

Headerlines

Henty Community News



ISSUE 92

JUNE-JULY 2025

Greater Hume Settlement Strategy 2026-2046

Council is seeking your input to help guide the development of the new **Greater Hume Settlement Strategy 2026-2046**.

The **Greater Hume Settlement Strategy** will outline where new homes, businesses, and jobs should be located across the Council area through to 2046.

If you live, work, own property, or are otherwise impacted by the purpose of the Greater Hume Settlement Strategy, we want to

hear from you.

Your feedback will help shape how our towns and communities grow and thrive into the future.

How to participate

Council will be hosting a public meeting, and we invite you to join us to share your thoughts and ideas to help shape the future of our towns and communities.

Date: Thursday, 12 June 2025

Time: 5:00 pm – 6:00 pm



Location: Culcairn Memorial Hall, 25 Balfour Street, Culcairn NSW 2660

To register your interest in attending, please complete the form available on Council's website or con-

tact Council via email at ejones@greaterhume.nsw.gov.au or by phone on **02 6036 0100**.

Henty Local Health Advisory Committee welcomed four new members in 2025

Heidi Weston: If Heidi looks familiar, there's a good chance she has helped you with your health needs (or that of your car). She has been a friendly face at the Henty Pharmacy for more than 25 years. And for 22 of those years she has also worked with her husband Dave at Weston Automotive. All while raising three children, two of whom now attend Billa-bong and the eldest Tahlie in her first year of university.

With a love of helping people and her community, Heidi was motivated to join the LHAC to bring first-hand knowledge of the

health needs of local people to the Murrumbidgee Local Health Department.

Caryn Hogansen: Having made her home in Henty 11 years ago, Caryn wants to lift community wellbeing as a way of giving back.

When Caryn came to Henty she was studying a bachelor of social work. After completing her degree in 2019, she worked as case manager in foster care before finding her passion in mental health.

Caryn provides counselling for people of all ages, offering a range of services from animal assisted therapy to play therapy. Caryn has three children in high



From left - Sonja McCallum, Natalie Terlich, Caryn Hogansen and Heidi Weston.

school and one in primary school, who are involved in

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Advertising Rates

2025

Advertising Rates per edition

Full page \$150.00

1/2 page \$80.00

1/4 page \$55.00

1/8 page \$40.00

1/16 page \$20.00

Consecutive Advertisement

**5 ads
for the price of 4**

Article contributions (word or publisher) and photos (jpg format) can be emailed to hentyheaderlines@hotmail.com or dropped into Greater Hume Council Henty Customer Service Centre/Library.

DEADLINE FOR THE NEXT EDITION IS 15 JULY 2025

Editorial Details

Headerlines is a not-for-profit community newsletter published bi-monthly.

The editorial team reserves the right not to publish any article or to modify submissions to suit the style and objectives of the newsletter.



from page 1

local sports and groups.

"I hope to put my skills and knowledge in mental health to good use," she said.

Sonja McCallum: Sonja is truly immersed in the Henty community - the youngest of her two sons still attend Billabong High School, she works for Greater Hume Council, she met her husband at the Henty Football Club and they now run a transport business carting local livestock and, more recently, she has helped her mother relocate to Henty to live at Sweet-

water.

With three young granddaughters in Yerong Creek, a teenage son still living at home and her retired mother nearby, Sonja witnesses first hand the health needs of a wide cross section of the community.

"I joined the LHAC because I wanted to be involved in improving access to health care for the community," she said.

Natalie Dumensy: Born and raised in Henty, Natalie studied speech pathology at CSU in Albury and began working in early intervention right after grad-

uation in 2014, based in Wagga. At the time her partner Callum was still working locally and the couple settled in Henty. Now with three girls attending Henty Public School, Natalie continues to work within the early childhood disability sector.

"Growing up in Henty I was modelled strong values of volunteering and community service, so joining LHAC seemed like a good opportunity to utilise my knowledge of health and the disability industry to support my community," she said.

Hickory Hill Tennis Club Reunion 2025

Calling All Former Members of the Hickory Hill Tennis Club

It has been 30 years since the club closed. Do you re-



member watering, rolling, bagging and marking the courts of a Saturday morning. The sport, friendship, fun and afternoon teas on Saturday afternoons during the summer?

Former members are advised that a **Reunion Dinner** and unveiling of a plaque on the site of the **Old Courts Hickory Hill Road** will occur during the October long weekend 2025.

The cost of the dinner at the Henty Community Club will be \$30 per person. A



set menu with alternate meals of roast lamb and chicken mignon will be served. Special dietary requirements will be catered for on request.

If you would like to attend the **Reunion dinner on October 4 at 6pm**, and/or the **plaque unveiling on October 5 at 10.30am** you are requested to contact one of the following by September 20

Jennifer Christensen – 0418 449 624

Joan Lyons – 0427 298 785

Peter Lyons - 0428 298 785

Any photos or other memorabilia that you could contribute to a display, even your memories please let us know.

*Hickory Hill Tennis Club
Reunion Committee*

HENTY FUNERAL SERVICE
Phone (02) 6929 3201

† St Barnabas

Anglican Church
Day Street
Henty



Service Times

2nd Sunday 11am

4th Sunday 9.30am

Contact: Rev Ken Dale
0428 293 655

Service NSW Henty Mobile Service Centre visit

Service NSW Mobile Service will visit Henty on Wednesday June 4, 2025 outside of the Henty Library, 32 Sladen Street from 9am to 3pm.

The Mobile Service Centres offer similar services to our physical sites including:

- Driver licence, mobility parking and photo card applications and renewals
- Driver Knowledge Tests
- Working With Children Check applications
- Hazard Perception Tests

- Applying for birth, death and marriage certificates
- Savings Finder program to access more than 70 government rebates and vouchers

Note: Driver Testing by appointment

Call 13 77 88 or visit service.nsw.gov.au to check latest timetable.

Severe weather may mean the timetable has to change at short notice. We strongly recommend you check on the day.

Creative Writing Workshop

Henty Active Arts will be holding a Creative Writing Workshop on June 22, 2025. The workshop will be conducted by Robyne Young from Promotions from the Pen and will cover:

Developing your writing toolbox — tools and techniques:

- Description – vivid language and writing,
- Dialogue,
- Building tension,
- Pacing,
- Real characters/people using their five senses (or six). Show don't tell and how to find the balance.

Writing Memoir

- The difference between autobiography and memoir.

- Why do you want to write your life story or a part of it?

- Finding the way in.

- How to be brave and tell the truth.

- Silencing your inner critic.

- Some legal considerations.

For further information please email:

hentyactivearts@gmail.com

Debbie Stanley

WE ARE HIRING - ADDING TO THE TEAM

CARE WORKER

Join Ainslie's team of carers, providing care in a home environment.

Carer required for two five hour shifts a week and could fit within school hours.

Wages negotiable and people of all levels of experience are encouraged to apply



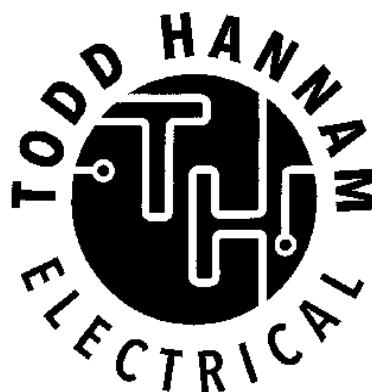
JOB DESCRIPTION:

- Supporting client with personal hygiene
- Tidying and routine cleaning
- Preparation of nutritious meals with some dietary requirements
- Occasional gardening
- Location: HENTY

DESIRED QUALITIES

- You can work independently and are self motivated
- You have a quiet and calm manner
- You are prepared to liaise with the client to meet her care needs

CONTACT: Alison Campbell 0428 714 146
petal@pcandacampbell.com.au



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Todd 0429 809 866

Library News



Greater Hume Council's Henty Library is located in the main street of Henty and provides our Greater Hume Council area with a great range of services including the loan of books, magazines, audio books, DVDs and children's books to all our members. Our library is free to join and gives you access to our other libraries located within our council area as well as many other areas where we can reserve books and have them delivered to our library for you.

Don't forget Henty Wrap with Love on July 24 from 10am to 2.30pm. Bookings essential 02 6036 0100.

Contact phone No.:

02 6036 0100



Hours:

Monday - Closed

Tuesday

12:00 pm–05:00 pm

Wednesday

12:00 pm–05:00 pm

Thursday

12:00 pm–05:00 pm

Friday

12:00 pm–05:00 pm

Henty Pickleball

Pickleball in Henty continues to grow and strengthen with many participants now regularly playing games at the Henty Lifestyle Centre – Tuesday 5.30 – 7.00pm.

Unlike traditional racquet sports that can feel competitive or isolating, pickleball's inclusive and welcoming atmosphere makes it a fantastic social sport for all skill levels. Pickleball isn't just a game – it is a social connector, a fun way to meet people, make friends and stay socially active.

The game is typically played in doubles, encouraging teamwork, communication and friendly banter. The compact court and quick rallies make it easy to chat, laugh, and celebrate victories together. The smaller court, lightweight paddles, and slower ball speed make it enjoyable for children, adults and seniors alike.

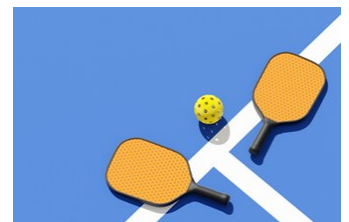
Pickleball:

- Improves hand-eye coordination and fine motor skills.
- Enhances agility, balance, and endurance through rapid movement and strategic footwork.

gic footwork.

- Provides a low-impact alternative to high-intensity sports, reducing injury risks.
- Encourages critical thinking through strategic shot placement and tactical play.
- Multigenerational game, connecting families, friends, and different age groups.
- Excellent fun team building activity for businesses - organisations to boost team engagement.

Come along and enjoy this easy to learn and play sport – contact Janet Gutte 0439 243 530 or Warren Heycox 0427 760 532 for further information and playing schedule.



Henty Early Childhood Association Inc.

Preschool positions available

Enrolling from 3 years of age
8am - 3.30pm

Tuesday, Wednesday, Thursday & Friday
After preschool care until 6pm

Call: 0269293472

Email: hentypreschool@bigpond.com.au



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Hello from the Henty MPS

May is here already and even though it's the last month of Autumn we are still watering the garden everyday while we wait for some rain. Our garden is still full of colour and the fruit trees are looking good especially the mandarin tree.

May 12 is international nurses day. Here at the hospital, we celebrated with a special presentation of flowers for our nurse Annette who is retiring after 28 years. There was also some small thank you gifts for our nursing staff

and a wall of thank you cards letting them know that we appreciate all their hard work for not only our residents, but also for the community.

Our residents are blessed to have staff that have made a real difference and connection to them in a person-centred way. There really



isn't a day that goes by that we don't appreciate a nurse in the resident kitchen making them something fresh to eat. It could be something like a biscuit, scone or a from scratch pavlova. It could be a fresh made pot of soup or maybe a zucchini slice. We have recently had a staff member purchase a hamburger for a resident's birthday because it is his favourite food and another that colours one of our ladies hair because it makes her feel good and special. I could go on and on about our nurses and the good they do, but there just isn't enough room on the page.

To finish off, I'd like to tell you about Heinz and the connection he has with

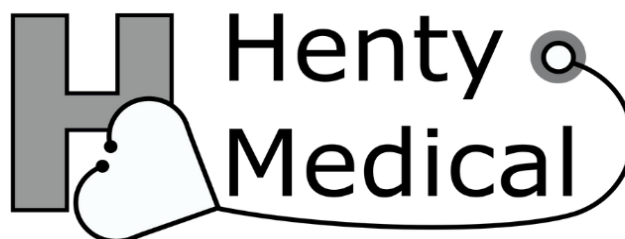
some of our staff. With nurses coming from all different cultures Heinz can have trouble with remembering and saying their names. Heinz has come up with a unique way to remember one male nurse here named Subodh. Heinz has decided that Peter Smith is a bit easier to remember and so that is what he calls him. Heinz also likes to call Manager Katie, Katie Smith and other staff also have pet names from Heinz.



Dr. N. Wahba

MBBS, AMC, FRACGP, DCH, OTAC, TQM

We are accepting new patients.



HENTY MEDICAL CENTRE

OPENING HOURS

Monday - Friday : 8:30am - 5:30pm
Closed for Lunch : 12:30pm - 1:30pm
Saturday & Sunday: Closed

📍 8 Ivor Street Henty NSW 2658

📞 Phone: 02 6929 3760

📠 Fax: 02 6929 3664

AVAILABLE SERVICES

Beside routine consultations, thorough assessments and within our family/friendly environment, following services are available:

- **Cardiological** (Heart) check up, heart tracing (ECG), Cardiovascular risk assessment, 24/48 hour Holter Monitor and 24/48 hours Blood Pressure monitor.
- **Respiratory:** Lung function testing/Spirometry and Asthma and COPD/emphysema management.
- **Full Health Assessment** for people 45-49 and over 75 years of age.
- **Management of Chronic diseases** and care plan as well as referrals to allied health.
- **Allied Health:** inside our practice, we have regular/Monthly Dietitian, Diabetic Educator, Podiatrist, Audiologist (beside our referrals to our local physiotherapist and chiropractor).
- **Immunisations:** Neonatal, childhood, adults and travel Vaccinations.
- **Aboriginal Health** care and health assessments.
- **Women's Health:** Family Planning, contraception e.g. Intra-Uterine devices (IUD), Implanon, Cervical Screening (previously known as PAP smear); Ante-Natal Care.
- **Men's Health**
- **Mole Check:** Regular Skin Cancer Check using the most updated FotoFinder Tower Station Dermoscope.
- **Procedures for skin cancer:** SCC, BCC, Melanoma excisions, skin flaps/Grafts and Lumps/Cysts excisions.
- **Mental Health** Assessment, Mental health plan and Management.
- **Drug & Alcohol** Assessment/Management e.g. Opioid treatment program, Home Detox and counselling.
- **Smoking cessation** programs - support and counselling.
- **Service NSW:** Drivers Licence including Private, Commercial (Truck and Bus medicals).
- **Work related injuries** assessment and certification/Work Cover.
- **Pathology/Laboratory Centre:** Opened daily for fasting and non fasting blood tests and histopathology.

In Appreciation

IN APPRECIATION to everyone who shared their warmth and support in many ways to Paul's passing in February. It became overwhelming, as your support kept rolling in, and still is.

A special thankyou to the staff at the Henty ED Hospital. You were always our first port of call when Paul was unwell. Equally, Paul was more than comfortable in having his last few days, in your care.

A thankyou also to the Henty Community Club. We were always made so welcome and had many terrific times in the company of members and friends. Then to be there again for Paul's last celebration, hosting and supporting, was amazing. Thankyou to all those people who contributed and attended.

Thankyou Henty

Again IN APPRECIATION

Robyn Elliott



Food drive kicks off

By the time you read this edition of Headerlines, the Henty CWA branch will have started a food drive in conjunction with Dale's IGA Henty, to collect non-perishable food items. A second drop-off location has been established at Dales Electrical Centre for food items not purchased from Dales IGA, as well as baby, bathroom and sanitary products. Donated items will be provided to Wagga Carevan and groups addressing food insecurity in the Henty areas.

The CWA of NSW has recently launched its 'Find Your Place' membership campaign, inviting women to experience the strength, support, and opportunities that being part of the Country Women's Association of NSW provides. Henty is keen to further grow its membership and will be holding two "Coffee - Meet and Greet" sessions in mid-June for women who would like to know more about the CWA and the five key messages that reflect who the CWA is – and what we are becoming:

- We are a trusted community of women, committed to building safe,

prosperous communities across NSW and the ACT;

- We are proudly apolitical, but we are passionate advocates raising our voice with policy-makers on issues that matter in regional, rural and remote NSW and the ACT;
- We are a modern, inclusive, and evolving organisation, proud of our history, but focused on the future and what today's women want from a community like ours;
- We are a network of kindness, friendship and respect, always engaging in a way that is wel-

coming and supportive of all women; and,

- We reduce isolation and empower women to connect, to lead and to make positive change.

Henty's two sessions will be held at 10am Wednesday, June 18, at the coffee shop, and at 7pm Thursday, June 26, at the Henty Community Club. If you are thinking about joining the CWA, please come and join us for a free coffee on either of those days to learn more about the CWA.

For more details, contact Janet Beverley at 0475 390 341 or Terri Taylor at 0431 379 364. The next CWA meeting will be held on Friday, June 13, starting at 1pm at the Henty Community Club.



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Music fills the school

St Paul's Lutheran Primary School is an integral part of the Henty Community and one of the most important groups that we welcome to our school is our **mainly music** families. The excitement of babies and preschool children engaged in song, rhyme and dance fills our hearts with joy. Everyone is welcome to come along and feel the special warmth. *See the dates in the ad below.*

Henty Show brings the talents of our students to the fore and it was wonderful to have a visit from the Henty Show Society representatives, Mr Graham

Lieschke (President) and Mrs Monica Schrader (Secretary), to present our school Captains with the shield for the Most Successful Primary School Exhibitor for 2025.



One of our goals for 2025 is to connect even more with our regional community through transferring our learning into acts of service. This helps our students see

that they can be part of making a positive impact on others and that community is all about looking out for each other. **Myoora** and St Paul's have a special relationship. Visits will be ongoing during 2025 as we share mornings together, playing games and interacting with the residents.

During **ANZAC Day** our students marched with a wreath covered in poppies knitted and crocheted by members of the Henty CWA, Peter Mac Craft Group, Henty & Culcairn Probus and Uniting Church. Hundreds more poppies were attached to a cloth that was displayed at the Cenotaph. We love being part of our community.

Opportunities:

New families comment on the welcoming and friendly students and they are sur-



prised at the wealth of facilities we enjoy – St Paul's is a BIG small school.

As a Lutheran school, our students receive a 20% discount on successful enrolment at St Paul's College for Year 7. Lutheran Schools in the Riverina have a strong connection and considerable effort is made to help St Paul's Primary students transition from Year 6 into Year 7 at St Paul's College.

Kinder Enrolments OPEN for 2026

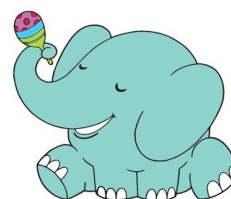


30 -34 Lyne Street - Henty

02 6929 3323

www.stpaulshenty.nsw.edu.au

*Enquiries and school tours
are welcome anytime!*



How much fun can you take?

Session Dates 2025

Term 1	Term 2	Term 3	Term 4
17 Feb	5 May	4 Aug	20 Oct
3 March	19 May	18 Aug	3 Nov
17 March	2 June	1 Sept	17 Nov
7 April	16 June	15 Sept	1 Dec

- Enjoy 30 minutes of music with your preschool child.
- Meet and chat with others in the same season of life.
- Your child will delight in the play time after the music session.
- You'll enjoy food and drink together.

We'd love you to join us.

9:30 - 11:00am

St Paul's Lutheran Primary School

30 - 34 Lyne Street - Henty
02-6929 3323



delight, accept, grow

mainlymusic.org

Lauren helps older folks live better

Lauren Coe is most likely Henty's current longest serving health professional and, yet, you might have little idea of what her job actually involves. That is, unless you've needed her services and you've discovered she's an essential element of successful care for the aged in their own home.



A career nurse who started more than 40 years ago at one of Australia's largest hospitals, The Alfred in Melbourne, and went on to become a midwife and neonatal intensive care unit specialist, Lauren has been Henty's community

nurse for more than 20 years.

What is a community nurse? In Henty it is a four-day-a-week role filled by Lauren three days (with Colleen Nicholls of Holbrook on the fourth day). A community nurse works to help the elderly and frail stay living independently as long as possi-

ble in their own homes.

After an initial assessment, the care receiver is set up with a plan which involves the community nurse visiting them in their home to assist with a range of nursing tasks, such as wound care, health education and

palliative care.

Some recipients may only receive visits on a short-term basis while recovering from illness or injury, while there are some who Lauren has been working with for many years.

"Fran Fifield initially recruited me for the job and it has been a good job to have while raising a family," Lauren said. Lauren and farmer husband Grenville now have three grown sons.

"There's no shift work or weekend work and it is good to feel useful in making people's lives easier."

After her years of observing how people age, Lauren has some simple tips for people

wanting a healthy later life:

1. Do your exercises. Work on strength and balance and take advantage of classes on offer;
2. Get a personal alarm, especially if you live alone; and,
3. Plan ahead, as waiting lists for some care packages are lengthy – don't wait for a crisis.

How do you access community nurse services? Through your GP or via the Henty MPS or by contacting the Community Care Intake Service (CCIS) on 1800 654 324.

A full assessment is carried out and a suitable care package will be developed.

Henty Yoga

Awaken a renewed sense of energy and balance in body, breath and mind



Henty Lifestyle Centre & online

For bookings and details

text 0466 278 146

or email promo@sharelearn.yoga

Come along and try it out- first class free



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email: amanda@myfloralstyling.com.au

40 years since Ken flicked switch

It was Anzac Day back in 1985 that Ken Dale was preparing his new electrical appliance store for its first day of business the next day. Many things have changed over the 40 years since Ken started supplying the community of Henty and district with top brand electrical products.

and hardly a DVD to be found with streaming has taken over. The size of many items is increasingly smaller as technology is in everything. It's been a whole new world since Ken opened his store.

Ken still provides traditional service, which the local community really appreciates. People are always

treated with respect and many become known on a first name basis. Nothing is too much trouble, and customers are treated in a jovial, professional manner. A smile is always a part of the shopping experience at Dales Electrical Centre.

Ken has created a network of suppliers over the years that keeps him in touch with the best brands and innovations associated with a product. He has always seen the benefit for his customers of belonging to a bigger buying group thus accessing the best prices possible for a medium-sized store in a country town.

Customer loyalty is the hinge pin of the success of

Dale's Electrical Centre. From the initial sale to prompt delivery in the immediate area and after sales service and information for repairs if necessary. Dale's Electrical Centre has earned a good reputation as a local store that offers as much as it can to the wonderful people who shop there.

A celebration day has been organised for Friday, June 20, with a celebratory cake to be cut at 10.30am. Ken invites you to be present to show the people of Henty and district how much Ken appreciates their custom and loyalty.



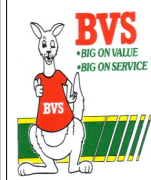
Technology has changed dramatically, very few homes had a computer, televisions were push button, but not on a remote, on the TV itself. The video recorder was expensive and again, very few homes had one.

Now we have everything digital, computers sit in the kitchen for easy access, we speak to a little box to find the weather with other information,

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(0466 986 228)**



**plus
LIQUOR**

**Congratulation Ken on 40 years of trading
as**

Dales Electrical

First opening the doors in 1985.

Customers and friends are invited to

Celebrate with Ken on Friday 20th June 2025.

**Cake cutting 10.30 am. Specials & Display
instore**

**At Dales Electrical Centre, 21 Sladen st,
Henty.**

Well done Ken, looking forward to many more
years

Narelle, Jason & all the staff at

Dales IGA, Hardware & Electrical stores

Lions cater to diverse needs

On Anzac Day the people of Henty turned out in force to honour those who have fought and died for our country. The march and commemorative service at the Cenotaph were well attended by the community. After the ceremonies were completed, the Lions Club members and the Henty Community Development Committee members served tea, coffee and

Anzac biscuits to those in attendance. The Lions Club would like to thank the wonderful cooks of the community for their contributions of Anzac biscuits.

The Lions Club are planning to hold a wood raffle and sausage sizzle. Provided the booking is confirmed, members will be in Sladen Street outside Dales IGA on the June 13 and 14 selling raffle tickets and warming

sausage sandwiches. Raffle tickets are \$5 each and only a limited number will be sold. Imagine that warmth from your fireplace as the days grow colder. The proceeds from this event will go to support Australian Lions Children's Cancer Research Foundation.

As a community service organisation, the Lions Club of Henty is seeking to expand its membership and

bring fresh eyes and minds of our community's needs. There will be information about the club and the Lions organisation at the street stall and secretary, Ken Dale also has information at Dales Electrical in Sladen Street. Please, pop in and pick up some information about Henty Lions.



Show interest in the show

Looking for something to do in the community? Want to be part of an exciting yearly event? Then look no further as the Henty Show Society needs your help.

The society is looking for volunteers to help maintain the show. Every little bit helps to make the show bigger and better each year.

The show has sheep, cattle, horses and poultry, it has a large pavilion section that is home to an array of different categories such

as fine arts and crafts, jams, cookery, flowers needle work and more. The show has the CWA display each year and a local school competition as well as displays from all the schools. It offers a Show and Shine as well as food venues and drink and bar facilities.

So there is room for everyone, and all ages are welcome. The show society meets every first Monday of the month at 7pm at the Show Ground in the pavilion, so come along and get to know them.

For further information feel free to contact Graham Liescke 0428 488 076 or Monica Schrader 02 6929 3219 or 0408 090 900. Or drop in and see Monica at 5

Sladen Street Monday-Friday 9.30am-2.30pm. The society is looking forward to meeting you.

Seafarers ask for bags

A request for drawstring bags has been made by the Seafarers. Instead of packing kits of goodies (socks, beanies, soap, snacks etc) into plastic bags, the caring group of helpers would like to make re-usable drawstring bags. If you can sew material - 27cm x 36cm

(approximately) - your help for the Peter Mac Ladies would be much appreciated. Pam Green has more details.

Hundreds of beanies are ready for the Seafarers so to add to the growing tower of beanies, keep knitting or crocheting.

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Houses, Undergrounds, Farm & Town.**

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Brenton Meyer
0402 352 253**



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June is Beanie Festival

You are invited to the opening night of the Beanie Festival on June 10 7pm-9pm. There will be wine tasting from Wilksch's Winery, judging of beanies, dressing up of Nursery Rhyme characters, speakers and presentation of prizes.

The Sydney Seafarers Mission will receive most of the beanies and others will be distributed among the

homeless.

For viewing of the large display of beanies, the Henty Craft Shop in Sladen Street will be open on Friday and Saturday 10am-2pm. Other times by appointment with Yvonne Booth – 0428 293 193.

The total count is 835. It might even reach 1000!

More wraps for needy

Another 17 wraps are heading to the coordinator in Wagga Wagga. Thank you Pam for sewing many squares together to make the beautiful wraps. Thank you to Eunice Schuller and Roslyn

Braund (Sydney) for their amazing wraps.



Test your knowledge

Below are some trivia questions on Australian history.

Answers on page 13.

1. What name did Abel Tasman give to mainland Australia?
2. What was the main form of exchange in the colony when Governor Macquarie arrived in 1810?
3. Where did the Rum Rebellion take place?
4. What was the Battle of the Eureka Stockade about?
5. What year did Australian women gain the right to vote in federal elections?
6. What was the name of

the first woman elected to an Australian parliament?

7. When did Australia officially adopt the dollar as its currency, replacing the pound?
8. What was the name of the Australian prime minister who declared war on Nazi Germany in 1939?
9. Who wrote the Australian song "Waltzing Matilda"?



Mural brightens garden

Heinz and his fellow residents at Gawal Gardens at the Henty MPS would love



you to call in and have a look at their new view.

Talented local artists Peta Bullock and Izu Hooper recently completed a huge mural on the wall between the MPS and the Myoora Hostel. It adds a beautiful backdrop to the lovely garden created by the residents with help from staff, particularly activities coordinator Toni Shutt (who came up with the mural idea!).

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When life gives you lemons, make lemonade

The origin of that quotation is not quite clear, but the intent is very clear. The Henty Men's Shed was kindly offered a mature lemon tree, that was in the wrong place.

Well according to the oracles (that's some of the longer serving members of the shed) moving a mature tree is a challenge – but challenge accepted. It is the motto of all Men's Sheds that "we'll give it a go, but no liability accepted". Also, in every Men's Shed, there are as many opinions on how things should be tackled as there are members.

So, it came to pass. In the first week there was a ten-

tative trim of dead wood, a collection of the fruit approaching maturity, and a start on ensuring the tree was well watered.

In the second week a heavier trim of longer limbs as the scale of the dig was surveyed.

During the third week the tree endured a heavier prune as water was applied to its roots, and to the ground where it was to find its new home.

It's funny how life throws up a challenge, then a resolution – not previously considered – comes to the fore.

It was a farmer who said don't worry about digging it out, "I'll get it out with my



tractor!" On the appointed day the tractor excavated the new site for the tree, moved to the tree and with one movement had the tree root ball in the bucket and "plonk" it was into the prepared site.

Increasing health challenges face us all as time passes. Rising above some of the challenges ahead does not come easily, but the fellows

at the Shed are there to share those challenges. Why is it that "a challenge shared is a challenge halved"? It is knowing that you are valued and if they can, most people are prepared to help, sometimes in the most unexpected ways.

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from page 12

Just like the problem of moving a mature lemon tree, which was probably not going to fit into a wheelbarrow, suddenly there was a tractor with a skilled operator.

If you are sitting at home wondering about what the

future holds, come down to the shed at 67 Sweetwater Drive Henty, where sharing a cuppa and diverting some of the challenges of life is our motto.

Time will tell if we can turn the "lemon into lemonade", but the process is underway.

Answers to trivia questions on page 11

1. New Holland
2. Rum
3. Sydney
4. A revolt by miners against unfair taxation and government policies.

5. 1902
6. Edith Cowan
7. 1966
8. John Curtin
9. Banjo Paterson

27 years of support

The Peter Mac Group have continued for 27 years in Henty and it is getting harder to make deliveries to the Melbourne Institute for Cancer Research in Grattan Street. Once it had sales reps and relatives of Hentyites who lived in Melbourne, plus business people from Sladen Street

delivering boxes of beautiful craft. These people no longer exist, but the need to raise funds for important cancer research and equipment is still there.

A few new faces have been welcomed to the Peter Mac Group held in the Uniting Church Hall on the fourth Thursday of each month

from 10.30am.

Last month they made novelty bags and heat packs. Thanks to Peter Campbell for the wheat, Alice Latham for the lavender and Ada Uebergang for the collection of quilts, baby knitting, children's jumpers and slippers and Julie Parker for printing labels.

Besides knitting and crocheting, the group have sewn 60 baby beanie seams from Wendy in South Australia. These will also be distributed to local hospitals, and in Alice Springs and Katherine.

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Support serve grows rapidly

The Henty/Culcairn Probus group held its April meeting at the Henty Community Club and the May meeting at the Culcairn Bowling Club. Both gatherings were well attended.

April's keynote speaker was Dylan Harrison (Hore), who, with his wife Rachael, founded The Next Step in March 2022 as a disability personal support service located in Henty. It is the only such service located between Albury and Wagga Wagga. The business began with one client, but has expanded rapidly as families within the Greater Hume Shire who have a child with a disability learnt of the services offered. Dylan's brother Daniel quickly joined the staff and now the organisation has 13 active support workers, of whom 11 live locally. The Next Step has 30-40 actively involved clients. Recently, through a working relationship with Henty Respite Trust, Avondale Place has become the hub for The Next Step's work.

Programming has grown over the past three years. Now The Next Step provides activities in the fol-

lowing areas: community access, assistance with daily life, short term respite at Avondale Place, road to independence activities subsidised by Henty Respite Trust, social activities on Friday nights and Saturday, social excursions for one or two days, car washing, and aged care support. Those of us who patronise Henty's coffee shop in the morning regularly see the happy disposition of The Next Step participants as they gather to begin their daily activities.

May's keynote speaker was Craig Broughton who recounted the journey he and his wife Karen undertook after deciding to relocate from their Albury home rather than to renovate. In November 2021 they found a 40 acre lot on Coach Road which suited their needs. After discovering that it would cost \$80,000 to get power to the property, they investigated going solar and thus began their journey to build a three-bedroom off-grid home that was as solar-passive as possible.

The property only had five trees on it when purchased; however, over the next several years, Craig and Karen

planted 1,000 trees. In designing the house, they decided to use materials that don't require upkeep, including corrugated iron outside walls. The walls and ceiling are exceptionally well insulated, the windows are double-glazed, and the whole house is wrapped, such that no air transfers from outside to inside or vice versa.

Major windows face north to optimise the use of sunshine for heating, and the house has polished concrete floors that capture heat during the day and release it in the evening to help heat the house. The house's ambient temperature is between 18 and 20 degrees all year. The Broughtons supplement the solar heat in winter with a wood fire and have a split system for heating and cooling as a final backup.

The solar system comprises 48 solar panels that can generate up to 23.5 kWh daily, plus seven batteries for storage. With careful scheduling of major appliances, the Broughtons use less electricity than they generate. They also use a sustainable approach to water use for their large vegetable garden and orchard. While an off-grid home is not for everyone, Karen and Craig absolutely love theirs.

If you are retired or semi-

retired, Probus may be the social group for you. Contact Beryl Meyer at 0427 293 147 for more information. Our next meeting is Wednesday, June 11, 9:30 for 10am at the Henty Community Club.



Postcards for war ravaged country

Since March 2023, 10,000 postcards, greeting and homemade cards have left Williamstown, Victoria for Ukraine. Words of love, hope and encouragement are written to the soldiers at the front. If you would like to add to the 43 envelopes which have left Henty, contact Yvonne Booth – 0428 293 193.



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Henty field days showcasing the latest in ag technology

More than \$200 million worth of the latest in agricultural and machinery products will be showcased to the nation in southern Australia's single biggest agricultural event, the 2025 Henty Machinery Field Days.

The agribusiness super event is scheduled for September 23-25 and has evolved into the nation's agricultural shop front over its 62-year history with 14 kilometres of outdoor sites.

HMFD chief executive officer Belinda Anderson said the event has become an institution on the farming calendar with an incredible 78 per cent of visitors making the trip to the field days an average of nine times.

"The event has a proud heritage and the HMFD Cooperative has never lost sight of the primary reason for its existence – to showcase the agricultural industry, and the very latest in new and emerging agricultural technology," Mrs Anderson said.

This year's field days will have all the usual attractions including the prestigious Henty Machine of the Year Award, the working

sheep dog trials, Country Lifestyle pavilion, Farm Gate, Baker Seeds agronomy trials, helicopter joy rides, live entertainment, the Natural Fibre Fashion Awards and vintage farm machinery display.

"2025 will further build on the visitor experience achieved with last year's launch of Agtech Alley, a collaboration with the NSW Department of Primary Industries and Regional Development," Mrs Anderson said.

"This hub connects over 20 collaborating business, industry, grower and producer organisations, and delivers an extensive schedule of workshop, demonstrations, networking events and start-up mentoring for all attendees.

"Agtech Alley delivers practical advice to producers and industry organisations through the live demonstrations.

"Visitors can learn about cutting-edge innovation and how they can apply the latest technology, be it remote sensors, connectivity, or post-harvest solutions to streamline their on-farm operations."

The 2025 field days will be officially opened by popular television presenter, wool industry ambassador and fashion designer, Catriona Rowntree.

The official opening on Tuesday, September 23 will include the presentation of the prestigious Henty Machine of the Year Award while Greater Hume Council will sponsor the Best Australian Designed and Manufactured Machine to be presented on Wednesday, September 24 at 10.30am.

National and international agricultural and commercial businesses will be eligible for the HMFD Exhibitor Awards.

Awards will be presented on Thursday, September 25 to the winners of the Best Outdoor Large Commercial, Best Outdoor General and Best Indoor Exhibitor sites (Country Lifestyle and Farm Gate Produce Market).

At Country Lifestyle, the stage will be the focus of fashion parades featuring garments from exhibitors daily at 11am and 1pm.

Designers with a flair for converting natural fibres into wearable art will compete for

more than \$5,500 worth of prizes, including the new Best Repurposed/Recycled Fabric Garment Award sponsored by Greater Hume Council for \$500.

The Henty Natural Fibre Fashion Awards showcase designs using at least 70 per cent natural fibres with parades daily and the winners announced at 1.30pm Thursday.

Farm Gate will be a hive of activity of gourmet products direct from regional producers whilst outside on the sound stage is the talented regional duo Happy Hour.

Competition is expected to be intense this year at Henty as the nation's best sheep dogs and their handlers gather for the Murray Valley Championship Yard Dog Trial and Henty Three Sheep Trial which are proudly supported by Hypo.

The display by the Henty and District Antique Farm Machinery Club members always draws a large crowd and will include machinery commemorating 100 years of Caterpillar.

Pre-purchase early bird tickets until September 22 on www.hmfd.com.au and click on Buy Tickets. Online prices are \$26 + card fees for adults and \$9 + card fees for children 12 to 17 years. Children under 12 years free when accompanied by an adult.

Gates are open from 8am to 5pm, with prices for online and gate entry (unchanged on 2024) being adult gate tickets \$30 (cash), card \$30 + card fees, children 12 to 17 years \$10 (cash), card \$10 + card fees and children under 12 free when accompanied by an adult.



