/allskateco>

Library & Information Week - National Simultaneous Storytime

National Simultaneous Storytime (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Now in its 22nd successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning

continued on page 6

Colorbond

Galvanised

Zincalume

**HENTY
TIN MAN
NSW**

SHEET METAL FOLDING

Aluminium

Stainless Steel

Pattern Drafting

Ph. Emil Sorensen 0428 160 357

from page 5

areas of the National Curriculum for Foundation to Year 6.

This year NSS takes place on **Wednesday 25 May 2022 at 11:00am** and we would love it if you could join us at one of Greater Hume Council Libraries to listen to a story Family Tree and take part in some great activities and crafts. Follow the Greater Hume Council Social Media pages for more information about this event and much more

about what is happening throughout the year!

<https://www.facebook.com/HentyLibrary/>

<https://www.facebook.com/HolbrookLibrary/>

<https://www.facebook.com/JinderaLibrary/>

<https://www.facebook.com/CulcairnLibrary/>

Click and Collect and Home Delivery Service

Greater Hume Council Libraries are now opened,

however, Click & Collect and Home Delivery Services are still available. Please contact your town library to organize this amazing service. The Home Library Service is a free home delivery service for residents of the Greater Hume Council who are unable to visit one of the Greater Hume Libraries in person, by reason of age, sickness or other incapacity.

Please contact the library to request a Home Library Service application package

to be posted to you.

Staff will conduct a telephone interview to introduce you to the service. Books and other library materials will be selected according to your preferences, and delivered to your home on a fortnightly or monthly basis.



A bench for that conversation

There has been some community comment about a little green structure that popped up in the garden at the rear of the Henty Men's Shed.



Many have offered com-

ments about its purpose, some of which are unprintable, but in essence it is the seat at the end of the pathway where the course-of-life can be discussed.

Men's sheds are a place where fellas chew the fat, comment on the season or complain about all sorts of things, but is also a place where they build relationships as they share a task at hand.

“RUOK” or “Are You Okay?” is a question we are all being asked to raise, when we have concern about the pressure of life on friends or a family member. Men's sheds are also a good place to “get it off your



Lance Smith welding frame for “little green shed”.

chest”, but sometimes there is a crowd or too much noise in the shed for that conversation.

Uncle Toby's, the business that makes a range of breakfast cereals, has stepped up and offered the Australian Men's Shed Association some funding to help sheds build a conversation bench or deck to ease the process.

Sometimes a “very quiet spot” is needed for THAT conversation, which may ease the pressure, give a sense of direction or even lift the load off bended shoulders.

The “little green shed” at

the bottom of the garden at the Henty Men's Shed is becoming just that spot.

New member, Lance Smith, demonstrated very professional welding skills to build the frame, whilst President Neil Meyer is handling the cladding, which was supplied by Don Schmidt.

Some Sweetwater residents have offered names for the structure, but some have decided to wait for Emil Sorensen's creation to go on top before they make their suggestions.

Stein plumbing co.

0434 107 143

DOMESTIC & COMMERCIAL PLUMBING & GAS FITTING

Justices of the Peace

Should you require a Justice of the Peace (JP) the NSW Communities and Justice Department has an online register of current JPs in New South Wales (<http://www.jp.nsw.gov.au/Pages/justices-of-the-peace/jp-public-register.aspx>).

Tips for contact with JPs on the register

Ensure that a NSW JP is authorised to witness your documents.

- Contact JPs at a reasonable time (between 8am and 6pm). Ask the JP when and where they are available to provide

JP services.

- Advise the JP in advance if you have a large amount of documents for witnessing or certifying (you may have to make an appointment).
- Have all your paperwork ready for the JP, ensuring that your documents are not pre-signed.
- Have identification documents ready for the JP if necessary.
- Be mindful that JPs do not provide legal advice.

Below is a current list of Justices of the Peace in Henty and Pleasant Hills (as at 16 March 2022).

Justices of the Peace		
Name	Contact No.	Location
John Ross	0429 991 788	Henty
Frances Fifield	0428 293 734	Henty
Richard Hendrie	0427 050 584	Henty
Rachael Debritt	0408 534 734	Henty
Naomi Toogood	0407 979 428	Henty
Heather Barrett	0402 063 093	Henty
Catherine Terlich	02 6929 6429	Pleasant Hills
Felicity Klemke	02 6929 6115	Henty
Lynne Forck	02 6929 3952	Henty
Colin Scheuner	02 6023 1557	Pleasant Hills
Jennifer Zweck	02 6929 3010	Henty

Service NSW — Mobile Service Centre

Service NSW is returning to **Henty on Wednesday 27th April 2022** in our Mobile Service Centre.

A friendly reminder that our dedicated Service NSW team on board can provide support across a broad range of services:

- Roads & Maritime Services (including licence and registration renewals and applications).
- Processing of NSW Fitness to Drive Medical Assessments and Mobility Parking Applications.
- Processing of RSA and RCG cards.
- Undertaking Driver Knowledge Tests.
- Births, Deaths and Marriages (including birth,

marriage, death and change of name certificates).

- Application and Renewal of Working with Children Checks on behalf of Office of Children's Guardian.

Our Mobile Service Centre is a cashless facility and will accept payment by credit/debit cards or cheques.

If you require any further information on our service locations or opening hours, visit service.nsw.gov.au/msc, contact us on 13 77 88 or reply all to this email.



Winter safety tips

- Never use your gas oven or stove as a room heater.
- Use just one appliance per power point and switch them off when you're not using them. Heaters consume a lot of power and may overload the supply, which can cause a fire.
- Never leave burning candles or any open flame unattended.
- Store matches and lighters in a safe place, out of reach of young children.
- Always keep children away from open heat sources such as fireplaces and gas stoves, and remember that even clothing with a 'low fire danger' label can still catch fire.

For everything in Electrical:-

Installations, Repairs, Hot Water, Sheds, Houses, Undergrounds, Farm & Town.

Call
Brenton Meyer
0402 352 253



Licensed Electrical Contractor
No. 44802c

School to keep you on your toes

Lily Bones Gonscak grew up in Albury Wodonga and for seven years attended the Julie Glinski School of Dance that is now Projection Dance.



In April 2021, after her last performance at the Wodonga Cube she decided to buy a house with her young family and return to the Riverina. "My career started with The Guangzhou Ballet in China,

aged 18, dancing the classic Swan Lake".

In Australia Lily was a member of The Queensland Ballet and internationally, the Royal New Zealand Ballet, Ballet David Campos as a Soloist in Barcelona, Spain, and Ballet Jorgen Canada in Toronto.

Lily met her husband while dancing in the Slovak National theatre, Bratislava. They married and then returned to Australia to have their daughter; coming home after 18 years dancing abroad.

Lily has performed in 'all' of the classical repertoire, with principal roles in The Nutcracker and The Sleeping Beauty.

Lily says she loves teaching all styles of dance and hopes to see you at her new dance school at the School of Arts

Hall in Henty where she will offer pilates, massage, bodywork and: www.mindfulmovementspace.com. Movement is for everyone.

To know more about what Lily has to offer, find her on Facebook or at [@thrivingdancecareers](https://www.facebook.com/thrivingdancecareers).

Flinders' warmth

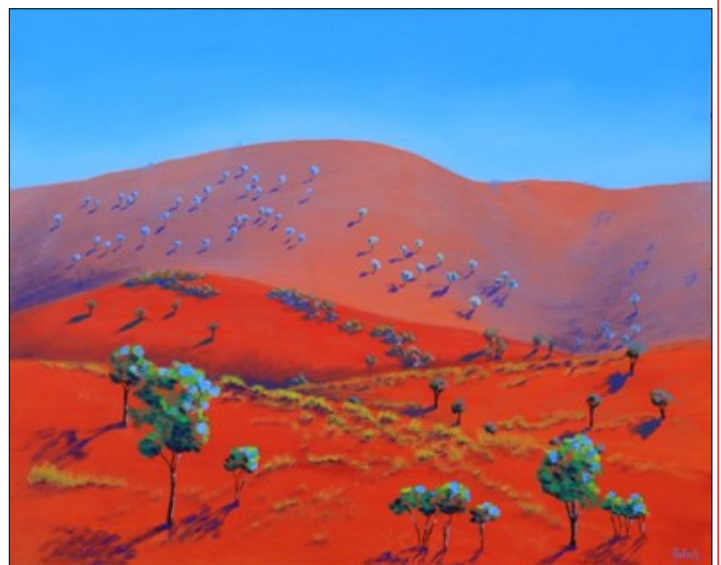
We continue in this edition with another contribution by local artist, Gwen Bullcock.

Flinders' Warmth is a 61cm x 77cm acrylic painting on canvas. While caravanning in the Flinders Ranges, South Australia a couple of years ago we spent some time camped at a station called "Willow Springs". They have some rugged country and so established their Sky Trek 4x4 80 km drive - self drive or guided. We self drove (yes I drove some of the way until the down in front of us was out of sight and I was happy to hand over to Trevor). It was a great 4x4 experience. A fabulous photo opportunity which included some scenes that reminded me so much of the Fred Williams (Australian abstract landscape artist) artwork. That is the inspiration behind the *Flinders' Warmth*.

The actual painting of this artwork is another story. I have mentioned before that abstract is not my thing. However, this genre of abstract is appealing because I can understand it in comparison to many other abstract artworks.

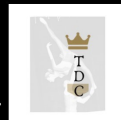
I wanted to develop a real depth of colour so I began with an under-layer of various yellow/orange colours in thick paint. Then I began a process of several layers of thin glazes of paint. Actually a total of 21 different glazes altogether before I painted the grasses and trees. The count is accurate because I had to record the information for each section, and the time, so that I could keep up with it all - especially to check I had waited for good drying time before the next layer on each section.

The glow result was pleasing from this experimental mode. What fun!!! .



Above: *Flinders' Warmth* 61cm x 77 cm acrylic painting

**SCHOOL OF DANCE ART HENTY -
LILY GONSCAK -0497020617**



**QUALITY DANCE EDUCATION
IN THE RIVERINA**

Accepting registrations for Term 1.
At the School of Arts hall Henty

- BALLET (ALL AGES)
- JAZZ
- MUSICAL THEATRE
- TAP
- PILATES /STRETCH
- TANGO
- WEDDING DANCES
- LYRICAL
- CHAIR BALLET/ FELDENKRAIS
- COMPETITION COACHING
- CHOREOGRAPHY EVENTS



ENROL NOW!

@thrivingdancecareers
Dancer: Lily Gonscak ex QUEENSLAND
BALLET RNZB
www.mindfulmovementspace.com



THRIVINGDANCECAREERS



**FOR MORE INFORMATION, CALL DIRECTOR LILY GONSCAK
0497020617**

Japanese encephalitis

Japanese encephalitis (JE) is a serious disease caused by the Japanese encephalitis virus (JEV). It is spread to humans by infected mosquitoes. Humans are not able to pass JEV to other humans.

How is it spread?

JE is spread by the bite of infected Culex species mosquitoes which are commonly found in NSW.

The virus is spread when mosquitoes bite an infected animal and the mosquito then bites a human. Infected pigs and some waterbirds are the animals more likely to infect mosquitoes.

Humans cannot get infected with JEV by touching an infected animal or eating animal products including pork or poultry products.

Who is at risk?

JEV has recently been identified in commercial piggeries in locations in NSW, Queensland, Victoria and South Australia. Local infection risks in NSW are likely highest among:

- people working at or living close to piggeries, or both, which have tested positive for JEV
- people who engage in outdoor activities (such as camping, fishing, hiking) near significant mosquito populations, particularly near waterways.

How is it prevented?

The best way to avoid JEV is to avoid mosquito bites.

The mosquitoes that transmit JEV are most active at dawn and dusk and into the evening.

Protect yourself

- Wear light, loose-fitting long-sleeved shirts, long pants and covered foot-

wear and socks (to reduce skin exposure). There are insecticides (for example, permethrin) available for treating clothing for those spending extended periods outdoors.

- Apply repellent to all areas of exposed skin, especially those that contain DEET, picaridin, or oil of lemon eucalyptus which are the most effective against mosquitoes. The strength of a repellent determines the duration of protection with the higher concentrations providing longer periods of protection. Always check the label for reapplication times.
- Reapply repellent after swimming. The duration of protection from repellent is also reduced with perspiration, such as during strenuous activity or hot weather so it may need to be reapplied more frequently.
- Apply the sunscreen first and then apply the repellent. Be aware that DEET-containing repellents may decrease the sun protection factor (SPF) of sunscreens so you may need to re-apply the sunscreen more frequently.
- For children in particular - most skin repellents are safe for use on children aged three months and older when used according to directions, although some formulations are only recommended for children aged 12 months and older - always check the product. Infants aged less than three months can be protected from mosquitoes by using an infant carrier draped with mosquito netting that is secured along the

edges.

Vaccination

A safe and effective vaccine for JE is available for people aged two months and older.

What are the symptoms?

Less than 1% of people infected with JEV will experience symptoms.

Some infected people experience an illness with fever and headache.

People with severe infection may experience:

- neck stiffness

- disorientation
- tremors
- coma
- seizures

If you have any of these symptoms please seek medical treatment.

NSW Health is monitoring the evolving situation in NSW concerning Japanese Encephalitis virus.



Health

Buy Local in Greater Hume Directory

Council and business owners recognise the importance and value of buying locally.

Buying locally has a ripple effect as it supports our local economies, expands employment and it supports the area where we live, work and play.

Council compiles a Buy Local Business Directory featuring businesses that operate in the local government area.

You can pick up a copy of the printed directory from any Council office or library or download from

Council's website.

The publication is managed by Council staff and updates are released regularly.

For more information or to register your business in the directory please contact Economic Development Coordinator, T: 02 6036 010.



Blue Wren Photography & Printing

M: 0438 652 891

E: peta.shoemark@bigpond.com

All your printing needs including
Wide Format—Posters & Canvas

Frames made to order

All your Photography needs

Making Henty stronger

The Henty Local Health Advisory Committee's (LHAC) latest initiative is causing lots of huffing and puffing.

Grant funding from Murrumbidgee Local Health District to improve community health is being used to roll out an "introduction to exercise" program for retirees.

Fifteen participants have met at Henty's Regen Gym each week where personal trainer Kayla Muller puts them through a program to improve their strength and balance.

"We've had great feedback from participants. They've enjoyed learning how to use the gym equipment and understanding what basic exercises they need

to do regularly to get stronger," Henty LHAC chair Mick Broughan said.

"It's hoped these participants find the program so valuable that they continue with regular exercise which is a good outcome for having a healthier community."

Henty LHAC recently held its annual general meeting. Mick Broughan was re-elected as chair, with Kellie Penfold vice chair. Janette Hahn is secretary and Felicity Klemke is communications officer. Shelley Hoskinson-Lacy is the local Murrumbidgee Local Health District representative and Fran Fifield is the community health representative. The other committee members are Katie Fifield, Mary Liston, Ben

Hooper and Molly Kotzur. Community members are encouraged to follow the Henty LHAC on Facebook for local health updates and to learn more about the LHAC members with a new profile campaign about to be launched.

If community members have any health related issues they would like to raise with LHAC please contact any of the LHAC members.



Wraps for flood victims

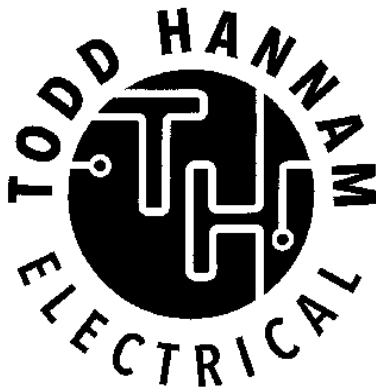
"Cold humanity is our concern. People caring about other people." So says the Wrap with Love official statement. In the past few months thousands of wraps have been distributed within Australia - to flood victims and previously to people who suffered from bush-fire.

Tim Costello from World Vision makes sure the wraps are given to the needy and homeless in Australia. Aboriginal communities also receive money. A thousand wraps were flown to Tonga after a tsunami hit villages and towns. Armenia has also taken 2000 to cover their cold, homeless citizens with warmth and love.

Thirty-three wraps are awaiting delivery to our coordinator in Wagga Wagga after 24 were sent last month. Thanks to Alison

Campbell for delivering the 80 x 100cm wraps. An even bigger thank you to all the knitters and crocheters whose needles click-clack day after day, night after night. What a wonderful effort from Deanne Dale after her last attempt of knitting squares has passed the 120 mark.

The Henty Hostel knitters continue their weekly session with 11 wraps reaching the Uniting Church for the next consignment to Wagga



ABN 84 793702349

Lic 226227C

+Electrical Installations - Maintenance - Repairs

+New Homes

+Test And Tagging

+Renovations

+TV Installations/Repairs

+Solar Panel Cleaning

+Metering

+Evaporative Air Conditioner Maintenance/Repairs

Todd 0429 809 866

Lions on a roll

Henty Lions Club has been delighted to participate in several opportunities to serve its community and further afield within the past few weeks.

In early March, members were on hand to provide a tasty breakfast of egg and bacon rolls on both mornings of the Annual Men's Invitation Triples Bowls Tournament. Our thanks must go to the Henty Bowling Club, the Henty Community Club and the bowlers attending for their support. All moneys raised from this venture will go to the Lions Childhood Cancer Project.

Henty Lions is collating all information for the new

Respite Trust and Mary Liston, the Treasurer, following the presentation Ben gave to members detailing the progress on Avondale Place.

Another highlight of the evening was the induction of our newest member, Kate Finlayson by Zone chairperson Julie Colley. Kate will indeed have much to contribute to assist our club to continue, "making a difference"! The increase in membership is most heartening as we strive to recruit new ones, while appreciating the support of other "friends of Lions" for assistance when needed.

The Lions Spelling Bee for local primary school stu-

ent. The Henty Lions Club members, in conjunction with the HCDC, will conduct a barbecue at the conclusion of the Anzac Service in the Henty Memorial Park.

On the subject of barbecue, after months of waiting due to COVID restrictions, members have been advised that the club has been allocated a fundrais-

ing opportunity with a Sausage Sizzle at Buntings, Wagga Wagga on May 1. An early start that morning and all hands on deck.

Remember that the ever-popular Lions fruit cakes are available all year round. Just right for an Easter treat.



Left to right: Presentation of cheque to Ben Hooper with Lorri Roden and Mary Liston.



Left to right: John Ross, Lorri Roden, Julie Colley, Noel Stein and Connie Ross.

Local Phone Directory. Everyone is encouraged to check the accuracy of their current details. To place an advertisement or add and/or amend phone numbers, email addresses etc. Please call in or contact Ken at Dales Electrical.

At last week's meeting, a cheque for \$1,430, comprising the proceeds from the Lions Christmas Stocking Raffle was presented by Lorri Roden to Guest Speaker, Ben Hooper, Chairperson of the Henty

dents will go ahead this year. It will be held in the Henty Public School Hall on Wednesday, May 18 at 6.30 pm. Once again, local Lions are grateful to Kevin Fogarty for agreeing to run this very worthwhile competition. Members of the public are most welcome to attend.

The local round of the Lions Junior Public Speaking Competition should be completed by May 31.

This year, something differ-

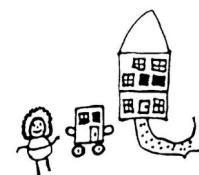
Preschool enrolment 2022

3 -5 years of age

Tuesday, Wednesday, Thursday & Friday

8am – 3.30pm

Please call 69293472 for further details



Henty Early Childhood Association Inc.

Showground fundraiser

Construction work has commenced for the Henty Community Multipurpose facility at the Henty Showgrounds. Although funding of \$750,000 has already been raised with contributions from Bendigo Bank, the NSW State Government, NSW/ACT AFL and Greater Hume Council, a further \$70,000 is required in order to meet significant cost increases. These increases are due to the impact of COVID-19 since the original quotes and funding was secured.

The Buy a Brick fundraiser will help raise the additional funds required and assist in providing:

- Improved change room facilities for all participants

- Improved areas for officials, trainers and first aid personnel
- Installation of a unisex disabled toilet
- Doubling the area of the catering facilities and function room/pavilion to provide a multipurpose sportsground and showground facility
- Allocated storage for Community User Groups

The facility is a high priority and vital to Henty user groups including the Henty Show Society, Henty Football Club, Henty Netball Club, Henty Cricket Club, Billabong Little Athletics and other businesses and community groups that regularly use the facility for meetings and gather-

ings.

Brick prices are \$50, \$100, \$200, \$500 or multiple bricks

For more information contact Katie Fifield on 0417 249 311 or Adrian O'Brien on 0427 351 773.

What's on in Greater Hume in April

The **Mountains to the Plains Expedition** will immerse you in our landscape and allow you to soak up the beauty of the natural environment. This day drive allows you to take in stunning mountains, national parks, and the formative stretches of the Murray River in the south-east, and rolling hills, gentle slopes and grassy plains as you move further north and west.

This drive will take you through towns and villages such as; Holbrook, Cookardinia, Henty, Walbundrie, Burrumbuttock, Walla Walla, Gerogery and Woomargama. Anywhere on this trip you can pullup for a break and experience some incredible landmarks, such as:

- Museums in Holbrook, like the Woolpack Inn, Australian Pottery Museum and the Submarine Museum.
- The Henty Man in Henty, a dedicated memorial to 'The Men of the Road during the Great Depression'.
- Billabong Creek in Walbundrie, perfect for a fishing break.
- Wirraminna Environmental Education Centre in Burrumbuttock where you will learn all about our native flora and fauna as you explore their gardens.
- Morgan's Lookout in Walla Walla, where Dan Morgan the Bushranger made the most of the view as he used it to look

out for police.

- Table Top Mountain in Gerogery, which provides a beautiful backdrop and whose shape and colour changes with the location that you view it from.
- Woomargama National Park in Woomargama which provides you with the ultimate immersion in nature.

For **avid birdwatchers**, there are several prime spots to see any of the wide range of native birds we host in Greater Hume. These locations form a rough loop; start and end at any point convenient to you.

Burrumbuttock: Wirraminna Environmental Education Centre

Culcairn: Golf Common

Henty: Government Dam Nature Reserve, Doodle Comer Swamp

Holbrook: Ten Mile Creek

Jindera: Jindera Wetlands

Walla Walla: Gum Swamp Reserve

Woomargama: Woomargama National Park (entrance and visitors area).

The total loop takes a little under 3 hours to drive. Add time for stops along the way to spot birds.

Calling for Expressions of Interest to Host Australia Day

Greater Hume Council is seeking expressions of interest from communities in Greater Hume to host Australia Day 2023.

Australia Day in Greater Hume is celebrated in a different community each year. Residents can take this opportunity to showcase their community to the rest of the shire.

Expressions of Interest close - Friday, 27 May 2022

For more information please contact Kerrie Wise, Tourism and Promotions Officer, 02 6036 0186, 0448 099 536 or kwise@greaterhume.nsw.gov.au.



Teacher talks of helping teens

After missing the January meeting because of COVID a very good attendance of the Henty-Culcairn Probus Club at Culcairn Bowling Club began with a minutes silence in memory of Les Dale. Congratulations were extended to Lindsay Lowe in honour of his 90th birthday and to Bruno and Lois Biti on the occasion of their 60th wedding anniversary.

Visitors Duna Hoffman and Kate Davidson were welcomed and John Ross was introduced as the five-minute speaker. John remembers feeding sheep with chaff and oats when he was only four years of age and being reprimanded for putting water in the rain gauge. Beginning school by correspondence at the age of seven, John re-

calls the castor oil remedy for any sicknesses.

Attending Albury Grammar School, wool classing, automotive mechanics, cricket at Cookardinia, football at Mangoplah (only missing six games in 14 years) and Junior Farmers' debating teams were highlights in John's life as well as his marriage of 57 years to wife Connie.

Guest speaker Tim Sanson is a family man with three children, a former school teacher, footballer from near Lake Cargelligo and captain coach of a premier-ship team in Albury.

He has a passion for mentoring teenage boys and so, with two other teachers from Albury High School he created "Boys to the Bush",

connecting with the disadvantaged and disengaged bush kids, trying to understand their stories.

There are many horrific stories from massive trauma (sexual abuse) to getting kids out of their rooms and away from IT equipment all day and never seeing the sun. Extreme behaviour, mental disorders, autism and not knowing where they might sleep or eat, are all massive problems with which these three former teachers deal with.

Camps of one week's duration were started where the boys would clean up boundary fences, mark lambs, pick up stones in paddocks, feed sheep – any activity in the outdoors.

Originally the camps were not for profit, but now "Boys to the Bush" has become a registered charity to access grants. With 31 full time and 50 casual staff mem-

bers, the camps in Albury, Forbes and Lake Cargelligo are mentoring the boys on a one-to-one basis. They build levels of trust and engagement with the community in that local businesses are accessed and lots of people are volunteering to help.

Over the five years since its inception a board of directors has evolved and now manages hundreds of 10 to 18-year-olds by getting to know them, meeting them in their environment, building healthy relationships and creating school programs for both boys and girls.

An excellent informative speaker, Tim was thanked by Alison Schuster and presented with a Probus pen. Lunch at Kenny's Culcairn Chinese restaurant followed the meeting.

Grave decisions need to be made

The March meeting of Henty-Culcairn Probus Club was held at the Lutheran Church Hall, Walla Walla on Wednesday the 9th and was the annual general meeting. President Neil Parker opened the meeting with a moment's silence in memory of a previous Probus President who passed away recently.

Russell Davies oversaw election of office bearers and Yvonne Booth is our new president with Kevin Fogarty as secretary and Heather Collis is treasurer. Beryl Meyer and Warren Berkeley are vice presidents.

Kevin Fogarty was the five-minute speaker and he advised of the need to discuss with families and to write down your wishes with regard to burial or cremation, place of burial, church,

graveyard, special hymns and where you want personal things to go.

Kevin is bequeathing his wool mountain to Yvonne perhaps for her good works with Peter Mac and Wrap with Love.

After morning tea, Ian and Gary introduced us to the guest speaker, Andrew Kotzur of Kotzur Pty Ltd. The company manufactures Kotzur Silos and K-Rail fencing at Walla Walla, where it employs 130 people, and Too-woomba where it employs 50 people and Western Australia where there are two employees.

Staff include management advisers, engineers and project managers and at least 10 nationalities. They build small silos at seven tonnes to larger at 12,000 tonnes. Andrew told of making silos for

the Japanese market too.

He said people had been very happy to have had Greater Hume Council build a child minding centre at Walla Walla and put forward the thought that a rail trail could be made perhaps from Culcairn to Corowa as part of tourism for the area.

Kevin Knoble gave a vote of thanks to Andrew and presented him with a Probus pen. After such a happy morning, many Probus people went to talk over lunch at the Walla Walla hotel.

The April Probus meeting will be held at Henty on the second Wednesday. (13th) at the Community Centre.



Roadside firewood collection

A permit is required from Greater Hume Council to collect fallen timber (firewood) from selected roadside verges (refer to Firewood Collection Permit Map on Council website.)

The permit costs \$30 and is valid for 12 months from the date of purchase.

You must be a Council resident and produce identification for a permit to be issued.



High energy bills?

High bills are one of the most common issues that energy and water customers face, but help is available. We are the Energy and Water Ombudsman NSW (EWON), a free and independent complaint-handling service for all electricity and gas customers in NSW, and some water customers.

Are you using more energy than usual?

If you feel like you are paying more for your electricity or gas than usual check these things first:

Is the bill an actual meter read or estimated?

Is it similar to the bill for the same time last year? Using different appliances in different seasons can make a difference, for ex-

ample –heaters vs air conditioning.

If your usage is higher now than it was for the same time last year, it may be because you've been at home more and used more electricity and/or gas, or have had extra people in the household, or maybe you purchased an additional computer, fridge or other device.

Some appliances and equipment use more energy than others, and if they are faulty, they may cost more to run.

If you are on time-of-use rates, the time of day you use your appliances can significantly increase your energy costs.

What to do if your bills are high?

If you are struggling to pay your bills, we recommend that you contact your electricity or gas provider as soon as possible.

Your provider can offer you an extension of time or a payment plan to help you pay the bill. You can also ask to participate in your provider's affordability program which offers protection from disconnection while you pay your account over an extended period.

If you receive an unexpectedly high bill, contact your provider. Explain your concerns and ask why the bill is high. If you are not happy with the response, you can call our team at EWON. We can investigate your bill, talk to your pro-

vider, help negotiate a payment plan, or refer you to agencies which offer additional support.

You can find out more in our fact sheet <https://www.ewon.com.au/page/customer-resources/high-and-disputed-bills>.

How to get in touch with us

Freecall: 1800 246 545*
Mon - Fri, 9am - 5pm

Freepost: Reply Paid 86550
Sydney South NSW 1234

Interpreter: 131 450

TTY/Voice: 133 677

Online: ewon.com.au

* If you are calling from a mobile phone, let us know and we will call you back.

Are you eligible for a rebate?

The State and Federal Government fund several rebate programs for electricity and gas customers in NSW. Contact your retailer to see if you are eligible to have rebates applied to your account. There are also some water rebates available. Contact your water provider to discuss your eligibility.

Who are we?

We are the Energy and Water Ombudsman NSW (EWON). We provide a free and independent complaints-handling service for all electricity and gas customers in NSW, and some water customers.

Energy rebate eligibility

You may be eligible for a rebate if you have a Pensioner Concession Card, Health Care Card issued by Services Australia or the Department of Veteran Affairs (DVA), or a DVA Gold Card.

Rebates are available to customers who have an

account in their name or who pay their bill to an owner or manager of a residential park, retirement village or strata scheme (on-supply customers).

Types of rebates

- Low Income Household Rebate
- Gas Rebate
- Medical Energy Rebate
- Life Support Rebate
- Family Energy Rebate
- Seniors Energy Rebate
- Essential Medical Equipment Payment.

Things to remember

- The financial support and application process differs between each rebate.
- Tell your energy retailer that you have a concession card, the number and the expiry date.
- The card holder and bill recipient must be the

continued on page 15

WINDOW CLEANING

Professional work guaranteed.

Contact Rob Jacka
on 0417 678 068



Years of experience and now serving Wagga Wagga, Holbrook, Henty, Culcairn, Junee & Coolamon.

Obligation free quotes.

No travel time costs charged and a very modest fuel charge.

Work includes cleaning screens, sills and tracks. Removal of spider webs and wasps also removed.

from page 14

same person and the information will be verified.

- Some rebates will appear on your energy bill and others will be credited to your bank account.
- Your rebate may be backdated if it does not appear after you have informed your retailer.

Read our factsheet on rebates (<https://www.ewon.com.au/page/customer-resources/help-paying-bills/rebates>) or visit Service NSW ser-

vice.nsw.gov.au/services/concessions-rebates-and-assistance.

We can help if you are having difficulties with rebates or do not agree with your retailer's response.

How to get in touch with us

Freecall: 1800 246 545*
Mon - Fri, 9am - 5pm

Freepost: Reply Paid 86550
Sydney South NSW 1234

Interpreter: 131 450

TTY/Voice: 133 677

Online: ewon.com.au

* If you are calling from a mobile phone, let us know and we will call you back.

Hello from the Henty MPS

Firstly, I would like to introduce myself. My name is Toni and I am the Activity Officer for residents at the Henty Multipurpose Service (MPS). I have been in this job role now for nearly ten years four of which I have worked for NSW Health. I believe in providing meaningful and purposeful moments for all and continuing the relationship between a resident and the community in which they live.

I would like to remind the community that the MPS is on amber alert. This means that our residents are permitted to have two fully vaccinated visitors aged 12 years and over plus two children aged under 12 years per day. Visitors aged 12 years and over must have received a second dose of a COVID vaccination at least 14 days prior to their visit. All visitors must wear a surgical mask prior to entering the facility and for the entirety of the visit and follow any advice from health care staff.

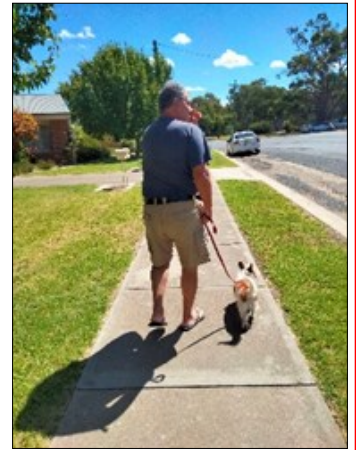
We try to keep ourselves busy with activities that are planned around residents interests and hobbies. We are always willing to try new things and over the past three months have worked on some amazing projects. Some of the things we have done include growing some vegetables. We had an abundance of zucchinis which we pickled to put into the Henty show and have enjoyed on crackers for afternoon tea. We have made several jars of apricot jam that taste delicious on scones and enjoyed with a cappuccino. We were recently shown by a resident how to make matches, they were a real treat.

Once a month we have a family day luncheon. Family day is when residents and myself cook a meal from scratch out in the dining room and all residents and staff come together to share that meal. There is so much joy in the laughter and chatter around the table on family day. We have recently joined with the Henty Aspire group to have

these lunches together.

The men's shed made us some bird houses that we have been decorating to add to our garden area. They are looking bright and colourful. One of our nurses has even painted a scene from his home in Nepal on one. It is not uncommon to see all staff joining in with resident activities, cooking, bingo, dancing, singing and all crafts. I have been lucky enough to also be taught how to read a pattern for knitting from our resident Margaret.

We have a facility dog named Sweetie that comes in every day. Sweetie is a long haired Jack Russell and you will often see her out walking with one of our residents. If you ever see her up the street come and say hello, she loves a good pat.



Our garden area is always a work in progress. It is starting to look brighter and a more interesting space to be in. We would really appreciate having a volunteer that could spend some time in our garden with residents. If you have a spare hour once a week or fortnight and would like to be a volunteer give me a call on 02 69294999.

*Toni Shutt, Activity Officer,
Henty MPS*

KANES BUSES PTY LTD

School Bus Service & Charter



PHONE: (02) 6929 3257

Fax: (02) 9293051

E-MAIL: kanesbus@bigpond.com



Come home to a low rate

2.19%

p.a.

Complete Home Loan
Owner Occupied P&I
Variable interest rate

2.45%

p.a.

Comparison Rate

Chat to a home loan specialist today, phone Gaynor or Steph on 6929 3683 or search Bendigo Bank home loans.

 Community Bank · Henty & District 6929 3683

Bendigo Bank

Terms and conditions, fees, charges and lending criteria apply. Offer subject to change. Comparison rate displayed is calculated for a loan of \$150,000 over 25 years for a Complete Variable Home Loan with LVR between 60.01-80%. **WARNING:** The comparison rate is true only for the example given and may not include all fees and charges. Different terms, fees or other loan amounts might result in a different comparison rate. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879. (1676246-1705926) OUT_13554331, 16/03/2022