

# HOLBROOK HAPPENINGS

Issue 397 7 October 2020



## THE FUTURE IS BRIGHT AT HOLBROOK HEALTH SERVICE

The team at Holbrook Health service have farewelled Dr Adebayo Adeyelu and his family with their relocation to South Australia in the last month. Dr Wah Wah Soe continues to provide quality General Practice medical support to Holbrook Health Service including the Harry Jarvis Wing. At Holbrook Health Service we have a skilled team of nursing staff to support Emergency Department Presentations, hospital admissions and residential aged care services. Murrumbidgee Local Health District has highly trained Emergency Registered Nurses staffing emergency departments across the region, including Holbrook Health Service. Emergency Registered Nurses have completed an intensive training program in First Line Emergency Care (FLECC).

The six month program includes a theoretical component through the Australian College of Nursing and a clinical component. The course prepares and credentials rural and remote Registered Nurses as an Advanced Clinical Nurse (ACN) to ensure early appropriate management of acute and life threatening conditions, and to relieve pain and discomfort for patients at hospitals where Medical Officers are not immediately available.

Emergency Department staff are supported 24 hours a day, 7 days a week by the Remote Medical Consultation Service and the Critical Care Advisory Service. These services link health care consumers across MLHD's 33 facilities to world class models of care and highly skilled clinicians using advanced digitalised telecommunications platforms.

The Remote Medical Consultation Service supports clinicians in outlying hospitals by prescribing medical treatments and first aid advice and identifying when further care is required. This is a General Practice Telehealth service to support Emergency presentations and hospital admissions when our General Practice Visiting Medical Officer (GP VMO) is unavailable. The Remote Medical Service is a service that provides quality medical services to enhance our patient services provided at Holbrook Health Service.

The MLHD Critical Care Advisory Service (CCAS) facilitates critical care expertise from senior critical care clinicians at the Wagga Wagga Base Hospital (WWBH) using telehealth. In some

cases due to the limited number of critical patient presentations, staff can lack recent experience in dealing with these patients so the CCAS is there to support them. Holbrook Health Service's Emergency Department is open 24 hours a day, 7 days a week and reminds residents that in an emergency they should call 000 for an Ambulance, or come straight to the ED. HealthDirect is also available on 1800 022 222 for general advice and information.

## Holbrook Skatepark Landscape Design Competition – Update

The deadline for the Skatepark Design Competition has now closed, and we are loving the ideas created by you all! The designs will be displayed at the Holbrook Library for you all to see and to vote on which design or elements of the design you like. You can place your vote or make a suggestion in the voting box that will be provided. The ideas and designs will also be voted on by the Holbrook Healthy Towns Committee and after a final decision has been made, another presentation will be announced for the community to see the final design.

The winning design will be added into a grant proposal to determine the extent of the landscape.



Greater Hume Children's Services

I LOVE WORKING WITH CHILDREN AND WANT TO WORK CLOSE TO HOME?

**FIVE LOCAL SCHOLARSHIPS AVAILABLE!**

Greater Hume Council is partnering with TAFE NSW to provide an incredible opportunity for anyone looking to start their dream job in Early Childhood Education!

Contact the Greater Hume Council on 02 6036 0100

**HOLBROOK HAPPENINGS'  
POLICY STATEMENT**

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**DEADLINE**

Next deadline 9am  
**Friday 16 October 2020**

We prefer articles to be emailed to:  
[holbrookctc@greaterhume.nsw.gov.au](mailto:holbrookctc@greaterhume.nsw.gov.au)  
or ph 02 6036 3262.

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**Please note this publication is available online at  
[www.greaterhume.nsw.gov.au](http://www.greaterhume.nsw.gov.au)**

**LIESCHKE MOTORS**

**78 ALBURY ST  
HOLBROOK  
Ph: 6036 2244**



**Proud Sponsor of  
Holbrook  
Happenings**



**WE ARE OPEN**

**B1 Trading Hours**  
Monday to Thursday  
6am to 4.30pm  
Friday 6am to 5.30pm  
Saturday & Sunday  
8am to 4.30pm

**B2 Trading Hours**  
Monday to Sunday  
7am to 3.30pm

**Takeaway Orders Only**  
Please phone for orders also on  
02 6036 2049  
**STAY SAFE**

You are very welcome to come along!



Church service  
Sundays at 10am

**OUR NEW CENTRE IS NOW OPEN!**  
Drop in for a chat, enjoy a coffee with us  
and browse through our range of Koorong books  
Open on Thursdays 10.30am to 3pm 81a Albury St,  
Holbrook Pastor Graeme and Judy Sheppard  
Contact: 0422 671 149



**Lester & Son**  
Funeral Directors  
*A tradition of personal, professional care since 1907*



359 Wantigong Street  
North Albury NSW 2640  
Phone: 02 6040 5066  
24 hours, 7 days

**Andrew Harbick & Darren Eddy**

# Library Complex

holbrookctc@greaterhume.nsw.gov.au



Ph: 02 6036 3262 **OPENING HOURS** Tues—Fri:11.00--5.30pm Saturdays-9.30-12.30pm



It is almost time to celebrate Book Week in the library. Running from 17-23 October, we have started our display and over the next couple of weeks we will be adding some curious creatures for you to study under a magnifying glass. Thanks to Holbrook Landcare for supplying them! Some of the shortlisted picture books are already on display for you to come and admire and read.

**How to enter our Book Week competition** Use your Wild Mind to create and draw, paint or collage your very own Curious Creature. The possibilities are only limited by your imagination. We will put him/her up on our display board and post your creation on our Facebook and Instagram pages. Entries close on Friday 23rd October but the sooner you bring it in to us, the longer your creation will be up on display for all to see.

## iPads, iPads and more iPads

This year the Holbrook Library will run a class on Thursday 22nd October 2020 @ 2.30

If you know of someone, please spread the message that now's the time to get online. For bookings and more information, please phone the library on 0260363262.



## A LITTLE BIT OF HISTORY

We have had good response to our request for information about the History of the Holbrook Branch of Red Cross and the Holbrook Pre-School/ Children's Centre pre 2020.

We still require more stories, photos, newspaper articles etc . You can drop them into the Library during open hours .

More volunteers are needed to assist with the sorting and compiling of this information. You don't need to be involved in the organisation to help. If you are interested please call in or phone the Library on 02 6036 3262. We'd love to hear from you.

**A meeting will be held on the 13th October at 2.30pm for anyone interested in helping with the Red Cross History. All welcome.**



# Storytime is back

**Bookings are essential as spaces are limited to 20.**

*Can't wait to see you for stories, songs, rhymes and craft for 0-5 years*

Holbrook Library

Second and fourth Thursdays of the month—11.00am during the school term

## CHANGES COMING AT KNOX

At their AGM recently, members of the Knox Uniting Church decided to ask the Riverina Presbytery to close them as a formal congregation. While there will be no immediate changes, when the closure is finalized it will mean that the overall management of the church buildings and finances will be by the Riverina Presbytery (based in Wagga). Ownership of the buildings remains with the Uniting Church Property Trust.

Locals will probably not notice much difference! Members of the Uniting Church will still enjoy the support of the Southern Region community minister, Rev Yvonne Ghavalas, and the Presbytery Minister, Rev Nigel Hawken. Members of the congregation with the support and guidance of these ministers will work out how best to proceed in the future. The church and halls can still be used for funerals and weddings and community hire.

The Centenary of the building of the spired Knox church was held in 2000. The original church was the hall, opened in 1873 as the Presbyterian Church in Germanton, and now used as a worship and community space. The other buildings that form part of the Knox block are the Manse (now leased), the Mary Lundy hall which was originally built in 1929 as the Sunday school, and the toilet/storage block.

In 1977 the Uniting Church in Australia was established, and the Presbyterian congregation in Holbrook has been a congregation of the UCA since then.

Chair of the Congregation, Jenny Parer, said that the load of running a congregation had become too much for the small group of ageing parishioners. "There hasn't been a minister for many years, the last one was Russell Dancey who began his ministry in 1996, followed by Judy Harrison, a lay minister, in 2004. "This has been a very difficult decision, and a long time in the making. However, being realistic, and perhaps being pushed along by the effects of COVID19, we think this closure has become inevitable. We hope that the change will be a positive one, sometimes it takes a big change to move us along and do things in a different way. The Uniting Church is certainly looking at ways it can "do church" differently and this could breathe new life into us."

**BASKETBALL** 21 Sept Men's Results: Sonics 92 def HVC 30; Stirrers 37 def Dementia 26; Giants 34 def Benchwarmers 13 22 Sept Women's Results: Heifers 22 def Smurfettes 21. Hoppers 50 def Mixed Bag 15

"Did you hear the rumour about butter?  
Well, I'm not going to spread it!  
"Dad, can you put my shoes on?"  
"No, I don't think they'll fit me."

## HOLBROOK LANDCARE

### Community Morning Walk at the Ian Geddes Bush Reserve—Saturday 17 October (9.00am - 10.00am)

Connecting with nature and our community is important for our mental health and wellbeing. Join us at the Wilson St entrance to the Ian Geddes Bush Reserve. The track is wheelchair and walker friendly so all ages and abilities are encouraged to join us. If we are lucky we might be greeting the Dollarbirds that use the reserve as they return from their Winter sojourn up north. Bring binoculars! Kylie Durant will answer your nature questions. After your walk, enjoy a healthy morning tea provided through the Greater Hume Council's Healthy Towns Challenge. COVID rules will be applied so if you are interested in being part of the guided walk please RSVP to Holbrook Landcare (02 6036 3181 or office@holbrooklandcare.org.au) **Adaptive Farming Systems webinar with Jono Hassall - 7.30pm Thursday 15 October:** Our next Adaptive Farming Systems webinar features the Hassall family at "Jergyle", Holbrook. This webinar provides another excellent example of how a family business is adapting their farm to manage seasonal variation and production outcomes while considering risk and the environment. Join us for an interactive discussion with Jono and Fergus Hassall on Thursday 15 October. Contact the office (02 6036 3181) or email phoebegulliver@holbrooklandcare.org.au for the Zoom link for this webinar.

## TRAVELLING TALES AT LADY GAIL'S BOOKSHOP AND CURIOS

The other day a lady was after an ART-DECO coffee table. I took her in to show her the one I had, however she went straight to the other table. "That's just what I wanted" she said. Paid the money and went off with a RETRO coffee table. In 2005 I had a lady wanting a century old book on the ANZACs. (Her son only collects century plus aged books). "I'm sorry" said me. "The oldest I have was published after the event and therefore not quite 90 years old. Not quite understanding me I pulled the book out to show her the publishing date was 1919. Then went to the section of books older than 100 years. She said "So are any of these about ANZAC?" "No" I replied. She went off quite miffed, I was too.

## WALWA MEDICAL CLINIC

### Regularly visiting doctors

Dr Barbara Hoare

Dr Clare Rocznik

Dr Ian Partridge

Dr Stephanie Partridge

Dr Susan Lumsdaine

Same day appointments generally available

Bulk billing for concession card holders & 16yrs & under

Blood/pathology tests

Phone: 6037 1222

Appointments also available with maternal health nurse



## ANGLICAN NEWS

On **Sunday October 11<sup>th</sup> at 11am** the Anglican Church will have a "Picnic" at Woomargama Park. There will be an informal Service at 11am in the Park and a B.Y.O. Picnic / Barbecue lunch at 12noon. The 9:30 and 11am services at the Holbrook and Woomargama will be cancelled on the 11<sup>th</sup> as we will gather at the Woomargama Park instead. With the easing of the Covid restrictions we can now have up to 100 people attend, however we must record who attends, maintain distance and sanitize our hands. You would be welcome to join with us, remember the bring a chair, sunscreen and bug repellent.

Our "Stay-at-Home Flower Show," and "Flower Stalls at the Op-shop" on October 24<sup>th</sup> are gaining momentum. In place of the "Flower Show," invite a few people to look at your garden or an arrangement of flowers, have a cuppa and a chat, and make a donation to the church. And, or, purchase some plants & vegies etc, at the Op-shop stalls next to the Post Office on Saturday morning on the 11th. The income from the Stalls at the Op-shop will be shared between the Anglican Church and the Community Gardens. There is also a raffle for a beautiful quilt. We are also inviting you to make a financial donation to the Church in place of what you would spend at the normal Flower Show, Envelopes are available from the Op-shop or the Church on Sunday mornings. All funds raised stay within our town and district.

*"A problem shared is a problem halved."* This comment has some truth to it especially during the Covid situation. I know people who have been dealing with stress related health problems that have been compounded with the Drought, the Fires, Covid, Financial issues, etc. We humans are complex and fragile beings e.g. You can take a holiday and rest the body, but what about your mind and spirit, where do they find rest?

It is by sharing what is bothering us in our mind and spirit that brings us rest and relief. When I talk with people whom I trust about the things that are bothering me I feel better, and they often have a solution that helps me get through what is stuck in my Soul. Often just listening to others and letting them listen to you brings relief. Jesus said, *"Come to me all who are bothered and I will give you rest for your Soul."* Matthew 11:18. When you are bothered about something, Jesus is ready to listen, and usually has an answer. *You may be the answer to someone's problems, and they may be the answer to yours!* "Therefore, a problem shared can be a problem halved."

Best wishes from the Anglican Church and Rev Stephen Davis 0429 845 525.

## PLANT PICK PLATE



Ladybird, Ladybird where have you gone?

You have left my garden and I am forlorn

My lettuce has been chewed, the rose has been sucked

My lemon has survived but that is just luck.

Ladybird, Ladybird please come back soon  
I have aphids to feast on and thrips to consume  
There are seedling to protect and flowers to pollinate  
Return and let me again admire your spotted cape.

Ladybird, Ladybird my organic garden I cannot claim  
I have had to spray which is a terrible shame  
So bring the family, your friends can shift  
There is plenty for all in my garden on Swift.

Gardeners should not under estimate the value of good bugs. Encourage their visits with plantings of a variety of flowers and along with bees they are a must in the garden for productive and healthy crops. Avoid sprays if possible. However if you are like me and the ladybirds have gone from your garden I found a website where you can purchase them. Adult ladybirds packaged in a box of 20 can be delivered to your door. The larvae is also available in a package of 150. They are cannibalistic so if they start to hatch during transit you won't get that many. I thought purchasing worms packaged in a box and sitting on a shelf in a hardware store was weird but there again insects farms are the new big business providing insect control methods for gardeners and crop farmers and also food for our plate. Finally insects are becoming valued.

**Passionate Gardener, June.**

## HISTORY QUIZ

**Previous Quiz: Who am I?** I am a Holbrook football legend, coached Holbrook twice, won the Best & Fairest League Medal [Stavelly Medal] in 1949, dead-headed in 1950, but lost on a countback. Won the club best & fairest for eight years running "Even though I won it eight times, I still made a few enemies." I was invited to play for Footscray but turned the offer down.

**Answer:** Bryan James Brennan, 87 died at Wagga Wagga 12 July 2009

**Quiz:** What do William Walter Melville Fisher, Herbert Henry 'Bert' Hinton and Harold William Youngman have in common?



**GREATER HUME COUNCIL - TAFE NSW  
SCHOLARSHIP  
PROGRAM TO HELP  
PLUG CHILDCARE  
SKILLS GAP**



Locals interested in a career in the booming childcare sector are being offered an opportunity to “earn and learn” at the same time, thanks to a unique scholarship program offered by Greater Hume Council and TAFE NSW.

Over the past 18 months, Greater Hume Council has responded to community demand by taking over operations of long day care services in Walla Walla, Henty and Holbrook but is now faced with a staffing shortage.

The childcare sector, particularly in regional areas, has long grappled with a skills shortage, with the TAFE NSW Jobs of the Future report finding “early childhood educator” would be one of the fastest growing professions in the Murray region between 2018 and 2021.

In partnership with TAFE NSW, Greater Hume Council has launched five new scholarships to locals, allowing recipients to work on the job while receiving free tuition for a Certificate III in Early Childhood Education and Care through TAFE NSW.

“It’s a great opportunity at a time when people have lost jobs and being able to study and work locally is becoming more attractive,” Greater Hume Council Mayor Cr Heather Wilton.

“Each scholarship recipient gets the cost of their course paid for by Greater Hume Council. Scholarship recipients are also rewarded with opportunities for paid work placement as an integral part of the program.”

Cr Wilton said successful applicants would then have the option to work in one of the centres part-time or full-time.

TAFE NSW Early Childhood Team Leader Justine Poidevin encouraged locals to consider applying for the scholarship.

“All of our early childhood teachers have worked extensively, or are currently working, in the sector and the course is extremely hands-on and practical,” Ms Poidevin said.

“With the jobs market becoming increasingly uncertain, this is a wonderful opportunity to get a running start into an industry where jobs are plentiful and the personal rewards of the work are rich.

For information on how to apply for a scholarship or to enrol in a Certificate III in Early Childhood Education and Care, starting on 20 October at Holbrook, contact Greater Hume Council on 6036 0100 or TAFE NSW on 13 16 01.

**RECONSTRUCTION WORK BEGINS  
ON COPPABELLA ROAD**

Greater Hume Council has received funding from the NSW Government’s Restart Fund for the reconstruction of a section of Coppabella Road between Maginnity’s Gap Road and Short cut Road.

This work will include realignment works, culvert replacements, extensive earthworks, road sealing and a new bridge over Back Creek.

The upgrade is to improve access for the logging industry in the area and is part of the South West Slopes Timber industry Road Network Project.

Due to the extent of the works required, it will be necessary to close that section of Coppabella Road to through traffic for an extended period to expedite the works. This will assist contractors to meet some tight deadlines for completion of the works.

It is expected the roadworks will commence in early October 2020 and be complete by late March 2021.

Any questions that relate specifically to the Coppabella Road upgrade project can be directed to Council’s Project Manager, David Bye at DBye@greaterhume.nsw.gov.au or phone 6036 0100.

**GHC YOUTH ADVISORY COMMITTEE  
FREE FITNESS PACKS THIS OCTOBER  
SCHOOL HOLIDAYS**

We are super excited to announce our October project for this year... Fitness, Wellness and School Packs!

We are creating three different packs for you to choose from to make sure you can pick the one that will benefit you the most. The fitness packs will include a yoga mat, drink bottle, workout ideas, etc. To keep your fitness goals on track, the Wellness packs will have face masks, healthy recipes and other goodies to help with your self-care and the school pack will be filled with everything you could need to smash your study and homework goals.

The packs will be available to be picked up from all Greater Hume Council offices/libraries from 12 – 16 October. Limited packs available so get in quick!

**THANK YOU**

Thank you every one for the good wishes, phone calls, cards, flowers and personal wishes for our 70<sup>th</sup> wedding anniversary on 2<sup>nd</sup> September 2020.

We have had many good years together, and some not so, but hope to carry on for a while yet.

Please accept this as our personal thanks.

*Marjorie and Walter Winnett.*



## LEST WE FORGET - RONALD HORE

In the interest of preserving our local military history, we will be publishing some articles on servicemen and women from throughout the Greater Hume Shire area. Australia has participated in numerous wars and it is important to remember the sacrifice made by the servicemen and women, their families and their local community.

This article will be about Flight Sergeant Ronald Hore who was the son of Mr. and Mrs. A. Hore of 'Lockerbie', Little Billabong. In the years before the Second World War broke out, Hore worked as a station agent and clerk.

Hore enlisted in the Royal Australian Air Force in early 1942. After carrying out training in Canada, Hore embarked for the United Kingdom where he was posted to No. 467 Squadron in which he was a Wireless Operator Air Gunner. The No. 467 Squadron was a bomber Squadron, flying missions over North West Europe.

On the night of the 12<sup>th</sup> August 1944, Ronald Hore with six other members of his Lancaster bomber crew took off to carry out an attack against a factory in Russelsheim, Germany, known to be manufacturing flying bombs. The crew failed to return to base after bombing their target, for over Belgium, they had been intercepted by the enemy, believed to be the 91<sup>st</sup> aircraft to be shot down by the Luftwaffe night fighter ace pilot; Heinz-Wolfgang Schnauffer. An explosion had occurred and there was a report by the rear gunner that there was a fire in the fuselage. The explosion caused the aircraft to uncontrollably dive down 600 meters in just moments. The pilot instructed the crew to abandon the Lancaster and with considerable difficulty two crew members were able to escape, yet the five other remaining crew members including Hore were killed in the crash.

Ronald Hore and the other non-surviving crew members were buried by Germans. After the end of the war, the bodies of these men were exhumed, properly identified and laid to rest in Hotton War Cemetery, Belgium. Flight Sergeant Hore's headstone inscribes these words that mark his duty well done; 'honour and everlasting glory to one who always did his duty'.

### References

Roll of Honour - Ronald Wentworth Hore

Flight Sergeant Ronald Wentworth Hore

Aircrew Remembered

Air Force Personnel Records - Ronald Wentworth Hore

RAAF Accident Reports – Ronald Wentworth Hore

*Submitted by a young local keen historian*

## HOLBROOK RETURNED

## SERVICEMEN'S CLUB LTD



For the Information for members & guests

18 yrs and over

### FRIDAY RAFFLE DRAW

\*Note daylight savings time change\*

Tickets on sale from 7.00pm

Drawn at 7.30pm

### SUNDAY RAFFLE DRAW

Tickets on sale from 12.30pm

Drawn at 1.00pm



### PLEASE NOTE

## Annual General Meeting

of the

Holbrook RS Club will be held on

Sunday 25th October at 3.00pm.

Please support your Club and come along.

## Restaurant Opening Hours



### Lunch

Wed to Sunday  
(specials daily)

### Dinner

Thursday  
Saturday  
from 6.00pm

## **SURVEY TO HELP SHAPE PLAN FOR REGIONAL SOFTWOOD INDUSTRY**

Serving an industry whose gross economic contribution to the region is more than \$2 billion per year, the South West Slopes Forestry Hub (the Hub) is asking the community to complete a survey as it assists with planning the softwood-plantation industry's future after the fires and through to 2050.

South West Slopes Forestry Hub chair, Peter Crowe said the Hub is one of nine to each receive \$1million over three years under the Australian government's National Forest Industries Plan (a billion trees for jobs and growth program). "Obviously, with the industry in our region supporting 1,917 jobs directly and 5,375 when you add in the flow-on jobs, it's important that we have a solid plan for the next 30 years," Mr Crowe said.

There is currently about 125,000 hectares of land available for growing softwood plantation timber in the SW Slopes region. This represents about 3% of the catchment areas above Lake Hume and Burrinjuck Dam. "Even before the fires, the local plantations did not produce enough wood to meet the demands of the local processors. With the new plantation establishment rate static, about 30% of the region's current wood needs are being met by other regions.

This adds to costs and has significant transport, environmental and community disadvantages locally," he said. "Due to the impacts of the 2020 fires, the wood from the plantations has been significantly reduced for the next 20-30 years as about 40% of the plantation area was burnt. The Hub has a role to play in assisting with the recovery and industry re-alignment processes that will be required to chart a path forward. "In addition to re-establishing the burnt areas, it has been estimated that an additional 30,000 hectares or 30 million new trees are required over the next 10 years to meet this region's demand," he said. Mr Crowe said the Hub's goal is to assist with identifying opportunities to expand the local industry. "Part of the Hub's role will be to identify constraints and impediments that need to be addressed. This will involve increasing the amount of wood generated from the softwood plantations, encouraging the development of appropriate skills, providing adequate infrastructure and therefore, deliver employment and economic growth to the communities throughout the Hub region," he said. "A key element of this is community engagement. Hearing the views of local people will help us to understand the interests of the communities and increase awareness of the industry, the facts about softwood plantations and the sector's contribution to jobs and community wellbeing. "Therefore, we would like to hear from as many people through out the South West Slopes area as possible. We encourage people to fill in the survey and share it with their family and friends." The survey responses will inform the Hub's communication strategy and can be accessed online [www.surveymonkey.com/r/SWSForestryHub](http://www.surveymonkey.com/r/SWSForestryHub) until 18 October

## **LOCAL MENTAL HEALTH SUPPORTS CONTINUING TO GROW**

With October marking national Mental Health Month, MPHNS is reminding people of the different resources and support services available in the region, which have been boosted by increased Commonwealth funding during the COVID-19 pandemic. "We know many regional Australians will experience a mental health issue during their lifetime, and those who don't will most likely know someone who does," Deputy Prime Minister and Federal Member for Riverina, The Hon Michael McCormack MP said. "Since 30 January, the Federal Government has provided an extra \$500 million for mental health services and support around the country. Locally, we've seen additional funding for headspace; while a range of other services have been able to expand." MPHNS offers QPR (Question Persuade Refer) suicide prevention training for free to people living in the Murrumbidgee region. The training is online, takes less than an hour to complete, and can be done at any time. Another key resource available is MapMyRecovery, an online service directory allowing people to quickly find the most appropriate service and information to meet their health needs. The resource was developed by the Murrumbidgee Mental Health and Drug and Alcohol Alliance. MPHNS also commissions a variety of mental health services throughout the Murrumbidgee region, which are free to access. "We are committed to ensuring people receive the right services at the right time and in the right place, therefore we commission services within a stepped care approach," MPHNS CEO Melissa Neal said. "In a stepped care approach, a person seeking support is connected to the services that meet their needs and as their needs change, the services change with them. The MyStep to mental wellbeing program is offered across the region and includes low, medium and high intensity services with a mix of face to face and telehealth delivery." While mental health issues can be very isolating, connecting with people and having conversations about mental health can minimise stigma and encourage people to seek help when they need it, Ms Neal said. "Tough times can happen to anyone, but nobody should feel alone," she said. "It's always okay to ask for help. Talk to your family and friends and let them know how you're feeling. Check in with family and friends and ask if they are okay." For more information about services available across the region, visit [www.mphn.org.au](http://www.mphn.org.au). If you, or someone you know is experiencing a mental health emergency, call Accessline in the Murrumbidgee 1800 800 944, Lifeline 13 11 14, or call 000.

## SPORTS COMPLEX SPORT AWARDS

2020 will not necessarily be remembered for its great sporting moments, but the members of the Holbrook Sporting Complex would love to create one to finish the year with a bang. We are once again calling for nominations for The Bendigo Bank (Holbrook branch) Junior Sports person and Sporting Complex senior sports person of the year awards.

The Bendigo Bank Jnr Award is open to anyone under 18yrs of age, who has excelled in their chosen sport/sports. This can be at local, regional, state, national or international level.

The senior award is not only open for athletes but also administrators, coaches and sporting volunteers. If you or someone you know has managed to play, coach, or organise sport this year and performed well, nominate them.

The winners will go on to be nominated in the Greater Hume Shire Sporting Awards. Our last year's senior winner, Lucy Grills went on to win this award after what could only be described as an exceptional year of polocrosse.

These awards are very prestigious, and we have had some exceptional past winners, but we know that you must be in it to win it so please nominate. It does not matter what sport you play, as long as you are a resident of Holbrook or surrounds.

Nominations can be emailed to [sportscomplexspoty@gmail.com](mailto:sportscomplexspoty@gmail.com), with name, age and a description of achievements before 1.12.20 or contact Russell Parker on 0402 292 723

### All players now named.

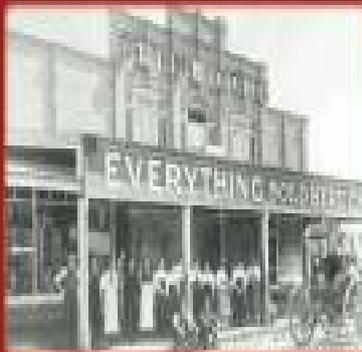
**Back L to R:** Geoff Winnett, Mick Mullavey, John Humphries, Paul Hunt, Phillip Meredith, Adrian Buttress, Bernie Schiller, Rodney Hoffman, Peter Hoffman, Frosty Hamilton, John (Crutchy) O'Shaunessy, Alan Hughes.

**Front L to R:** Max Hamilton, Ray Lynch (Captain/Coach), Billy Horn, Richard Hamilton, John Whitson, Nifty Stevens, Alfie Arnold.

P.S Nifty was only called Neville by his mother and he hated it.

If I had to guess I would say the year was 1974.

Phillip Meredith



# Holbrook Stores

*past, present, future - serving the community*

Holbrook Stores Next Market Day

Thursday, 8th October

See flyer for details.



M10 New Spring Catalogue out Now!

Great Bargains to get your Garden Looking Great!

Super specials on Weber BBQ'S

**TRADING HOURS:** 9.00am-6.30pm Monday to Friday 9.00am -3.00pm Saturday 10.00am-3.00pm Sunday  
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## HOLBROOK PONY CLUB ACTIVITIES

Holbrook Pony Club members have been keeping active at monthly rallies and a few recent competitions.

A combined training competition at Black Range Club, Thurgoona, saw 10 Holbrook riders compete in Dressage and Show Jumping. For some it was their first competition but plenty of help and encouragement by other Club members made for a fun day with plenty of smiles and ribbons amongst the riders.

All the riders (and some parents) learnt their dressage tests from grades, Introduction to B Grade and then completed two separate show jump rounds.

The next local competition is a Show Jump day at Jindera Pony Club on the 11<sup>th</sup> October.

Holbrook Club will host a 5 Event competition on Sunday November 15<sup>th</sup> at the Holbrook Equine Centre. It will feature Led, Ridden, Show Jumping, Obstacle Course and a Sporting event in different age groups.

Covid Safe measures have required Clubs to alter or adjust events so there is no sharing of equipment. HPC put these measures in place months ago and has safely conducted rallies.

The next HPC Rally will be on Sunday 25<sup>th</sup> October at HEC.

Join Holbrook Pony Club on Facebook to keep up with activities.



*Ella Cheshire and 'Fluke'*



*ABOVE: HPC riders at Black Range Combined Training Day*

*BELOW: Sarah Triggs helping young riders walk the Showjump Course.*



## MEN'S BOWLS

Hello to/from the men's bowls fraternity.

The weather is finally warming up so it would be great to see many bowlers back on the green. The Consistency tournament is in the semi-final stage, with our Kiwi "sleeper" China drawn to play Meikle J and yours truly pitted against Hibbo. Good luck to all. The draw for the Handicap tournament is on the wall, with some very good games scheduled. Results from both series will be provided in due course. Our annual Trevor Craig Memorial event is scheduled for 28/29th November and the "Bowling gods" have smiled on us as we initially thought we would be restricted to 14 teams, however Swanie advised we can now accommodate 20. More information on that event as the date approaches. Sunday bowls last week saw one of our "intra-state" travellers in attendance, and didn't he bowl well, great to see you Mr Joyce.

As usual social bowls each Tuesday, Friday and Saturday at 1.30 or Sundays at 10.00.

With nothing more to report that's all for this week and stay smiling and see you out there. Wayno.

## TENNIS

The new season in the Hume Country Tennis Association gets underway this coming Saturday with 3 matches at home Sect 1 play Howlong at home and the following week play at Burrumbuttock

Sect 2 Gold play Gerogery West at home and the following week play at Walla North Walla

Sect 2 Green are away to Bungowannah v their Possums team and the following week host Bungo Goanna's at Holbrook

Sect 3A are at Culcairn v Cul Blue and the following week at home to Gerogery West

Sect 5 are away to Pleasant Hills then at home to Henty the following week

Sect 6 are at home to Pleasant Hills White and then away to Gerogery West

The season's draw is on the "Hume Country Tennis Association" web site

All matches to START at 1.30 pm , be on court for hit-up before start time , ball fees are \$7.00 per player per match Annual Subs can be put in with ball fees with name , these are \$60 senior, \$25 junior/student , family \$130 , these can also be done by EFT now , ask for details from Stephan , Emma-Jane or Chas

With Covid 19 protocols there will be a form for team members to fill in on the day and visitors to the courts must also "sign in"

There will be NO afternoon tea gathering as per usual , players to supply their own refreshments and NO shared items

If there are any players new to the area wanting to play Saturday pennant please contact Stephan Parker 0428 362 143 or Emma Jane 0429 687 051

We are also encouraging any young beginners to come forward to get a regular game in the lower grades , noting that sect 6 is 2 boys and 2 girls per team – this can also be 3 and 1 or 4 girls – as long as 4 players are available

Chas



## Join us for a community morning walk!

Ian Geddes Bush reserve Saturday 17th October

9.00—10.00am (at the Wilson St end)

All ages and abilities are encouraged to join us—track is wheelchair and walker friendly



If we are lucky we might be greeting the Dollarbirds that use the reserve as they return from their Winter sojourn up north. Bring binoculars! Kylie Durant will answer your nature questions.

Enjoy a healthy morning tea provided by Greater Hume Council's Healthy Towns Challenge

COVID rules will be applied so please RSVP to be part of the guided walk RSVP please to HLN below

74 Albury St (PO Box 121) Holbrook NSW 2644  
T 02 6036 3181 E office@holbrooklandcare.org.au

www.holbrooklandcare.org.au



**LADIES' GOLF** Our Wednesday competition is proving to be very popular with an average of 12 ladies playing weekly. Welcome back Yvonne Roach, Kaye Semmler and Sol Webb. The monthly nine hole competition is also popular with the August winner Jenni Papworth with Runner-up Cathy Simpson. A new player, Jane Quick is showing great potential! September Monthly Medal winner was Liz Plunket with a 67 net, Runner Up, Kaye Semmler 75 net. The Gloria Spokes Monthly Medal play off will be held on September 30<sup>th</sup> between May winner- Teresa Waters, June - Chris Spokes, July- Helen Morton, August- Brook Mathewson and September- Liz Plunket. That will be a terrific contest! Woman's golf officially closes on 14<sup>th</sup> October but social games continue through November. Happy hitting!



### **GOLF Dads Army Golf 24/9/2020 9 hole event.**

Winner Rick Tindal. 2nd James Ross. 3rd Phil Spokes.

### **Veterans Golf 24/9/2020 18 hole event.**

Winner Vic Derbridge. 2nd Gordon Webb. ntp 3rd Alan Buchanan. 9th Jimmy Maskus. 10th Phil Spokes. 16th Ian Wettenhall.

### **Dads Army Golf 1/10/2020 9 hole event.**

Winner Gordon Webb. 2nd Phil Spokes. 3rd Alan Atherton. naga James Ross. ntp Tony Castles. Gordon Webb. Tony Castles.

By the time that you read this, our annual Enzed 2000 will have been run. This being one of our fund raisers for the year. The next events for us to look forward to will be the MDGA Pennants and the Monthly Medal Playoff.(The Bunyan Trophy) on the 1/11/2020. After that we will have the presentation day and our AGM on 21/11/2020. Remember the mini pennant kicks off again on the 28/29 of December. More later about a potential chook run on a Friday evening.

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## COMMUNITY DIARY

### October 2020

- Wed 7 **Holb. Swim Club AGM 6.30pm- RS Club**  
Thu 8 First Aid Course 5pm @ Library Complex  
Sat 10 **Tennis competition commences**  
Sun 11 Anglican Church Picnic @ Woomargama Park 11am (No Holbrook Church service)  
Mon 12 **Crafty Hands @ 7 Fleet St**  
Wed 14 Holbrook Art Group 5.30pm  
Sat 17 **Holbrook Landcare Morning Walk @ Ian Geddes Bush Reserve 9am**  
Cricket season commences  
Sun 18 Anglican Church Service Holbrook 9.30am  
Tue 20 Service NSW Mobile Service Centre @ Submarine Carpark 9am—3pm  
Youth Mental Health First Aid Course 6-9pm @ Library Complex  
Wed 21 Holbrook Art Group 5.30pm  
Thu 22 Youth Mental Health First Aid Course 6-9pm @ Library Complex  
Fri 23 Book Fair @ Holbrook Public School  
Sat 24 Community Gardens /Op Shop plant stall @ Op-Shop  
Sun 25 Anglican Church Service Holb 9.30am  
Mon 26 Crafty Hands @ 7 Fleet St  
Tue 27 Youth Mental Health First Aid Course 6-9pm @ Library Complex  
Wed 28 Holbrook Art Group 5.30pm  
Thu 29 Women's Health Clinic 6036 2522  
Youth Mental Health First Aid Course 6-9pm @ Library Complex

### November 2020

- Sun 1 Anglican Church Service Holb 9.30am  
Wed 4 Holbrook Art Group 5.30pm  
Fri 6 Lankeys Creek Hall Happy Hour 6.30pm  
Sun 8 Anglican Church Service Holbrook 9.30am  
Anglican Service Woomargama 11am  
Holbrook Australian Rules Football Club AGM 3pm @ clubrooms  
Mon 9 Crafty Hands @ 7 Fleet St  
Little Billabong CWA 7.30pm @ Heather Kovac's  
Wed 11 Holbrook Art Group 5.30pm  
Sun 15 Anglican Church Service Holb 9.30am  
Wed 18 Holbrook Art Group 5.30pm  
Sun 22 Anglican Church Service Holb 9.30am  
Mon 23 Crafty Hands 7 Fleet St

### Holbrook & District Race club Inc AGM

Holbrook Race Course on Sunday 8th November at 9.30am. Due to COVID-19 restrictions please email [holraces@bigpond.com](mailto:holraces@bigpond.com) if you wish to attend.

## ANNOUNCEMENTS

### WOOLPACK INN MUSEUM

A Pindone Baiting Programme for the control of rabbits will be undertaken in the Museum's grounds from  
12<sup>th</sup> to 31<sup>st</sup> October 2020.

Wendy Swan  
Secretary



The Holbrook Football Club would like to advertise the following positions for Season 2021

**Second Grade Coach**  
**Third Grade Coach**  
**Fourth Grade Coach**

Applications will be accepted up until Monday 2<sup>nd</sup> November and can be sent to P.O. Box 109 Holbrook or emailed to [holbrookfnc@gmail.com](mailto:holbrookfnc@gmail.com)

### COTTAGE GARDEN MARKETS

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