HOLBROOK HAPPENINGS

Issue 396 23 September 2020





DID YOU KNOW? HALF OF ALL MENTAL HEALTH CONDITIONS IN ADULTHOOD EMERGE BY AGE 14. FIRST AID FOR YOUTH MENTAL HEALTH COMES TO TOWN



Adults who work and socialize with young people will soon have an opportunity to learn how to give 'first aid' to a teenager who is experiencing any mental health issues.

John Dean, an experienced youth counsellor based in Wagga, will be facilitating the Youth Mental Health First Aid course, with 4 evening sessions of around 2½ hours. The course covers problems such as depression and anxiety, eating disorders, psychosis and substance use problems, as well as more acute mental health crises.

It is not a therapy or support group, but will teach you how to assist adolescents until appropriate professional help is received, or the crisis resolves. The course aims to equip you with skills and the confidence to assist young people as "first aiders" and then to direct them to more help.

Mental health is increasingly being recognized as an area of concern, and a problem can strike at any age. So, parents, teachers, coaches, employers of young people in the vulnerable teenage years can all benefit from being able to recognise the signs of when your young person is not travelling so well.

The 'normal' – how much we all want that back! – stresses and strains of growing up, high school, finding yourself, have all been exacerbated by the

pandemic and its lockdowns, job losses, changes to school, which have affected all families. These stressors have come after a summer of bushfires and years of drought. People have been affected by these to varying degrees but increases in anxiety and depression are widespread, so if you can learn how to recognize the signs and then encourage the young person to seek help, that's a big step.

How to learn First Aid?

The facilitator of the well-established Youth Mental Health First Aid (YMHFA) 14 hour course is John Dean, a counsellor who works with schools and through Murrumbidgee Health in Wagga.

The manual for the course will be provided as well as light refreshments each evening. There is no cost to participants.

The YMHFA training is sponsored by the Rotary Club of Holbrook and is part of the Holbrook Healthy Towns program.

For further information and to book a place (limited to 20 participants) contact Jen Parer 0401 214 904 of jaspaross@iinet.net.au



\$400 FOR CLUBS AND COMMUNITY GROUPS - FINAL CALL

Holbrook Healthy Towns is offering up to \$400 to support local clubs and groups make some healthy changes to their catering for club events and activities.

Get involved in our zoom workshops to help your club and receive \$400 for your club/group. It's easy to get involved:

- -Email us an Expression of Interest Healthy Towns Healthy Catering Policy to mail@greaterhume.nsw.gov.au including current details of your club and contact details including phone numbers and email.
- Nominate at least 2 members from your club to be involved in developing the policy. For further information about the challenge, contact Council's Manager Community Services, Lynnette O'Reilly 6036 0100

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DEADLINE

Next deadline 9am

Friday 2 October 2020

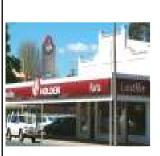
We prefer articles to be emailed to: holbrookctc@greaterhume.nsw.gov.au or ph 02 6036 3262.

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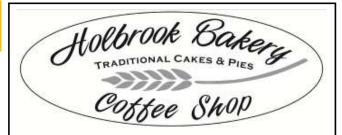
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Ph: 02 6036 3262 OPENING HOURS Tues—Fri:11.00--5.30pm Saturdays-9.30-12.30pm

Book in to the library for your Driver Knowledge and Hazard Perception computer tests.

Roads & Maritime



Book you own State own State own State own State of the session we invite you

Book your very own Story Time

We invite you to a new story time experience at

Holbrook Library where just you & your children visit the library to listen to a story.

Please contact the library on 02 6036 3262 to book a time.

A welcome gift from the library

If you have a new baby, we would love to meet you and welcome you to the library with a book gift for your little one. We look forward to seeing you.

Ali, Leonie & Dom

Why read to your baby?

When you are reading to your baby, you are holding her. She is seeing the book. She is hearing your voice. She is touching you and she is smelling you. She is using and developing these four senses and at the same time she is falling in love with you and



First Aid Course Holbrook Library

Thursday 8th October 5pm start \$170 with supper \$70 for CPR only.

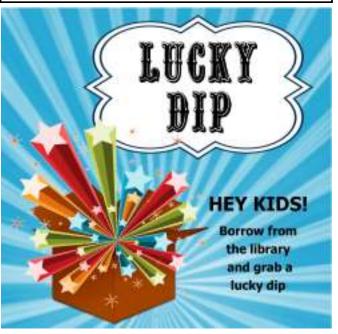
Bookings essential ph 02 6036 3262

FREE Tax Help – 2020

If your income is less than \$60,000 or you are on a disability pension you are eligible to get your tax return completed with the assistance of an accredited tax agent.

Two places left on 2nd October.

Phone the library on 02 6036 3262 to book.



HOLBROOK LANDCARE

Did anyone else spot the **Magpie Geese** that were hanging out in Holbrook last week? We'd love to know where they went. There is a small population in Corowa and they do pop up from time to time but we don't usually see them this far east.

Reveg Activities: We had a couple of days out planting and enjoying nature last week — all credit to Holbrook Public School. What a great bunch of kids!!!

Position Vacant— Executive Officer: We are seeking a future leader in agriculture and NRM. Holbrook Landcare Network is a



leading farming system group that delivers outcomes for farmers. The role is based at Holbrook and manages a skilled team and well-funded portfolio of projects.

We seek a person who has a passion for agriculture and the knowledge and drive to innovate and bring new opportunities to a progressive agricultural community.

DIAMOND WEDDING ANNIVERSARY

Congratulations to Kay & Roy Mulloy celebrated their 60th Wedding Anniversary (9-9-1960) with their family and friends on Saturday 5th September.



ANGLICAN NEWS

William Shakespeare wrote: "Clothes maketh the man." I once had to attend a Clergy Meeting at short notice and travelled two hours to be met by a group of Clergy all wearing Black shirts with their DOG COLLARS in place, black trousers coats and shoes. I was in my usual open shirt and jeans and sneakers and was met with lemon sucking glances.

During a break one fellow Clergy said to me; "Do you wear that sort of clothing in the Parish?" Before I could reply he continued, "I wear my full black clergy clothing, and when I go about the town the people know who I am." I replied; "I do wear these clothes around the town and God knows who I am." This is a play on words but it is important to ask "Does God know who I am? Or, Do I know God?"

There is an emerging health problem that is being that has its roots in this "electronic age" which is, "the loss of identity, self-worth and pride." This new illness knows no age limit as it can be traced back to the 1960s when T.V. came in and people began to self-isolate. The "loss of identity etc," stops people from being free to be themselves, and understanding that they have a unique identity and personality.

Being comfortable with being unique is important as you do not have to be "cookie-cutter clone" of someone else because, "God knows who you are." I am very happy being unique and being me, and that knowing that God believes in me. We are all uniquely important to God who believes in you because He is a part of our uniqueness.

God has given everyone a unique identity so that you can be you. God is a part of our uniqueness, and we are a part of His uniqueness. Our Identity is what is within us, not just what people see on the outside. In Genesis Chapter 1, verse 26 we read; "Then God said, Let Us make man in Our own image," and He did, God knows who you are!

Best wishes from the Anglican Church and Rev Stephen Davis 0429 845 525.

PLANT PICK PLATE

Last Autumn I planted seedlings of Red Cabbage for the first time. Although I am not a fan of eating cabbage, the red variety is more palatable as it has a sweeter



taste to the green. I was also encouraged by our son who is a fermentation foodie having made his own Sauerkraut in the past and now raves over the Korean equivalent, Kimchi. "Good for your Gut" is the mantra, however I am not a convert.

I continued to nurture my red cabbage plants as their purple leaves grew to the size of dinner plates and small hearts firmed up, although other cooking recipes were needed. Great cooks and chefs combine cabbage with apple to provide a delicious savoury side vegetable with a hint of sweetness. No fermentation process here and no doubt not good for my gut, but after all its the flavour that is important.

I have removed the cabbages from my patch to make way for the next spring crop and was somewhat disappointed when I harvested the hearts. They had not grown to their full potential and underneath the outer layers the plants had actually started to form seed and sprouting from the centre. I didn't want to waste the inner, softer leaves as they were still edible so Red Cabbage with Apple was on the menu

Finely shredded cabbage was sauteed for 5 minutes, grated apple added, sauteed another 5 minutes. Chicken stock added with salt and pepper, boil then simmer for 30 minutes. When cooled the mixture makes a delicious appetiser accompanied with Camembert cheese on Sourdough bread with a glass of Wine. By the way all these last three items are fermented so I can have food "Good for my Gut" and flavour at the same time.

Passionate Gardener, June.



HOLBROOK PUBLIC SCHOOL

So much has been happening at Holbrook Public School in the last few weeks.

Our Wacky Wednesdays for Wellbeing have been enthusiastically embraced by the staff and students. On September 9th we celebrated Beanies for Brain cancer. Everyone wore their favourite beanie to school, and at lunch time we purchased paper daffodils (made by the SRC reps), bought apple slinkies and noodles, had a guess at the lolly competition and bought tickets in a raffle. Overall, \$710 was raised for Brain cancer research – a great effort! September 16th saw us all coming to school in our crazy socks. These socks certainly added colour to our regular uniforms!

We have enjoyed having Jett Liddell at our school



during work experience. He has been based in the Year 2 classroom. Jett is in Year 10 at St Paul's College, and a former student of Holbrook Public School.

Congratulations to all students who participated in the **UNSW ICAS tests**. We had some outstanding results from a number of students. Well done to Will Glass and Justin Nisbet who received distinctions in Science and English respectively. A number of students also received credits – Cooper Glass, Jasper Hartwich, Will Glass and Aiden Walmsley. Well done to all students who participated, as it shows courage in stepping out of their comfort zone and having a go.

Our **Talent Quest** heats are currently happening. It has been encouraging to see students showing us talents that we didn't know they had, and being brave enough to perform in front of their peers. The final will be on the last day of term 3.

The K-2 students have enjoyed being part of **The Mascot Challenge**, a cricket-based challenge to assist K-2 students around the country, and sponsored by

Sydney Thunder. Each day they participate in different activities based around the skills of catching, throwing and bouncing.

The pre-schoolers have enjoyed a virtual orientation to Kinder on September 10th, where they listened to the story 'Where the Wild Things Are' and then made



a monster. They have many other fun activities planned for next term.

On Friday September 11th the Year 5 and 6 students ventured to the Holbrook Travelling Stock Reserve to plant appr. 175 native shrubs. They also went on a nature walk around the reserve and checked the nesting boxes, even finding two possums.

Upcoming events:

Talent Quest finals (September 25th) Book Fair (October 23rd)

CAN YOU HELP!!!

The Library will be working with volunteers to collect and document the History of the Holbrook Branch of Red Cross and the Holbrook Pre-School/Children's Centre pre 2020.

Any stories, photos, newspaper articles etc would be greatly appreciated. You can drop them into the Library during open hours .

We are also seeking volunteers to assist with the sorting and compiling of this information. If you are interested please call in or phone the Library on 02 6036 3262. We'd love to hear from you.

We are hoping to be able to present this information in a book format that will be available at the Library to borrow or purchase.

HISTORY QUIZ

Previous Quiz What is the original name of Horse Creek? **Answer:** In Jingellic East it was Horse or Jacky Thompsons Creek, and in the Carabost area it was Dead Horse Creek.

New Quiz: Who am I? I am a Holbrook football legend, coached Holbrook twice, won the Best & Fairest League Medal [Stavely Medal] in 1949, dead-heated in 1950, but lost on a countback. Won the club best & fairest for eight years running "Even though I won it eight times, I still made a few enemies." I was invited to play for Footscray but turned the offer down.

ST PATRICK'S SCHOOL

St Patrick's School community have had a busy couple of weeks.

Last Friday we welcomed **Bishop Mark Edwards** to our school community. Bishop Mark met with each class and enjoyed lunch with the staff (at a safe distance of course!)

The students were in awe of his Bishop **Vestments** and a student from each class was able to try them on. As an educator Bishop Mark was comfortable in the classrooms and was able to fully engage with the students at their level. The K/1/2 students reflected that his Crosier is

like a crook the shepherd would use, they referred to the **Bishop** as a **shepherd**... When he said I have no sheep the children replied, 'Yes you do, US!" It was a truly insightful moment.

Last week some of our Year 6 students participated in the assessment for the **Commander Holbrook Scholarship**. I am extremely proud of those students who took part and wish them all the best. This generous scholarship provides families the opportunity to offset costs of secondary education, a gift in this day and age. This year due to Covid restrictions our students sat the assessment in their own school. Thank you to Chris Hunter for taking the time to supervise our students.

Thank you to the broader Holbrook community for giving us an encouraging beep or wave as we came together to walk to school. What a positive to start our day. The sun was shining the students were smiling as we joined to walk to school to celebrate National Walk Safely to School Day. Thank you to the parents who were able to drop their children off early at the Highway Caltex so we could walk to school. An extra special thank you goes to Stuart and his team at Coles Albury who generously supplied the breakfast foods for our shared breakfast on arrival at school. We enjoyed cereal, yoghurt and toast.

New build to take place... on Monday an architect came to complete some final measurements of the front office before it goes out to tender. Those who have entered the office recently will note the tired walls and fixtures. It will be amazing to have an entrance and administration building that reflects the modern teaching and learning environments which have been established.

Speaking of Building! I received notification this week that our Capital Works Application for 2021 has been successful. This project will see the sports court,



cricket nets and court fencing upgraded. Currently the court is out of bounds, so this is welcome news. I was so excited I couldn't wait to share the news with the students and teachers, who were equally as excited. 2021 is shaping up to being a very busy year for St. Patrick's School.

Next week marks Week 10, the last week of Term 3. Please be mindful on the roads as the children of Holbrook enjoy some Spring sunshine and well deserved rest and relaxation.



STEP INTO SPRING WITH



Unfortunately, we are still not allowed to hold our gentle exercise group indoors BUT we can all go walking in the sunshine together - providing we maintain social distancing of course \odot

Each Thursday we will meet at 10.00am in the Library carpark to take a leisurely walk on flat and even footpaths in the area, catch up with our friends and most importantly keep moving! We will be aiming to improve our strength and mobility and over time challenge ourselves to increase our stamina.

We will be catering for all levels of ability with support from staff and volunteers. You can choose to walk for just a few minutes or 30 minutes it is up to you - we will try and cater for everyone who wants to be involved. You can walk with your walking stick, 4-wheel walker, independently or even bring your mobility scooter out to enjoy the sunshine and company.

Going for a walk is a great way to enjoy the outdoors, get some fresh air and exercise.

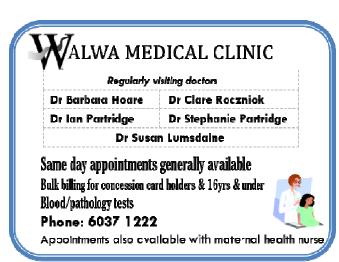
Being Active Everyday Helps Us To:

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- Keep our muscles and bones strong

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- Risk of falls and fractures,
- Risk of heart attack, stroke, diabetes, and some cancers

Any movement is good, particularly if it makes us feel a little bit warm and makes us breathe a little faster. Don't forget your home exercises, small chunks of movement throughout the day will help increase energy.



As we must limit the group to 15 participants if you wish to take part, please register with us on 02 6036 3677 prior to coming to join us.

Please speak to your doctor first if you have a medical condition and symptoms are not yet under control. Don't forget to bring your water bottle and a hat! "For almost everyone exercise is safer than not moving!"

Our ipad PROJECT IS UP AND RUNNING -

We now have an iPad-dedicated staff member to support our clients to use their iPads effectively.

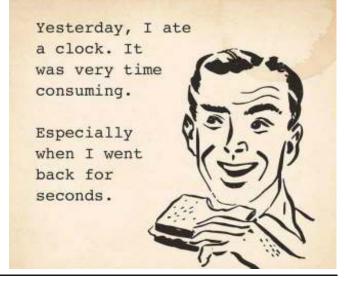
We still have a couple of devices available for our clients to access on FREE LOAN.

Call us on 02 6036 3677 if you are interested in participating in the project. and we can give you more information.



Greater Hume Council libraries have been successful in applying for the 2020 Get Online Week grant. This is an international digital inclusion campaign organised by Good Things Foundation. Last year, over 1,000 events were held across Australia during Get Online Week, helping people with limited digital skills get more out of life online.

This year the Holbrook Library will run a class on Thursday 22nd October 2020. If you know of someone, please spread the message that now's the time to get online. For bookings and more information, please phone the library on 0260363262.



A DIFFERENT TYPE OF FLOWER SHOW

It is the case with many things but sadly The Anglican Church of Holbrook has been forced to rethink how we run our Flower Show this year.

We know the Flower Show means so much to the community, and the annual joining together to share a meal and see God's creation in flowers is a much-loved event.

One of our parishioners came up with the idea that we have a Flower Show at Home, where we join together with the legally allowed number of people around the date of the traditional flower show, to enjoy the wonder of nature.

So, if you would like to do this, we would love to hear of your plans.

The Flower Show is one of the major fund raisers for the parish, and as such, we would like to ask anyone who might normally make a donation to the flower show in some form or another might do that again this year.

We will have envelopes for the Flower Show at Home at the Op Shop, or they will be available at the church service each Sunday at 9.30am.

We are still waiting to see how the COVID situation develops to determine whether we will be able to hold our Open Gardens, which we have tentatively planned for next autumn. If anyone has a garden they know of that they would like to see, or are willing to open their own gardens, then please get in contact with Rev Stephen.

So, while the annual Flower Show cannot happen this year, we encourage you to get together, enjoy God's Creations this spring and give thanks for the wonderful rains which have allowed our gardens to flourish.





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Local resident Walter Winnett brought this article in to the library. It was written by his sister, Mary Winnett when she was 19 years old for The New Idea magazine, Dec 1944.

WHAT I WOULD DO WITH THE WORLD? Educate It Mentally, Physically, Socially and Spiritually

I would educate it—to know right from wrong, to think clearly without prejudice and to be reasonable in all actions. The youth of tomorrow must go forth into the world with an attitude of mind which will enable them to see beyond the confines of their own country, race and religion.

World education as I mean it has four aims—mental, physical, social and spiritual—and each is equal in importance. These four points go to form a balanced character, and therefore, I think, can be used to make a balanced world.

Throughout the ages, nations have formed barriers around themselves. In the olden days physical walls were built to keep back the invaders, but since the invention of gunpowder and bombs nations have constructed mental barriers around themselves.

In Australia today, the general opinion towards the Japanese is that "the only good Jap is a dead one." There are good and bad in every country, and while our thoughts are prejudiced against other countries and their people, we will never be free from wars.

It is wrong to judge men on nationality, colour or religion; but we must admit, it has always been done in the past, and as a result we have always had wars to fight. When we remove these barriers from our minds we have succeeded in making the first step towards world peace. Before setting out to make world peace we must ask ourselves this question: What are the causes of war? Can we find the causes and so remedy them to have eternal peace? Nations go to war to gain more power, increased trade, markets, and raw materials, and even more land for their population.

Cannot the people of the world, and youth in particular, think of a system in which international affairs can be controlled? Surely this question can be answered by a League of Nations. Many people think the League has failed, but have they considered that a movement of this kind must have sufficient power to gain the support of the doubtful and the "heathen"? Did the League have this foundation? No! But we must see that after this war the same answer cannot be given to the same question.

The next League of Nations must be fully equipped with all modern methods of policing, and must be an international force of international individuals. It would not be long before the people of the world would consider the police force in the same manner as we consider the Police Force of Australia.

Perhaps one of the greatest difficulties to be overcome is the language problem. An international language must be evolved and taught in all the schools of the world. This language could be simple, abolishing, for example, all the different tenses such as there are in French, and having words only with one meaning—not special meanings, as we often find in the English language.

If Youth controlled the world, I think, they would aim to be reasonable, slightly idealistic, practical in the sense of efficiency, and pleasure-loving; and what pleasure-loving person likes wars? Youth has courage, will power ad enthusiasm, as Hitler realized. Hitler's greatest support comes from the members of his Youth Movements. If Hitler can train his youth to be hard-hearted, efficient machines, how easily and pleasant it would be to train the Youth of the world into Movements with "Peace and Love" as their mottoes?

Peter the Great of Russia realized that his plan for westernized reform in his country depended upon the young people. He sent many of his young men to other countries to study the improvements in commerce, education and social developments.

A commando must have faith in his cause, a realization of the task ahead, and courage and initiation to see it through. How well this can be applied to balanced, broadminded youth. Since we cannot expect youth to rule the world, the least we can do is to train ourselves as commandos, who will rule a peaceful world tomorrow.

"The World is only human in feeling" is a true enough statement; and "peace comes with happiness", we can all understand. What is human happiness? The knowledge of a peaceful world, work for all, beautiful homes, and a community life with modern equipped hospitals, schools, creches, kindergartens, and places of relaxation and amusement.

No person can go through life without some disagreements or quarrels. God gave Man will-power, but the point is, Can he use it in the best way to help others? I don't expect the world to be a place without trouble, but I do expect Man to be educated to know right from wrong without prejudice of race, colour or religion.

Youth, with your courage and initiative, let us work for the democracy of the world, to bind up the wounds of the nations, and to lighten the dark places. We must

dedicate ourselves to this task and look forward to the time when we shall be able to salute the New Order -

"....O brave new world That has such people in it".



WOMEN'S BASKETBALL

15 Sept: Hoppers 41 vs Heifers 18 Smurfettes 43 vs Mixed Bag 22



GOLF

10 Sept Dad's Army Golf 9 hole event:

Winner - Mark Lowry, 2nd Doug Smith, 3rd Alan Buchanan. NTP 3rd Gordon Webb, 9th Alan Buchanan,10th Mick Smith, 14th Jimmy Maskus. NAGAJimmy Maskus.

Veterans 18 hole event: Winner - Vic Derbridge, 2nd James Ross, 3rd Mark Lowry.

17 Sept Dad's Army Golf 9 hole event:

Winner -Tony Castles, 2nd Vic Derbridge, 3rd Mick Smith. NTP 10th Tony Castles.

NAGA Phil Spokes.

Remember that I was right last time and the 4th Round will be played on Sunday 27th September.

Also the **Enzed Three Person Ambrose** is to be played on 4th October. Men's, Mixed and Women's team events. Get a team together and have a hit.

We have had a couple of readers recognise some players from this mid 1970s Rugby League team. Can you fill in the gaps? Or make corrections?

Back: ?, ?, John Humphries, Paul Hunt, Michael Meredith, ?, Bernie Schiller, ?, Peter Hoffman, Frosty Hamilton, ?, Alan Hughes

Front: ?, Adam Saddler, Billy Horn, Peter Meredith, ?, Neville Stephens, Alfie Arnold



TENNIS

The upcoming tennis season is set down to start on Saturday 10 October with teams in Sect 1, 2 teams in Sect 2, Sect 3 x 1 team, a new Sect 5 team and a Sect 6 team

The Holbrook Tennis Club would like to hear from anyone interested in a regular Saturday afternoon hit in the Hume Country Tennis Association.

There will be Covid-19 protocols in place during matches and for visitors to the courts.

The club is also looking at additional coaching classes during the week and parents can contact Stephan on 0428 362 143 or Emma Jane on 0429 687 051

We are also looking for junior players to start their careers on court in the lower grades and this helps get the kids active and meet new people along the way.

The Wednesday evening hit up is getting more numbers and there are players on a Thursday afternoon as well.

MEN'S BOWLS

Hello from the "greens".

The Consistency Tournament is well under way with results so far -

1st **Round:** Winners are, Bob "Kui" Elwood over "Esme" Philpott, who unlike his beloved Doggies couldn't match it with Bob.

The "Wantagong Warrior" played some very steady (no pun intended) controlled bowls and had a close win over Chris Heather. Neil "Hibbo" had a walkover with Dougie Spokes injuring his shoulder and unable to play. Our Kiwi mate "China" playing in his 1st tournament beat "Smurf". Meikle J had a good win, as did Ross "Tiger" Smith. Wayno beat Duck.

2nd Round: China is marching on, having accounted for Swanie. Well done Bro. (The handicapper will be watching closely.) Meikle J got up over Ross Smith, and there are two more games to be played to complete that round. Steady playing Wayno, Bob Ellwood playing "Hibbo".

As usual **Social Bowls** each Tuesday, Friday and Saturday 1.30 and Sundays at 10.00.

That's all for now so until next time see you on the green!! Wayno.

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Specialising In:-

- -Kitchen, Bathroom & Laundry Renovations
- -Shop & Office fit Outs
- -Wardrobes and Entertainment Units
- -Benchtops In All Types Of Materials

Ferg's Electrical

Brian Ferguson 148 Albury St, Holbrook NSW 2644 ferthy i@bigpond.com.au License No. 215949C

Ph: 0417 362 702



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If you want to dig it, pipe it, pump it or fix it – we can do it!

Mobile: 0403 191 780 www.blueysplumbin.com.au

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Service, Quality and Tradesmanship



New homes
Extensions and renovations
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Tristan Mob 0414 688 250 tlvconstructions@bigpond.com



PLUMBING PAUL POTOCNIK

- Kitchen & Bathroom Renovations
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- Gas Installations

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Ph: 0447 150 165

Your First Choice

—servicing Holbrook weekly for over 20 years



Qualified Technicians - Same Day Service Servicing Holbrook Area Weekly

TV Antennas & Tuning LCD sales Extra TV outlets & wall mounting VAST satellite systems for black spots



Zane 0408 698 000 (Albury)

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Specialising in:

Wheel Alignments & Wheel Balancing Small Motor Repairs & Servicing Vehicle Repairs & Servicing

Tyre Sales, Fitting & Repairs

Husqvarna-Sales & Repairs

Roadworthy Inspections

Ph 02 60 362524, or call in at 81 Albury St. Holbrook to see how we can best service your needs.





Physiotherapy & Sports Injury Rehabilitation

Physiotherapist-Sarah Finlay

(Bachelor of Exercise & Sport Science, Masters of Physiotherapy)

APA member. Sports injuries, back and neck injuries, muscle & joint injuries, women's health, pre & post natal programs.

FOR BOOKINGS & ENQUIRIES
Call Sarah on 0409 907 058

COMMUNITY DIARY

September 2020

Thu 24 Women's Health Clinic ph: 6036 2522
Fri 25 Mobile Covid Testing Unit @ Holbrook
Hospital—10am—2pm

Sun 27 Anglican Church Service Holb 9.30am Little Billabong CWA AGM 1.30pm @ Kate

Locke's

Mon 28 Crafty Hands @ 7 Fleet St

October 2020

Fri 2 Lankeys Creek Hall Happy Hour 6.30pm Sun 4 **Anglican Church Service Holb 9.30am** Enzed 3 Person Ambrose Golf Comp.

Tue 6 Holbrook Central Rural Fire Brigade AGM 7pm @ Central Fire Shed

Wed 7 Holb. Swim Club AGM 6.30pm- RS Club

Thu 8 First Aid Course 5pm @ Library Complex

Sat 10 Tennis competition commences

Sun 11 Anglican Church Service Holb 9.30am Anglican Service Woomargama 11am

Mon 12 Crafty Hands @ 7 Fleet St

Wed 14 Holbrook Art Group 5.30pm

Sat 17 Cricket season commences

Sun 18 Anglican Church Service Holbrook 9.30am

Tue 20 Service NSW Mobile Service Centre @
Submarine Carpark 9am—3pm
Youth Mental Health First Aid Course 69pm @ Library Complex

Wed 21 Holbrook Art Group 5.30pm

Thu 22 Youth Mental Health First Aid Course 6-9pm @ Library Complex

Fri 23 Book Fair @ Holbrook Public School

Sat 24 Community Gardens /Op Shop plant stall

Sun 25 Anglican Church Service Holb 9.30am

Mon 26 Craftv Hands @ 7 Fleet St

Tue 27 Youth Mental Health First Aid Course 6-9pm @ Library Complex

Wed 28 Holbrook Art Group 5.30pm

Thu 29 Women's Health Clinic 6036 2522 Youth Mental Health First Aid Course 6-9pm @ Library Complex

November 2020

Sun 1 Anglican Church Service Holb 9.30am

Wed 4 Holbrook Art Group 5.30pm

Fri 6 Lankeys Creek Hall Happy Hour 6.30pm
Sun 8 Anglican Church Service Holbrook 9.30am
Anglican Service Woomargama 11am
Holbrook Australian Rules Football Club
AGM 3pm @ clubrooms

Crafty Hands @ 7 Fleet St

Wed 11 Holbrook Art Group 5.30pm

ANNOUNCEMENTS

AGM

Holbrook Central Rural Fire Brigade

Enterprise Drive, Holbrook NSW 2644

To be held on

Tuesday 6 October at 7:00pm at the Central Fire Shed Phil Julian, Secretary/Treasurer

HOLBROOK AMATEUR SWIM CLUB INCORPORATED

2020 ANNUAL GENERAL MEETING

7th October 2020 6.30pm

RS Club Holbrook

YOUTH MENTAL HEALTH FIRST AID COURSE

Learn skills and gain confidence to assist young people experiencing mental health problems.

Four sessions will be held at the Library from 6 -9pm Tues 20, Thurs 22, Tues 27 and Thurs 29 October.

Bookings: Jen Parer 0401 214 904

jaspaross@iinet.net.au.

No cost. Light refreshments will be provided.



NSW A/B FIREARMS SAFETY & R-LICENCE COURSES



"A room without books is like a body without a soul." - Marcus Tullius Cicero

"The man who does not read has no advantage over the man who cannot read." - Mark Twain

Community Radio Station 2GHR 96.7FM 02 6036 3248 Holbrook Community Website www.holbrook.nsw.au

@lea_bic Photography ~Vintage Belle & Co.~

www.leabicphotography.com.au

149 Albury St Holbrook NSW 2644 Leanne 0474 091 140

OPEN Every day from 10:30am

* Current photoshoot pricelists are now available in store. *Stocking an extensive range of Vintage Belle & Co. Handmade scented candles in modern & vintage candle jars, reed diffusers, wax melts, home décor, potted plants & unique vintage wares.

* CSW design, locally handmade concrete dog bowls, drink coasters, soap dishes, serving trays & fruit bowls.

*Stocking Frankie & Co. With gorgeous homewares.

* Now stocking a large range of the Morburn Collection's locally handmade soaps, highly scented body butters, brightly coloured bath bombs & delightful sugar scrubs.



Service Mobile Service Centre **NSW** 20 October 2020 20 October 2020

9:00am to 3:00pm

Holbrook Submarine Car Park

Driver Knowledge tests, Driver licence and photo card applications and renewals and many more services. that bookings are required for driving tests. Phone 137788, follow the prompts and ask to speak to Albury Service Centre in order to book a driving test on this day in Holbrook.

THE HOLBROOK DHADMACY

The Holbrook Pharmacy now has the NATIO Suncare range to keep you covered this summer. Lotions, Sprays, Roll-on & SPF face moisturiser and After Sun Lotion. Come and see the range for yourself.



Landline: 02 6036 2055 Fax: 02 6036 2360 Email: holbrookpharmacy@hotmail.com

Mobile: 0460 704 453

Opening hours:

Monday to Friday 9am-5pm (Closed for lunch 1.30pm-2pm) Saturday 9am-12noon



Fast Track Your Career into Childcare Jobs

Love working with children, want to work close to home in Greater Hume Council? Council has taken on the additional three Childcare Centres over the last 18 months in Walla Walla, Henty and Holbrook and would love to "grow" local skills to be able to cost effectively resource the centres.

In response, Council is offering 5 scholarships to locals who have a passion for childcare and early years education.

Learn on the job and become part of our professional workforce with paid work opportunities in our three centres.

If you have a passion for childcare and would like to be part of a local workforce, please contact us and nominate for a scholarship or for a place on our upcoming course to be held at Holbrook starting soon.

Places are limited so contact our Children Services today – call 02 6026 3877, find us on our website and click on business opportunities at Greater Hume Children Services or come into one of Council's offices.



HOLBROOK AUSTRALIAN RULES FOOTBALL CLUB AGM

3pm Sunday 8th November

at the clubrooms



Nutrien Harcourts

15 Bond Street, Holbrook

EXPRESSIONS OF INTEREST







COMMERIAL / INDUSTRIAL BUILDING

WEB ID: LPZ3377

- With or Without Stock, Plant & Equipment
- Secure Shedding & Workshop Area of 600m2
- Land Size 2.691m2
- Showroom & 2 Separate Office Area
- Toilets & Kitchenette
- Dual Street Access
- Solar System
- Inspection is by appointment Only



Expressions of Interest: Close Monday 12th October, 2020, 4.00pm

18-20 Webb Street, Holbrook

\$450.000



MODERN FAMILY LIVING

WEB ID: LPZ3375

Offering a double block, on two titles (2,099m2 in total). Built in 2012, Lewis Family Homes Bentley Design will appeal to family looking for more size and space. 4 B/R's, master ensuite & WIR, all others BIR's. Open plan kitchen & dining, wood heater, media & rumpus rooms. With the recent addition of the existing outdoor entertaining area being enclosed, it now offers another space with room for a kitchenette if the new owners so choose. Well worth a look.

124 Albury Street, Holbrook

EXPRESSIONS OF INTEREST



IN THE HEART OF HOLBROOK

WEB ID: LPZ3373

Excellent position, between the Holbrook Bakery and The Ten Mile Café.

Rarely do Commercial properties with such great location come on the market.

Formerly operated as Shell Service Station Zoned: RU5 Village Size: 1,777m2

Two Titles: LOT 4 (1,007m2) & LOT 1 (770m2). Inspection is by appointment Only

Expressions of Interest: Close Friday 9th October, 2020, 4.00pm

GARAGE SALE SATURDAY 26TH SEPTEMBER, FROM 8AM

377 Wagga Road, Holbrook (at the Airpark)
Look for Pink Signs
Photos on Holbrook Buy, Swap & Sell
Tools / Shed Items, Furniture, Household Items, Miscellaneous



Nutrien Harcourts 02 6036 2033

156 Albury St, Holbrook

Margot Pitzen 0407 658 401