

# HOLBROOK HAPPENINGS

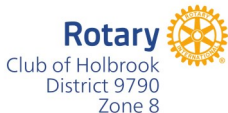
Issue 501

21 May 2025



## FREE MEN'S HEALTH CHECKS IN HOLBROOK

"Saving local lives" is the objective of the Rotary Men's Health Educational Rural Van (mherv) which, thanks to the Rotary Club of Holbrook, is coming to our area on Monday 2<sup>nd</sup> June and Tuesday 3<sup>rd</sup> June at the Submarine Park adjacent to the IGA carpark.



Mherv is operated by the Rotary Club of Warners Bay in collaboration with local NSW Rotary Clubs and other organisations.

The mherv project has been operating over six years travelling regional and rural NSW offering free health checkups to people who haven't had recent checkups. In the meantime, blood pressure, blood sugar and cholesterol levels may have reached seriously high levels and there are no symptoms until it's too late and a heart attack or stroke strikes.

The program is focused on men's health because unlike womenfolk they are not always good at caring for their own health. But nobody is turned away.

The service is offered in a relaxed, confidential and informal setting. The mherv registered nurse conducts the tests and discusses any health concerns seated in the privacy of the van.

Mherv screenings have saved lives and improved outcomes for many men and women throughout NSW.

The Holbrook community is invited to take the opportunity to have a free health check. Just 10 minutes invested can save your life and the life of someone you love.



## SMALL GESTURES MAKE A DIFFERENCE

From Holbrook News and Gifts:

"We're feeling incredibly humbled by how well our "Pay-It-Forward Coffee Board" has taken off. Today, we had the honor of sharing a coffee with a customer who had just received heartbreaking news about his mother.

He was deeply grateful for that small act of kindness, and it reminded us just how powerful these little gestures can be.

Thank you to everyone who's contributed—you're making a real difference."

*Cheers Vicki and Staff*

## SPECIAL SCREENING OF "JUST A FARMER" COMING TO HOLBROOK

### SAVE THE DATE - FRIDAY 25 JULY

The Holbrook Business & Community Development Group has taken advantage of an opportunity to bring the movie "Just a Farmer" to Holbrook on the evening of Friday 25 July.

Writer and producer, Leila McDougall, has also been booked to attend the evening.

With the ongoing dry conditions being experienced throughout the region, this free screening is being held to help support our local farmers, associated businesses and the community of Holbrook with the stresses which go along with these adverse conditions.

Already a number of organisations have come on board to provide support for the event and at the conclusion of the screening there will be a Q&A session where questions can be put to some of the professional support people for Southern Riverina.

Everybody is welcome to attend the evening, with further details available in coming weeks.

To watch the trailer, or learn more about the movie, go to <https://www.justafarmermovie.com/>



## HOLBROOK HAPPENINGS' POLICY STATEMENT

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Please note this publication is available online at [www.greaterhume.nsw.gov.au](http://www.greaterhume.nsw.gov.au)

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## DEADLINE

Next deadline 9.00am

Friday 30 May 2025

We prefer articles to be emailed to:  
[holbrookhappenings@gmail.com](mailto:holbrookhappenings@gmail.com)

If you are a new advertiser, email us for information & a booking form.

## LIESCHKE MOTORS



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10  
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## WHEN LIFE FEELS HEAVY — YOU'RE NOT ALONE

Drought, unpredictable markets, and isolation can create immense pressure. You may not talk about it, but we know the stress is real — and it builds up over time. **That's why we encourage you to check in on yourself, just like you would on your livestock or crops.**

Financial stress and mental health go hand-in-hand. Whether you're falling behind on bills, dealing with rising costs, or worrying about your farm's future, financial stress can affect more than your wallet.

It can lead to:

- \* Trouble sleeping or constant worry
- \* Headaches, fatigue, or tension
- \* Relationship strain
- \* Feeling anxious, low, ashamed, or stuck
- \* Avoiding bills or important tasks

**At Vecare Health, we want you to know you are not alone. And you don't have to do it all by yourself.**

**You Deserve Support — and We're Here to Listen**

Our doctors, nurses, and support staff offer a safe and confidential space to talk. Whether it's through a regular GP visit or a longer mental health consult, we can help you take the first steps toward feeling better. We can also work with you to create a Mental Health Care Plan, which may give you access to Medicare-subsidised sessions with a psychologist or mental health clinician.

**Facing Financial Difficulty? Let Us Know**

**We understand that money can sometimes be a barrier to getting help. If you're under financial pressure, please let our team know. We will do our best to:**

- \* Provide bulk-billed or low-cost options where possible.
- \* Work together to find a care plan that fits your situation.

**You're not a burden. Asking for help is a sign of strength. If you or someone you know is struggling, please call us or drop in. No issue is too small — your health, including your mental health, matters.**

**Ready to Talk? We're Ready to help**

⇒ Visit Vecare Health in Holbrook or Walla Walla

⇒ 02 6036 2952

⇒ Telehealth available

***Crisis Support Is Always Available, if you feel overwhelmed, please don't wait, CALL***

**\* Lifeline – 13 11 14**

**\* Text Lifeline – 0477 13 11 14**

**\* National Debt Helpline – 1800 007 007**

**\* Beyond Blue – 1300 22 4636**

**\* In an emergency, call 000**

## MAY IS THE AUSTRALIAN THYROID FOUNDATION AWARENESS MONTH

Thyroid is a BiG Deal! Don't Ignore Your Thyroid! Over 1 million Australians are living with an undiagnosed Thyroid disorder. Without an adequate amount of thyroid hormone, our health and well being can be greatly affected. Thyroid hormone is essential for the body's daily function for all life stages, and it matters! From birth to the elderly, we all need to have adequate thyroid function. Hypothyroid (underactive) can slow the body and affect everything from your brain function to slowing all your body's functions. Hyperthyroidism (overactive) speeds the body and can cause symptoms such as weight loss, diarrhoea, heart palpitations and many other symptoms because your thyroid gland is making too much hormone. Both types of thyroid disorders are a thyroid autoimmune disease, either Hashimoto's or Graves' Disease. Patients should be aware if their family has a history of thyroid disorders and have appropriate tests to determine if they are affected by a thyroid autoimmune disease. Thyroid Function blood tests are essential if a patient has symptoms related to thyroid to determine the physical health of the thyroid gland.

2025 marks the 30<sup>th</sup> Anniversary of the Australian Thyroid Foundation helping patients with support and information and raising awareness throughout Australia about the benefits of good Thyroid health and prevention of iodine deficiency. An iodine enriched diet supports thyroid health in the general population and must not be ignored. Don't ignore your thyroid health. If you are experiencing thyroid symptoms, don't become a statistic and ensure you visit your doctor and ask for thyroid tests to ensure nothing is overlooked.

Further Information contact:

[www.thyroidfoundation.org.au](http://www.thyroidfoundation.org.au).

## HOLBROOK LANDCARE

Holbrook Landcare held Farm Water & Dry Start Preparedness Workshops in Tumbarumba and Holbrook earlier this month. Thanks to those that came along, our hosts Grant, Ian and Dinee Locke, our presenters, and funders Southern NSW Innovation Hub and DAFF. Keep an eye out for the launch of our *Dry Start Preparedness* page on the website, where presentation recordings of each speaker can be found alongside other useful videos and links. For now, Leah Tyrell's presentation is available on the HLN YouTube Channel to watch.

### Key take home messages:

#### Reticulation systems – Presented by Peter Smith:

- ◆ Peak water demand flow is critical when setting up a reticulation system. You need to know the flow rate required (l/min) in a 4-hour period. For 1000 dry ewes (drinking 10l/hd/day) or 100 dry cows (drinking 98l/hd/day), the flow rate required is 42l/min over a 4-hour period.

- ◆ Beware of friction loss in pipelines – the further the distance the more loss. Pipe diameter has a bigger impact on friction loss than pipe length.

Speak to an irrigation specialist before

undertaking major reticulation works. There are many tips and tricks that go into setting up a system.

#### Practical containment feeding of Cattle – Presented by Shane Thomson:

- ◆ Do a fodder budget (e.g feed analysis, animal requirements) – you must know what the objective of feeding is.

- ◆ When buying feed, the main thing to consider is metabolizable energy (ME) or the cents/MJ ME.

- ◆ There are some simple, cheap, and effective hot wire setups getting around – sectioning off part of a paddock, and feeding along a hot wire onto ground. When setting one up consider water quantity and quality, stock density (m<sup>2</sup>/hd), drainage (e.g. slope away from feeding wire) and protecting paddock trees from ringbarking.

- ◆ For more efficient feeding, draft weaners on weight not sex, and cows on body condition not age.

Which animals to let out first when we do finally get some pasture growth? For example, a 250kg weaner before a 600kg dry cow (on maintenance)? Cows could eat 140% more than weaners on an autumn break pasture.



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## WOOLPACK INN MUSEUM LIFE MEMBERS

26 April 2025 the Woolpack Inn Museum Management Committee recognised the valuable contributions made by Wilma Black, Roy & Laurel Willis, Wendy & Phil Swan, John Lynch & Hugh & Jeanette Reid. The citations of some of these recipients are below (the remainder will be published at a later date).

**Wilma Black:** Wilma's involvement with the museum commenced when both her parents became inaugural members of the Holbrook Promotions Committee that was responsible for the establishment of the Holbrook Woolpack Inn Museum Company in 1976.



In later years with more time available Wilma joined the museum becoming a member of the Management Committee.

Having a passion for gardening she took on the role of unofficial gardener and kept the surrounds looking lovely. She is also famous for her jelly slice which was a particular favourite on catering days.

Wilma ceased her involvement with the Management Committee in 2024 due to health concerns and we thank Wilma for her contribution.

**Laurel & Roy Willis:** The first mention I can find in the Minutes of the Willis' involvement with the Museum was their attendance at a Management Committee meeting in March 2004.

Roy took on the role of gardener/handyman, a job he continued until stepping down from the Management Committee in 2018.

Laurel being an administrator easily assumed the Treasurer's role in 2007 after Betty Deacon resigned.



She also undertook many jobs from cleaning, cataloguing and gardening.

The museum lost a valuable and dedicated couple when they moved to Wagga in 2018. They continue to be museum members and still attend our functions whenever possible.

We thank them for their contribution and dedication.

**Wendy & Phil Swan:** Wendy was elected to the museum committee on 16 February 2015. Later that year she temporarily filled the secretary position and was formally elected secretary at the AGM on 8 February 2016.

Laurel Willis describes Wendy as a breath of fresh air when she joined the Museum, making her job as Treasurer so much easier.

Wendy brought with her a natural ability to relate and communicate with people, skills which assisted the museum with running more efficiently.

Wendy also learnt about the preservation of items and attended many workshops. Wendy has given many hours to cleaning, gardening & maintaining both the collection & the building.

Over the years Wendy spent hours writing and submitting Grants and was successful with many including a grant for a large part of the roof.

Along with Wendy came Phil. Phil is a quiet achiever and with Wendy's encouragement he has become a valuable support to the running of the Museum.

Phil has been a great asset to the museum with his framing skills, helping at working bees, doing maintenance and odd jobs as well as mowing the grounds.

Wendy and Phil have willingly given of their time to help preserve the local history for future generations. Their involvement has been a great example of what can be achieved when one is willing to contribute their skills for the betterment of the community.

We thank them for their contribution and dedication.



## DEMENTIA MORNING TEA WITH SPECIAL GUESTS LANCE AND GWENDA

The Holbrook Dementia Alliance group hosted a wonderful morning with fabulous guest speakers from Dementia Australia. Lance Dale who is the Consumer Engagement Coordinator. He advocates and helps people engage in the community and raise awareness and understanding of Dementia and gave us an insight of his role, and how he helps and encourages community groups engage with people & the wider community. He provided good resources and insight of the functions and programs Dementia Australia have accessible to all people, especially the 24hr Hotline, 1800 100 500.

Our other very entertaining guest Gwenda Darling came with her assistant dog Redleigh. She gave us a great understanding of what it's like to live with Dementia, she explained her Dementia journey and the constant highs and lows of living with



Dementia, along with the support of her family and other professionals. Gwenda is determined to live her best life & not let her diagnosis define her. She is passionate about destigmatising dementia and raising awareness and acceptance in Communities. Gwenda is on the board of the Dementia Australia Advisory Committee, as well as participating in research projects with many universities and is another way she hopes to create a better life for ageing Australians. Gwenda advocates for an aged care system that meets the needs of all people and that provides choice and control. We learnt that there is over 150 types of Dementia and they all have their own complexities, different symptoms, behaviours, and illnesses. Every day is different for people living with Dementia along with their carers.

We aim that Holbrook and the Greater Hume can be Dementia friendly communities, where people feel supported and valued and have a social network to help them with their challenges. By learning more about dementia you can help

support them.

Keeping up with the momentum we are holding a **Workshop with all businesses and community groups** to meet with the Holbrook Dementia Alliance Committee John, Sue, Maryanne and Libby to give a presentation designed by Dementia Australia on how Holbrook can be a Dementia Friendly Community, with good discussions points and resources. **To be held On Thursday 22<sup>nd</sup> May at the Holbrook Meals on Wheels Social room, starting at 6.30pm. (Entry via the ramp in car park). We urge all people to be involved.**

Our next morning tea is on **the 5<sup>th</sup> June at the Holbrook Sporting Complex at 10 – 11.30 am.**

## HOME SUPPORT & MEALS ON WHEELS SERVICES

As part of the Australian Government's **Aged Care Reforms**, all participants in community-based services like ours—including **Meals on Wheels, Exercise Groups, Social Outings, Transport, and Sconeversations** - will require formal registration and assessment through **My Aged Care** to remain eligible for subsidised support.

From **1<sup>st</sup> July**, individuals who are **not registered and assessed** will still be able to participate, but **services will be charged at full cost recovery**. This may significantly increase the price of attending activities or accessing supports.

To continue enjoying these valuable services at subsidised rates, **we are encouraging all participants to register with My Aged Care** as soon as possible.

**What Services Are Affected?** Meals on Wheels, Exercise & Wellness Groups, Outings & Social Excursions, Community Transport, Sconeversations.

These programs are vital to supporting the health, independence, and connection of older people living in our communities. Registering with My Aged Care will help ensure these services can continue and remain affordable.

**Need Help Registering?** We're here to support you. For local assistance or more information, contact us at:

**Holbrook Meals On Wheels Office: 02 6036 3677 or to register for an assessment directly with My Aged Care directly, call: 1800 200 422**

**Don't delay—register today to keep accessing the services you value at a subsidised rate.**



## GREATER HUME SETTLEMENT STRATEGY 2026-2046

Council is seeking your input to help guide the development of the new **Greater Hume Settlement Strategy 2026-2046**.

The **Greater Hume Settlement Strategy** will outline where new homes, businesses, and jobs should be located across the Council area through to 2046.

If you live, work, own property, or are otherwise impacted by the purpose of the Greater Hume Settlement Strategy, we want to hear from you.

Your feedback will help shape how our towns and communities grow and thrive into the future.

**HOW TO PARTICIPATE:** Council will be hosting a public meeting, and we invite you to join us to share your thoughts and ideas to help shape the future of our towns and communities.

**Date: Thursday, 12 June 2025**

**Time: 5:00pm – 6:00pm**

**Location: Culcairn Memorial Hall, 25 Balfour Street, Culcairn NSW 2660**

To register your interest in attending, please complete the form available on Council's website or contact Council via email at [ejones@greaterhume.nsw.gov.au](mailto:ejones@greaterhume.nsw.gov.au) or by phone on **02 6036 0100**.

## PUBLIC HEARING – PROPOSED RECLASSIFICATION OF COUNCIL-OWNED LAND- 163 ALBURY STREET, HOLBROOK

Council is holding a Public Hearing to discuss a Planning Proposal to reclassify Council-owned land from "Community Land" to "Operational Land" under the Local Government Act 1993. The purpose of this reclassification is to facilitate the sale of the land and support the expansion of nearby businesses, including the development of a new supermarket.

An additional component of the proposal involves the relocation of a local heritage item, with continued protection through its heritage listing. Community members are invited to view the supporting documents for the proposal from 6 May 2025 to 3 June 2025: On Council's website at any Council Office, Monday to Friday, 8:30am to 5:00pm.

**Public Hearing Details: Date: Wednesday, 4 June 2025 Time: 5:30pm Location: Holbrook Library, Library Lane, Holbrook.**

Any interested persons are welcome to attend and raise issues or concerns regarding the proposed reclassification. No registration is required to attend the hearing.



*Proposed relocation of the 'Submarine, scale model' to 17 Wallace Street, Holbrook, also known as 'Germanton Park',*

## HOLBROOK PUBLIC SCHOOL

**Whole School Writing Task:** As a proud country school, we're known for our love of animals—but just how deep does that love go? This term's whole school writing task saw our school have some very special (both furry and feathered) guests visit. These guests helped our students explore a big question: What kind of animal would make the perfect school pet? Such exciting stimuli motivated our students to form an opinion on which animal would suit our school community best. Students then wrote a persuasive text to convince Mrs. Purss-Semple which animal this should be! The school was buzzing with excitement the morning our guests arrived and it was a delight to see students and staff alike engaged and enthusiastic about this hands-on learning experience. Special thanks to Mrs de Steiger, Mrs Liddell, Miss Minall, the Corbett family and Pincott family for bringing and sharing their beloved 'extended' family members with our school community.

**Do it for Dolly Day:** What a fantastic day we had on Friday 9 May, "Do It for Dolly Day". The students came dressed in blue, bought delicious blue cupcakes (made by our wonderful parents)

and participated in a range of games at the breaks, run by our Student Representative Council (SRC). A great display of leadership was shown by our SRC initiating this day and raising \$873. This money will go towards the Do it for Dolly Campaign that aims to prevent bullying and highlight the importance of being kind. Along with the fundraising efforts students engaged in quality texts based on kindness and acceptance across our classrooms which generated great discussion and examples about how we, as a school and individuals, can show kindness everyday.

**Kindergarten Transition 2026:** As part of our Kindergarten Transition program for 2026 we have three important dates coming up this term that prospective parents are welcome to attend.

**Tuesday 20<sup>th</sup> May - Open Day at HPS (9:00am - 11:00am).** Please make a booking at the office and come along for a guided tour of our great school!

**Wednesday 21<sup>st</sup> May - National Simultaneous Storytime (12:00pm - 1:00pm).** Join us in our library as we listen to the story 'The Truck Cat' alongside many other children around the country.

**Thursday 3<sup>rd</sup> July - NAIDOC Week Activities (time TBA)** - Join us for fun activities at HPS.



### WOULD YOU LIKE ANOTHER WAY TO PROMOTE YOUR EVENT?

The Holbrook Business & Community Development Group may be able to assist you. The flag poles in the Ten Mile Creek Gardens & at the Submarine Park are available for this purpose.

Cost is \$450.00/flag for up to 3 months. This includes the initial artwork & creation of each flag and installation.

For enquiries please email:  
[holbrookbusinessgroup@gmail.com](mailto:holbrookbusinessgroup@gmail.com)

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## LITERACY AT ST PATRICK'S SCHOOL

Every day at St Patrick's begins in the same manner for all of our classes. The time between 9:00 am and 11:00 am is our literacy block. During these two hours, all students are engaged in reading, writing and spelling lessons, learning and activities.

At St Patrick's, we clearly understand the teaching of reading. Our process is sequential, explicit and backed by research. The teaching focuses on phonemic awareness, the alphabetic code (phonics), vocabulary and linking the teaching of reading, writing and spelling.

At the Kindergarten level, the focus is on letters and sounds and developing these key skills. This leads to their first readers when their skills are deemed capable enough to manage these introductory texts.

The texts that are used at St Patrick's are decodables. These readers are specifically designed for beginning readers and focus on the letter-sound relationships that have been developed through the teaching of phonics in class. The reading ability of our students grows throughout the year due to the processes and resources we have in place.

Our school has invested in the 7 Steps Writing program. This way of teaching writing assists students in planning and structuring engaging texts and helps them come up with unique and creative ideas. Importantly, this style of teaching writing also enhances students reading ability and allows for a high levels of differentiation.

Across the school, we have an agreed practice for the teaching of English. This involves using prior knowledge, teacher modelling, teacher and students creating together, guided learning with students doing and teachers supporting and independent learning driven by constructive teacher feedback, followed by reflective feedback to move students forward. These practices have ensured consistent growth in literacy for our students.

Literacy is incorporated into all subject areas, and it is the effective teaching that occurs in our daily two-hour English lessons that provides the students with the skills required to navigate through both school and daily life.

*Paul Spain, Principal*



## WHAT'S ON AT HOLBROOK RETURNED SERVICEMEN'S CLUB

### RESTAURANT OPEN 7 DAYS

**Monday** Mad Monday  
Members' \$11 Meals  
- lunch & dinner

**Wednesday** Burger Night

**Thursday** Pizza Meal Deal Night—  
Members' \$39 for 2 large pizzas,  
garlic bread & drink.



**Saturday & Sunday**  
Kids (aged 12 & under) Eat Free

**Happy Hours every day**  
Monday to Friday 4pm -6pm  
Saturday & Sunday 2pm – 4pm



**Holbrook  
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38 Swift St  
Ph: (02) 6036 2199  
Open 7 Days**



## CRICKET

The Holbrook Cricket Club recently held its wind up and presentation day for the 24/25 season with presentation to trophy winners in all four grades and celebration of the U16's Premiership which was an outstanding result for the club.

The U/13s also played in the grand final and the A Grade made a preliminary final but unfortunately the B Grade just failed to reach the playoffs, in what was a very successful season for the club both on and off the field

**Trophy Winners: U/13s** Batting Award-Isaac Mathewson, Bowling Award- Logan McCarthy, Fielding Award- Henry Beavis, Most Improved- Judd Boers, Coach's Award- Alex Mohr and Jimmy Boers, Hat-trick- Zye Liddell

**U/16s** Batting Award - Eli Toll, Bowling Award - Harry Greenhill, Fielding Award - Klay Liddell, Coach's Award - Jye Livermore, Most Improved - Charlie Mackinlay, Hat-trick - Jye Livermore

**B Grade-** Batting award- Eli Toll, Bowling award- Eli Toll, Fielding award- Ned Harrison, Captains award- Tom Parker, Eli Toll for a 100 not out against Osbourne

**A Grade-** Batting (Ian Taskis trophy): Hamish Mackinlay 597 runs @ 42.64 avg, Bowling (Peter Wornes trophy): Ben Parker 24 wickets @ 15.58 avg, Fielding (Barry Wishart trophy): Thomas Heriot 9 catches 1 stumping, Captain's Award: Hamilton Black and Harry Greenhill. **Special Awards:** Lewis Bowen 150\* n.o. v Walla, Mathew Bender hat trick v Walla, Hamish Mackinlay 100 v Osbourne, Keiren McCarthy 7/23 v Culcairn

**Club Champions 24/25:** Senior Cricketer of the Year (Heriot Shield) Hamish Mackinlay. Junior Cricketer of the Year (Harold Muller Shield) Harry Greenhill. Club Person of the Year (Nano Mackinlay Shield) Rob and Brooke Mattewson.



*A Grade*



*Above: B Grade winners*

*Below: Rob & Brooke Mattewson*



*Below left: Harry Greenhill*  
*Below right: U13 trophy winners*





## HOLBROOK BASKETBALL RESULTS

Round 2 of the Holbrook Basketball Club winter competition.

Men's comp: Simco 45 d. HVC 28,  
Goodies 64 d. Sonics 42

Women's comp: Hoppers 42 d. Cull  
Cows 18

## HOLBROOK RS GOLF CLUB

Twenty Seven players had a fun day at our Pink Day on the 14<sup>th</sup>, raising money for Breast Cancer Trials. Winner of the Skins event, after a play-off in the club house on the Velcro chipping green, was Gordon Webb. 2<sup>nd</sup> was Helen Parker, 3<sup>rd</sup> was Sue Warren. Ambrose Par 3 pink tees competition was won by

Judy Ross and Sue Rutledge. We raised approx \$700, which we will be so happy to donate to Breast Cancer Trials.

The events keep on coming this month with both the Ladies' and Men's Annual Tournaments being played, followed by Holbrook hosting the MDGA Sandgreen Championships.



## RS CLUB BOWLS

It is with great delight that we announce that our Grade 7's side have won the Zone Final in Temora.

The side remained undefeated in all rinks over the 2 days, which is an outstanding result. The side defeated Junee in the opening match, Tumut in the semi-final and Leeton in the final 65



shots to 53. We have now qualified to play in State Titles in Nth Haven, (Port Macquarie) at the end of June. Go team and good luck.

We would like to thank our supporters who attended and encouraged us all the way. You beauty!

**B Grade:** The final was played between Graham Merkel and Peter (Smurf) McKenna in a high standard of bowls played by both players. In the end Graham edged out Smurf. Well done and congratulations Graham, next year Smurf.

**Social Bowls:** Wednesday 10.00am, Friday 1.30pm and Sunday 10am. New Bowlers welcomed.  
*Good Bowling Kui.*

*Lawn Bowls was first in the Commonwealth Games in 1930 which was known then as the British Empire Games. Lawn Bowls was not in the Commonwealth Games in 1966 due to there not being sufficient bowls greens in Kingston, Jamaica.*



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## COMMUNITY DIARY

### May 2025

- Wed 21 **Holb Sheep & Wool Fair Schools' Day**  
Holbrook Women's Annual Golf Tournament
- Thu 22 **Holb Sheep & Wool Fair Open Judging**  
Storytime 11.00am @ Holbrook Library  
**Dementia Friendly Community workshop 6.30pm @ MOW rooms**
- Fri 23 OMNI  
*Holb Sheep & Wool Fair - Group Final Judging for Meat Sheep & Merino Sheep*
- Sat 25 Little Billabong Hall AGM from 11am.  
BBQ provided by committee to follow.
- Tue 27 **Holbrook Playgroup @Holbrook Library Meeting Room**  
Biggest Morning Tea 9.30-11.30 @ Vecare Health  
**Probus 11am @ RS Club**

### June 2025

- Mon 2 Men's Health Education Rural Van—Free health checks (sponsored by Rotary)
- Tue 3 **Men's Health Education Rural Van—Free health checks (sponsored by Rotary)**
- Wed 4 Public meeting for proposal of 163 Wallace St - 5.30pm @ Holbrook Library Complex
- Thu 5 **Dementia Friendly Morning Tea 10am @ Sporting Complex**
- Wed 11 Specialist Diabetes Care @ Vecare Health
- Thu 12 **Storytime 11.00am @ Holbrook Library**  
Specialist Diabetes Care @ Vecare Health  
**GHSC Settlement Strategy Plan public meeting 5-6pm @ Culcairn Memorial Hall**
- Fri 13 OMNI
- Tue 17 **Holbrook Playgroup @Holbrook Library Meeting Room**
- Tue 24 Probus 11am @ Woolpack Inn Museum
- Thu 26 **Storytime 11.00am @ Holbrook Library**
- Fri 27 OMNI

### July 2025

- Tue 1 Holbrook Playgroup @Holbrook Library Meeting Room
- Fri 11 OMNI
- Tue 15 Holbrook Playgroup @Holbrook Library Meeting Room
- Thu 24 **Storytime 11.00am @ Holbrook Library**
- Fri 25 OMNI  
**Special screening of "Just a Farmer"**
- Tue 29 Holbrook Playgroup @Holbrook Library

## ANNOUNCEMENTS

### JOIN US FOR THE BIGGEST MORNING TEA AT VECARE HEALTH – 27 MAY 2025!

This special event is part of Australia's **Biggest Morning Tea**, raising vital funds for the **Cancer Council** to support cancer research, prevention, and support services for those affected by cancer.

**9:30am – 11:30am Tuesday 27 May**

**@ Vecare Health, 115 Albury Street, Holbrook**

Your support, big or small, makes a real difference. Let's share a morning tea and show our community spirit while supporting an incredible cause. **We can't wait to see you there!**



## DEMENTIA FRIENDLY COMMUNITY WORKSHOP

**Dementia Friendly Community**  
We Aim to see the Holbrook & Greater Hume Communities be inclusive and Understanding to the needs of people and carers living with Dementia.

**22 May 2025**  
**Where: Meals on Wheels Community Room**  
**Time: 6.30pm**  
**Light Supper provided**  
**RSVP: John Cox, Mobile 0437263062**



### Dementia Community Workshop

Find out information on what a Dementia friendly Community is and ways we can all be involved.

Improve customer service and help people live in a supportive inclusive community.

Dementia is everyone's Business

Come along and show your support

**HOLBROOK DEMENTIA ALLIANCE**

### COMMUNITY DIARY

Remember to send us your upcoming dates for the community diary! All entries are free. It's a great way to keep everyone informed about your activities and meetings.

Email: [holbrookhappenings@gmail.com](mailto:holbrookhappenings@gmail.com)

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## Pilates Classes

Monday 6-7pm  
Tuesday 9-10am  
Wednesday 9-10am  
Wednesday 6-7pm  
Thursday 9-10am

Term 2 commences Mon 28<sup>th</sup> April 2025 – At our new  
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