NSW Health Fact sheet

How to be COVID-19 safe in NSW







Stay at least 1.5 metres away from other people if you can

Wash your hands with soap and water for 20 seconds





Use hand sanitiser if you can't wash your hands



You must wear a mask on transport







If you are living with others and sharing facilities, keep 1.5m distance. If it is not possible, please wear a mask







Cover your face with your arm or a tissue when you cough or sneeze. Do not use your hands. Wear a mask and wash your hands regularly



Take your Australia Travel Declaration (ATD) with you when you go out. This is your proof of vaccination.

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